

**Salt Lake County  
Behavioral Health Services  
Area Plan FY23**

# What Is An Area Plan?

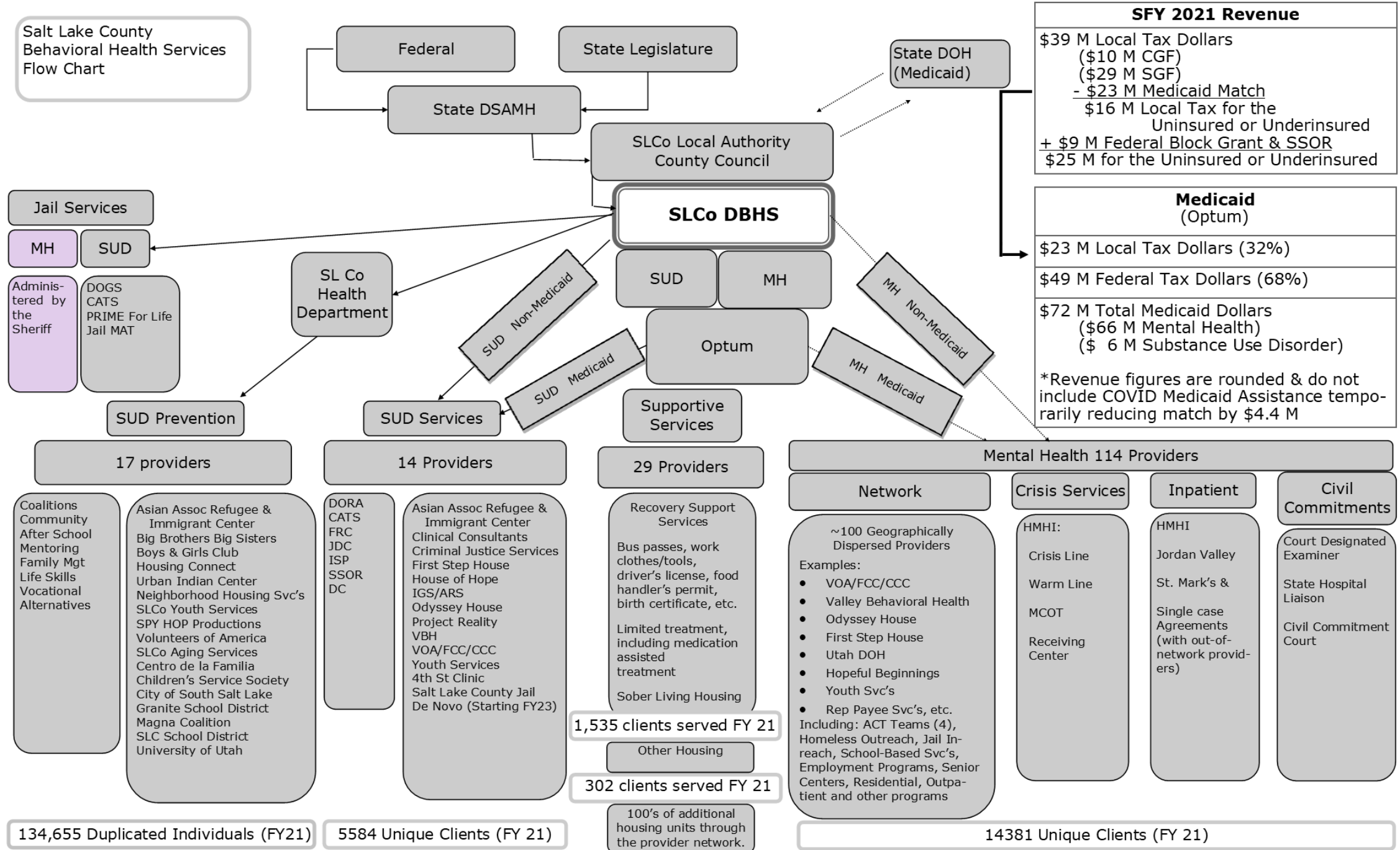
## Overview:

- 17-43-201(5)(b)
- 17-43-301(6)(a)(ii)

## Timeline:

- Area plan training (April 6<sup>th</sup>)
- Mayor approval (May 5<sup>th</sup>)
- Council workgroups and staff (May 5<sup>th</sup>)
- Council approval & signature (May 10<sup>th</sup>)
- Submission (May 13<sup>th</sup>)

**Salt Lake County Behavioral Health Services Flow Chart**



SFY 2021 Revenue
\$39 M Local Tax Dollars ( \$10 M CGF) ( \$29 M SGF) - \$23 M Medicaid Match \$16 M Local Tax for the Uninsured or Underinsured + \$9 M Federal Block Grant & SSOR \$25 M for the Uninsured or Underinsured

Medicaid (Optum)
\$23 M Local Tax Dollars (32%)
\$49 M Federal Tax Dollars (68%)
\$72 M Total Medicaid Dollars ( \$66 M Mental Health) ( \$ 6 M Substance Use Disorder)
*Revenue figures are rounded & do not include COVID Medicaid Assistance temporarily reducing match by \$4.4 M

134,655 Duplicated Individuals (FY21)

5584 Unique Clients (FY 21)

1,535 clients served FY 21

302 clients served FY 21

100's of additional housing units through the provider network.

14381 Unique Clients (FY 21)

# New and Notable

## New Programs

- Receiving Center Status
- Odyssey House men's 16-bed residential program for severely mentally ill individuals
- VOA Theodora housing program serving 12-14 severely mentally ill individuals (rental subsidies & supportive living rate through DBHS)
- Valley Behavioral Health Subacute Unit

## Medicaid Changes

- Loss of COVID-related enhanced match (6.2%) after the end of the public health emergency
- Loss of Medicaid funding as the state begins the "unwinding" of eligibles
- Utah's Medicaid match rate – increasing over time
- HB 413 – A workgroup to study the move of Targeted Adult Medicaid to the Accountable Care Organizations to manage

## Workforce Capacity

- Continues to be a crisis statewide
- Multiple efforts underway to address
  - Wins & losses legislatively this general session (including a provider rate increase)
  - Wage Compression
  - Workforce Capacity Paper attached in the area plan for more details

## Utah State Hospital Capacity

- A loss rather than the planned expansion of beds

## COVID Updates

- Reduced Court Referrals Continue
  - Most notably a reduction in those referred directly from jail
  - Dramatic increases in those admitted from hospitals, streets and shelters, requiring medical and medication stabilization, often in acute withdrawal, etc.

# The Importance of Prevention

## SUD Prevention Coalitions: Surviving the Pandemic

3 CTC Coalitions have flourished amid the pandemic

17 Providers adapted and maintained substance use prevention services throughout pandemic

Internal Coalitions Team provided technical assistance to multiple community coalitions throughout SLCo.

## New RFA for Contracted Services

Released RFA for next funding cycle – focus on health equity, building partnerships, increasing efficiency across the network of service providers

Braided funding with Tobacco E-Cigarette State funds to increase amount contracted to service providers

Incorporated community feedback into RFA

## Continuous Improvement

Improving evaluation capacity and tools among service providers to improve program implementation and results

Creating a streamlined, research-based coalition framework for communities

# Area Plan Sections

Mental Health  
Services

Substance Use  
Disorder  
Services

Prevention  
Services

# Mental Health Narrative Section

## Mandated Services Required By Statute:

- Inpatient Care (3 In-network Hospitals & Single Case Agreements With Multiple Hospitals)
- Residential Care (5 Programs)
- Outpatient Care (Approximately ~100 Providers)
- 24-hour Crisis Care (Huntsman Mental Health Institute (HMHI))

	Actual FY21	Budgeted FY23
Individuals Served	14,381	14,800
Dollars Expended	\$74,964,000	\$81,617,000



# Mental Health Narrative Section *Continued*

## **Mandated Services Required By Statute:**

- Psychotropic Medication Management (163 Prescribers)
- Psychosocial Rehabilitation, Including Vocational Training & Skills (4 Providers)
- Case Management (Multiple Agencies)
- Community Supports, Including In-home Services, Housing Family Support Services & Respite Services (10+ Providers)
- Consultation & Education Services, Including Case Consultation, Collaboration With Other County Service Agencies, Public Education And Public Information (10+ Providers)
- Services To Persons Incarcerated In A County Jail Or Other County Correctional Facility

# Substance Use Disorder Narrative Section

	Actual FY21	Budgeted FY23
Individuals Served	5,584	5,500
Dollars Expended	\$24,326,597	\$26,340,231

Prescribing what is needed...  
When it is needed...  
At the level it is needed...

## ASAM\* Levels Of Care:

- Medical Detoxification (As Needed - HMHI)
- Social Detoxification (2 Providers)
- Clinically Managed – High-intensity Residential Care (4 Providers)
- Clinically Managed – Specific High-intensity Residential Care (3 Providers)
- Clinically Managed – Low-intensity Residential Care (4 Providers)

# Substance Use Disorder Narrative Section

## ASAM\* Levels Of Care *Continued*:

- Partial Hospitalization/Day Treatment Care (4 Providers)
- Intensive Outpatient Care (7 Programs)
- Outpatient Care (11 Providers)
- Early Intervention (1 Provider)
- Aftercare And Supportive Services (35 Providers)
  - Case Management, Housing, Peer Support Services, Peer Counseling Family Support Services, Education Services, Case Consultation, And Collaboration With Other Agencies

# Prevention Narrative Section

	Actual FY21	Budgeted FY23
Individuals Served	134,655 (duplicated count)	211,674 (unduplicated count)
Dollars Expended	\$1.7M	\$2.1M

- Strategic Prevention Framework: Assessment, Building Capacity, Implementation, Evaluation, Logic Models
- Institute Of Medicine (IOM) Levels Of Care For Prevention: Universal, Selective, Indicated
- A Community Coalition Approach
  - Broken Down By Small Area
  - Community Driven
  - Evidence Based
  - Expanded Team For Technical Assistance



Budgets



Fee  
Policies/Schedule



Logic Models



And Other  
Information



# THANK YOU

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