

# Salt Lake County Area Plan FY25

# What Is An Area Plan?

Overview 17-43-201(5)(b) and 17-43-301(6)(a)(ii)

## Timeline

- ▶ Area plan training (April 3<sup>rd</sup>)
- ▶ Mayor approval (April 30<sup>th</sup>)
- ▶ Council Staff Presentation (May 2<sup>nd</sup>)
- ▶ Council Approval & Signature (May 7<sup>th</sup>)
- ▶ Submission (May 15<sup>th</sup>)

# New & Notable

## New Programs

- ▶ HMHI Receiving Center 2025 (Bridge Implemented Oct 2023)
- ▶ Social Detox Expansion - VOA Expanded by 55 Beds, from 112 to 167 Beds, with a Program Relocation to 1875 S Redwood Rd (July 2023)
- ▶ Assertive Community Treatment (ACT) Teams – Continuing to Expand (VOA, Odyssey House & VBH, currently serving ~330 clients, current capacity is 350, efforts in place to increase capacity to 420)
- ▶ Youth Residential Co-ed 16-Bed Program (Copa 2023)
- ▶ Adult MH Residential 8-Bed Program (Turning Point 2023)
- ▶ Men’s MH Residential 16-bed Program (VOA - Summer of 2024)
- ▶ Housing – 2023 Openings: The Odyssey House Jasper Program in Midvale (18 male units), House of Hope Amaryllis Sober Living (13 female units) & The Valley Behavioral Health Valley Oaks Program in Holladay (29 male units). 2024 Opening: Switchpoint’s Canyon Rim Program in Millcreek (43 female units).
- ▶ Jail MAT Expansion to New Suboxone Inductions (2024)



## Workforce Capacity – Critical Shortages Remain

- ▶ Additional University Teaching Positions Not Funded
- ▶ Tuition Loan Repayment Program Funded – But State Staff Focus
- ▶ OPLR Licensing Recommendations Passed in SB 26 & Many Other Licensing Bills

## USH Capacity - 2020 Expansion Never Occurred

### Medicaid Changes

- ▶ The Unwinding
  - ▶ First Case Closures or Transfers Began April 30<sup>th</sup>, 2023
  - ▶ Final Month of Unwinding is April 2024
- ▶ COVID-Related Enhanced Match (6.2%) Ended the End of 2023
- ▶ Federal Medicaid Match Rate – Decreasing Over Time (64.36% Oct 1st)
- ▶ HB 501 - Rep Dunnigan – \$1,417,000 One-time, \$4,127,900 Ongoing & Justice Waiver Addendum

# New & Notable - Prevention



## Community Coalitions

- Clearer definition and process of working with and within coalitions in our community with a stronger focus on Community-Centered, Evidence-Based Prevention (CCEBP).
- More funding available for communities to sustainably implement CCEBP coalitions



## Evidence Based Programming

- Stronger focus on relationships, technical assistance and continuous improvement with providers
- Building relationships and networks between coalitions and providers



## Environmental Strategies

- Support for local agencies completing alcohol & tobacco compliance checks
- County wide substance use prevention messaging

# Area Plan Sections

Mental Health Services

Substance Use Disorder Services

Prevention Services

# Mental Health Narrative Section

## Mandated Services Required By Statute:

- ▶ Inpatient Care (5 In-network Hospitals & Single Case Agreements With Multiple Hospitals)
- ▶ Residential Care (7 Programs)
- ▶ Outpatient Care (128 Providers)
- ▶ 24-hour Crisis Care (Huntsman Mental Health Institute (HMHI))
- ▶ Psychotropic Medication Management (67 Outpatient Prescribers)
- ▶ Psychosocial Rehabilitation, Including Vocational Training & Skills (6 Providers)
- ▶ Case Management (Multiple Agencies)
- ▶ Community Supports, Including In-home Services, Housing Family Support Services & Respite Services (10+ Providers)
- ▶ Consultation & Education Services, Including Case Consultation, Collaboration With Other County Service Agencies, Public Education And Public Information (10+ Providers)
- ▶ Services To Persons Incarcerated In A County Jail Or Other County Correctional Facility

## 10 Mandated Services

	<b>Actual FY23</b>	<b>Budgeted FY25</b>
Individuals Served	12,890	13,300
Dollars Expended	\$94,190,779	\$97,571,000

# Substance Use Disorder Narrative Section

## ASAM\* Levels Of Care:

- ▶ Medical Detoxification (2)
- ▶ Social Detoxification (1 Providers)
- ▶ Clinically Managed – High-intensity Residential Care (4 Providers)
- ▶ Clinically Managed – Specific High-intensity Residential Care (4 Providers)
- ▶ Clinically Managed – Low-intensity Residential Care (4 Providers)
- ▶ Partial Hospitalization/Day Treatment Care (3 Providers)
- ▶ Intensive Outpatient Care (7 Providers)
- ▶ Outpatient Care (11 Providers)
- ▶ Early Intervention (1 Provider)
- ▶ Aftercare And Supportive Services (32 Providers)
- ▶ Case Management, Housing, Peer Support Services, Peer Counseling Family Support Services, Education Services, Case Consultation, and Collaboration With Other Agencies

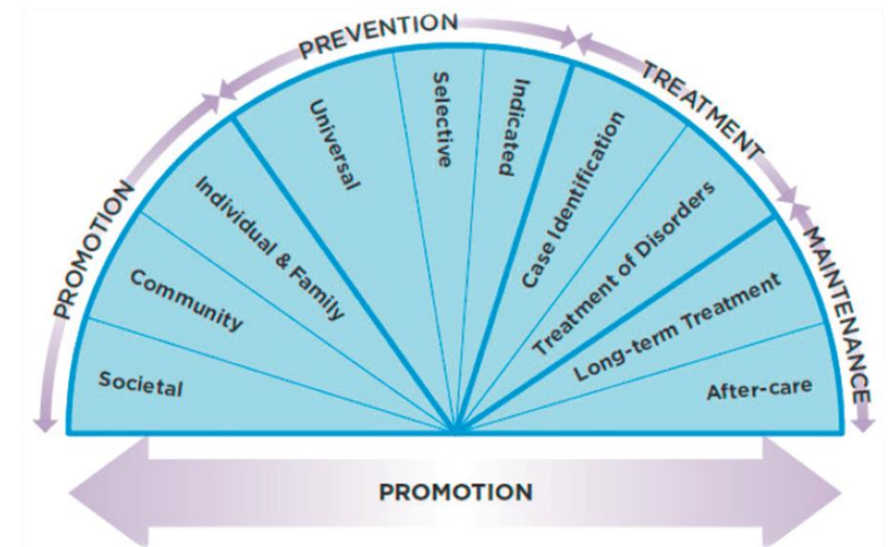
Prescribing what is needed...  
When it is needed...  
At the level it is needed...

	<b>Actual FY23</b>	<b>Budgeted FY25</b>
Individuals Served	5,854	6,000
Dollars Expended	\$26,403,062	\$28,618,704

# Prevention Narrative Section

- ▶ Community-Centered Evidence-Based Prevention (CCEBP)
  - ▶ Diversity of Stakeholders
  - ▶ Community Driven
  - ▶ Data Driven
  - ▶ Evidence-Based Programs, Policies, and Practices
- ▶ Spectrum of Mental, Emotional, and Behavioral Interventions
  - ▶ Stronger emphasis on Promotion & Prevention (NIH, 2019)
- ▶ Risk & Protective Factors
  - ▶ Upstream
  - ▶ Address Numerous “Unhealthy Behaviors”
    - ▶ Not just substance use alone
  - ▶ Protective Factors
    - ▶ Strong families = Strong communities

EBP costs	Actual FY23 Programming	Budgeted FY25
Individuals Served	39,007 (duplicated count)	19,641 (unduplicated count)
Dollars Expended	\$1.7M	\$2.3M (\$1.9M SUD)

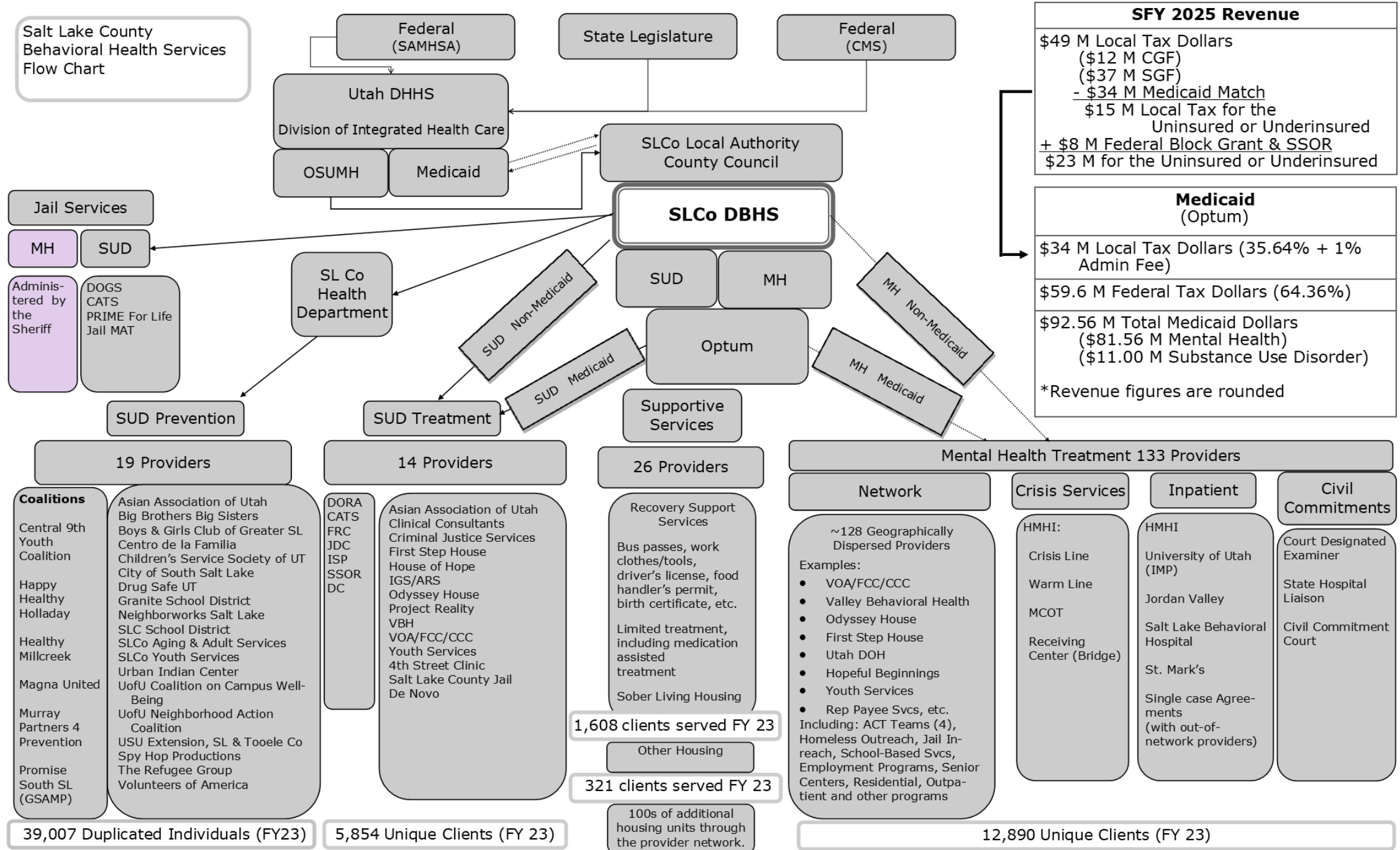




# Other

- ▶ Budgets
- ▶ Fee Policies/Schedule
- ▶ Logic Models
- ▶ And Other Information

**Salt Lake County Behavioral Health Services Flow Chart**



SFY 2025 Revenue
\$49 M Local Tax Dollars (\$12 M CGF) (\$37 M SGF)
- \$34 M Medicaid Match
\$15 M Local Tax for the Uninsured or Underinsured
+ \$8 M Federal Block Grant & SSOR
\$23 M for the Uninsured or Underinsured

Medicaid (Optum)
\$34 M Local Tax Dollars (35.64% + 1% Admin Fee)
\$59.6 M Federal Tax Dollars (64.36%)
\$92.56 M Total Medicaid Dollars (\$81.56 M Mental Health) (\$11.00 M Substance Use Disorder)
*Revenue figures are rounded

- 19 Providers**
- Coalitions**
- Central 9th Youth Coalition
  - Happy Healthy Holladay
  - Healthy Millcreek
  - Magna United
  - Murray Partners 4 Prevention
  - Promise South SL (GSAMP)
- Asian Association of Utah  
Big Brothers Big Sisters  
Boys & Girls Club of Greater SL  
Centro de la Familia  
Children's Service Society of UT  
City of South Salt Lake  
Drug Safe UT  
Granite School District  
Neighborworks Salt Lake  
SLC School District  
SLCo Aging & Adult Services  
SLCo Youth Services  
Urban Indian Center  
UofU Coalition on Campus Well-Being  
UofU Neighborhood Action Coalition  
USU Extension, SL & Tooele Co  
Spy Hop Productions  
The Refugee Group  
Volunteers of America

- 14 Providers**
- DORA
  - CATS
  - FRC
  - JDC
  - ISP
  - SSOR
  - DC
- Asian Association of Utah  
Clinical Consultants  
Criminal Justice Services  
First Step House  
House of Hope  
IGS/ARS  
Odyssey House  
Project Reality  
VBH  
VOA/FCC/CCC  
Youth Services  
4th Street Clinic  
Salt Lake County Jail  
De Novo

- 26 Providers**
- Recovery Support Services
- Bus passes, work clothes/tools, driver's license, food handler's permit, birth certificate, etc.
- Limited treatment, including medication assisted treatment
- Sober Living Housing
- 1,608 clients served FY 23
- Other Housing
- 321 clients served FY 23
- 100s of additional housing units through the provider network.

- Mental Health Treatment 133 Providers**
- | Network   | Crisis Services   | Inpatient   | Civil Commitments   |
|---|---|---|---|
| ~128 Geographically Dispersed Providers<br>Examples:<br><ul style="list-style-type: none"> <li>VOA/FCC/CCC</li> <li>Valley Behavioral Health</li> <li>Odyssey House</li> <li>First Step House</li> <li>Utah DOH</li> <li>Hopeful Beginnings</li> <li>Youth Services</li> <li>Rep Payee Svcs, etc.</li> </ul> Including: ACT Teams (4), Homeless Outreach, Jail In-reach, School-Based Svcs, Employment Programs, Senior Centers, Residential, Outpatient and other programs | <b>HMHI:</b><br>Crisis Line<br>Warm Line<br>MCOT<br>Receiving Center (Bridge) | <b>HMHI</b><br>University of Utah (IMP)<br>Jordan Valley<br>Salt Lake Behavioral Hospital<br>St. Mark's<br>Single case Agreements (with out-of-network providers) | Court Designated Examiner<br>State Hospital Liaison<br>Civil Commitment Court |

39,007 Duplicated Individuals (FY23)

5,854 Unique Clients (FY 23)

100s of additional housing units through the provider network.

12,890 Unique Clients (FY 23)

# Questions