Mayor's Office: Council Agenda Item Request Form

This form and supporting documents (if applicable) are due the Wednesday before the COW meeting by noon.

Date Received	
(office use)	

Date of Request	5/2/2018
Requesting Staff Member	Anna Vukin-Chow
Requested Council Date	5/8/2018
Topic/Discussion Title	Board Appointment to the Behavioral Health Services Advisory Council
Description	Appoint Ms. Sheila Young to the Behavioral Health Services Advisory Council. Her one-year term would last from 5/1/2018 – 4/30/2019.
Requested Action ¹	Council Approval
Presenter(s)	
Time Needed ²	
Time Sensitive ³	
Specific Time(s) ⁴	
Contact Name & Phone	Anna Vukin-Chow (8-7031)
Please attach the supporting documentation you plan to provide for the packets to this form. While not ideal, if supporting documents are not yet ready, you can still submit them by 10 am the Friday morning prior to the COW agenda. Items without documentation may be taken off for consideration at that COW meeting.	

Mayor or Designee approval:	from-
Mayor or Designee approvar.	

¹ What you will ask the Council to do (e.g., discussion only, appropriate money, adopt policy/ordinance) – in specific terms.

² Assumed to be 10 minutes unless otherwise specified.

³ Urgency that the topic to scheduled on the requested date.

⁴ If important to schedule at a specific time, list a few preferred times.



Board Appointment Approval

Ben McAdams Salt Lake County Mayor

Erin LitvackDeputy Mayor, County Services

Rick Graham Deputy Mayor, Operations

Karen Hale Deputy Mayor, Community & External Affairs

Darrin Casper
Deputy Mayor, Finance
& Administration

On the 8th day of May 2018 the Salt Lake County Council consents to the appointment of Ms. Sheila Young as a member of the *Behavioral Health Services Advisory Council*.

Her one-year term will begin May 1, 2018 and end April 30, 2019.

Salt Lake County Council

Aimee Winder Newton Chair, Salt Lake County Council

Attest:

Sherrie Swensen, County Clerk

Please instruct the Council Clerk to return this form to Anna Vukin-Chow in the Mayor's Office, N2- 100 to process this appointment.



Board Member Nomination & Application

Board: BHSAC	Date: <u>4.9.18</u>
Nominated By (if applicable):	
Applicant Name Sheila Young	
Home Address:	City, State, Zip
Work Address:	
Home Phone:	Work Phone:E-Mail:
Would applicant prefer work or	home phone/address used as mailing address? Home
Salt Lake County Council Distric	t #: <u>6</u>
"Interactive Maps" area. Enter	o to http://slco.org/council/district-map/ and click the your address into the search box to find your County Council r the District representative rather than the "At Large."
I prefer that my personal conta	ct information remain private and protected Yes
l am a healthcare professional (ACO serving the Medicare/	erspectives you would bring to a Board or Commission: (RN) currently working as the Director of Case Management for an licaid population. In the past 7 years my role has involved the case management programs aimed at coordinating care for as behavioral health needs, including members with substance a team of community health workers who work within the members in securing stable housing. I have been actively seeking ty where I can make an impact on the lives of people and their lex diagnoses. I have been personally impacted in this area with a hat this has given me first hand perspective on what is needed in founity and support for the families, particularly the children e to bring insight from both my professional and clinical expertise face to hopefully improve access, education and prevention.

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Board Member Nomination & Application

Applicant Name Sheila Young RN		
Are you a current member of another county board? Yes		
If yes, board/commission CHWC (Community Health Worker Coalition) Advisory Board		
Have you ever been a member of a board or commission in the county? No If yes, board/commission Dates:		
Are you or any member of your immediate family a county employee? No		
If yes, explain		
Have you ever been convicted of a felony? No		
If yes, explain		
Demographics (optional)		
The information on this section is for statistical purposes and is confidential.		
Gender Female		
Age Range 40-54		
Race/Ethnicity (please check all that apply)		
White/Caucasian		
Represent a special community? No		

Forward this application and nomination to the contact below with a resume:

Board Coordinator 2001 S. State Street, # N2-100 Salt Lake City, Utah 84190 Email: boards@slco.org

SHEILA YOUNG RN

PROFESSIONAL SUMMARY

I am an ardent and accomplished Director of Case Management who is seeking a position where I can leverage my years of experience as a senior leader in the healthcare field to foster a highly effective team of clinicians who are committed to the delivery of cost effective, quality healthcare. I enjoy a work environment where I can contribute to areas involving process improvement, program development and new business implementation.

SKILLS

- Knowledge of CMS and Medicaid regulations
- Knowledge of NCQA Elements and experience with audit presentation
- Knowledge of Medicare STAR ratings and HEDIS
- Case Management; CCM, Behavioral Health and Substance Abuse, Community Health Workers, DM, Restriction (Lock in Program)/ED diversion, Transition of Care, LTSS/HCBS
- People Management/Team Leadership
- Motivational interviewing
- Program development and new business implementation
- Home Health Case Management
- Orthopedic Patient Care
- PACU, Pre and post-operative Care, Same day Surgery
- Excellent Communication and Presentation skills
- Outlook, Excel, Power Point, Word, CCA, Nitro Pro
- Utilization Management; including concurrent review and prior authorization
- · Health Plan/ Managed care operations

WORK HISTORY

Molina Healthcare-Regional Director of Healthcare Services

August 2011 to Current

In my current role with Molina, I leverage my knowledge and expertise of government and state funded programs to direct a high functioning team of 65 clinical and non-clinical employees who provide care management for Medicare, Medicaid and Marketplace recipients. My additional responsibilities include; management of departmental budget, hiring and retaining staff, determining departmental metrics and ensuring profit improvement initiatives are met, fostering positive relationships with providers in the community, program development and implementation, cross-functional activities related to STARS, HEDIS and ACE, as well as auditing to ensure Medicare Model of Care compliance requirements are met. In 2017/2018 I participated in the development and new business implementation of our Idaho health plan and currently I serve as the Director of Heath care Services for Utah and Idaho.

Aetna-Wellness Coach RN

Sept 2010 to August 2011

I worked with a specific book of business performing telephonic outreach to members residing on the east coast to provide wellness coaching for stress management and weight management. I utilized motivational interviewing tools to empower members to make necessary behavioral changes to improve their overall health and wellbeing in order to progress toward their pre-determined goals.

First Choice Home Health- Case Manager/Admit nurse RN July 2009 to Sept 2010

I was an admission, recertification nurse working with members discharging from the acute inpatient setting to a lower level of care, my duties included; creation and implementation of care plans aimed at improving health outcomes. I also delivered hands on care including wound care, Medication management, in home IV therapy, vital signs and assessments.

Intermountain Healthcare/ TOSH (The Orthopedic Specialty Hospital)-Staff RN March 1999 to February 2009

I worked primarily as a post-acute recovery room nurse in the PACU, however I was also required to float to Pre-Op, same day surgery and the inpatient orthopedic floor. I was certified in ACLS, PALS and BLS. My duties included airway management, post-surgical wound care, IV therapy, pain management, and monitoring for post-operative complications. I also served as a charge nurse on the inpatient unit.

EDUCATION

- Western Governors University RN to BSN (currently enrolled)
- Associates of Science Degree, Registered Nursing Salt lake Community College 2003-2005
- Certificate in Licensed Practical Nursing Utah Valley State College 1996-1998

ACHIEVEMENTS

- 2016 Presenter at the "Diabetes Cost and Care Management Strategies for Health Plans" conference, topic; Motivational Interviewing and Readiness for Change: Strategies for Assessing Member Engagement and Responsiveness to Care Management. Chicago, IL.
- 2016 Panelist at the first "Community Health Workers Association" Conference, Salt Lake City, Utah
- 2015 Presenter at the Annual SHIEC conference, Topic: Utilizing Health Information Alerts in the Management of Emergency Room Super Utilizers.
- 2015 Chair for the Community Health Workers Advisory Committee with the Utah Department of Health
- 2014 Presenter at the "Utah Governors Health Summit" Salt Lake City, Utah