

# Salt Lake County Health Department

## HOME VISITING PROGRAMS

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# Nurse Family Partnership (NFP)

Working Together to Empower First Time Moms



## Eligibility

- First-time mom
- Enroll prior to 29 weeks gestation
- $\leq 185\%$  of poverty

## Scope

- Delivered by registered nurses
- 2 visits a month
- From pregnancy to 2

## Funded

- Intermountain Health Care – Primary Promise
- Maternal Infant Childhood Home Visiting Grant



# NFP Focus

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- **Improve Pregnancy Outcomes**

- Promote healthy behaviors (prenatal care, diet, reduce harmful substances)

- **Enhance Child Health & Development**

- Support responsible, competent caregiving

- **Boost Economic Self-Sufficiency**

- Foster future planning, education, and job readiness

# Parents as Teacher (PAT)

All children will develop, learn, and grow to realize their full potential



## Eligibility

- Pregnant women
- Parents with children 3 and under
- Up to  $\leq 300\%$  of poverty based on the number of stressors

## Scope

- Delivered by parent educators
- 2 visits a month
- From pregnancy to 5
- Monthly group connections

## Funded

- Maternal Infant Early Childhood Home Visiting Grant
- Community Based Child Abuse Prevention

# PAT Focus

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## **Development-Centered Parenting**

- Screenings & Assessments
- Age-related info (safety, sleep, health, nutrition, discipline, transitions, attachment)

## **Positive Parent-Child Interactions**

- Home-based activities
- Focus on developmentally supportive interaction

## **Family Wellbeing**

- Protective factors
- Self-sufficiency resources
- Strengthening relationships & recreation

# Nurse Family Partnership Parents as Teachers Outcomes

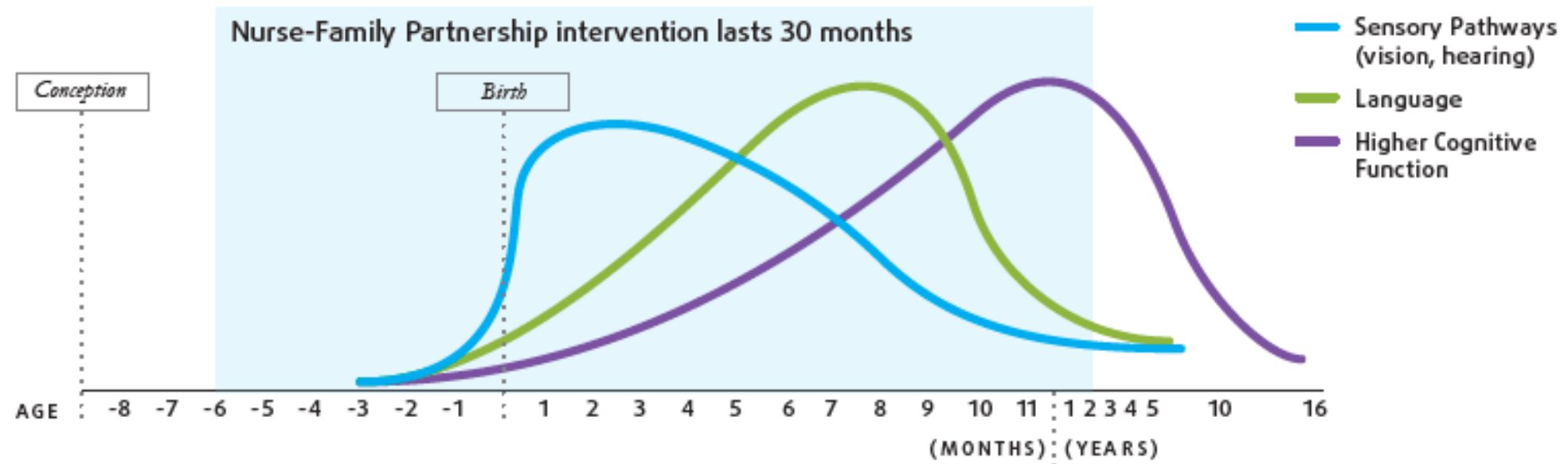
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## **Evidence-Based Outcomes of Home Visiting Programs**

- Reduced substance use during pregnancy
- Decreased child abuse and neglect
- Enhanced family protective factors
- Improved school readiness, performance, and attendance
- Increased child self-regulation skills
- Better child health and development
- Increased economic self-sufficiency & lower government costs

## Human Brain Development

Synapse formation dependent on early experiences



# Why Home Visiting is Important

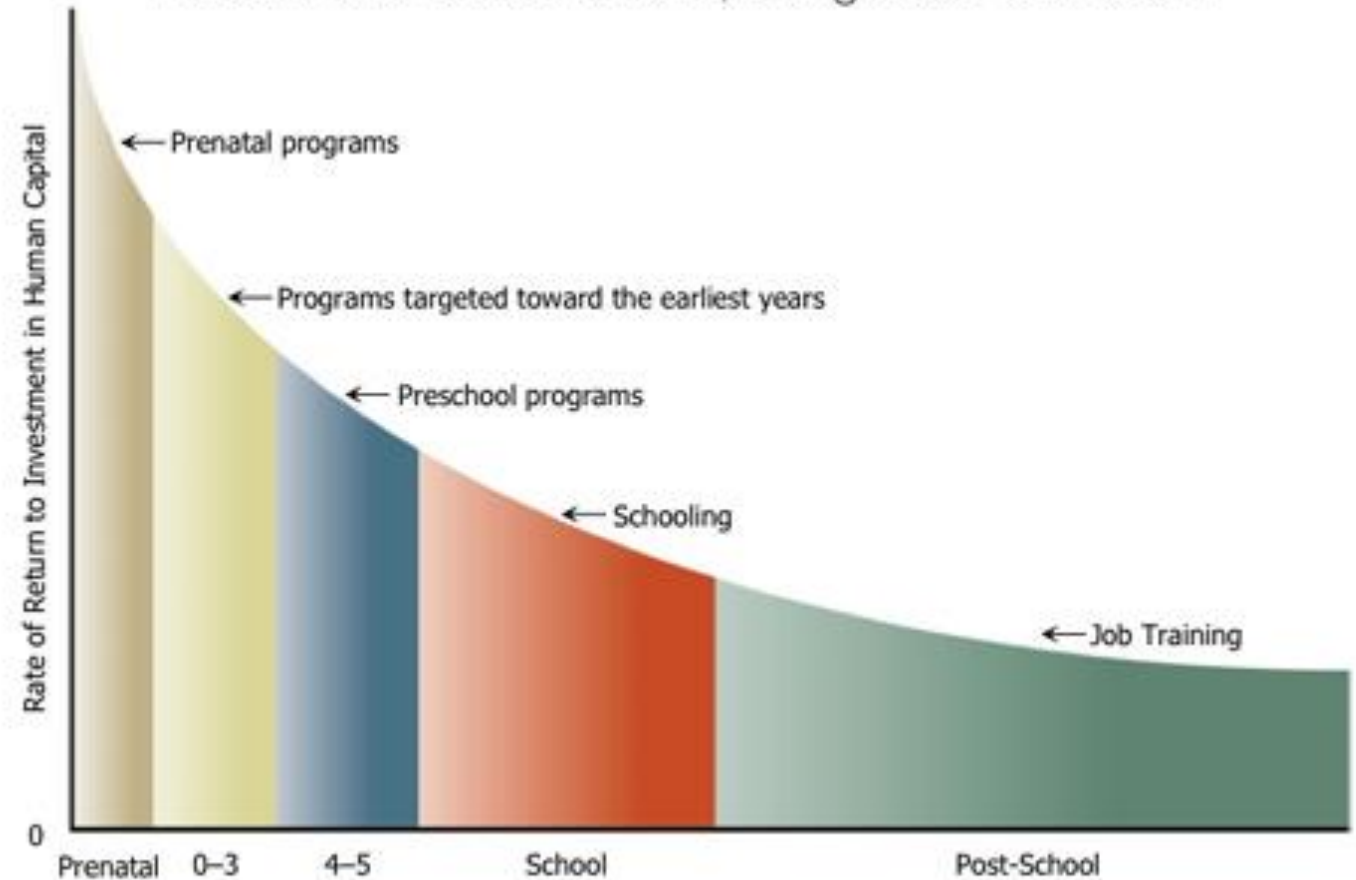


# Return on Investment

high-quality,  
comprehensive, early  
childhood programs have a  
13% RIO

## SMART INVESTMENT

The earlier the investment, the greater the return



Source: James Heckman, Nobel Laureate in Economics



# Contact Information for Home Visiting

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