



# Salt Lake County Area Plan FY26

# What Is An Area Plan?

Overview 17-43-201(5)(b) and 17-43-301(6)(a)(ii)

## Timeline

- Area plan training (April 3<sup>rd</sup>)
- Mayor approval (May 6<sup>th</sup>)
- Council Staff Presentation (May 8<sup>th</sup>)
- Council Approval & Signature (May 13<sup>th</sup>)
- Submission (May 15<sup>th</sup>)

# New & Notable – New Programs

## Treatment

- HMHI Receiving Center (Ribbon Cutting March 2025)
- Expanded Assertive Community Treatment (ACT) Teams – Continuing to increase enrollment (VOA, Odyssey House & VBH), currently serving ~405 clients, a 23% increase from last year. (Capacity is 500)
- Men's MH Residential 16-bed Program (VOA Ballington House 2024)



## Housing

- 2024 Opening: Switchpoint's Canyon Rim Program in Millcreek (41 female units).
- 2025 Openings: Clinical Consultants' Featherstone Boarding Home (30 male units);
  - Planned Opening: Switchpoint Boarding Home (26 units); Odyssey House SUD Housing Program (23 units).
- 2026 Planned Openings: First Step House's 44 North Building (67 units); First Step House 273 East Building (34 units)
- 2027 Planned Opening: Valley Behavioral Health Saltair Lofts (68 units)
- Note: Other Housing Projects Occurring in the Network Independently

# New & Notable – New Programs Cont.



## **Residential Waitlists Improving but Remain Impacted by Housing Shortage**

Lack of housing continues to drive MH residential program waitlists, however, due to efforts focused on housing and policy changes focused on medical necessity, we are experiencing incremental reductions in the list.



## **Workforce Capacity** – Improving, but some shortages remain

- Not all existing Substance Use Residential Beds are open due to lack of staffing.
- ARPA 5% BH rate increase ending, reducing funding to providers



**USH Bed Shortage Remains** - An inflationary increase funded during the 2025 General Session will prevent bed closures, yet no funding provided for expansion.

## **Medicaid Changes**

### Positive

- MCOT Medicaid Reimbursement Rate Increase (26%)
- Peer Support Medicaid Reimbursement Rate Increase (35%)
- Justice Waiver to cover 90 days of health services in jail
- Behavioral Health Legacy Medicaid FMAP Factor Added to the Consensus Process but the methodology needs improved to support full growth.

### Concerns

- Federal Medicaid Match Rate – Decreasing Over Time (64.36% -> 62.46% Oct 1st)
- Uncertainty at the Federal Level





# New & Notable - Prevention

## Community Coalitions

- Stronger focus on **Community-Centered, Evidence-Based Prevention** (CCEBP)
- Increased **collaboration** with partners supporting coalition work or other community issues
- Building resiliency & **sustainability** of coalition and community centric collaboration from the foundation
- Embedding coalition and **local voices** into other efforts within the county



## Evidence Based Programming

- Strong focus on **training and technical assistance** and continuous improvement with providers
- Continue to build relationships and **networks** between coalitions and providers
- Create **resource sharing** platform between these organizations and providers
- Collaborative **school-based prevention efforts** [CREST] with USU Extension
- **Youth-led opportunities** for community engagement [YAGI]



## Environmental Strategies

- Increased collaboration with organizations completing alcohol & tobacco **compliance checks**
- Retailer training, increased community voice and **accountability for access** in the community
- County wide substance use **prevention messaging** [Gray Matters, Parents Empowered]



# Area Plan Sections



**MENTAL HEALTH SERVICES**



**SUBSTANCE USE  
DISORDER SERVICES**



**PREVENTION SERVICES**

# Mental Health Narrative Section

## Mandated Services Required By Statute:

- Inpatient Care (5 In-network Hospitals & Single Case Agreements With Multiple Hospitals)
- Residential Care (8 Programs)
- Outpatient Care (128 Providers)
- 24-hour Crisis Care (Huntsman Mental Health Institute (HMHI))
- Psychotropic Medication Management (119 Outpatient Prescribers)
- Psychosocial Rehabilitation, Including Vocational Training & Skills (8 Providers)
- Case Management (Multiple Agencies)
- Community Supports, Including In-home Services, Housing Family Support Services & Respite Services (10+ Providers)
- Consultation & Education Services, Including Case Consultation, Collaboration With Other County Service Agencies, Public Education And Public Information (10+ Providers)
- Services To Persons Incarcerated In A County Jail Or Other County Correctional Facility

## 10 Mandated Services

	Actual FY24	Budgeted FY26
Individuals Served	13,130	13,300
Dollars Expended	\$103,092,597	\$101,546,243



# Substance Use Disorder Narrative Section

## ASAM\* Levels Of Care:

- Medical Detoxification (2)
- Social Detoxification (1 Providers)
- Clinically Managed – High-intensity Residential Care (4 Providers)
- Clinically Managed – Specific High-intensity Residential Care (4 Providers)
- Clinically Managed – Low-intensity Residential Care (4 Providers)
- Partial Hospitalization/Day Treatment Care (3 Providers)
- Intensive Outpatient Care (7 Providers)
- Outpatient Care (11 Providers)
- Early Intervention (1 Provider)
- Aftercare And Supportive Services (25 Providers)
- Case Management, Housing, Peer Support Services, Peer Counseling
- Family Support Services, Education Services, Case Consultation, and Collaboration With Other Agencies

Prescribing what is needed...

When it is needed...

At the level it is needed...

	Actual FY24	Budgeted FY26
Individuals Served	6,415	6,650
Dollars Expended	\$27,519,915	\$28,470,113

\*Based on the American Society of Addictions Medicine's Patient Placement and Continuing Stay Criteria



# Prevention Narrative Section

## Community-Centered Evidence-Based Prevention (CCEBP)

- Diversity of Stakeholders
- Community Driven
- Data Driven
- Evidence-Based Programs, Policies, and Practices

## Return on Investment

- Behavioral health problems in childhood and adolescence take a heavy toll over a lifetime, with significant impacts on rates of economic independence, morbidity, and mortality (Hale and Viner, 2012)

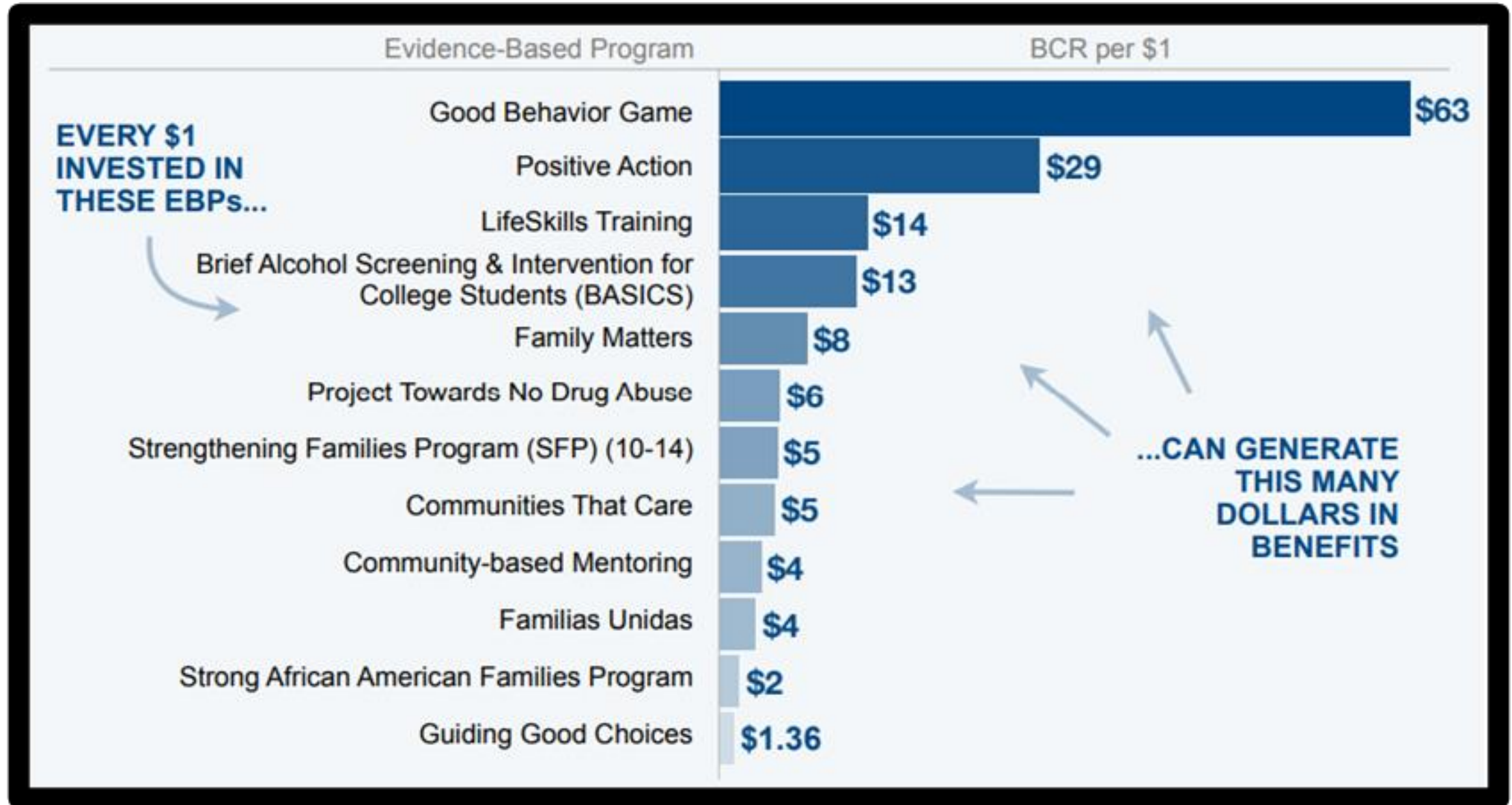
## Risk & Protective Factors

- Upstream
- Predicts Numerous “Unhealthy Behaviors”
- Protective Factors

EBP Costs	Actual FY24 Programming	Budgeted FY26
Individuals Served	43,852 (Duplicated count)	5,252 Unduplicated 50,000 Duplicated
Dollars Expended	\$2,438,310	\$3,763,252



# Prevention Narrative Section Cont.



# Social Development Strategy



Opportunities



Skills



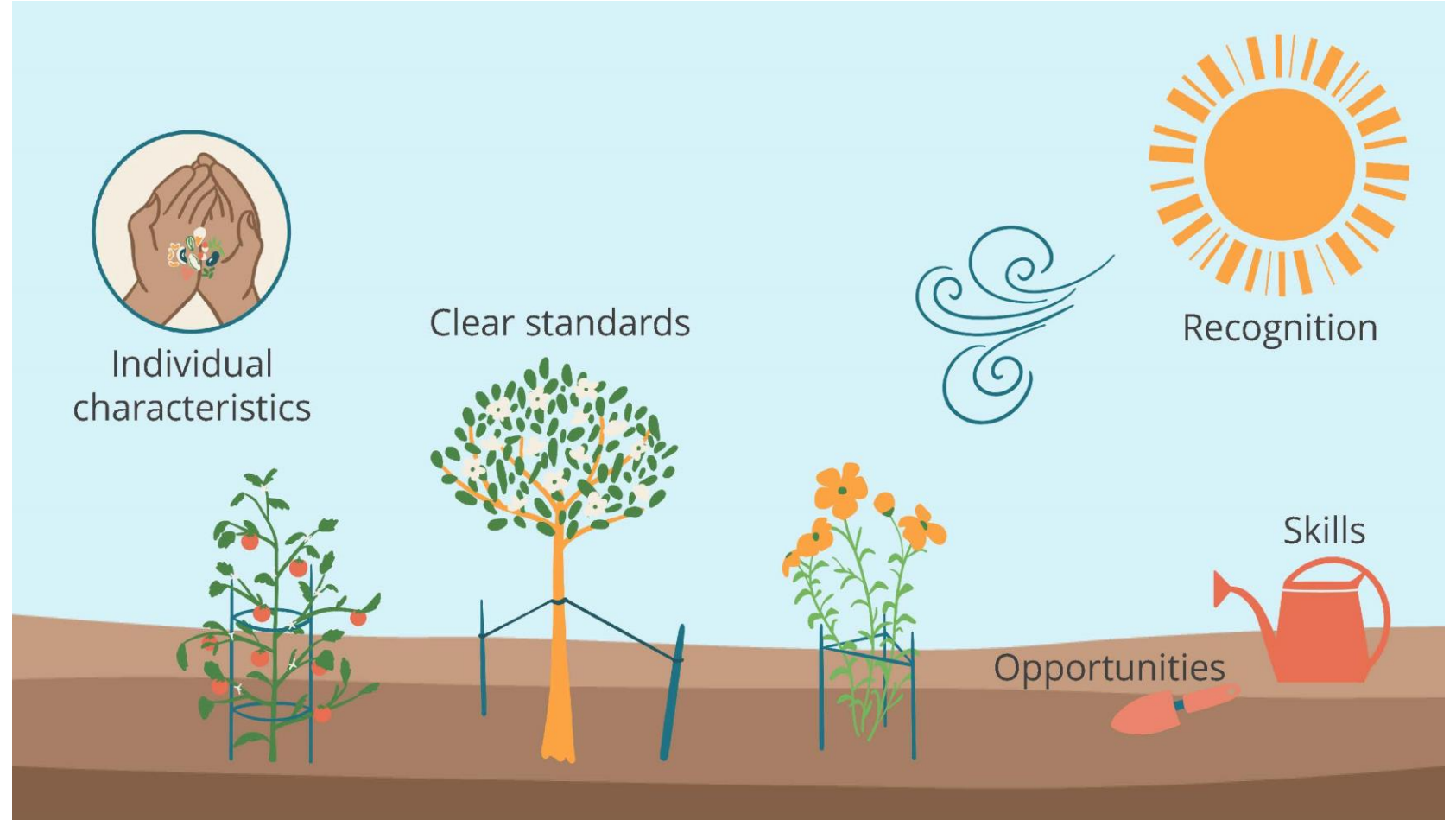
Recognition / Rewards



Bonding



Healthy Standards



# Other

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Budgets

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Fee Policies/Schedule

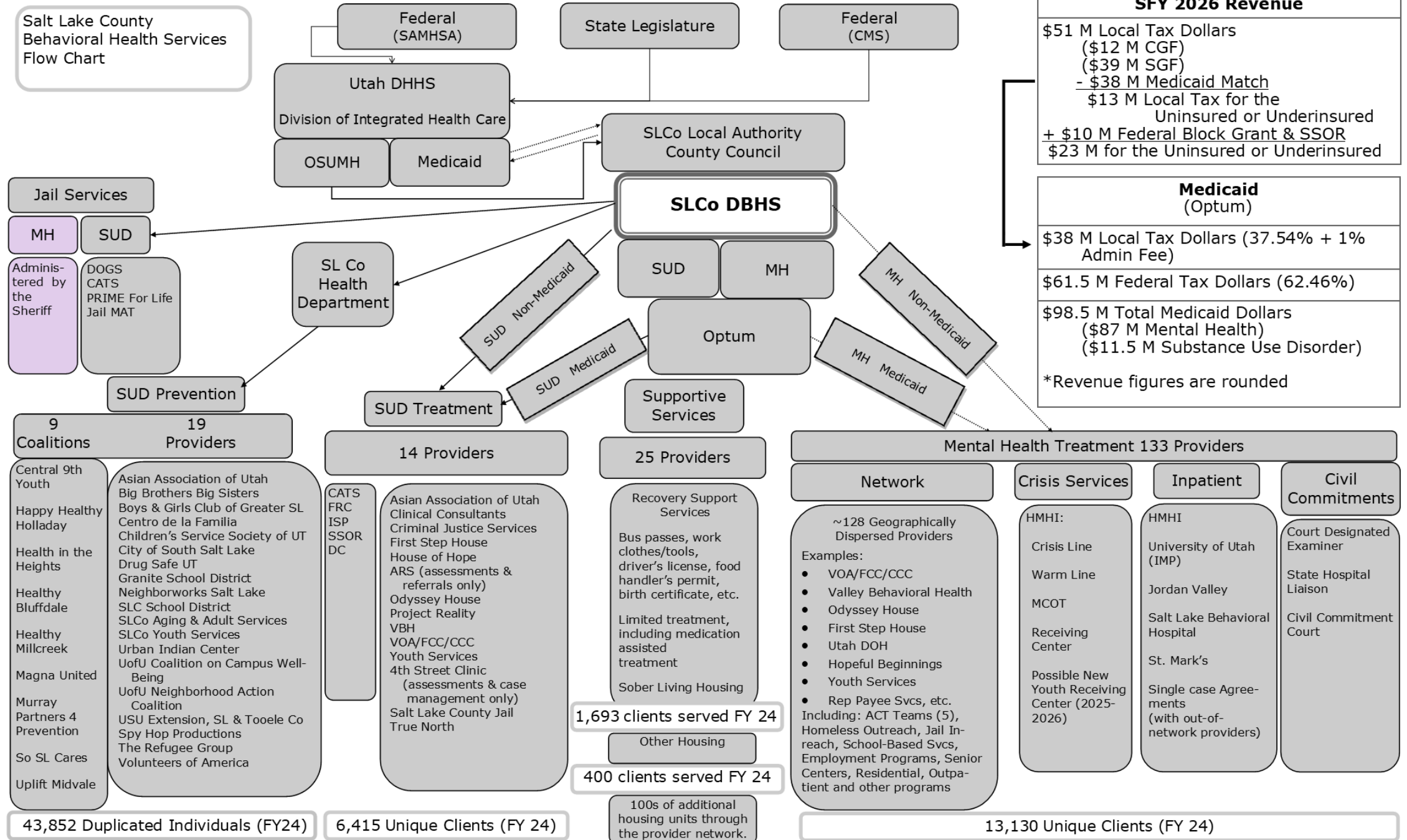
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Logic Models

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And Other Information

# Salt Lake County Behavioral Health Services Flow Chart







# Questions?