

# KAATI LAO TARR TARR

Licensed Clinical Social Worker

## CONTACT



[Redacted]



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[www.linkedin.com/in/kaatitarr](http://www.linkedin.com/in/kaatitarr)

## CLINICAL SKILLS

- Individual, group & family therapy
- DBT Informed
- Crisis Counseling
- Medical social work
- Grief and bereavement counseling
- Case Management
- Coordination of Care
- Community Outreach

## EDUCATION

Master of Social Work  
University of Utah  
Salt Lake City, Utah  
2008 - 2010

Bachelor of Science Sociology  
University of Utah  
Salt Lake City, Utah  
1996 - 2003

## AFFILIATIONS

Member Association of Social Workers  
2010-Present

Former Leader of ILC  
2006-Present

## PROFESSIONAL PROFILE

15+ years working in social service field as a mental health counselor, trainer, lead caseworker, and team member.

Practical social work experience in the school setting, county and state agency, private practice, non-profit mental health, and hospital settings.

Knowledge of mental health issues and available treatments and community resources.

## EXPERIENCE

### PRIVATE PRACTICE // 2018 - PRESENT

#### Individual and Family Therapist

I manage every aspect of my business including networking and marketing, billing, and administrative tasks. I provide mental health interventions to adolescents and adults seeking services for various symptoms of mental health distress. Including mental health evaluation, risk assessment, therapy sessions, coordination of medication management, and case management.

Excellent in utilizing the DSM-5 for current diagnostic criteria

Regular participation in Continuing Education opportunities specifically pertaining to issues targeting adolescents and young adults.

### SECONDARY CHILDREN'S HOSPITAL // 2015 - 2017

#### Medical Social Worker, Emergency Department

Provide crisis evaluation and clinical recommendations for children and teenagers who present in the emergency room with suicidal ideation and/or behavioral problems. Provide support to families of children with new medical diagnoses, traumatic injuries and death.

Educates various levels of patients, families, and medical staff

Collaborate with medical team members in order to work efficiently while maintaining the child's best interest

Provide information and training to new medical staff

### STEPHEN STONES Child Placement Agency // 2018 - 2019

#### Therapist

Provide ongoing individual and family therapy to adolescents placed in a foster care setting via Division of Child and Family Services or Juvenile Justice Services.

Multicultural appropriate services including mental health evaluation, treatment plans, and crisis plans

Collaborate with various professional agencies including Juvenile Court, attorney, corrections

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## TREATMENT APPROACH

- Brief Therapy
  - Coaching
  - DBT
  - Family systems
  - Mindfulness
  - Motivational Interviewing
  - Psychodynamic
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## EXPERIENCE CONTINUED

DCFS Transition to Adult Living Program

**Trainer 2006 - 2010**

Planned and implemented a Basic Life Skills class for youth aging out of foster care. Coordinated with community partners such as Utah Youth Mentor Project, SL County, and Planned Parenthood. Crisis Counseling for former foster youth who returned to the agency requesting additional services and monetary resources.

**Caseworker 2004 - 2006**

Manage 10+ DCFS clients including coordination of team meetings, collaborating with other team members, creating and following a service plan specific to each client's need. Frequent communication with juvenile court judge, Guardian Ad Litem, parents, school teacher, and foster parents.