

SALT LAKE COUNTY

Board Member Nomination/Application

Board: BHSAC Date: 4/1/19

Nominated By (if applicable): _____

Nominee's Name Sheila Young RN

Home Address: _____, State, Zip _____

Work Address: _____

Home Phone _____ Phone: _____ E-Mail: _____
Cell _____

Would applicant prefer work or home phone/address used as mailing address? work

Salt Lake County Council District #: _____

(To find the district you live in go to <http://vote.utah.gov/elected-officials/>, enter your address and zip code, then click on Find. The results will produce a map with a red diamond at your home location. Click on the diamond and wait for a text box to appear containing your elected officials. Scroll down until you see the fourth County Council representative (not "At-Large") and list that name above.)

I prefer that my personal contact information remain private and protected _____

Unique qualifications and/or perspectives you would bring to a Board or Commission:

I am the director of Case management for
molina Healthcare working with members
in the community who receive insurance through
state and federal programs. I run the "lock in"
program for members with seeking behaviors.

Board Coordinator Staff Section

Salt Lake County does not discriminate on the basis of race, color, national origin, sex, sexual orientation, age, religion, marital status, or disability.

Is this a (check one): ☒ reappointment ☐ fill vacant seat ☐ new seat added to board

If filling a vacant seat, why?

☐ Term expired (expiration date: _____) ☐ Member Resigned

☐ Other _____

Name of board member being replaced: _____

This is a 3 year term. Term will begin May 1 of 19 and end Apr. 30 of 2022.

Comments: Served first one-year term, now on first of two 3-year renewals.

PROFESSIONAL SUMMARY

I am an ardent and accomplished Director of Case Management who is seeking a position where I can leverage my years of experience as a senior leader in the healthcare field to foster a highly effective team of clinicians who are committed to the delivery of cost effective, quality healthcare. I thrive in a work environment where I can contribute to areas involving process improvement, program development and new business implementation and innovation.

AREAS OF EXPERTISE

- CMS and Medicaid Regulations
- NCQA, Star ratings, Hedis Quality Measures
- Expertise in all areas of Case Management including; Complex CM, Disease Management, ED Super-Utilizers, Lock in/Restriction and Population Health
- Strong People Management and Leadership skills
- Motivational Interviewing
- Program Development
- New Business Implementation
- Excellent Communication Skills and Presentation Skills
- ACO/Health Plan/Managed Care Operations
- Utilization Management/Concurrent Review and Prior Authorization
- LTSS Care Management, State Specific Waivers, HCBS
- Profit Improvement Strategies and Initiatives

WORK EXPERIENCE

Molina Healthcare

Director of Healthcare Services

Midvale , UT

08/2011 - Present

- I began my Career at Molina HealthCare as a Case Manager and quickly made my way up the ranks to Supervisor, Manager and Director. My responsibilities include; identification of major cost drivers and development and implementation of strategies aimed at reducing cost through effective care management programs. I currently oversee all care management programs for UT and ID, while managing between 41-82 clinicians (RNs and LCSWs) who work in the field performing point of service visits and telephonic outreaches to our members. I am responsible for the delivery of all departmental metrics, budgets, staffing and day to day operations.

Aetna
Wellness Coach RN

Sandy, UT
09/2010 - 08/2011

- I was part of a highly specialized team who provided wellness coaching to executives on the east coast by utilizing Motivational Interviewing skills to coach members in the area of weight management, stress management and smoking cessation.

First Choice Home Health
Admit Nurse

Murray , UT
07/2009 - 09/2010

- I performed in home assessments to determine need for home health services. I was responsible to draft the outlined plan of care by utilizing the nursing process. I was also responsible to ensure that the assigned Case Manager implemented the plan of care as specified.

Intermountain Healthcare/TOSH (The Orthopedic Specialty Hospital)
PACU Nurse

Murray , UT
03/1999 - 02/2009

- I worked in the PACU (Post-Acute Care Unit), Pre-Op, Same Day Surgery and inpatient orthopedic unit providing nursing care which included; Airway management, pain management, IV therapy, wound care, assessments to identify and manage post-operative complications, and patient teaching at time of discharge. I was also a charge nurse in the PACU and the post-operative inpatient unit.

EDUCATION / TRAINING

Western Governors University
BSN

Salt Lake City , UT
1/2019 - Present

Salt Lake Community College
A.A.S. in Registered Nursing

Salt Lake City , UT
08/2003 - 12/2005

Utah Valley University
Certificate in Licensed Practical Nursing

Orem , UT
08/1996 - 12/1998

RECOGNITION / ACHIEVEMENTS

Current Member of the (BHSAC) Behavioral Health Services Advisory Council, Salt Lake City, UT	May 2018
Presenter; Diabetes Cost and Care Management Strategies for Health Plans Conference, Chicago IL	September 2016
Presenter; Annual SHIEC conference; Utilizing Health Information Alerts in the Management of Emergency Room Super Utilizers, Park City, UT	July 2015
Chair; Community Health Workers Advisory Council, Utah Department of Health, Salt Lake City, UT	June 2015
Presenter; 2014 Annual Utah Governors Health Summit, Salt Lake City, UT	September 2014

LICENSURE

Registered Nurse- Active License # 368863-3102

References Upon Request



Board Appointment Approval

Jennifer Wilson
Mayor

Erin Litvack
Deputy Mayor, County
Services

Darrin Casper
Deputy Mayor, Finance
& Administration

Catherine Kanter
Deputy Mayor, Regional
Operations

On the 4th day of June 2019 the Salt Lake County Council consents to the reappointment of Ms. Sheila Young as a member of the *Behavioral Health Services Advisory Council*.

Ms. Young already served a 1-year term. Her first full, 3-year term began May 1, 2019 and will end April 30, 2022.

Salt Lake County Council

Councilman Richard Snelgrove
Chair, Salt Lake County Council

Attest:

Sherrie Swensen, County Clerk

Please instruct the Council Clerk to return this form to Anna Vukin-Chow in the Mayor's Office, N2- 100 to process this appointment.