

Application Form

Profile

Patrick _____ McMillion _____
 First Name Middle Initial Last Name

_____ _____
 Email Address

Westminster College _____ Assistant Professor _____
 Employer Job Title

_____ _____
 Home Address Suite or Apt

_____ _____
 City State Postal Code

_____ _____
 Primary Phone

Which Boards would you like to apply for?

Behavioral Health Services Advisory Council: Submitted

Referred by:

Qualifications

Please tell us about yourself.

My name is Patrick McMillion. I have a PhD in Counselor Education and Supervision and work as an Assistant Professor at Westminster College. I live in Cottonwood Heights with my wife, two daughters, and my mother-in-law. We moved to the area from Illinois in the summer of 2022 and are looking to build connections and get involved in service in the community.

Why are you interested in serving on a board or commission?

Service and leadership is a core tenant of being a Counselor Educator and I believe I have the experience and knowledge to serve well on the Behavioral Health Services Advisory Council. Service has always been a core area of my life since I was young, and having moved to Salt Lake County I am looking for opportunities to serve and I think this would be an excellent fit because I am passionate about mental health and helping people gain access to services.

What education, work experience, or volunteer experience do you have that applies to the board you are applying for?

I have worked in and with the mental health system since 2008 in a variety of different capacities: case management for adults with chronic and persistent mental illness; mental health community agency liaison to the local housing authority; child and family counseling; private practice; adventure therapy; clinical director; counselor educator and researcher; community agency board member; professional leadership and service group secretary, chair, and professional development coordinator; standards and accreditation review for community agencies and training institutions; mental health training for local businesses.

What unique perspectives could you bring to the board?

I have worked with nearly every level of treatment in mental health and I think I have a strong grasp on community mental health needs for clients and staff alike. I also have experience working with funding limits and balancing or troubleshooting service needs with those limits.



Upload a Resume

Demographics

Some boards and commissions require membership to be racially, politically or geographically proportionate to the general public. The following information helps track our recruitment and diversity efforts.

Are you a Salt Lake County employee?



Are you a current member of another Salt Lake County board or commission?



Race/Ethnicity *

District *

District 4

Gender Pronouns *



Age Range *



Languages *



Political Affiliation



Patrick L. R. McMillion, PhD

Education

Ph.D. in Counselor Education and Supervision	May 2023
Northern Illinois University, CACREP Accredited	
Dissertation: <i>A Single-Case Alternating Treatments Design Utilizing Quantitative Electroencephalography to Observe and Measure Mental State Trends During Individual Participant Non-Nature Based Small Initiative Adventure Therapy Experiences</i>	
M.S.Ed. in Clinical Mental Health Counseling	May 2012
Northern Illinois University, CACREP Accredited	
B.S in Psychology with a Minor in Philosophy	December 2008
Illinois State University	
Emergency Medical Technician Certification	June 2009
Kishwaukee College	

Licensure and Certifications

Licensed Clinical Mental Health Counselor	2021-Present
Utah #12533508-6004	
Licensed Clinical Professional Counselor	2014-Present
Illinois #180009297	
Nationally Certified Counselor	2012-Present
#301412	
Certified Clinical Mental Health Counselor	2015-Present
#301412	
Certified Clinical Adventure Therapist	2020-Present
Nationally Registered Emergency Medical Technician-Basic	2009-2016

Teaching Experience

Assistant Professor	January 2022-Present
Westminster College – Master’s in Clinical Mental Health Counseling Program	

Instructor of Record

MSMHC 617: Individual Counseling I
MSMHC 619: Individual Counseling II
MSMHC 621: Human Growth and Development
MSMHC 633: Child and Family Counseling
MSMHC 643: Trauma and Crisis Counseling

Faculty Instructor	August 2017-May 2022
Northern Illinois University – Counseling, Adult, and Higher Education	

Instructor of Record

CAHC 500: Professional Identity and Ethics in Counseling (Master’s Online and F2F)
CAHC 501: Diagnosis in Mental Health Counseling
CAHC 510: Counseling Interventions Across the Lifespan (Master’s Online and F2F)

COUN 524: Professional Issues in Clinical Mental Health Counseling (Master's Online)
COUN 530: Counseling Theories (Master's Online)
CAHC 532: Evidence Informed Practices in Clinical Mental Health (Master's)
CAHC 533X: Assessment in Counseling (Master's Online and F2F)
CAHC 540: Group Counseling (Master's)
CAHC 550: Practicum in Counseling (Master's)
CAHC 565: Multicultural Counseling (Master's)

Adjunct Faculty

June 2020 – August 2020

University of Wisconsin – Whitewater

Instructor of Record

COUNSED 720: Career Development and Information Services (Master's Online)

Adjunct Faculty

August 2017-December 2017

Adler University – Chicago

Instructor of Record:

COUN 533: Counseling Theories (Master's)

Adjunct Faculty

January 2017-August 2017

Northwestern University – The Family Institute

Instructor of Record:

COUN 486-6: Supervised Practicum in Counseling I – Introduction to Focus on Reflective Practice (Master's Online)

COUN 487-6: Supervised Practicum in Counseling II – Continued Focus on Reflective Practice (Master's Online)

Graduate Teaching Assistant

June 2015-May 2017

Northern Illinois University – Counseling, Adult, and Higher Education

Instructor of Record:

CAHC 400: Exploration in the Counseling Profession (Undergraduate)

CAHC 540: Group Counseling (Master's)

CAHC 550: Practicum in Counseling (Master's)

CAHC 567: Substance Abuse Counseling (Master's)

CAHC 586: Internship Seminar and University Supervision (Master's)

CAHC 591: Adventure Based Counseling (Curriculum submitted and awaiting approval)

Co-Instructor:

CAHC 521: Counseling Children (Master's)

CAHC 525: Counseling Skills and Strategies (Master's)

CAHC 530: Counseling Theories and Practices (Master's)

CAHC 590: Workshop in Counseling: Adventure Based Counseling (Master's and Undergraduate)

Invited Guest Lectures

- McMillion, P.L.R. (2021). Group Dynamics in Adventure Therapy. Valparaiso University.
- McMillion, P.L.R. (2021). Careers in Adventure Therapy. LaSalle University.
- McMillion, P. L. R. (2018). Adventure Therapy in a Nutshell. DePaul University CSL 520: Counseling Children and Adolescents
- McMillion, P. L. R. (2018). Neuroscience Informed Diagnostic Assessment. Northern Illinois University CAHC 501: Diagnosis of Mental Health Issues in Counseling.
- McMillion, P. L. R. (2017). An Introduction to Adventure Based Counseling: Theory and Applications. Eastern Kentucky University Special Seminar on Adventure Based Counseling
- McMillion, P. L. R. (2017). The Neuroscience of Psychopharmacology. Northern Illinois University CAHC 501: Diagnosis of Mental Health Issues in Counseling.
- McMillion, P. L. R. (2016). The Neuroscience of Psychopharmacology and Addiction. Northern Illinois University CAHC 567: Substance Abuse Counseling.
- McMillion, P. L. R. (2016). A Decision Model for Accurate Diagnosing. Northern Illinois University CAHC 501: Diagnosis of Mental Health Issues in Counseling.
- McMillion, P. L. R. (2015, 2016). A Model for Developing an Engaging and Creative Curriculum. Northern Illinois University CAHC 586: Internship in Teaching Career Exploration
- McMillion, P. L. R. (2015). Neurocounseling. Northern Illinois University CAHC 530: Counseling Theories and Practices.
- McMillion, P. L. R. (2015). The Neuroscience of Categorization, Inclusion, and Social Justice. Northern Illinois University CAHC 565: Multicultural Counseling

Supervision Experience**Practicum Supervisor****January 2022-May 2022**

Westminster College
Salt Lake City, UT

- Provided individual and triadic supervision of 2 to 6 Master's students.
- Clinical Mental Health specialty.

Clinical Director/Outcomes and Training Coordinator**June 2017-January 2022**

Adventure Works of DeKalb County, Inc.
DeKalb, IL.

- Individual and group supervision of all clinical staff and interns.
- Training and consultation for all agency staff.
- Outcomes tracking and program evaluation.

Practicum and Internship Supervisor**January 2015-May 2019**

Northern Illinois University
DeKalb, IL.

- Provided individual, triadic, and group supervision of 2 to 6 Master's students every semester.
- Clinical Mental Health and School specialties.

Reflective Practitioner Supervisor**January 2017-August 2017**

Northwestern University
Online

- Weekly online video and audio group supervision of 4 Master's students with a focus on personal reflection of bias, emotion, transference, and psychodynamic approaches when meeting with clients.

Interim Clinical Supervisor**May 2015-September 2015**

Adventure Works of DeKalb County, Inc.

DeKalb, IL.

- Provided clinical supervision and trainings to all agency staff and interns.
- Ensured staff clinical documentation was completed accurately and in a timely fashion.
- Directed and organized agency case staffings.
- Updated policies and procedures for agency accreditation.

Interim Clinical Director/Supervisor

May 2015-August 2015

Community Counseling Training Center – Northern Illinois University

DeKalb, IL.

- Provided on-site and as needed concurrent supervision of Master’s and Doctoral students during clinic summer hours.
- Ensured staff clinical documentation was completed accurately and in a timely fashion.
- Communicated with individual supervisors and student staff to ensure proper supervision and client management.
- Scheduled clients for staff and maintained intake logistics for the clinic.

Clinical Experience

Clinical Director/Outcomes and Training Coordinator

June 2017-January 2022

Adventure Works of DeKalb County, Inc.

DeKalb, IL.

- Supervise and oversee all aspects of clinical services, clinical outcomes, and clinical research provided by AW.
- Recruiting, hiring, clinical supervision, training, evaluation, scheduling, promotion, and corrective action of paid, volunteer, and intern personnel providing clinical services.
- Engage in active referral development.
- Develop, plan, and implement strategies to manage program growth and sustainability. Regularly review and recommend changes in program services to meet client needs and/or staffing capacity.
- Ensure program and staff compliance with AW policy, accreditation policy, legal policy, and ethical guidelines.
- Monitor revenue and expenses for clinical services and work effectively with finance staff to ensure appropriate use of resources and billing.
- Represent AW in the community and at fundraising events.
- Work closely with other AW program leaders to provide effective and collaborative services across the agency.
- Maintain a small caseload and run groups as needed.

Contract Counselor

April 2016-August 2019

Creekwood Associates

Saint Charles, IL.

- Provided individual and family counseling services in a group practice setting.

Co-Owner and Lead Mental Health Clinician

September 2014-October 2017

Pathways Wellness LLC/Private Practice

DeKalb, IL.

- Provided contract and private mental health services to individuals, families, groups, and agencies.
- Provided leadership and professional development workshops to professional organizations, businesses, and schools.
- Provided clinical supervision, consultation on program evaluation, consultation on policy development, and consultation on group curriculum development for mental health agencies and programs.
- Specialized in creative, experiential, and adventure-based interventions and education.

Clinical Adventure Group Coordinator

July 2012-August 2014

Adventure Works of DeKalb County, Inc.
DeKalb, IL.

- Developed programming and curriculum for adventure therapy groups for youth ages 6 to 18.
- Acted as lead group facilitator and outdoor guide.
- Co-facilitated with and supervised counseling interns, social work interns, and marriage and family therapy interns.
- Led several multi-day wilderness therapy expeditions with groups of 3 to 8 youth.
- Administered, scored, and analyzed outcome assessments.
- Provided outcome reports to administration, as-well-as to the DeKalb County Mental Health Board.
- Provided intake and diagnostic/psychosocial assessments, treatment planning, and consultation services.
- Liaison to schools within DeKalb County and provided in-school services.
- Maintained an average caseload of 40 youth and completed weekly progress notes and other documentation.
- Agency representative on several county professional, resource, and networking groups.
- Assisted with marketing and fundraising efforts and wrote a successful grant for a youth leadership project in the DeKalb County Forest Preserves.

**Clinical Counselor, Outreach Worker,
Rehabilitation Counselor/Case Manager, and Intern**

June 2008-November 2012

Ben Gordon Center
DeKalb, IL.

- Had several roles within the Community Support Program and Youth Services Program.
- Began as an intern providing psychosocial rehabilitation and case management services to adults with severe and persistent mental illness in the Community Support Program and ended my time as a Clinical Counselor/Therapist in the Youth Services Program; each while on a multidisciplinary team.
- Provided individual, group, and family services in a multitude of modalities: intake, diagnostic/psychosocial assessment, treatment planning, counseling, crisis services, consultation, psychoeducation, play therapy, community outreach, in-home services, on-call services, employment services, job coaching, resource connection, case management, and advocacy.
- Liaison to the Housing Authority of DeKalb County and the Department of Rehabilitation Services.
- Maintained an average caseload of 40 clients and completed weekly progress notes and documentation.

Related Work Experience

Graduate Assistant

August 2014-May 2017

Northern Illinois University – College of Education
DeKalb, IL.

- Provided academic coaching and outreach retention services for students on academic probation.
- Instructor of record for undergraduate and Master’s level counseling courses.
- Modified course curriculums and syllabi as necessary.

Professional Counseling Associations and Affiliations

- American Counseling Association
- Association for Experiential Education
- Therapeutic Adventure Professionals Group
- Neuroscience Interest Network of ACA

- Northern Illinois University Counseling Association
- Chi Sigma Iota Counseling Honor Society
- Association for Counselor Education and Supervision

Professional Service

Board Member Adventure Works of DeKalb County, Inc.	January 2022-Present
Accreditation Site Reviewer Association for Experiential Education	March 2022-Present
Secretary Adventure Therapy Certification Council – Association for Experiential Education	March 2018-Present
Committee Member Community Based Programs – Outdoor Behavioral Healthcare Council	August 2019-Present
Chair and Best Practices Conference Convener Leadership Council – Therapeutic Adventure Professionals Group-Association for Experiential Education	November 2018-November 2019
Vice-Chair Leadership Council - Therapeutic Adventure Professionals Group-Association for Experiential Education	November 2017-November 2018
Professional Development Coordinator Leadership Council - Therapeutic Adventure Professionals Group-Association for Experiential Education	November 2015-November 2017
Conference Convener Leadership Council - Therapeutic Adventure Professionals Group-Association for Experiential Education	November 2014-October 2015
Pre-conference Co-convener Therapeutic Adventure Professionals Group-Association for Experiential Education	November 2013- October 2014

Academic Service

CACREP Liaison Masters in Clinical Mental Health Counseling Program – Westminster College	January 2022-Present
Pre-Admission Workshop and Master’s Applicant Selection Committee Department of Counseling Adult and Higher Education – Northern Illinois University	August 2014-Feb 2018
2016 CACREP Standards Curriculum Transition Committee Department of Counseling Adult and Higher Education – Northern Illinois University	August 2016-December 2016

Peer Reviewed Publications

- Christian D. D., **McMillion, P. L. R.**, Brown, C. L., Schoonover, T. J., Miller, B. A. (2021). Using adventure therapy to improve self-efficacy of middle school students. *Journal of School Counseling, 19*(26). <http://www.jsc.montana.edu/articles/v19n26.pdf>
- Tucker, A., Van Kanegan, C., **McMillion, P. L. R.**, Gass, M, and Spencer, L. (2018). Adventure therapy and its impact on youth in a community setting. *Journal of Social Work with Groups*. DOI: 10.1080/01609513.2018.1478761

Book Chapters

- McMillion, P. L. R.** (2018). Jedi-Ninja Group: A Case Study. In M. Gass (Eds.), *Proceedings of the 2018 Regional Wilderness Therapy Symposium Case Studies in Outdoor Behavioral Healthcare*. Durham, NH: Outdoor Behavioral Healthcare Research Cooperative

Nelson, J., & **McMillion, P. L. R.** (2018). Neuroscientific applications for expressive therapies. In S. Degges-White & N. L. Davis (Eds.), *Integrating the expressive arts into counseling practice: Theory-based interventions (2nd ed.)* (Chapter 14). Los Angeles, CA: Spencer Publishing Company.

Other Publications

Association for Experiential Education (2020). *Clinical Adventure Therapist Certification Credentialing Manual* (F.A. Borroel, N. Magle-Haberek, M. Lung, **P.L.R. McMillion**, C. Norton, & S. Pace, Eds.) Association for Experiential Education.

Invited Presentations

McMillion, P. L. R. (2021). *Everyday brain surgeons: The power and impact of early childhood educators*. Keynote at the 2021 Childcare University Early Childhood Conference. Online.

McMillion, P. L. R. (2020). *Infant and toddler mental health: Communication, attachment, and development*. Presentation series for Community Coordinated Child Care of DeKalb and McHenry Counties. Online.

McMillion, P. L. R. (2020). *Neurointegration and Nature: Theory and interventions for early childhood*. Presentation series for Community Coordinated Child Care of DeKalb and McHenry Counties. Online.

Refereed Presentations

McMillion, P. L. R. (2022). *The Willy Wonka Effect: Lessons for Teaching from Adventure Therapy Facilitation*. Presented at the 2022 Rocky Mountain Association for Counselor Education and Supervision Regional Conference. Coeur d'Alene, Idaho.

McMillion, P. L. R., & Magle-Haberek, N. (2019). *Updates to Individual Certification in Adventure Therapy*. Presented at the 2019 Adventure Therapy Best Practices Conference. DeKalb, Illinois.

Sacksteder, K., & **McMillion, P. L. R.** (2019). *Fundamentals of Adventure Therapy Practice*. Presented at the 2019 Adventure Therapy Best Practices Conference. DeKalb, Illinois.

McMillion, P. L. R., Sacksteder, K., & White, A. (2019). *Cultivating Our Crop: Brave Conversations in Adventure Therapy*. Co-convended the 2019 Adventure Therapy Best Practices Conference. DeKalb, Illinois.

McMillion, P. L. R. (2018). *Jedi-Ninja Group: A Case Study*. Presented at the 2018 Regional Wilderness Therapy Symposium. Asheville, North Carolina.

McMillion, P. L. R., Bromberek, R., & Spencer, L. (2018). *Gather, Guide, Grow: Community Based Outdoor Behavioral Healthcare*. Presented at the 2018 Regional Wilderness Therapy Symposium. Asheville, North Carolina.

Magle-Haberek, N., **McMillion, P. L. R.,** and Borroel, F. (2017). *Individual Certification in Adventure Therapy*. Presented at the Therapeutic Adventure Professionals Group Pre-Conference to the 2017 Association of Experiential Education Conference. Montreal, Quebec, Canada.

- Norton, C. L., & **McMillion, P. L. R.** (2016). *Social and emotional learning in adventure therapy: The neuroscience of empathy*. Presented at the Therapeutic Adventure Professionals Group Pre-Conference to the 2016 Association for Experiential Education Conference. Minneapolis, Minnesota.
- Wise, S. M., **McMillion, P. L. R.**, & Parker, L. C. (2016). *Accepted: Innovating the graduate admissions process for counseling programs*. Presented at the 2016 North Central Association for Counselor Education and Supervision Conference. Minneapolis, Minnesota.
- McMillion, P. L. R.**, & Sandman, B. (2015). *Adventure is everywhere: Diversity considerations in adventure therapy*. Co-convened the Therapeutic Adventure Professionals Group Pre-Conference to the 2015 Association for Experiential Education Conference. Portland, Oregon.
- Hart, K.A., & **McMillion, P. L. R.** (2015). *What does it mean to be a compassionate clinician in adventure therapy?* Presented at the Therapeutic Adventure Professionals Group Pre-Conference to the 2015 Association for Experiential Education Conference. Portland, Oregon.
- Mika, K. M, Cox, S. A., Wise, S. M., Parker, L. C., **McMillion, P. L. R.**, Hart, K. A., & Rheineck, J. E. (2015). *Accepted: Standardizing and quantifying the graduate admission process for counseling programs*. Presented at the 2015 Association for Counselor Education and Supervision Conference. Philadelphia, Pennsylvania.
- Hart, K. A., Myers, C. E., & **McMillion, P. L. R.** (2014). *Bringing the challenge to challenging students: Adventure-based counseling*. Presented at the 2014 Illinois School Counselors Association Conference. Skokie, Illinois.
- Magle-Haberek, N., **McMillion, P. L. R.**, and Naar, C. (2014). *Treatment applications in adventure therapy: A flowing river and ripples of change*. Co-convened the Therapeutic Adventure Professionals Group Pre-Conference to the 2014 Association for Experiential Education Conference. Chattanooga, Tennessee.
- Myers, C. E., Moody, S. **McMillion, P. L. R.**, & Hart, K. A. (2014). *Bringing the challenge to challenging adolescents: Adventure-based counseling*. Presented at the 2014 Illinois Counseling Association Conference. Schaumburg, Illinois.

Non-refereed Presentations

- McMillion, P. L. R. (2015, 2016, & 2017). *Using neuroscientific principles and basic counseling skills to improve business communication and leadership*. Sycamore Leadership Academy. Sycamore, Illinois.
- McMillion, P. L. R. (2013). *Engaging resistant youth*. Presentation for Kishwaukee Education Consortium. Malta, Illinois.
- McMillion, P. L. R. (2013, 2014, & 2016). *Adventure based counseling*. Presentation and Workshop for Northern Illinois University Counseling Association. DeKalb & Kirkland, Illinois.

Media

- Medlin, P. and Northern Public Radio (2020, December 22). *New 'Adventure Therapy' Credential Lets Clients Explore Mental Health Outdoors*. [Audio File]. Retrieved from: <https://www.northernpublicradio.org/education/2020-12-22/new-adventure-therapy-credential-lets-clients-explore-mental-health-outdoors>
- McGowan, M. (2020, November 17). *CAHE's Patrick McMillion Helps to Draft New Credential for Adventure Therapists*. Northern Illinois University College of Education News. Retrieved from: <https://cedu.news.niu.edu/2020/11/17/cahes-patrick-mcmillion-helps-to-draft-new-credential-for-adventure-therapists/>
- White, W. (2020, November 11) *Stories from the Field: Demystifying Wilderness Therapy Episode 102: Patrick McMillion, Clinical Director of Adventure Works of DeKalb*. [Podcast]. Retrieved from: <https://storiesfromthefield.com/podcast>
- Medlin, P. and Northern Public Radio (2019, November 29). *Using Nature to Nurture Social Emotional Skills*. [Audio File]. Retrieved from: <https://www.northernpublicradio.org/education/2019-11-29/using-nature-to-nurture-social-emotional-skills>
- OC Creative. (2015, October 31). *Adventure works informational advertisement*. [Video File]. Retrieved from <https://vimeo.com/144249789>

Community Service

- | | |
|--|-----------------------------------|
| Neighborhood Watch Block Captain
Cottonwood Heights Precinct 20-Block 5 | January 2023-Present |
| Volunteer Firefighter
Kaneville Volunteer Fire Department | March 2021-June 2022 |
| Guest Facilitator/Trainer
Sycamore, IL. Chamber of Commerce Young Professionals Leadership Academy | January 2015-December 2019 |
| Assistant Scout Master
Boy Scouts of America | May 2008-May 2010 |

Honors and Awards

- 2018 recipient of the Jumping Mouse Award for exceptional field staff from the Outdoor Behavioral Healthcare Council
- Part of the accreditation staff and review team at Adventure Works of DeKalb County, Inc. that made Adventure Works the first community-based/outpatient Adventure Therapy program in the world to be an accredited outdoor behavioral healthcare program through the Association of Experiential Education.
- Selected to co-convene the 2014 pre-conference for the Therapeutic Adventure Professionals Group of the Association of Experiential Education.

Graduate of the 2014 class of the Sycamore, IL. Chamber of Commerce Leadership Academy.

Awarded the rank of Eagle Scout by the Boy Scouts of America in 2004.

Application Form

Profile

Jennifer

First Name

Mitchell

Middle Initial

Last Name

Email Address

The Children's Center Utah

Employer

Vice President, Clinical Strategy
and Innovation

Job Title

Home Address

Suite or Apt

City

State

Postal Code

Primary Phone

Which Boards would you like to apply for?

Behavioral Health Services Advisory Council: Submitted

Referred by:

Dan Braun, LCSW

Qualifications

Please tell us about yourself.

I am a licensed clinical psychologist and I've been practicing in Utah for over a decade. I specialize in infant/early childhood mental health, and I am also a Board Certified Behavior Analyst-Doctoral level. I am trained in multiple evidence-based treatments for trauma and I am a certified trainer/supervisor in multiple treatments and early childhood models. I've provided training and supervision to interns (master's and doctoral level) for over a decade and supported many in seeking licensure and employment in Utah. Our organization provides mental health treatment to children and families who access services through all major private insurance companies, Medicaid, CHIP, as well as families who are unfunded. My current work is largely focused on workforce development as it relates to infant/early childhood mental health needs in Utah, including supporting interdisciplinary professionals working with young children and families, expansion of Utah's first Infant-Toddler Court Program, and building a statewide early childhood mental health consultation and training system.

Why are you interested in serving on a board or commission?

The pandemic further exacerbated the challenges already existing in the field of mental healthcare and the needs only seem to be increasing. Oftentimes, the mental health priorities that are identified and prioritized reflect crises and intensive services that target adolescents and adults. If children are an identified priority, it is typically school-aged, and often with services that are focused on school-based delivery. While all of these services are vital parts to a continuum of care they are not sufficient. If we are to truly address the mental health challenges within our state, we have to focus on intervening earlier and providing the types of services that research and best practices identify as being most effective. I am interested in serving on the Salt Lake County Behavioral Health Services Advisory Council to help elevate the needs of young children and their families, and to help ensure that the continuum of care provided is truly representative in meeting the needs of all of the county's citizens, including those too young to advocate for themselves.

What education, work experience, or volunteer experience do you have that applies to the board you are applying for?

I am a current board member and Past President of the Utah Association for Infant Mental Health and a board member of the Utah Psychological Association. I am the current Chair of the Early Childhood Utah Advisory Council and have served as a voting member of the council since 2018. I serve on the Utah Registry for Autism and Developmental Disorders Oversight Committee, and numerous other community groups aimed at supporting young children and their families. I also previously served on Utah's Intergenerational Poverty Advisory Council and the Salt Lake County - Kearns Community Board. I am the Project Director for two federal grants (Substance Abuse and Mental Health Services Administration - National Child Traumatic Stress Initiative and Health Resources and Services Administration - Infant-Toddler Court Program Statewide Expansion). All of this work is focused on working collaboratively with public and private partners at the local and state level to ensure families with young children have access to the mental health services they need, and that the providers serving families have the training and support necessary to deliver high quality, evidence-informed services.

What unique perspectives could you bring to the board?

As a member of the National Academy of ZERO TO THREE Fellows, I've devoted my career to focusing on the most vulnerable population - infants and toddlers (and their families). I have experience leading a non-profit mental health organization serving families of diverse backgrounds and resources which has helped me understand some of the barriers and challenges providers (and organizations) face in meeting the rising needs of families. I've had the opportunity to learn from and connect with leaders in the field throughout the country and it has provided me incredible perspective as well as a vital network of colleagues that I frequently rely on for support. Our organization is committed to being a strong community partner and leader in this space, and I believe that the different councils, boards, and committees I serve on will provide an expansive lens from which to think about the opportunities and challenges the county is facing related to addressing the behavioral health needs of families.



Upload a Resume

Demographics

Some boards and commissions require membership to be racially, politically or geographically proportionate to the general public. The following information helps track our recruitment and diversity efforts.

Are you a Salt Lake County employee?



Jennifer Mitchell

████████ a current member of another Salt Lake County board or commission?

████████████████████

Race/Ethnicity *

██████████

District *

District 4

Gender Pronouns *

████████████████████

Age Range *

██████████

Languages *

██████████

Political Affiliation

██████████

Jennifer L. Mitchell, PhD, BCBA-D**EDUCATION:**

Ph.D., Clinical Psychology , Fielding Graduate University <i>Concentration in Parent-Infant Mental Health Specialization in Cognitive-Behavioral Therapy</i>	August 2012
M.A., Clinical Psychology , Fielding Graduate University	February 2010
Certificate in Applied Behavior Analysis , Florida Institute of Technology	October 2010
M.S., General Psychology , Walden University	August 2005
B.A., Psychology, minor in Criminal Justice , University of North Florida	August 2000

GRANTS & PROGRAM DEVELOPMENT

Project Director, Trauma Program for Young Children Awarded a SAMHSA NCTSI grant to provide trauma-focused services and expand current catchment area to include the entire state of Utah. The target population for this project is children birth to 6 years who have experienced trauma and their caregivers.	2022 – present
Reflective and Clinical Consultation Contract – El Centro de la Familia Secured funding to offer reflective and clinical consultation to a large Head Start/Early Head Start provider serving migrant communities in Utah.	2021 – present
Co-Investigator - University of Utah College of Social Work Seed Grant “Building a System of Trauma-Informed Early Childhood Professionals”	2021 – 2022
Reflective Supervision Contract – Office of Substance Use and Mental Health Secured funding for a statewide program to train 100 cross-sector early childhood professionals in a research-informed reflective supervision model. Model chosen was Facilitating Attuned Interactions; endorsed trainer effective February 2023.	2021 – 2022
Project Director - Infant-Toddler Court Program (ITCP) Grant State Expansion (2022) & Local Program Development Capacity Building Grants (2020 and 2021) to implement the evidence-based Safe Babies Court Team model.	2020 – present
Teleconsultation Program – Office of Substance Use and Mental Health Secured funding for a statewide Infant/Early Childhood Mental Health teleconsultation program providing webinars, case consultation, reflective supervision/consultation, collaboration support, technical assistance, and referral/resource coordination for cross-sector early childhood providers.	2020 – present
Infant/Early Childhood Mental Health Consultation Secured funding to offer consultation and training services to a large Head Start/Early Head Start provider. The services included development and implementation of a 12-week program focused on building skills related to reflective supervision.	2020 – 2022
Co-Investigator – Huntsman Mental Health Institute Seed Grant “Fostering an occupational environment of compassion and well-being with mental health paraprofessionals: A feasibility pilot study.”	2020 – 2021

POSITIONS & EMPLOYMENT

Zero to Three National Center for Infants, Toddlers, and Families (<i>Washington, D.C.</i>) Fellow	2020 – 2022
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- Premier leadership experience committed to supporting the next generation of “change agents” in embracing a courageous, just, and collaborative approach to transforming programs, systems, and policies that impact the lives of young children and their families.

The Children’s Center U (*Salt Lake City, UT*)

Vice President, Clinical Strategy & Innovation 2020 – present

- Provide strategic leadership in developing new programs and services aimed at supporting families with young children
- Participate in strategic policy discussions with public and private entities to address reimbursement rates for IECMH services, advance support for endorsed professionals in IECMH, and advocate for practices of promotion and prevention to be covered services by payors.
- Generate new clinical and programmatic revenue through grants, contracted services, and other strategically aligned initiatives
- Develop and implement webinars and presentations focused on early childhood mental health topics and trauma-informed care, and provide consultation and reflective supervision/consultation to cross-sector early childhood professionals throughout the state
- Duties assigned as Senior Program Operations Director

Senior Program and Operations Director 2019 – 2020

- Provide input to Chief Executive Officer and Executive Leadership Team and work collaboratively to implement organizational objectives.
- Ensure site compliance with licensing and contracts, including required trainings, as well as relevant legal and ethical matters.
- Serve as liaison between Executive Leadership Team and other departments to ensure timely and clear communication among departments and individuals.
- Present at conferences on topics relevant to early childhood mental health, reflective supervision/consultation, trauma-focused evidence-based treatments, and trauma-informed care.

Interim Co-Executive Director 2018 – 2019

Psychology Internship Program Training Director 2017 – 2018

Director of Clinical Services/Licensed Psychologist 2013 – 2019

- Model and facilitate collaborative problem-solving among individuals and different departments.
- Provide supervision and tracking of implementation of standardized measures and promote measurement-based care among the clinical team and preschool specialists.
- Coordinate referrals and decisions regarding admission and discharge of clients.
- Recruit, train, and mentor new clinicians and preschool specialists and ensure employee morale.
- Provide reflective, clinical, and administrative supervision to licensed clinicians and trainees.
- Provide timely and comprehensive feedback on employee work performance and conduct regular performance reviews focused on professional development.
- Monitor implementation of evidence-based treatments and create plans for implementing new evidence-based treatments.
- Organize and coordinate the supervision of Therapeutic Preschool groups including the completion of related paperwork and supervise Therapeutic Preschool groups.
- Serve as liaison to community agencies and provide training on trauma and mental health treatment in early childhood.
- Complete self-study process for accreditation from the American Psychological Association for the doctoral psychology internship program and maintain compliance with all standards outlined by the Committee on Accreditation.
- Supervise doctoral psychology interns and provide didactic trainings and oversight of training program.
- Other duties as described below for Psychology Resident and Doctoral Intern positions.
- Provide therapeutic services as outlined in Psychology Resident position.

- Doctoral Intern** 2011 – 2012
Psychology Resident 2012 – 2013
- Conduct therapy and psychological assessments with young children and families with a wide range of behavioral and emotional disorders at a large non-profit community mental health center.
 - Provide empirically supported treatment to children and families and collect ongoing outcome data as part of a SAMHSA funded grant in collaboration with the National Child Traumatic Stress Network.
 - Conduct initial assessments and refer clients who are unable or unlikely to maintain in traditional daycare and preschool settings to the Therapeutic Preschool, and provide recommendations and ongoing support to preschool staff to promote client success.
 - Coordinate treatment of children in the child welfare system and communicate clients' needs and progress in treatment, and participate in required court proceedings.
 - Conduct ongoing needs assessments and provide educational, physical and mental health, and community aid referrals to families.

Keystone Behavioral Pediatrics (*Jacksonville, Florida*)

- Psychology Specialist** 2010 – 2011
Doctoral Practicum Student 2009 – 2010
- Administered and scored psychological and neuropsychological assessments, interpreted results, wrote integrated reports, and conducted feedback sessions in a pediatric outpatient clinic.
 - Conducted individual and family therapy and parent/caregiver trainings using primarily cognitive-behavioral and behavioral therapies with a diverse population of children ranging from 1-19 years of age in the clinic, home, school, and community.
 - Hired, trained, and supervised undergraduate practicum students in assessment scoring and writing report templates.
 - Developed curriculum for and led weekly girls' therapy group and boys' therapy group focused on acquisition of social skills and anxiety reduction.
 - Provided consultation to school officials during classroom visits and attendance at multidisciplinary school team meetings.
 - Co-led weekly training meetings with beginning and advanced doctoral and post-doctoral trainees.

University of Florida Student Health Care Center (*Gainesville, Florida*)

- Doctoral Practicum Student** 2009 – 2009
- Administered, scored, and interpreted cognitive and achievement assessments to a culturally diverse student population ranging from 19-53 years old.
 - Wrote summary reports focused on a referral question of learning disability and attention-deficit/hyperactivity disorder rule outs.

PACE Center for Girls, Inc. (*Jacksonville, Florida*)

- Transition Counselor** 2005 – 2006
- Conducted individual counseling sessions with students before and after leaving the program.
 - Conducted regular strength/need assessments, developed treatment plans, and provided referrals.
 - Facilitated transition support groups.

Hubbard House Inc. (*Jacksonville, Florida*)

- Family Advocate/Case Manager** 2004 – 2005
- Conducted intake assessments and established initial treatment plans for children and adults.
 - Conducted individual and family counseling sessions.
 - Facilitated support groups for children, teens, and adults.

Oklahoma Department of Human Services (*Bartlesville, Oklahoma*)

- Child Welfare Specialist** 2001 – 2003
- Provided case management services to families, including monthly home visits.
 - Conducted strengths/needs assessments and developed treatment plans.
 - Prepared and presented reports and recommendations to the court.

RESEARCH

- Research Team Member** 2019
Explored correlation between preschool/childcare expulsions and traumatic experiences in young children.
- Principal Investigator** 2010 – 2012
Dissertation: “Yoga Effects on Prenatal Depression”
- Research Team Member** 2009
Examined *best-interests-of-the-child* variables used in child custody evaluations.
- Principal Investigator** 2004 – 2005
Thesis: “The Effect of Mindfulness Meditation on the Human Brain and its Use in Alleviating Depression.”
- Research Team Member** 1998
Explored preschool children’s ability to solve problems using the Tower of London task.

TEACHING EXPERIENCE

- Adjunct Assistant Professor**, University of Utah 2020 – present
School of Medicine, Dept. of Psychiatry
- Community Adjunct Faculty**, University of Utah 2019 – 2020
School of Medicine, Dept. of Psychiatry
- Teaching Assistant**, Fielding Graduate University 2010 & 2012
- Adjunct Professor**, Florida State College of Jacksonville 2011
- Student Facilitator**, University of North Florida 1999

SERVICE

- Interdisciplinary Preparation of Early Childhood Professionals for Mental Health Promotion, Prevention, and Intervention Advisory Board** 2023 - present
- Early Childhood Mental Health Working Group, Member** 2021 – present
Sub-Group Strategy #2 Chair 2022 – present
- Project SCOPE – HUB Team, Member** 2020 – 2021
ECHO implementation of Supporting Children of Opioid Epidemic
- Utah Psychological Association, Board Member - Member at Large** 2020 – present
- Utah Association of Infant Mental Health, Board Member** 2018 – present
President 2018, 2019; Past President 2020, 2021
- Resilient Utah/Center for a Trauma-Informed Utah** 2020 – 2021
- Zero to Three Moving Forward with Mindfulness** 2020
Community of Practice Pilot Site
- Utah Intergenerational Poverty Advisory Committee** 2020 – 2020
- URADD Oversight Committee** 2018 – present
- Early Childhood Utah Advisory Council, Member** 2018 – present
Co-Chair 2022 – present
Social-Emotional Sub-Committee, Member 2018 – present
- Evidence 2 Success-Kearns Community Board** 2016 – 2019
- Evidence 2 Success-Community Review Committee** 2016 – 2019
- National Center for Evidence-Based Practice in Child Welfare** 2014
Advisory Board Member

Recruitment, Retention, & Diversity Faculty Committee

Elected Student Representative, Fielding Graduate University

Associate Dean Search Committee

Appointed Student Representative, Fielding Graduate University

Courageous Conversations Task Force

Appointed Student Representative, Fielding Graduate University Diversity Summit

Domestic Violence Court Advocacy

Volunteer Court Advocate, Hubbard House, Inc.

PUBLICATIONS & PRESENTATIONS

Mitchell, J., Loomis, A., & Lyon M. Creating and sustaining a statewide IECMH teleconsultation program for cross-sector early childhood professionals. Proposal submitted for review for the *ZERO TO THREE Learn Conference 2023*, Minneapolis, MN.

Mitchell, J. & Loomis, A. Developing a common language of trauma-informed care across sectors of early childhood providers. Proposal submitted for review for the *ZERO TO THREE Learn Conference 2023*, Minneapolis, MN.

Peak, A., Beckman, S., & Mitchell, J. Meeting the need: A three state comparison of IECMH workforce development projects and outcomes. Proposal submitted for review for the *ZERO TO THREE Learn Conference 2023*, Minneapolis, MN.

Loomis, A. M., Musson Rose, D., Mitchell, J. Closing gaps in care: Effects of CARE training on early childhood provider trauma-informed attitudes and collaboration. Abstract submitted for review to the *Journal of Child and Family Studies*.

Mitchell, J. Meeting the Need: Utah's Pathway to IECMH Workforce Development. A Poster Workshop Presentation accepted at World Association of Infant Mental Health 18th World Congress, Dublin, Ireland, July 2023.

Mitchell, J. (January, 2023). The "Why" of Reflective Practice. Invited Presenter for the *Utah Association of Infant Mental Health Infant Annual Conference* (virtual).

Mitchell, J. (January, 2023). The "What" of Reflective Practice. Invited Presenter for the *Utah Association of Infant Mental Health Infant Annual Conference* (virtual).

Loomis, A. M., Musson Rose, D., & Mitchell, J. (January, 2023). Examining growth in trauma-informed attitudes across interdisciplinary early childhood providers using piecewise multilevel modeling: Outcomes from a trauma-informed training. A poster presentation at *The 2023 Society for Social Work and Research (SSWR) Annual Meeting*, Phoenix AZ.

Loomis, A. M., Musson Rose, D., Mitchell, J. (November, 2022) Enhancing the trauma-informed capacity of the early childhood workforce. A presentation at the *2022 Council on Social Work Education (CSWE) Annual Program Meeting*, Anaheim, CA.

Mitchell, J. (September, 2022). Infant-Early Childhood Mental Health: From Theory to Practice. Invited speaker for *Western Regional Early Intervention Conference 2022* (Virtual).

Mitchell, J. & Johnson, S. (September, 2022). Promoting Healthy Development in Young Children and the Impact of COVID-19. A presentation at *Critical Issues Facing Children and Adolescents*, Salt Lake

City, UT.

- Farr, K. & Mitchell, J. (September, 2022) Trust Your Gut: Supporting Caregivers Through Attachment and Biobehavioral Catch-up. A presentation at *Critical Issues Facing Children and Adolescents*, Salt Lake City, UT.
- Mitchell, J. & Perry, T. (September, 2022). Supporting Healthy Attachment. A Presentation at the Utah Judicial Courts Annual Conference. Midway, Utah.
- Mitchell, J. & Perry, T. (May, 2022). Child-Parent Psychotherapy: A Look at Healing Through Relationships. A Presentation at the Juvenile Courts Annual Conference. Midway, Utah.
- Mitchell, J. & Vo, M. (November, 2021). *A Different Kind of "Self" – Care: Healing the Hearts of Those Who Heal*. A presentation for Roseman University, Salt Lake City, UT (Virtual).
- Mitchell, J. (November, 2021) Practice Makes Perfect: The Role of Mindfulness in Early Childhood Mental Health. A presentation at *Critical Issues Facing Children and Adolescents*, Salt Lake City, UT.
- Mitchell, J. (November, 2021) The Next Right Thing: The Role of Reflective Supervision in Trauma-Informed Early Childhood Mental Health. A presentation at *Critical Issues Facing Children and Adolescents*, Salt Lake City, UT.
- Gehl, M., Manigat, D., Mitchell, J., & Lara, C. M. (October, 2021). Cultivating Mindfulness to Support Early Childhood Professionals. A presentation at *ZERO TO THREE Annual Conference* (Virtual).
- Mitchell, J. (October, 2021). Promoting Infant/Early Childhood Mental Health: A Teleconsultation Pilot for Cross-Sector Early Childhood Providers. A presentation at *ZERO TO THREE Annual Conference* (Virtual).
- Vo, M. & Mitchell, J. (November, 2020). Depression update for COVID-19. A presentation for Roseman University, Salt Lake City, UT.
- Durham-Wall, M. & Mitchell, J. (October, 2020). Monopolizing the Conversation: How do young children's communication styles affect caregiver interaction. A presentation at *Critical Issues Facing Children and Adolescents*, Salt Lake City, UT.
- Mitchell, J., Johnson, S., Lyon, M., Sellers, J., & Freitag, M. (September, 2020). Parenting in the Pandemic. A presentation for *Utah Psychological Association*, Salt Lake City, UT.
- Mitchell, J. & Lyon, M. (October, 2019). CPP: A Look at Healing Through Relationships. A presentation at *Critical Issues Facing Children and Adolescents*, Salt Lake City, UT.
- Mitchell, J. & Lyon, M. (October, 2019). Developmentally Informed Care. A presentation at *Critical Issues Facing Children and Adolescents*, Salt Lake City, UT.
- Mitchell, J. (October, 2019). Domestic Violence-What's the Real Scar. A presentation at *Critical Issues Facing Children and Adolescents*, Salt Lake City, UT.
- Mitchell, J. (May, 2019). Child and Family Trauma. A presentation for YWCA Utah staff, Salt Lake City, UT.

- Mitchell, J. (February, 2019). Infant Mental Health. A presentation at the *Interagency Coordinating Council for Infants and Toddlers with Special Needs* meeting, Salt Lake City, UT.
- Mitchell, J. (October, 2018). Holding the Child in Mind: The Child in the Context of Domestic Violence. A presentation at the *Utah Domestic Violence Coalition conference*, Salt Lake City, UT.
- Mitchell, J. (October, 2018). Infant and Early Childhood Mental Health: Bringing the Michigan Model and a Professional Endorsement System to Utah. A presentation at the *Critical Issues Facing Children and Adolescents* conference, Salt Lake City, UT.
- Mitchell, J. (January, 2018). Making connections to promote hope and healing. A presentation at the *Utah Association of Infant Mental Health Infant Trauma and Resiliency* Conference, Salt Lake City, UT.
- Mitchell, J. (October, 2017). How intellectual functioning can influence trauma focused treatment. A presentation at *Critical Issues Facing Children and Adolescents* conference, Salt Lake City, UT.
- Mitchell, J. (October, 2017). Making integration real: Collaborating for the patient (Panel). A presentation at *Critical Issues Facing Children and Adolescents* conference, Salt Lake City, UT.
- Mitchell, J. (June, 2017). Domestic violence and the impact on children. A presentation for South Valley Sanctuary all staff training day, West Jordan, UT.
- Mitchell, J. (May, 2017). The good enough parent. A presentation for Utah Foster Care, Salt Lake City, UT.
- Mitchell, J. (November, 2016). Treating trauma in young children with developmental delays. A presentation at *Critical Issues Facing Children and Adolescents* conference, Salt Lake City, UT.
- Mitchell, J. (October, 2016). Trauma informed service delivery. A presentation at the Salt Lake County Library all staff day.
- Mitchell, J. (March, 2016). Mental health issues in early childhood. A presentation at the *Utah Early Childhood Conference*, Salt Lake City, UT.
- Mitchell, J., Field, T., Diego, M., Bendell, D., Newton, R. & Pelaez, M. (2012). Yoga reduces prenatal depression symptoms. *Psychology*, 3, 782-786. doi: 10.4236/psych.2012.329118
- Mitchell, J., & Chaudry, S. (2010). Generosity. In F. Arrows, G. Cajete, & J. Lee (Eds.), *Critical Neurophilosophy & Indigenous Wisdom* (pp. 1-9). Rotterdam, The Netherlands: Sense Publishers.
- MacDonald, C., Garner, E., & Spurgeon, J. (2002). Executive functioning and planning abilities of preschool children using the Tower of London Task. *Psi Chi Journal*, 7(3).
- MacDonald, C., Spurgeon, J., & Garner, E. (1999). *Executive functioning and planning abilities of preschool age children using the Tower of London Task*. Poster presented at the University of North Florida research conference.

PROFESSIONAL AFFILIATIONS

Utah Association of Infant Mental Health, Member
 National Register of Health Service Psychologists, Member
 American Psychological Association, Member
 Utah Psychological Association, Member
 World Association of Infant Mental Health, Member
 Zero To Three, Member
 PSI CHI International Honor Society in Psychology (inducted in 2000)
 Phi Kappa Phi Honor Society (inducted in 2000)

TRAINING IN EVIDENCE-BASED MODELS

Diversity Informed Tenets for Work with Infants, Children and Families	February 2022
Facilitating Attuned Interactions (Certified Trainer 2023)	November 2021
ZERO TO THREE DC: 0-5 Clinical Training	May 2021
ZERO TO THREE The Growing Brain (Certified Trainer 2022)	March 2021
Compassion Cultivation Training	December 2020
Mindful Self Compassion	October 2020
MindBE Certified Preschool Mindfulness Teacher Training	August 2020
Self-Compassion in Psychotherapy	August 2020
Fierce Self-Compassion	August 2020
Mindful Self-Compassion Core Skills Training	July 2020
MindBE Preschool Mindfulness Certified Teacher Training	August 2020
Attachment and Biobehavioral Catch-Up (Certified Supervisor)	February 2020
Alternatives for Families: Cognitive-Behavior Therapy	April 2019
Incredible Years Parent Program	March 2017
Incredible Years Child Program	November 2016
Theraplay	February & March 2014
Child Parent Psychotherapy (Certified Trainer and Supervisor 2019)	February 2014/March 2017
Attachment, Self-Regulation, and Competency (ARC)	October 2013
TF - CBT	October 2013
Family Assessment of Needs and Strengths – Trauma Exposure and Adaptation (FANS-TEA)	September 2013
Board Certified Behavior Analyst	January 2011 to present
TF - CBT for Childhood Traumatic Grief	January 2011
Professional Crisis Management	July 2010
Response to Intervention	October 2010
Investigating and Prosecuting Sexual Assault End Violence Against Women International Conference	August 2005
Domestic Violence Relocation Certified Relocation Application Assistant State of Florida, Office of the Attorney General	August 2005
Registered Domestic Violence Advocate Florida Coalition Against Domestic Violence	September 2004

References available on request

Application Form

Profile

Heather _____ Shotwell _____
 First Name Middle Initial Last Name

 Email Address

Primary Children's Hospital _____ Director of Community, Access, and Crisis _____
 Employer Job Title

 Home Address Suite or Apt

 City State Postal Code

 Primary Phone

Which Boards would you like to apply for?

Behavioral Health Services Advisory Council: Submitted

Referred by:

Dan Braun

Qualifications

Please tell us about yourself.

For the past two years, I have been the Director of Community, Access, and Crisis Services for the Primary Children's Hospital Behavioral Health Team. In this role, I work with many community providers, stakeholders, families, and agencies to help promote child and adolescent behavioral health services. I graduated from the University of Utah College of Social Work in 2008 and maintain my LCSW.

Why are you interested in serving on a board or commission?

I am passionate about the navigation of behavioral health resources and services. I believe we can help children, adolescents, and families become more connected to services and supports in a more efficient way. Joining this board will continue to help support children and adolescents to have a voice in our system to ensure we are being thoughtful and aware of their behavioral needs and challenges.

What education, work experience, or volunteer experience do you have that applies to the board you are applying for?

I graduated from the University of Utah College of Social Work in 2008 with a Master in Social Work. I went on to practice clinical work and obtained my LCSW. My clinical expertise was in crisis response, substance use disorders, and grief/loss. I moved into an administrative role in 2014 and have developed five programs within Primary Children's Hospital, including a resource navigation team, a care management team, an assessment team, a Stabilization and Mobile Response team, and an outpatient clinical team. Currently, as the Director of Community, Access, and Crisis, I work to ensure children, adolescents, and family have access to care and services, while also promoting upstream services.

What unique perspectives could you bring to the board?

I bring a clinical and administrative lens to this board. I work closely with my teams to understand the real time barriers our families are facing, but also work closely enough with our service providers to understand their barriers as well.


Upload a Resume

Demographics

Some boards and commissions require membership to be racially, politically or geographically proportionate to the general public. The following information helps track our recruitment and diversity efforts.

Are you a Salt Lake County employee?



Are you a current member of another Salt Lake County board or commission?



Race/Ethnicity *



District *

District 4

Gender Pronouns *



Age Range *



Languages *



Political Affiliation



Heather Shotwell, LCSW

ACCOMPLISHMENTS

- Increased access for clients served by Behavioral Health Intake team by 73% by creating a new tracking system
- Maintained a 91% success rate in response times for the Stabilization and Mobile Response team over a period of two years for 9 counties
- Implemented a new model of care in an outpatient clinic, yielding:
 - A decrease in wait times from 61 days to 39 days
 - An increase in average new patient visits from 106 a month to 137 a month
 - An increase in employee engagement from 2.19 to 3.97
- Social Work Discipline Chief for the Pediatric Behavioral Health Service Line summer 2018 – present
 - Approving all Licensed Mental Health Clinicians' applications for hospital privileges
 - Facilitate Master of Social Work Internship program
 - Maintain program standards and expectations
 - Implemented quality improvements, with addition of monthly group supervision meeting and monthly Field Instructor meeting
- Developed five programs, including an Assessment Clinic, Intake/Triage Clinic, Care Management Team, Stabilization and Mobile Response team, and Bachelor of Social Work Internship
- Partnered with data team to build metrics to understand wait times across the behavioral health service line
- Created an Intake Form that measures different domains of needs to tally an acuity score to help guide treatment recommendations
- Administered system wide contract between Intermountain Healthcare and the National Alliance on Mental Illness (NAMI) to offer free NAMI courses on Wasatch Canyons campus
- Oversaw the implementation of a new medical record within the Assessment, Referral, and Consultation Services team

EMPLOYMENT

Primary Children's Hospital at Wasatch Canyons

Salt Lake City, UT

July 2021 - present

Pediatric Behavioral Health Director – Community, Access, and Crisis

- Responsible for operations of 4 programs – Primary Children's Behavioral Health Outpatient Clinic, Stabilization and Mobile Response, Assessment Referral and Consultation Services, and Crisis Team
- Accountable for 4 budgets
- Execute mission, vision, values, and strategy
- Promotion and adherence to evidence-based practices

Primary Children's Hospital at Wasatch Canyons

Salt Lake City, UT

January 2014 – July 2021

Pediatric Behavioral Health Manager – Assessment Referral and Consultation Services

- Provided direct supervision and oversight to 2 leads and 19 employees, including performance evaluations, disciplinary tasks, hiring, training, onboarding, and retention
- Ensured operations of the Intake/Triage line, Assessment Clinic, Care Management service, and Stabilization and Mobile Response program
- Accountable for the development, implementation, and success for unit goals

- Partnered with Director of Community Based Services and Service Line Director for strategic planning and growth opportunities of the programs
- Established and maintain relationships with community providers, pediatricians, program stakeholders, and referral sources
- Developed workflows, process guidelines, and qualitative/quantitative measures for success of the office
- Responsible for data collection and analysis, directly impacting necessary resources, staffing, and gaps in service
- Led the development and implementation of the Stabilization and Mobile Response Team

Jordan West Family Counseling

West Jordan, UT

September 2011 – April 2012

Clinical Therapist (Part time)

- Facilitated weekly individual therapy sessions to adolescents and children utilizing Cognitive Behavioral Therapy, Motivational Interviewing, Play Therapy, and Dialectical Behavioral Therapy techniques.
- Developed and implemented treatment plans
- Completed initial assessments and diagnoses
- Provided crisis intervention when necessary
- Participated in case consultation

Primary Children's Hospital

Salt Lake City, UT

October 2008 – January 2011

Crisis Social Worker/Medical Social Worker

- Completed crisis risk assessment evaluations in the Emergency Department
- Provided brief therapy, solution focused therapy, motivational interviewing skills, and crisis intervention to families and children who have been involved in a trauma or medical emergency
- Acted as support to families and children involved in physical and/or sexual abuse
- Facilitated immediate bereavement services to families and staff
- Co-facilitated grief groups for children
- Responsible for weekend hospital wide on call crisis response

EDUCATION

University of Utah

Salt Lake City, UT

August 2007 – August 2008

- Master of Social Work
- Internship at Primary Children's Medical Center
 - Provided crisis intervention and bereavement support in the Pediatric Intensive Care Unit and the Emergency Department
 - Completed psychosocial evaluations
 - Offered brief therapy and solution focused therapy to families in the PICU and Emergency Department.
 - Participated in an interdisciplinary team composed of doctors, nurses, social workers, and child life specialists
 - Involved with transplant team and exposed to the VAD/Berlin heart
 - Collaborated with team members to provide parent training and parent resources

University of Utah

Salt Lake City, UT August 2005 - August 2007

- Bachelor of Social Work
- Internship at Rape Recovery Center
 - Certified as a Crisis Counselor through UCASA 40 hour training
 - Participated in crisis intervention through the crisis line and hospital response
 - Researched additional resources for Spanish speaking clients
 - Researched additional resources for general clientele
 - Learned basic grant writing skills

Truman State University
Kirksville, MO August 1998 - August 2002

- Bachelor of Arts in Psychology; Minor in Criminal Justice

Application Form

Profile

Daryl _____ Herrschaft _____
 First Name Middle Initial Last Name

 Email Address

Utah Health Policy Project _____ Director, Take Care Utah _____
 Employer Job Title

 Home Address Suite or Apt

 City State Postal Code

 Primary Phone

Which Boards would you like to apply for?

Behavioral Health Services Advisory Council: Submitted

Referred by:

Matt Slonaker

Qualifications

Please tell us about yourself.

I am the director of Take Care Utah, a non-profit that provides direct service to enroll in health insurance at no charge. We have 30 staff conduct health insurance enrollment with 10,000 people annually, focused on underserved populations including, Hispanic children, people leaving incarceration, those experiencing homelessness or substance use disorder. I have been in non-profit management in the pursuit of helping my community for nearly 30 years.

Why are you interested in serving on a board or commission?

I think it is my civic duty to serve on community boards if I have something of use to contribute and if I have the time. In this case I have both.

What education, work experience, or volunteer experience do you have that applies to the board you are applying for?

I currently direct a program that enrolls thousands of underserved Utahns in health insurance. A large portion of the clients we serve are experiencing behavioral health needs that require insurance to access treatment. As such, I have worked with people involved in every stage of the ordeal that many face. It has given me a broad perspective on which I can contribute my time and learning to improve the lives of more people.

What unique perspectives could you bring to the board?

I have 13 years of non-profit experience engaging with corporate leaders to find creative opportunities to advance shared objectives with measurable results.



Upload a Resume

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District *

District 4

Gender Pronouns *



Age Range *



Languages *



Political Affiliation



Daryl Herrschaft

Daryl Herrschaft

PROFESSIONAL EXPERIENCE

Director, Take Care Utah, Utah Health Policy Project, West Valley City, UT

February 2019 – present

- Provide management oversight and strategic direction for Take Care Utah and its 30 staff members.
- Previously served as Manager, Community Outreach and Enrollment Organizer, and Health Access Assister

HIV Prevention Coordinator, Utah AIDS Foundation, Salt Lake City, UT

May 2017 – February 2019

- Led outreach to health care providers to educate them on PrEP. Doubled list of PrEP providers. Organized educational forums attended by more than 25 clinicians.
- Performed HIV testing, counseling and delivery of results at our twice weekly test-site.
- Organized volunteers for community outreach events. Forged partnerships with many organizations including Real Salt Lake, the Utah State Prison, Utah Pride, Weber State, the University of Utah, SLCC and many others.

Customer Service Specialist, Harland Clarke, September 2016 – May 2017

Line Cook, Temple Square Hospitality, June 2015 – August 2016

Director, Volunteer Engagement and Resource Development, Northern Ocean Habitat for Humanity, Toms River, NJ

May 2013 – June 2014

- Implemented organization's first online volunteer registration system. Established volunteer management protocols, successfully tracked multiple projects, placed volunteers based on skill-level.
- Conducted community presentations for contractors and orientation for new volunteers. Met regularly with flooding victims to direct them to key resources.
- Overhauled organization's donor database, developed group's first corporate sponsorship program, secured funding for programs.

Principal, Daryl Herrschaft Consulting, LLC, Washington, D.C.

July 2011 – May 2013

- Lead independent consulting practice focusing on building relationships between non-profits and employers around shared strategic priorities with measurable results.

Director, Workplace Project, Human Rights Campaign, Washington, D.C.

July 1998 – July 2011

- Conceived and implemented Corporate Equality Index performance standards on workplace diversity for Fortune 1000 companies. Managed a budget of \$1 million and 6 full-time staff.
- Responsible for every aspect of program including maintaining thought-leader status, hiring and developing staff talent, communications strategies, legislative advocacy, external relations, resource development, overseeing all print and online media, and leadership of volunteer and fiduciary boards nationwide.

EDUCATION and CERTIFICATES

- B.A., Political Science, The George Washington University, Washington, D.C. 1995
- Resident Producer Individual License, State of Utah 2019 - *present*
- Disaster Corps Member, Habitat for Humanity, 2006 - *present*
- Certificate in Developing and Managing Volunteers, FEMA, 2013
- HIV Prevention Counselor Certification, Utah Department of Health, 2017