Salt Lake County

FORM D
LOCAL AUTHORITY APPROVAL OF AREA PLAN
3 Year Plan (2024-2026)

IN WITNESS WHEREOF:

The Local Authority approves and submits the attached Area Plan for <u>State Fiscal Years 2024-2026</u> in accordance with Utah Code Title 17 Chapter 43.

The Local Authority represents that it has been authorized to approve the attached Area Plan, as evidenced by the attached Resolution or other written verification of the Local Authority's action in this matter.

The Local Authority acknowledges that if this Area Plan is approved by the Utah Department of Health and Human Services Office of Substance Use and Mental Health (DHHS/OSUMH) pursuant to the terms of Contract(s) #<u>**A03082**</u> <u>(County Contract # AL20504C)</u>, the terms and conditions of the Area Plan as approved shall be incorporated into the above-identified contract by reference.

<u>**LOCAL AUTHORITY**</u>**: Salt Lake County**

By: _____
(Signature of authorized Local Authority Official, as provided in Utah Code Annotated)

PLEASE PRINT:

Name: _____

Title: _____

Date: _____

Salt Lake County
GOVERNANCE & OVERSIGHT NARRATIVE
3 Year Plan (2024-2026)

Local Authority: Salt Lake County

Instructions:

In the cells below, please provide an answer/description for each question. **PLEASE CHANGE THE COLOR TO BLUE, OF SUBSTANTIVE NEW LANGUAGE INCLUDED IN YOUR PLAN THIS YEAR!**

1) Subcontractor Monitoring

> **The DHS Contract with Mental Health/Substance Abuse Local Authority states: When the Local Authority subcontracts, the Local Authority shall at a minimum:**
>
> > **(1) Conduct at least one annual monitoring review of each subcontractor. The Local Authority shall specify in its Area Plan how it will monitor their subcontracts.**

Describe how monitoring will be conducted, what items will be monitored and how required documentation will be kept up-to-date for active subcontractors.

All contracted network providers are monitored at least once per year. DBHS staff conduct regular on-site monitoring, electronic monitoring through our EHR, and spot check monitoring as needed for all vendors who are directly contracted with DBHS. This includes our SUD vendors and also our MH vendors who receive non-Medicaid monies. Optum monitors its 109 network providers at least once during the contract cycle. High volume audits are completed on all large providers annually. DBHS monitors/audits Optum at least once per year, but more often if needed.

Additionally, the consistent, ongoing reviews and re-authorizations required by contract of any ASAM LOC higher than ASAM 1.0 and any MH contract where the client receives five or more hours a week of treatment immediately alerts us when any issues are identified.

A complete list of monitoring tools for SUD items and for MH services is available upon request. All documentation is contained in UWITS or Optum's EHR, Netsmart, or other EHR approved by DBHS. All contracted network providers are required by contract to keep documentation up-to-date and accurate.

DBHS requires, through contract language with providers, that the treatment plan and ASAM assessment and mental health assessment be kept current. DBHS determines compliance with this during their annual monitoring visits.

For providers that directly contract with DBHS to provide non-Medicaid services, DBHS maintains current copies of insurance certificates, Division of Office of Licensing licenses, and conflict of interest forms in the contractor's file. Optum is responsible for maintaining this documentation for their contracted Medicaid providers. DBHS verifies this during their annual monitoring visit of Optum.

For DBHS' audit of our contracted managed care organization (MCO), Optum, an audit is completed annually. There are two parts to the audit, clinical/administrative and financial.

For the clinical/administrative audit, that begins in the early spring and is concluded by June 30 of each year. The final report is issued by September 30 of each year. The reason for this timing is to give

providers an opportunity to become familiar with any new requirements and implement them in a meaningful manner. Additionally Medicaid's audit of our MCO for the previous calendar year occurs sometime between May to July of each year (varies year by year). There are some things which Medicaid measures which exceed the scope of our audit and we believe it crucial to add their findings into our audit report for a comprehensive review. We receive Optum's response no later than October 31.Therefore, DSAMH can expect to receive the clinical/administrative report no later than November 15 of each year.

For the financial audit, we consider that concluded once Medicaid has completed their financial audit. This is done in order to add validity to our audit and demonstrate that an agency independent of DBHS concurs with our findings. We receive the Medicaid audit report sometime in June and issue our final report by July 31 of each year. We receive Optum's response no later than August 31. Therefore, DSAMH can expect to receive the financial audit report no later than September 15 of each year. However, this is for the prior year due to Medicaid's audit process.

Salt Lake County
FORM A - MENTAL HEALTH BUDGET NARRATIVE
3 Year Plan (FY 2024-2026)

Local Authority: Salt Lake County

Instructions:

In the cells below, please provide an answer/description for each question. **PLEASE CHANGE THE COLOR TO BLUE, OF SUBSTANTIVE NEW LANGUAGE INCLUDED IN YOUR PLAN THIS YEAR!**

1) Inpatient Services

Adult Services   *Pam Bennett*

Describe the activities you propose to undertake over the three year period and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider. Include any planned changes in programming or funding.

For Medicaid clientele, DBHS's/Optum's Network consists of contracts with the Huntsman Mental Health Institute (HMHI), University of Utah Inpatient Medical Psychiatry (IMP), Jordan Valley West, and St. Mark's Hospital in Salt Lake County for Adult Inpatient Care. Salt Lake County/Optum will contract with out-of-Network facilities on a client-by-client basis if a client is admitted to a hospital outside of the network. In FY23, Salt Lake Behavioral Health Hospital was added to the network. We will continue to assess our inpatient network needs in the next 3 years.

For those who are unfunded, DBHS has contracted with HMHI for Adult Inpatient Care. Other than who is contracted, the process differs for the unfunded as those who are admitted into a hospital do not require a preauthorization. This is due to the fact that the money for unfunded hospitalization is limited and HMHI has repeatedly shown that they provide far more bed days to the unfunded population that regularly exceeds the contracted amount. Valley Behavioral Health (VBH) does work with these clients while in the hospital to either continue or set-up services upon discharge.

Describe your efforts to support the transition from this level of care back to the community.

We continue to use the Adult Care Coordination position to assist those who are transitioning from higher levels of care back into the community. Optum and DBHS meet monthly to review utilization management data identifying trends, overutilization, and underutilization. Follow-up after hospitalization rates and barriers are identified and prioritized for action.

Children's Services   *Leah Colburn*

Describe the activities you propose to undertake over the three year period and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider. Include any planned changes in programming or funding.

DBHS/Optum Network continues to contract with HMHI and Salt Lake Behavioral Health Hospital in Salt Lake County for youth inpatient care. Initial assessment for hospitalization is done either in the

primary care unit or by the crisis staff in emergency departments at any hospital. Should HMHI be at capacity, DBHS/Optum has the ability to implement a single case agreement (SCA) with any willing provider.

Describe your efforts to support the transition from this level of care back to the community.

An Optum Care Coordinator is a licensed mental health therapist (LMHT) dedicated to assisting youth with their transition back to the community after inpatient hospitalization. The parent and the youth are contacted with 24 business hours of discharge and at regular intervals to ensure the child is linked to the services recommended by the attending at discharge. The care coordinator is knowledgeable of community resources and provider specialties to troubleshoot barriers to accessing needed services. Contact with the family, including person-to-person outreach, is ongoing after the initial transition to ensure the youth remains engaged for better treatment outcomes.

2) **Residential Care**
   Adult Services   *Pam Bennett*

Describe the activities you propose to undertake over the three year period and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider. Include any planned changes in programming or funding.

DBHS/Optum continually seek ongoing opportunities to contract with community providers, as needed, to provide residential care for the adult clients.

Co-Occurring Re-entry and Empowerment (CORE) – Valley Behavioral Health (VBH)

CORE is a 16-bed residential facility for mentally ill adult male clients who also have substance use disorder (SUD) treatment needs.

Co-Occurring Re-entry and Empowerment (CORE 2) – VBH CORE 2 is an additional 16-bed residential facility for mentally ill adult female clients as described above.

Odyssey House offers a 16-bed residential facility for mentally ill adult female clients and a 16-bed adult male program. Many of these individuals also have substance use disorder (SUD) treatment needs and are involved in criminal justice services. Treatment focuses on behavioral health issues and criminogenic risk factors.

VBH Steps is a 16-bed co-ed transitional, short-term residential treatment program designed to help stabilize and support adult clients experiencing minimal or no substance use disorder through medication management, therapy, case management, and benefits coordination. Valley Steps provides stabilization services to clients living both in and outside of Valley housing and to introduce potential residents to the structure of Valley housing programs. Clients receive help with medications, obtaining Social Security and Medicaid benefits as well as a treatment plan for further assistance and housing. A mental health diagnosis is a requirement to receive treatment at Valley Steps, and each individual is evaluated based on eligibility. Access to Steps is determined by the Steps intake team (clinical team, medical team, unit leadership, and access coordinator) looking at eligibility (sex offender, age), mental health symptoms and SMI, medical symptoms, substance use needs, and involvement in court-ordered treatment. A LOCUS (Level of Care Utilization System) is also administered to assess

level of care needs.

VOA is proposing opening a 16 bed residential treatment center for adult men who are diagnosed with co-occurring SMI/SUD, are engaged in the criminal justice system, and are also homeless or at risk of homelessness. This facility will open in September 2023 at 252 west Brooklyn Avenue in Salt Lake City. This facility will provide substance use and mental health treatment to individuals who are homeless or at risk of homelessness. Services will include individual/group therapy, medication management, case management and peer support.

The center will be licensed by the Utah DHHS, meeting the standards for providers licensed to provide residential treatment as defined in Utah Code and Administrative Rule. The residential treatment center will also adhere to Medicaid standards in order to meet requirements for Medicaid funding.

Turning Point Centers was added to the network in FY23. This program offers 8 co-ed beds for SMI members.

DBHS/Optum are in conversations with additional providers for more CORE-like programs, as well as a subacute program for future addition to the network.

How is access to this level of care determined? How is the effectiveness and accessibility of residential care evaluated?

DBHS/Optum uses the LOCUS-Level of Care Utilization System for Adults to determine if a residential level of care is indicated for mental health treatment.

Effectiveness is evaluated during concurrent clinical reviews (i.e., utilization management or UM) and audits to ensure members are making progress in treatment and discharge planning is ongoing, and whether there are quality of care issues. During the UM process, the most recent treatment plan review along with at least the required encounter note tied to the treatment plan review are scrutinized to ensure that the tIf there are concerns, these are addressed immediately. During the audit process, all areas of the randomly chosen files to be audited are reviewed. Additionally, each client's file who is to be audited is reviewed to ensure the inputted outcomes meet what is reflected in the file. As part of the audit, if the provider is not meeting the standard for any given outcome measured in SAMHIS, this is included as a finding.

Children's Services   *Leah Colburn*

Describe the activities you propose to undertake over the three year period and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider. Include any planned changes in programming or funding. Please identify your current residential contracts. *Please identify any significant service gaps related to residential services for youth you may be experiencing.*

DBHS/Optum contracts with community providers as needed to provide residential care for adolescents and children.

Salt Lake County Division of Youth Services (DYS) – Shelter Group Home Emergency residential care

for youth ages 12 to 18 in DCFS custody or who are in need of specialized shelter placement because of abuse or neglect or placement disruptions.

New Beginnings
New Beginnings is a 16-bed residential facility for adolescent boys and girls. They are in the process of moving to a new location in Draper. The youth have access to school services along with therapeutic services, including medication management.

Aspire, through Wasatch Behavioral Health, is also now contracted as an in-network provider for adolescent females.

Copa is going to be a 16-bed residential facility for male and female adolescents with mental health issues. They are currently going through final DHHS licensing.

Single Case Agreements
DBHS/Optum contracts with providers offering residential levels of care on an individualized basis. DBHS/Optum also utilizes other qualified service providers as needed through single case agreements to meet the specialized mental health needs of the youth in Salt Lake County.

Optum was recently able to secure a Single Case Agreement with Center for Change for a member with an eating disorder. Eating disorder treatment is still a gap due to limited funding and Medicaid billing limitations.

How is access to this level of care determined? Please describe your efforts to support the transition from this level of care back to the community.

DBHS/Optum uses the ECSII: Early Childhood Service Intensity Instrument for Youth to determine if a residential level of care is indicated.

Through concurrent reviews for ongoing care, Optum Care Advocates evaluate agency discharge planning to ensure the youth's natural supports are included and access to follow-up care is coordinated. The goal is to help youth transition back home and into their community. Access to needed clinical services (i.e., day treatment, intensive outpatient, medication management services, respite care, FPSS referral, school-based supports) is also coordinated. Each discharge plan is expected to be individualized. The Optum Clinical Team is available to staff cases with providers and offer assistance throughout the discharging planning process, while the plan is based on needs identified by the treatment providers. The Recovery & Resiliency Team can offer support to parents dealing with challenges of caring for a child with behavioral health needs and can link parents to community supports like the Utah Parent Association and NAMI.

3) Outpatient Care
Adult Services   *Pam Bennett*

Describe the activities you propose to undertake over the three year period and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider. Define the process for referring an individual to a subcontractor for services. Include any planned changes in programming or funding.

DBHS/Optum has a large network of providers who are available to provide a vast array of outpatient

services. Clients have the freedom to choose any provider from the network that provides services to meet their needs. Additionally, in some cases, clients may opt to receive services from a provider not in the network. These services can be provided as long as pre-authorization requirements are met and a Single Case Agreement has been agreed upon and signed.

Treatment services for refugees are primarily provided by the Refugee and Immigrant Center, Asian Association of Utah (RIC-AAU). RIC-AAU provides focused and culturally appropriate treatment to serve the refugee population located in the valley. VBH's outpatient clinics also serve the refugee population.

Medication management services are offered by multiple providers throughout the county to include outpatient clinics, nursing homes, and via telehealth. Prescribers on the ACT (Assertive Community Treatment) teams can meet members where needed, such as the clinic, their home, or elsewhere in the community.

DBHS/Optum have supported providers in incorporating an intensive Case Management model as members step down from higher levels of care. The Critical Time Intervention (CTI) model is a time-limited intervention connecting members with Case Management services through in-reach while in higher levels of care to assure a smooth transition into the community with needed wraparound services and support. We have several providers who have or are training in and adopting this model including VOA and Project Connections.

There are currently 4 functioning ACT teams. Volunteers of America (VOA) has two teams, one with the capacity of 100 clients, the other with a capacity of 50 clients.

Valley Behavioral Health has one ACT team that has the capacity of 100 clients.

Odyssey House has the capacity to serve 100 clients with criminogenic risk factors who can benefit from a Forensic ACT team.

First Step House operates an outpatient mental health program that provides services to tenants at both of their permanent supportive housing projects (Central City Apartment and Medina Place) and to individuals from their SUD programs and the community. Services include prescribing, crisis intervention, personal services, skills development, and individual and group therapy. They also provide supportive living services at Central City Apartments.

DBHS/OPTUM providers continue to offer Telehealth services to members. Most of these providers report planning to attest through credentialing and keep telehealth capabilities as an option for treatment after the pandemic.

Describe the approach to serving individuals with complex behavioral health presentations or who need multiple supports to remain in the community, including the programmatic approach to serving individuals in the least restrictive level of care. Identify your proposed fidelity monitoring and outcome measures.

Volunteers of America ACT
ACT is a national, evidenced-based service delivery model with a primary goal of recovery through community treatment and habilitation. For consumers with the most challenging and persistent

problems, ACT assumes primary responsibility for all services — from psychiatry and social work to rehabilitation and substance use disorder treatment. Rather than referring members to multiple programs and services, the ACT program takes a team approach to provide the treatment and services that members need. The VOA ACT teams follow the SAMHSA fidelity measures. Evaluation of adherence to the fidelity measures is completed by VOA and reported to Optum. Depending upon the measure, evaluation is conducted weekly or monthly. DBHS also conducts an annual fidelity review. Outcome measures include increase in community tenure including housing stability and employment/volunteering involvement while simultaneously reviewing reduction of inpatient admissions, criminal charges, and jail stays.

Valley Behavioral Health ACT
ACT is a national, evidenced-based service delivery model with a primary goal of recovery through community treatment and habilitation. For consumers with the most challenging and persistent problems, ACT assumes primary responsibility for all services — from psychiatry and social work to rehabilitation and substance use disorder treatment. Rather than referring members to multiple programs and services, the ACT program takes a team approach to provide the treatment and services that members need. The VBH ACT team follows the SAMHSA fidelity measures. Evaluation of adherence to the fidelity measures is completed by VBH and reported to Optum. Depending upon the measure, evaluation is conducted weekly or monthly. DBHS also conducts an annual fidelity review. Outcome measures include increase in community tenure including housing stability and employment/ volunteering involvement while simultaneously reviewing reduction of inpatient admissions, criminal charges, and jail stays.

Odyssey House manages the Forensic ACT Team for individuals who meet criteria for ACT and have legal issues which complicate access to resources and require special consideration. ACT is a national, evidenced-based service delivery model with a primary goal of recovery through community treatment and habilitation. For consumers with the most challenging and persistent problems, ACT assumes primary responsibility for all services — from psychiatry and social work to rehabilitation and substance use disorder treatment. Rather than referring members to multiple programs and services, the ACT program takes a team approach to provide the treatment and services that members need. The ACT team follows the SAMHSA fidelity measures. Evaluation of adherence to the fidelity measures is completed by Odyssey House and reported to Optum. Depending upon the measure, evaluation is conducted weekly or monthly. DBHS also conducts an annual fidelity review. Outcome measures include increase in community tenure including housing stability and employment/ volunteering involvement while simultaneously reviewing reduction of inpatient admissions.

See Section 2 above for information regarding Adult Residential programming for those with mental health, SUD, and criminogenic risk.

See Section 8 for information on supportive housing.

Describe the programmatic approach for serving individuals in the least restrictive level of care who are civilly committed or court-ordered to Assisted Outpatient Treatment. Include the process to track the individuals, including progress in treatment.

DBHS/Optum has a large network of providers who are available to provide a vast array of outpatient services. Clients have the freedom to choose any provider from the network that provides services to meet their needs. All levels of care are available and DBHS/Optum works with all clients to assist them

in determining the level of care needed and align them with a provider at their request.

DBHS/Optum uses the ECSII: Early Childhood Service Intensity Instrument for Youth to determine if a residential level of care is indicated.

Optum participates in Commitment Court and has created a spreadsheet that has all individuals within Commitment Court listed. Optum tracks individuals, their benefits, the referral source, their community provider, next court date, and determining next steps based upon court recommendations. Following court, we coordinate with known providers for any needed treatment updates and court notifications for upcoming court dates. Additionally, DBHS maintains within our EHR all known individuals that have ever been civilly committed which contains many of the above elements.

See Section #16 for information regarding fidelity monitoring and outcome measures.

Children's Services   *Leah Colburn*

Describe the activities you propose to undertake and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider. Define the process for referring an individual to a subcontractor for services. Include any planned changes in programming or funding. *Please highlight approaches to engage family systems*.

DBHS/Optum has a large network of providers who are available to provide a vast array of outpatient services. Clients have the freedom to choose any provider from the network that provides services to meet their needs. Additionally, in some cases clients may opt to receive services from a provider not in the network. These services can be provided as long as preauthorization requirements are met.

DBHS's/Optum's network offers a comprehensive outpatient program that serves children 0-18 with mental illness and their families in Salt Lake County. Services include individual, family and group therapy, psychiatric evaluation, medication management, psychological testing, respite, Family Peer Support, inter-agency coordination and crisis intervention.

The network also consists of providers specializing in Abuse and Trauma Treatment to children, identified as victims or perpetrators of sexual abuse, and their families. Treatment consists of individual/family counseling, group therapy, and coordination with other agencies involved with abuse victims, such as DCFS, DJJS, the court, and law enforcement. Objectives of the program include stabilizing family life, while protecting the victim and other children in the home and community.

Key providers for children and youth include:

The Children's Center
Services offered include: assessment and evaluation, medication management, family therapy and trauma treatment for children ages 0-8. In addition, The Children's Center provides Therapeutic Preschool Programs and specialty services for children with autism and mental health issues. The Children's Center employs 5 certified Child Parent Psychotherapy (CPP) providers and is certified in training future in-house clinicians in this modality working with youth and families with domestic violence and trauma issues. They are also completing certification in providing Attachment and Biobehavioral Catch-up (ABC).

Valley Behavioral Health

VBH offers outpatient and medication management services for youth at ValleyWest. Services offered are Intensive Outpatient (ACES - Acute Children's Extended Services), for elementary aged youth, and Children, Youth, and Family Day Treatment Services (formally AIM, DBT, and KIDS) for children and adolescent ages 5-17 with primary mental health diagnoses. Valley is working toward expanding SUD services in their Outpatient and Day Treatment clinics. Valley's children and youth programs are CARF certified.

Valley provides IDD services for youth ages 2-22 at the Pingree School for Autism. Treatment focuses on individuals who have Autism and a dual mental health diagnosis. Services are provided in a Day Treatment setting.

VBH has a new campus that all Child, Youth, and Family services are housed in on 4100 South 3725 West (old Granger medical building). The children's services include the VBH Day Treatment programs (KIDS, ACES, AIM, DBT), outpatient services and VBH Psychological Services. The purpose of the campus is to centralize treatment, increase continuity of care, improve access and collaboration.

Hopeful Beginnings
Hopeful Beginnings provides in-office and in-home services for children, youth and adults. Services include: individual therapy, family therapy, case management, medication management, skills development, and respite care. In addition, Hopeful Beginnings provides in-home crisis stabilization services for children, youth and their families. The Intensive Day Treatment program for adolescents can serve up to 12 DBHS/Optum Medicaid consumers. Hopeful Beginnings employs therapists to provide Trauma specific treatment including the use of EMDR.

Youth Empowerment Services
Youth Empowerment Services offers intensive office-based and in-home therapeutic services for children and youth.

Child and Family Empowerment Services
Multilingual agency that focuses on services with an emphasis on and respect to culturally diverse youth and families.

Multicultural Counseling Center
Bilingual services are offered for a variety of services, with an emphasis on and respect to culturally diverse youth and families.

The following programs are offered through Salt Lake County Division of Youth Services (DYS):
Counseling services include immediate crisis counseling for youth and families, and ongoing mental health and SUD counseling for Medicaid qualified youth and those who are uninsured or underinsured.
In-Home Services
Home based therapeutic and case management are available to youth and families with emotional and behavioral issues when barriers to office-based therapy are present. Barriers include things such as disabilities, lack of transportation, and childcare issues.

Youth Care Coordinator
Optum's Care Coordination Team includes one individual dedicated to youth care coordination activities, including engaging families to support linkages to appropriate services within the community.

DBHS/Optum supports both community-based in-home and school-based services whenever viable for the youth and family. We have several providers that offer in-home services to youth/families who have transportation challenges and/or whose needs are better addressed in the client's home. (Some of these providers are listed above.) In addition, DBHS/Optum works with several providers that have designated school-based clinicians assigned to schools within each district at the school districts' discretion. These providers are Valley Behavioral Health, Hopeful Beginnings, Project Connection and Odyssey House. Optum collaborates with Intermountain Healthcare's Stabilization and Mobile Response (SMR) to facilitate transition for youth and families into the Optum SLCo Medicaid Network.

Additionally, Optum participates in the High-Fidelity Wraparound staffings with multiple systems to identify community-based treatment to support their complex needs.

See Section #16 for information regarding fidelity monitoring and outcome measures.

4) 24-Hour Crisis Care
Adult Services   **Nichole Cunha**

Please outline plans for the next three years for access to crisis services during daytime work hours, afterhours, weekends and holidays. Describe how crisis services are utilized as a diversion from higher levels of care inpatient, residential, etc.) and the criminal justice system. Identify what crisis services are currently provided in your area, where services are provided, and what gaps need to still be addressed to offer a full continuum of care to include access to a crisis line, mobile crisis outreach teams, and facility-based stabilization/receiving centers. Identify plans for meeting any statutory or administrative rule governing crisis services. For each service, identify whether you will provide services directly or through a contracted provider. Describe how you coordinate with state and local partners for services to include the Utah Crisis Line, JJS and other DHHS systems of care, law enforcement and first responders, for the provision of crisis services. Include any planned changes in programming or funding.

For an adult in Salt Lake County experiencing acute emotional or psychiatric distress, a comprehensive array of services and supports on a 24 hour/7 days a week basis are available. These services are structured to address acute needs and also provide for personal and public safety and support individuals in a manner that encourages their recovery and equips them with resources to manage future acute circumstances. This continuum includes telephone crisis-line services, warm-line services, SAFEUT text line, MCOT, close coordination with the Salt Lake Police Department Crisis Intervention Team (CIT) program, a receiving center, subacute treatment, case management, psychotropic medications and, when necessary, access to acute inpatient hospitalization.

Mobile Crisis Outreach Teams (MCOT) – HMHI
The HMHI MCOT is an interdisciplinary team of mental health therapists and Certified Peer Specialists, who provide a combination of crisis services including crisis intervention, psychiatric emergency care, urgent care, referrals and connection to community resources, and crisis follow-up for residents of Salt Lake County 24/7, 365 days per year. The team is committed to responding within 30 minutes to law enforcement requests and within 60 minutes to community requests. At the time of this writing the

average law enforcement response time was 26.10 minutes and the average community response time was 44.24 minutes. The staff assess the situation and make a determination regarding disposition to provide the best possible outcome, by using all the community resources available focusing on the least restrictive alternatives. During FY23, through March, 77.25% of those receiving an outreach visit were diverted from inpatient and emergency room visits. This was a decrease from the previous year. The HMHI MCOT averages almost 230 contacts per month, a decrease of 106 contacts per month compared to last year. Of the 230 contacts, an average of 190 resulted in a direct outreach by the MCOT team.

Receiving Center – HMHI
The Receiving Center (operating 24/7 365 days a year) diverts people from inpatient services and the jail. It is able to receive referrals from law enforcement, MCOT, stakeholders and the community. Consumer-centered crisis services are offered through this "living room" style center and individuals can stay at the center for up to 23 hours to receive what they need to resolve the current crisis — including assessments, medications and other support. During FY23, through March, the center received an average of 85 patients per month, trending up from FY22. Average usage in the most recent quarter (q3) of FY23 was100 patients a month. Of all patients admitted in FY23, only 10.0% continued on to inpatient stays, no one was diverted to the County jail, with 78% returning to their home or family, and the remainder discharged to community programs.

The Receiving Center will be closed for Q4 of FY23 to remodel and expand the space. This expansion, scheduled to open summer 2023, will have double the space and a different staffing pattern that will allow it to function as a bridge between the current model and the expected model for the Kem and Carolyn Gardner Crisis Care Center, currently under construction and scheduled to open early 2025. This bridge model will allow for increased access with a total of 12 chairs, up from 5, and a change in staffing mix that are trained for acceptance of a broader range of patients & removal of unnecessary burdens/barriers of medical clearance prior to acceptance. The top priority, when this expansion opens, is law enforcement and EMS diversion from jail and emergency departments. HMHI is developing those relationships, processes, and protocols in advance of the reopening and plan to use the expanded model to implement, test, and improve this function in preparation for scaling it up when the Crisis Care Center opens.

Crisis Line – HMHI
The Utah Crisis Line, in association with the National Suicide Prevention Lifeline (988), is a statewide 24/7 confidential phone line answered by certified crisis workers. Certified crisis workers will provide crisis intervention, suicide risk assessment, and triage the call to determine if an immediate referral to the MCOT is needed. If immediate referral to MCOT is not necessary, staff work with the caller in an attempt to de-escalate the client. If the caller is not in an emotional crisis and is in need of empathetic listening and support, staff can also immediately connect the caller with the Utah Warm Line (see below). During FY23 through March, the Utah Crisis Line, including Lifeline, has received an average of 8,143 calls per month, which represents an average monthly decrease of 508 calls, or a 6% monthly decrease, during the same time in FY22.

Warm Line – HMHI
The Utah Warm Line is a confidential phone line answered by Peer Support Specialists professionally trained to provide support to callers and share their lived experience with mental health and/or substance use challenges aligned with the Recovery Model to foster hope and healing. Staff are trained to connect with, share, and provide support, hope, and a listening ear for peers in times of stress and

uncertainty. Callers are connected with someone who can truly understand their struggle because they have "been there before," or provide a needed local resource or referral. During FY22, through March, the Utah Warm Line has received an average of 3,224 calls per month. An increase of 285 calls, or 10% increase, from the average during the same time in FY22.

Descriptions of the additional adult crisis services funded through JRI (HMHI/UPD MH Unit) can be found under 20) Justice Treatment Services.

Describe your current and planned evaluation procedures for crisis intervention services that objectively measure access and measurable outcomes for persons with both mental health and substance use disorders using data. Technical assistance with data specifications and key performance indicators are available if needed, please describe any areas for help that are required.

Due to multiple delays in funding and construction delays, the new HMHI Receiving Center will not open until 2025. In preparation for opening the facility, the following performance metrics will be collected through the electronic health record, and the admission and discharge surveys: diversion rates from jail, emergency departments and inpatient hospitalization; satisfaction rates; timely connection to services post-release; client demographics; and other effectiveness of intervention metrics (around stability, release disposition, and symptom reduction).

Children's Services   Nichole Cunha

Please outline plans for the next three years for access to crisis services during daytime work hours, afterhours, weekends and holidays. Describe how crisis services are utilized as a diversion from higher levels of care (inpatient, residential, etc.) and the criminal justice system. Identify what crisis services are provided, where services are currently provided in your area, where services are provided, and what gaps need to still be addressed to offer a full continuum of care (including access to a Crisis Line, Mobile Crisis Outreach Teams, facility-based stabilization/receiving centersand In-Home Stabilization Services). Including if you provide SMR/Youth MCOT and Stabilization services, if you are not an SMR/Youth MCOT and Stabilization provider, how do you plan to coordinate with SMR providers in your region? For each service, identify whether you will provide services directly or through a contracted provider. Describe how you coordinate with state and local partners for services to include the Utah Crisis Line, JJYS and other DHHS systems of care, law enforcement and first responders, schools, and hospitals for the provision of crisis services to at-risk youth, children, and their families. Include any planned changes in programming or funding.

For youth in Salt Lake County experiencing an acute emotional or psychiatric distress, we offer a comprehensive array of services and supports available on a 24 hour/7 days a week basis. These services are structured to address not only their acute needs but also provide for personal and public safety and support individuals in a manner that encourages their recovery and equips them with skills, resources and tools to manage future acute circumstances. The array of services includes telephone crisis line services, MCOT, referrals to the SMR program, case management, psychotropic medications and, when necessary, access to acute inpatient hospitalization.

Mobile Crisis Outreach Teams
The HMHI MCOT is an interdisciplinary team of mental health therapists and Certified Peer Specialists, who provide a combination of crisis services including crisis intervention, psychiatric emergency care, urgent care, referrals and connection to community resources, and crisis follow-up for residents of Salt Lake County 24/7, 365 days per year. The team is committed to responding within 30 minutes to law

enforcement requests and within 60 minutes to community requests. At the time of this writing the average law enforcement response time was 34.50 minutes and the average community response time was 49.69 minutes. The staff will assess the situation and make a determination regarding disposition using all the resources available to provide the best outcome possible using the least restrictive alternatives. The Youth MCOT is flexible, multi-faceted, and immediately accessible to families, children and adolescents at risk for hospitalization or out-of-home placement. They work closely with community partners specialized in child and family issues including DYS, VBH children's outpatient unit, etc. All clinical staff are either State certified Designated Examiners or Mental Health Officers who can evaluate and initiate commitment procedures for those under the age of 18 (i.e., Neutral and Detached Fact Finders).

During FY23, through March, 79.59% of those receiving an outreach visit were diverted from inpatient hospitalizations, which represents a 4% decrease during the same time in FY22. The HMHI MCOT averages 37 youth contacts per month, which is a decrease of 18 per month compared to the same time during FY22, of which an average of 34 resulted in a direct outreach by the MCOT team.

MCOT currently coordinates with SMR by providing SMR as a resource when appropriate based on availability of SMR services at that time of the call and scope of the caller's needs. Additionally, MCOT has monthly calls set up with SMR leadership that assist in coordination of services and bridging any gaps seen across the care continuum.

Salt Lake County DYS-Christmas Box House
This program provides 24-hours, 7 days a week emergency intake, assessment, interim residential care and for children ages 0 to 21 who are taken into temporary protective custody by DCFS or law enforcement for alleged abuse and neglect.

Salt Lake County DYS – Shelter Group Home
This program provides 24-hours, 7 days a week emergency intake, assessment, interim residential care and for children ages 12 to 21 who are taken into temporary protective custody by DCFS or law enforcement for alleged abuse and neglect.

Salt Lake County Division of Youth Services-Juvenile Receiving Center (JRC)
This program offers screening, evaluation and referral services to youth, families and law enforcement 24/7. Services are for youth ages 8 to 17 who need a crisis timeout, are runaway, homeless, ungovernable youth or youth who have committed minor offenses. Youth may come to the facility on their own, with parents or police may bring in youth who have committed a status offense or delinquent act that does not meet Detention Admission Guidelines. This may include but not limited to running away from home, truancy, substance abuse, curfew violation or acting beyond the control of the youth's parents. No appointment is needed to access the Juvenile Receiving Center services including individual or family crisis counseling. Serving two locations: Salt Lake and West Jordan.

Salt Lake County Division of Youth Services-Crisis Residential
Offers 24/7 crisis timeout service to run away and ungovernable youth ages 10 to 17. These services can only be accessed as part of the JRC.

Salt Lake County Division of Youth Services-Homeless Youth Walk-in Program:
This program provides 24-hour access to food, clothing, laundry, shower facilities and overnight shelter for homeless youth under age 18. Referrals, crisis counseling and therapy are also available resources.

Salt Lake County Division of Youth Services-Safe Place: Youth Services manages the nationwide program called "Safe Place in Utah", which is dedicated to helping youth in trouble with a safe place to go for help and/or shelter. More than 88 Safe Place sites are spread throughout Salt Lake County in public places such as libraries, fire stations and recreation centers. Locations can be spotted by the yellow Safe Place sign on the building or in the window. Employees at Safe Place sites are trained to call Youth Services if a youth is asking for help. A Youth Services employee will speak with the youth on the phone and, if desired, transport the youth to our facilities.

Any youth can access this help either by going to a Safe Place site or coming directly to the Youth Services Juvenile Receiving Center, or text SAFE and their location to 69866.

Family Support Center - The Family Support Center also offers a free Crisis Nursery 24/7 for families with children ages 0-11 in three locations in the Salt Lake Valley.
Description of the additional youth crisis services funded through JRI (HMHI/UPD Pilot) can be found under 20) Justice Treatment Services.

Hopeful Beginnings provides in-home crisis response interventions in the moment to divert from higher levels of care and utilize community-based treatment.

Describe your current and planned evaluation procedures for children and youth crisis intervention services that objectively measure access and measurable outcomes for persons with both mental health and substance use disorders using data. Technical assistance with data specifications and key performance indicators are available if needed, please describe any areas for help that are required.

Since the crisis services data was reported by the provider directly to DSAMH beginning July 1, 2021, Optum/DBHS has been unable to conduct our historical data analysis. Since the data dashboard is now available, Optum/DBHS will collaborate on a plan to monitor this data and respond accordingly. Additionally, the Youth MCOT team does collect data that is submitted to the state directly.

5) Psychotropic Medication Management
Adult Services   *Pam Bennett*

Describe the activities you propose to undertake over the three year period and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider. Include any planned changes in programming or funding.
Please list any specific procedures related to continuity of medication management during transitions between from or between providers/agencies/level of care settings.

Medication management services are offered by multiple providers throughout the county to include outpatient clinics, nursing homes, and via telehealth. Prescribers on ACT Teams can meet members where needed, such as the clinic, their home, or elsewhere in the community. All clients have access to a prescriber to adjust, change, or maintain the medication that the client needs. DBHS/Optum encourages their network of prescribers to stay abreast of the advancements in medication and other technologies. Those who provide this service are licensed psychiatrists, APRNs, and RNs. Where possible, LPNs or PAs may provide supportive interventions. This is monitored through the auditing process and highlighted in clinical trainings. DBHS/Optum will continue to seek out prescribers in the community.

Currently, DBHS/Optum has 163 prescribers (M.D.s, D.O.s, and APRNs) within the Optum Salt Lake County Medicaid Network. Some prescribers are counted more than once, as some offer their services at more than one contracted agency/provider.

Dynamic Psychiatry was added to the network. This includes 3 prescribers.

When adults are discharged from inpatient services, a follow-up medication management appointment is to be scheduled as part of the discharge plan. The discharge plan and medication orders are sent to the receiving provider. When a member shifts from an outpatient prescriber to another, the member is asked to sign a release of information so the current/historical medication information may be shared with the receiving prescriber. If a member needs assistance identifying prescribers in the network, Optum Care Advocates, Care Coordinators and Recovery & Resiliency Peers can assist with this process.

Children's Services   *Leah Colburn*

Describe the activities you propose to undertake over the three year period and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider. Include any planned changes in programming or funding. *Please list any specific procedures related to continuity of medication management during transitions between providers/agencies/level of care settings.*

Medication management services are offered by multiple providers throughout the county to include outpatient clinics and telehealth services. Hopeful Beginnings, New Beginnings, The Children's Center, Valley Behavioral Health, Lotus Center, Primary Children's Safe and Healthy Families, Primary Children's Pediatric Behavioral Health, and others have delivered medication management to children and adolescents in FY22 and will continue into FY23. All youth have access to a prescriber to adjust, change, or maintain the medication that they need. DBHS/Optum encourages their network of prescribers to stay abreast of the advancements in medication and other technologies. Those who provide this service are licensed psychiatrists, APRNs, and RNs. Where possible, LPNs or PAs may provide supportive interventions.

Currently, DBHS/Optum has 163 prescribers (M.D.s, D.O.s, and APRNs) within the Optum Salt Lake County Medicaid Network. Some prescribers are counted more than once, as some offer their services at more than one contracted agency/provider.

DBHS/Optum continues to search for and add prescribing providers to our network. We have added Dynamic Psychiatry. This adds a D.O., Psychiatrist (M.D.) and an A.P.R.N. as well as a psychologist and LCSW all within one practice.

When youth are discharged from inpatient services, a follow-up medication management appointment is to be scheduled as part of the discharge plan. The discharge plan with the medication orders are sent to the receiving provider. When a youth shifts from an outpatient prescriber to another, the guardian is asked to sign a release of information so the current/historical medication information may be shared with the receiving prescriber. If a member needs assistance identifying prescribers in the network, Optum Care Advocates, Care Coordinators and Recovery & Resiliency Peers can assist with this process.

6) **Psychoeducation Services & Psychosocial Rehabilitation**
   Adult Services   *Pam Bennett*

Describe the activities you propose to undertake over the three year period and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider. Include any planned changes in programming or funding.

DBHS/Optum contracts directly with Alliance House, an International Accredited Clubhouse model program, in Salt Lake City to provide skills development programs for adults. The mission of the Alliance House is to help those with a serious mental illness (SMI) gain or recapture the ability to function in the community through meaningful work. The clubhouse incorporates several different work units that are important in the maintenance of the clubhouse. Participation in these units gives members an opportunity to develop skills that fosters their recovery and ultimately their reintegration into the community at large. The education unit has helped members obtain GEDs or high school diplomas, college education skills and support, and increased life skills. The major focus of the program is transitional employment placements. Alliance House has implemented the Individual Placement and Supports (IPS) Supported Employment program at the clubhouse. For additional details on the IPS at Alliance House, please see section 15) Client Employment.

In addition, VBH and Volunteers of America provide Adult Psychoeducation Services.

There are several providers who provide Psychosocial Rehabilitation including: VBH, Volunteers of America, Hopeful Beginnings, Psychiatric Behavioral Solutions, Summit Community Counseling, and others.

Describe how clients are identified for Psychoeducation and Psychosocial Rehabilitation services. How is the effectiveness of the services measured?

Clients are identified for these services through a biopsychosocial assessment and services are prescribed by an independently licensed clinician. Effectiveness of services is measured by a regular review of the objectives developed for each client receiving the service and their progress on these objectives. Members must meet the criteria for 1915(b)(3) services, which includes SMI classification, to qualify for Psychoeducational services.

Children's Services   *Leah Colburn*

Describe the activities you propose to undertake over the three year period and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider. Include any planned changes in programming or funding.

DBHS/Optum contracts with VBH to provide skills development programs for youth and children. They include:

School-based Early Intervention Services
These services consist of therapy, case management, and parent/teacher consultation and training. Please see section 18 for a more comprehensive description of these services, as well as a list of schools where DBHS and Optum providers are contracted.

ACES, an after-school partial day treatment program, serving 24 children (age 5-12) concurrently, who are referred for short-term stabilization of acute emotional and behavioral problems. Services include parent training in behavioral management and family therapy, as well as psychiatric evaluation. Intensive, highly structured adjunct mental health treatment often prevents out-of-home placements.

KIDS Intensive Day Services (KIDS) is a short-term, intensive day program for youth ages 5 - 12, with serious behavioral and emotional challenges, with a focus on keeping children in their families and in the community. The goal is to prevent more restrictive mental health placements and/or help youth step down from more restrictive settings.

DBT Day Treatment offers an intensive day program option for up to 12 adolescents addressing behavioral and emotional challenges focusing specifically on DBT skill development. The goal is to help the youth and family develop and utilize these skills across settings. Valley BH is in the process of adding a track for youth suffering with mild to moderate eating disorders.

AIM Day Treatment is a day program option for youth struggling with behavioral health issues across multiple settings (i.e., home and school). Services include individual, group and family therapy as well as skills training.

There are several providers who provide Psychosocial Rehabilitation including: Hopeful Beginnings, Utah Youth Village, Youth Empowerment Services, Summit Community Counseling, Utah Behavior Services, The Children's Center, Lumos Enterprises, and Utah House.

Describe how clients are identified for Psychoeducation and Psychosocial Rehabilitation services. How is the effectiveness of the services measured?

Clients are identified for these services through a biopsychosocial assessment and services are prescribed by an independently licensed clinician. Effectiveness of services is measured by a regular review of the objectives developed for each client receiving the service and their progress on these objectives.

7) **Case Management**
   Adult Services   *Pete Caldwell*

Describe the activities you propose to undertake over the three year period and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider. Please include how you ensure each case management provider is certified to provide these services. Include any planned changes in programming or funding.

Targeted Case Management (TCM) is provided to clients with SMI (Seriously Mentally Ill) throughout the service continuum from outpatient services to in-home skills training programs. The goals of TCM are to:
• Help clients access appropriate services and supports
• Assure that services are relevant and meet consumer needs
• Ensure continuity and coordination of services provided for eligible clients
• Educate clients and their families in how to negotiate the mental health and social system
• Empower clients by enabling them to access new roles and responsibilities
• Integrate clients into normalized community living: a place to live, community activities and friends with whom to socialize
• Educate and support clients and their families in learning how to manage their resources

Optum employs a Housing Support Specialist to coordinate case management services for clients who need housing and/or supports to stay housed.

Optum has four providers who offer intensive, targeted case management for our clients: Valley Behavioral Health, Project Connection, VOA, and Psychiatric Behavioral Services. These same agencies have committed to delivering services to those who are Medicaid eligible and either homeless or recently housed.

VBH offers an intensive Care Navigation program for adult clients who are in need of extra support while transitioning from an inpatient/subacute facility or who are experiencing instability in their care. The team is designed to be flexible so they can respond quickly to both members and others who are in need of their assistance.

VBH has successfully operated a similar service called JDOT (Jail Diversion Outreach Team) for criminal justice-involved persons with mental illness. Services emphasize integrated mental health and substance use disorder interventions. This team has been very successful in reducing jail recidivism.

The VBH Care Navigation Team helps connect and link members to needed services while transitioning to different programming or levels of care.

Project Connection has implemented an evidenced-based program known as Critical Time Intervention (CTI). This program offers intensive case management services designed to start with the client focusing on their interests and treatment needs, what services are available to help them achieve their interests and maintain stability with their mental health issues while moving forward on the recovery path.

RIC-AAU offers case management services for the refugee populations, coordinating treatment, employment training, housing, insurance access, and other services to support refugees as they integrate into the community.

Hopeful Beginnings provides case management services for adult clients, to enhance outpatient therapeutic and medication management services.

There are several different licenses (i.e., Division of Occupation and Professional Licensing - DOPL) which can provide case management. In order to ensure that the rendering staff is qualified to provide case management, during provider audits DBHS and Optum will either verify that a qualified DOPL license is providing case management or request verification of required training and certification for non-licensed individuals rendering TCM services. Licensed providers are expected to sign their name with their credentials for all rendered services.

Please describe how eligibility is determined for case management services. How is the effectiveness of the services measured?

Clients are identified for these services through a biopsychosocial assessment, and services are prescribed by an independently licensed clinician. An individualized needs assessment may also be conducted to determine the need for any medical, social, educational or other services. Effectiveness of services is measured by a regular review of the individual's progress toward person centered objectives in the target case management service plan.

Youth are significantly impacted by their environments and the systems with which they engage. Therefore, case management is an integral part of working with children and adolescents and is embedded in the treatment continuum. TCM is provided to youth with a serious emotional disturbance (SED) and who are receiving primarily mental health treatment. The goals of TCM are to:
• Help clients access appropriate services and supports
• Assure that services are relevant and meet consumer needs
• Ensure continuity and coordination of services provided for eligible clients
• Educate clients and their families in how to negotiate the mental health and social system
• Empower clients by enabling them to access new roles and responsibilities
• Integrate clients into normalized community living: a place to live, community activities and friends with whom to socialize
• Educate and support clients and their families in learning how to manage their resources

Higher levels of care: VBH, Hopeful Beginnings, New Beginnings and Utah House offer TCM to assist with discharge planning in an effort to link children and their families to ongoing supports as they transition to lower levels of care, or in some cases, more enhanced programming.

Hopeful Beginnings: Hopeful Beginnings offers case management services and assertive outreach for children and youth using the i-WRAP model.

Silverado Counseling, Asian Association, and Youth Empowerment Services offers case management services for youth and families.

Salt Lake County Division of Youth Services-Safe Place: Youth Services manages the nationwide program called "Safe Place in Utah", which is dedicated to helping youth in trouble with a safe place to go for help and/or shelter. More than 88 Safe Place sites are spread throughout Salt Lake County in public places such as libraries, fire stations and recreation centers. Locations can be spotted by the yellow Safe Place sign on the building or in the window. Employees at Safe Place sites are trained to call Youth Services if a youth is asking for help. A Youth Services employee will speak with the youth on the phone and, if desired, transport the youth to a DYS facility. Any youth can access this help either by going to a Safe Place site or coming directly to the Youth Services Juvenile Receiving Center, or text SAFE and their location to 69866.

DYS Milestone Transitional Living Program: The Salt Lake County Youth Services Milestone Transitional Living Program (TLP) assists in ending the cycle of homelessness and dependency by helping young adults become self-sufficient through access to safe housing, stable employment and connections to ongoing support and resources. Milestone TLP serves up to 19 young adults at a time ages 18 to 21 who are experiencing homelessness in Salt Lake County. Each youth in the program works closely with a case manager to set long-term and short-term goals towards obtaining stable employment and educational enhancement. By providing housing and connecting youth with community resources, participants will move toward self-sufficiency, shifting their lives in a positive direction to break the cycle of homelessness and dependency. DYS has three homes in Sandy and a

4-plex apartment in West Valley City that can house up to 19 young adults.

There are several different licenses (i.e., Division of Occupation and Professional Licensing - DOPL) which can provide case management. In order to ensure that the rendering staff is qualified to provide case management, during provider audits DBHS and Optum will either verify that a qualified DOPL license is providing case management or request verification of required training and certification for non-licensed individuals rendering TCM services. Licensed providers are expected to sign their name with their credentials for all rendered services.

Please describe how eligibility is determined for case management services. How is the effectiveness of the service measured?

Clients are identified for these services through a biopsychosocial assessment, and services are prescribed by an independently licensed clinician. An individualized needs assessment completed by a qualified case manager may also be conducted to determine the need for any medical, social, educational or other services. Effectiveness of services is measured by a regular review of the individual's progress toward person centered objectives in the target case management service plan and/or the therapeutic treatment plan.

In addition to the above, for the DYS programs, any youth between the ages of 18 to 21 that is experiencing homelessness is eligible and can submit an application. The Milestone Program measures effectiveness by collecting information about education, employment and housing upon entrance and exit of the program. A successful transition is determined when a client is employed and/or attending school and housed upon exit.

8) **Community Supports (housing services)**
Adult Services   *Pete Caldwell*

Describe the activities you propose to undertake over the three year period and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider. Include any planned changes in programming or funding.

Valley Plaza – VBH
Valley Plaza is a 72-bed 1 & 2 bedroom apartment complex. This program is staffed 24 hours a day with mental health services provided on-site. Clients are in individualized programs with flexible support systems.
Valley Woods – VBH
Valley Woods is a 58-bed 1 & 2 bedroom apartment complex with 3 residential buildings and 1 common area. This program is staffed 24 hours a day with mental health and case management services provided on-site.
Safe Haven 1 & 2 – VBH
Safe Haven is a 49-bed homeless transitional housing apartment complex for individuals living with mental illness. This program is staffed 24 hours a day with mental health and case management services provided on-site.

VBH also offers community-based housing support. Rents are primarily covered by the clients. These housing programs include the following:

· Valley Home Front – 8 apartments
· Valley Crossroads – 20 apartments
· Oquirrh Ridge West – 12 apartments
· Oquirrh Ridge East – 12 apartments
· Valley Horizons – 20 apartments for mentally ill 55 or older

Residents of the above housing facilities are provided case management. In addition, independent living skills and vocational training are provided to residents, as applicable.

Valley Oaks (opening Summer 2023) offers supervised cooperative living apartments for 30 residents with serious mental illness (SMI). Services include case management, medication management, daily living and life skills development, and 24-hour assistance. This program will provide housing for clients from multiple providers operating ACT teams.

During FY24, DBHS anticipates to fund and contract for over 250 housing units through Housing Connect for individuals and families currently, or at-risk of being, homeless.The vast majority of the recipients of rental assistance through the Housing Connect contract have criminal justice involvement, a substance use disorder and/or mental illness. Funding under this contract is broken into 72 units for the State Hospital Diversion program, 55 units for the Project RIO Housing (master leased units for SMI clients), 58 units for HARP Housing (short and long term rental assistance), 22 units at the VOA Denver Apartments, 14 units at The Theodora, 25 units at the Central City Apartments, and 6 master lease units at First Step House's Fisher House (congregate site for SMI clients referred to housing through their Mental Health Court participation). All partners referring into these programs are obligated to provide in-home case management for their clients in order to ensure housing stability. DBHS also partners with Housing Connect by providing in-kind match for many federally subsidized housing programs.

Additionally, with the State Hospital Diversion Housing program, and in collaboration with DBHS/Optum, Housing Connect has developed agreements with Nephi Todd's, Odyssey House's Sunstone and Jasper boarding homes, and Oasis House to purchase housing for clients needing assistance as they discharge from the State Hospital, or as a measure to prevent decompensating mental health and inpatient hospitalization. The previously-named Evergreen boarding homes were closed in January 2022 for health and safety reasons. DBHS worked directly with Odyssey House and the property owners to renovate these buildings. During FY23 both buildings were rebranded as Sunstone and Jasper. They reopened with new operators (Odyssey House and began accepting clients again. Clients at DBHS-supported boarding homes receive supervision, meals, housekeeping, and laundry services. To a smaller extent, the State Hospital Diversion program has leveraged housing placements or other resources (i.e., case management) at the following facilities as well: Grace Mary Manor, Gregson Apartments, Palmer Court, Kelly Benson, John Taylor House, Murray Apartments, and the Road Home. We continue to work with other partners and landlords to find additional housing units and to look for the development of new options including working with Housing Connect to access vouchers through the NED (non-elderly disabled) voucher program.

DBHS/Optum has also worked extensively to support the housing needs of unfunded individuals who cannot receive Medicaid coverage because of legal status or other impediments. Such individuals are commonly justice involved, SMI or otherwise utilizing Utah State Hospital (USH) and inpatient services.

DBHS/Optum will work with VBH and other community partners to support their unique housing and treatment needs.

Additional Housing and Resources:
Optum's full-time Housing Support Specialist attends community meetings, supports providers and advocates for consumers experiencing homelessness. In addition, she offers guidance to providers who are providing intensive case management services to those who are newly housed.

Volunteers of America, Utah has opened two permanent supportive living facilities for clients with serious and persistent mental illness. Denver Apartments offers 22 units to clients who require supportive living services. This facility has a clubhouse for support with laundry, room for skills groups and is staffed 24/7 for assistance with physical and mental health needs. The Theodora is a fourteen bedroom boarding home, in addition to the 24/7 supportive services described above, clients receive three meals per day and snacks.

Intensive housing case management services are also offered with a multidisciplinary team at a less intensive model for homeless women who are living at the VOA operated Geraldine E. King Women's Resource Center. The team facilitates transitioning out of homelessness into apartments with continued supportive services to help the women maintain housing.

The VOA Homeless Youth Resource Center continues to operate in Salt Lake County and facilitates housing, educational and employment opportunities for homeless youth ages 15—22.

First Step House has plans to open 46 units of permanent supportive housing at 169 East 200 South, Salt Lake City, that will serve individuals with behavioral health conditions in FY25.

In May 2019, DBHS assumed management of the Sober Living Program that began as a pilot in FY19 spearheaded by state legislative leadership, the Department of Workforce Services, the Utah Office of Substance Abuse and Mental Health and Salt Lake County. Clients participating in residential treatment ready to step down into outpatient services, any Salt Lake County drug court, eligible participants from Volunteers of America (VOA) detox programming, or recent graduates of CATS are eligible for the Sober Living Program which originally offered up to 6 months of funding assistance at a contracted provider that is licensed as a recovery residence (or to a much smaller extent as a residential support provider). Additional need for sober housing from the Salt Lake County contracted network of providers is addressed on an as-needed basis. During FY21, DBHS provided program flexibility and relaxed protocols (allowing clients to return multiple times based on job loss, or allowing clients to stay longer than 6 months) due to the negative economic impacts of the pandemic. During FY22, this was further extended to allow clients to stay between 9 and 12 months when certain criteria were met. This same flexibility was afforded through March of 2023, but due to financial constraints, the ability to extend clients out to 9 to 12 months was rolled back beginning in April 2023. Clients will only be eligible for extensions beyond 6 months based on extenuating circumstances.

Also during FY22, DBHS responded to an RFA for ARPA funds through OSUMH for additional recovery housing. This resulted in DBHS being awarded approximately $2.3M which was subcontracted to House of Hope (through the County's contract with Housing Connect) to purchase and renovate a large property in Salt Lake City, in an effort to create between 13 and 24 additional units of sober housing (depending on the makeup of staff and clients living on site) for women and women with children. This project serves a very specific niche, underserved population in Salt Lake County. House of Hope held an official ribbon cutting for the program in March of 2023, and was

granted its Health and Human Services license in April of 2023. The first clients will begin to be housed in May 2023. In FY24, DBHS anticipates providing approximately 900 clients with sober living vouchers. Due to funding and other resource constraints, the monthly program capacity is approximately 300 vouchers. During the majority of FY23, the program was housing on average 330 clients monthly, well above the budgeted capacity, by utilizing county reserve funds to cover this expense.

Indicate what assessment tools are used to determine criteria, level of care and outcomes for placement in treatment-based and/or supportive housing? Technical assistance is available through Pete Caldwell: pgcaldwell@utah.gov

A complete biopsychosocial assessment is completed by a LMHT and used to determine if a member demonstrates a clinical need for receiving supportive housing. All individuals referred into State Hospital Diversion, master lease units and boarding home placements (see information above on scattered site placements, Todd's Care Center, Evergreen, Oasis, Denver, Central City and The Theodora) housing units have been identified as SMI and their level of ability to independently function is taken into account. Ongoing assessment is required to warrant ongoing supportive living placement. For USH patients, an occupational therapy evaluation is requested to assess activities of daily living skills.

Children's Services (respite services)   *Leah Colburn*

Describe the activities you propose to undertake over the three year period and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider. Please identify how this fits within your continuum of care. Include any planned changes in programming or funding.

DBHS/Optum contracts with Hopeful Beginnings, Project Connection and Summit Community Counseling to provide respite services.

Respite is available for children and youth. This program provides planned respite for the purpose of allowing a period of relief for parents. Respite is used to help alleviate stress in the family, thereby increasing a parent's overall effectiveness. Respite care may be brief (for a couple hours) or extended for several hours, several days a week and may be provided in or out of the child's home. Overnight respite is only provided through DYS on a Single Case Agreement basis and it is limited to no longer than two weeks.

The Family Support Center also offers a free Crisis Nursery 24/7 for families with children ages 0-11 in three locations in the Salt Lake Valley.

Please describe how you determine eligibility for respite services. How is the effectiveness of the service measured?

The youth must meet the criteria for this 1915(b)(3) service with SED status and eligibility for Traditional Medicaid. In addition, a licensed mental health therapist must prescribe respite services and include it in the treatment plan. Respite providers collaborate with the referring clinician regarding the member's presentation during respite outings. Since respite is not considered a therapeutic intervention, rather a supportive service, the goal which includes this service would be assessed during the treatment plan review.

9) **Peer Support Services**

Describe the activities you propose to undertake over the three year period and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider. Include any planned changes in programming or funding.

Providing and receiving peer support stands as an integral component of rehabilitation and recovery. DBHS/Optum is dedicated to the Peer Support Specialist Program and continues to work to expand the peer workforce in Salt Lake County. Peer Support Specialists are critical to the Salt Lake County Behavioral Health System and DBHS/Optum utilizes providers within DBHS/Optum's network of providers to provide this service.

Optum continues to offer services through the Peer Navigator Program. Peer mentoring, support, advocacy, and skill building will be provided for these individuals through regular, individual contact over a period of time. The goal is to ease the transition of individuals being discharged from hospital settings back into community life, to significantly decrease the need for readmission to the hospital, and to significantly decrease the need for hospitalization by engaging people prior to entry into the inpatient facilities. Peer Support Specialists provide consumers with support and linkage to mental and physical health, and social services. Referrals are received from multiple sources including Utah State Hospital for patients transitioning back into the community, provider agencies (e.g., VBH, HMHI, individual providers), and other systems.

Additionally, Pathways to Recovery are facilitated through Nephi Todd's boarding home for men, and Evergreen boarding home for women. Pathways to Recovery is also an evidenced-based, peer-facilitated program for those with mental illness which guides participants through a process of self-assessment, self-discovery and planning. It helps individuals set life goals and realize their dreams.

Optum has a Certified Peer Support Specialist who attends and participates in Mental Health Court. This peer specialist is involved in all court hearings, offers recommendations to the court and meets with clients of Mental Health Court as recommended by the team.

Describe how clients are identified for Peer Support Specialist services. How is the effectiveness of the services measured?

Referrals are made to the Optum Peer Support Specialists via providers, community stakeholders and internal Optum staff and committees. Optum educates our providers and expects them to identify when PSS services could be beneficial. If providers do not offer this service in-house, they refer the case to Optum. Peer services are expected to be prescribed in a treatment plan. Documentation needs to include a corresponding treatment goal, the services rendered, and clinical review of the member's progress toward that goal.
The effectiveness of services is measured through reporting by the CPSS offering services to members.

Describe the activities you propose to undertake over the three year period and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider. *Describe how Family Peer Support Specialists will partner with other Department of Health & Human Services child serving agencies, including DCFS, DJJYS, DSPD, and HFW.* Include any planned changes in programming or funding.

Children/Youth Peer Support Services are provided primarily by Family Peer Support Specialists (FPSSs). DBHS is providing peer support offered to the parents and/or caregivers of children and youth receiving services. Salt Lake County Division of Youth Services (DYS) is the administrator of anchoring sites for FPSSs. Allies with Families is no longer in business. DYS has assumed the majority of the training, mentoring, data collection and reporting responsibilities, but not all of the responsibilities Allies with Families previously had. The State Office of Substance Use and Mental Health (OSUMH) provides the initial 40 hour FPSS certification training. Then throughout the year they provide the ongoing required monthly training to maintain FPSS certification. OSUMH also provides individual FPSS coaching upon request of the FPSS or the FPSS supervisor.

The FPSS program services are designed to provide family peer support services to parents and/or caregivers of children/youth with mental health, substance use and/or other complex needs. Generally, FPSSs have a family member with a mental illness giving them the lived experience necessary to have understanding and empathy for the families they work with. They also have experience and knowledge navigating various systems and agencies. They provide resource coordination, advocacy, assistance with the 504 Special Needs Education plan and Individualized Education Plan (IEPs). The main goal of the program is to keep children at home with their families and in their community. This is achieved through support, education, skill building, and use of natural supports.

There are currently 6 FPSSs placed with 5 agencies throughout Salt Lake County, with 1 team lead position recently created. Negotiations are currently happening to place an FPSS in the Jordan School District for the coming school year. FPSSs are anchored at the following agencies or organizations, along with plans to expand during the next school year:
• 1 FTE Team Lead position created 1/2023 Salt Lake County Youth Services
• 1 FTEs Salt Lake County Division of Youth Services
• 1 FTE Granite School District
• 2 FTE State of Utah Division of Child and Family Services (DCFS)
• 1 FTE 3rd District Juvenile Court
• 1 FTE Family Support Center
• 1 FTE Jordan School District (currently in negotiation to start for the 2023/2024 school year)

Describe how clients are identified for Family Peer Support Specialist services. How is the effectiveness of the services measured?

Families/clients experiencing mental health, behavioral or substance abuse issues are identified by the various agencies within the Salt Lake County region as a family who could benefit from the services the FPSS program offers. Families experiencing barriers to services such as lack of understanding and/or navigation skills for systems such as child welfare, juvenile courts, and schools are identified and referred.

The continuum of care within the Salt Lake County region is structured in a way to support an appropriate referral. Any youth under the age of 24 still living at home with a behavioral health need, WITHOUT 2 arms of DHS systems involved, would be an appropriate referral. Peer support services are rendered to the parents of a youth under the age of 16 per Medicaid. No income verification or insurance coverage is required of the family to receive services. FPSSs take youth/children ages 3 years – 21 years but can make exceptions for clients still living at home up to age 24 years . This is new criteria set forth in August 2022.

   10) Consultation & Education Services

Describe the activities you propose to undertake over the three year period and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider. Include any planned changes in programming or funding.

Optum has a Recovery and Resiliency (R&R) team that consists of family support specialists and peer support specialists (adult services). This team provides education and consultation to consumers, consumer run organizations, their contracted providers, community partners and stakeholders, and centers of learning. They also file grievances and complaints from clients and submit them for resolution. The team members actively meet with clients where they receive services, promoting the recovery model and whole health. They work with the Optum Clinical Operations Team on all case staffings and utilization reviews. They also work with Salt Lake County's/Optum's network of providers to encourage the hiring and utilization of peer counselors to work on multi-disciplinary teams to provide treatment.

This team conducts numerous trainings in the community, such as:
• Adult Mental Health First Aid (MHFA) trainings are scheduled during the current fiscal year.
• Youth Mental Health First Aid trainings scheduled during the current fiscal year.
• Dimensions Tobacco Free Trainings
• 39 people were trained and certified to become a Certified Peer Support Specialist

Additionally, two members of Optum's R&R team are certified to conduct Public Safety MHFA training for police officers in the community.

Other training topics presented by this team for community partners, provider trainings, or Optum staff include: Information on Suicide, Recovery, Peer Support, Power of Language, Wellness Recovery Action Plan, Certified Peer Support Specialist Training, Certified Peer Support Specialist Refresher Trainings, Recovery Training at the University of Utah and other community groups, Communication and Language, Trauma-Informed Care Panel at Generations, Discharge Planning, Peer Navigator Program, Optum's Grievance Process, Mental Health Courts, and CARE Court.

HMHI's Crisis Services partners with and supports the Salt Lake City Police Department in providing Crisis Intervention Team Trainings for law enforcement and correctional officers in Salt Lake County.

DBHS is deeply rooted in the community with many allied partners. Through these partnerships, DBHS and Optum provide consultation to multiple agencies and providers in the community regarding shared clients and concerns. Staff have frequent opportunities to educate the public through all forms of media, community fairs, and other venues.

Describe the activities you propose to undertake over the three year period and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider. Include any planned changes in programming or funding.

Optum has a Recovery and Resiliency team that consists of family support specialists and peer support specialists (adult services). This team provides education and consultation to consumers, consumer run organizations, their contracted providers, community partners and stakeholders, and centers of learning. They also file grievances and complaints from clients and submit them for resolution. The

team members actively meet with clients where they receive services, promoting the recovery model and whole health. They work with the Optum Clinical Operations Team on all case staffings and utilization reviews.

They also work with Salt Lake County's/Optum's network of providers to encourage the hiring and utilization of peer counselors to work on multi-disciplinary teams to provide treatment.

In FY24, Optum will continue to:
• Provide QPR trainings with Optum, providers, and allied partners.
• Provide MHFA, YMFA and QPR trainings with Optum, providers, and allied partners.
• Provide training on the Recovery Model and recovery supports with APRN students at the University of Utah School of Nursing.
• DBHS/Optum also coordinates and works closely with NAMI Utah and USARA in promoting and facilitating their services with our clients. DBHS is deeply rooted in the community with many allied partners. Through these partnerships, DBHS/Optum provide consultation to multiple agencies and providers in the community regarding shared clients and concerns. Staff have frequent opportunities to educate the public through all forms of media, community fairs, conferences, and other venues.

11) Services to Incarcerated Persons *Pam Bennett*

Describe the activities you propose to undertake over the three year period and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider, and how you will coordinate with the jail to ensure service delivery is adequate. Include any planned changes in programming or funding.

Mental Health Services in Jail - The Salt Lake County Council, serving as the Local Mental Health Authority, appropriates funding annually for mental health services in the jail. This appropriation is made directly to, and managed by, the Salt Lake County Sheriff's Office.

The Salt Lake County Jail has two dedicated units that can address more severe mental health needs. One is a 17-bed unit for individuals who have been identified as high-risk for suicide, the other is a 48-bed unit for individuals with a mental health diagnosis that would benefit from not being with the general population.

The jail team provides mental health services, medication management, group therapy and crisis services for individuals in the general population. Jail mental health case managers coordinate services and releases for the severely mentally ill population, verify medications, obtain outside treatment records, conduct post-release planning, provide community resources, connect clients to in-reach services as available, and collaborate/communicate with community stakeholders such as community behavioral health providers,and the Legal Defenders Office social workers. Additionally, they participate in Mental Health Court staffings, Top 10 staffings, and the Metro Mental Health monthly roundtable. County appropriations fund medications, primary health care, and supportive services to persons in the jail who have serious mental illness. The Jail's healthcare services, including mental health services, have been awarded accreditation from the National Commission on Correctional Health Care (NCCHC).

This funding is not reported in our budget because the funding is allocated directly to the Jail from the County Council. DBHS has developed a strong partnership and relationship with our jail and has established a formal data sharing agreement. The jail has implemented their new electronic health

record which allows them to better identify the individuals served in the jail and help with the transition of care for these individuals into the community. The jail is currently reporting collected data from the jail offender management system to DBHS for submission to DSAMH. There continues to be excellent collaboration with the jail and we will continue to collaborate with them on our Alternative to Incarceration programs (found in the Justice Services section).

State Competency Jail Restoration Program - This program is operated by the state, works to restore inmates to competency while awaiting a hospital bed, and works directly with the jail to coordinate and ensure delivery is adequate.

Community Response Team (CRT) – VBH
This VBH team works with SMI clients who are currently in jail, recent releases and also clients in the community who may be diverted from jail. CRT staff visit inmates prior to release to develop an APIC (Assess, Plan, Identify and Coordinate) Plan, a pre-release relationship with the inmate, assure medication continuity upon release, pre-determine eligibility for benefits and assist with transportation from the jail. The jail provides a list of SMI incarcerated individuals on a daily basis to this team.

The cost reflected on the MH budget report is the amount for the CRT case managers only. These case managers are not providing services that can be captured by SAMHIS.

Alternatives to Incarceration (ATI) Transport
This VBH program transports severely mentally ill inmates released from the jail at a specific time (avoiding nighttime releases) and transports them to a community-based treatment provider for assessment, continuity of medications and other services.

Social Services Position Housed in the Salt Lake Legal Defender Association's (LDA) Office
This position, funded through DBHS, connects individuals with SMI involved in the criminal justice system to community treatment, ATI Releases, referrals to Mental Health Court, etc. Additional social services positions are housed in the LDA's office, offering invaluable assistance in connecting large numbers of clients to treatment from the jail.

Top Ten - Once a month, DBHS facilitates a group that meets to staff frequently booked individuals with severe mental illness. Partners include the LDA, VBH, HMHI Crisis Programs, Jail Mental Health, DBHS, Optum, The Road Home, Volunteers of America, the SLC PD Community Connections Team, 4th Street Clinic, Criminal Justice Services, Division of Services for People with Disabilities (DSPD), and Odyssey House. Team goals are to:
- Ensure jail mental health is aware of an individual's diagnosis and medications prescribed in the community prior to arrest, and vice-versa, ensure community mental health programs are aware of an individual's diagnosis and medications prescribed in jail prior to release.
- Develop a pre-release relationship with the inmate prior to release whenever possible.
- Work to assertively engage the client in treatment upon release, address continuity of care/medications and transport if appropriate.
- Refer into appropriate programs (Mental Health Court, ACT Teams, dual-diagnosis residential programs, Jail Diversion Outreach Team, other outpatient services, DSPD services, housing, etc.).
- Communicate with the individual's attorney.
- Communicate with county supervising case managers, state AP&P officers or other private supervising agencies.

- Coordinate jail releases when appropriate.
- Support the client to resolve open court cases.
- Coordinate with medical providers when appropriate.
- Coordinate with other community providers (VA, private providers, etc.).
- Assist with housing, entitlements, and other needed supports.
- Address individuals as pre-contemplative rather than non-compliant when unable to engage them into services. That is, try, try again.

Additional IT support was provided through the Salt Lake County Mayor's Office of Criminal Justice Initiatives, to provide real time information regarding bookings, charges, court cases, and other pertinent information.

Jail-based SUD services sometimes support the MH population. These would include:

Corrections Addictions Treatment Services (CATS) at Oxbow and Adult Detention Center Jails, South Salt Lake City: CATS is an addictions treatment therapeutic community based on an intensive outpatient level of care (9 - 19) hours per week of therapeutic and skill-based treatment services based on the therapeutic community model.

The program is operated within both the ADC and Oxbow Jails. The capacity for males is 152 beds (Oxbow) and 32 beds for females (ADC) based on an average length of stay of 3 months. The CATS program is also a direct referring partner for the Vivitrol Program and Salt Lake County Behavioral Health Services' housing programming. Upon completion of the CATS program, all inmates are eligible to apply for TAM Medicaid and be provided with a clinical referral into a county approved agency.

Currently, CATS includes a psycho-educational component (Prime for Life) for up to 1,500 inmates, plus a fuller continuum of treatment services with the inclusion of interim group services called Drug Offender Group Services (DOGS). The CATS, DOGS and Prime for Life programs are contracted through Odyssey House.

3 Year Plan:
Odyssey House is exploring a possible expansion of services into the Medium Security levels within the Salt Lake County jail, pending jail approval.

The DBHS Vivitrol program, which began as a pilot program in FY15 to provide Vivitrol to individuals leaving the CATS Program in the Jail, and into the community, continues to serve clients inside the Jail, as well as those engaging in SUD treatment, clients working towards treatment engagement, or those continuing services in the community. DBHS partners with the SLCo Jail Medical Team, Midtown Community Health Center, the Martindale Clinic, Utah Partners for Health, and the Utah Department of Corrections. Any Salt Lake County resident who meets income qualifications and is engaged in SUD treatment or continuing care services, as well as those working with case management teams with a goal of accessing ongoing treatment, are eligible to participate in the Vivitrol program. Our criminal justice partners, including CATS in the jail, the Department of Corrections Treatment Resource Centers (TRCs) and halfway houses, and Intensive Supervision Probation, constitute the bulk of our referrals. Those who attend regular case management appointments and remain engaged in treatment are eligible to receive monthly Vivitrol treatment at no additional charge to the client as long as they continue to meet income qualifications.

In 2019, federal grant dollars allowed for an expansion of MAT services in the jail. Qualifying program participants with an opioid or alcohol use disorder have access to MAT, SUD behavioral therapies, and coordinated referrals to community treatment services upon release. MAT Program medications may include methadone, buprenorphine or Naltrexone (Vivitrol). The MAT program provides a whole-patient approach to the treatment of substance use disorders and is clinically-driven with a focus on

individualized patient care. Services are provided through the jail's health services staff and through a contract with Project Reality.

Qualifying participants have an opioid or alcohol use disorder and may include: individuals enrolled in an OTP in the community when booked; individuals undergoing supervised withdrawal; pregnant women; and individuals in the Naltrexone (Vivitrol) program. Admission guidelines are periodically reviewed and considered in an effort to cover additional populations with DBHS approval and as budgets allow. In FY22, the program was granted temporary approval to provide psychosocial assessment and therapy absent medication, and at times medication absent therapy based on the ongoing struggle in maintaining licensed medical and behavioral health staff. Individuals with longer sentences or sentenced to prison are reviewed for taper of their medication.

Additionally, program participants identified as having an OUD are given information and education regarding the use of the Naloxone rescue kit, and an actual kit as supplies are available. Once supplies are exhausted, information and education regarding the use of the Naloxone rescue kit will be given, including where the client can obtain the kit.

Describe how clients are identified for services while incarcerated. How is the effectiveness of the services measured?

Mental health services receive referrals/requests from jail staff nurses and sworn staff (primarily), but all jail staff are able to refer a patient to mental health staff if they have concerns. A therapist will then assess the patient and provide services/referrals to a case management/psych provider for med management/therapy as clinically indicated. Assessments/interventions and the patient's response to treatment are documented.

Additionally, each unit is assigned a Pod therapist, who triages inmates daily. The therapist will ask the patient to complete a Sick Call Request. The therapist will respond to the request. A case manager will also meet to complete a Release of Information (ROI) for medication verification or clinical assessments. Other identification may come from community partners such as the Legal Defenders Office, Community Mental Health Centers, etc.

Additional clients are identified through behavioral health providers reaching out to the jail to facilitate continuity of care; through the jail reaching out to behavioral health providers in the community to gather information; through a monthly Top Ten Staffing; through communications with the 4th Street Clinic; LDA; Mental Health Court; Optum; Criminal Justice Services; and other stakeholders.

Peer reviews are completed as a means to validate the care they prescribe, patient feedback and CQI study information.

Describe the process used to engage clients who are transitioning out of incarceration.

Jail mental health case managers coordinate services and releases for the severely mentally ill population, verify medications, conduct post-release planning, provide community resources, connect clients to in-reach services as available, and collaborate/communicate with community stakeholders such as community behavioral health providers,and the Legal Defenders Office social workers. Additionally, they participate in Mental Health Court staffings, Top 10 staffings, and the Metro Mental Health monthly roundtable. Discharge planners also coordinate with the programs mentioned above, such as CRT, ATI Transport.

In addition to these, there are a number of other programs that work to engage inmates transitioning out of incarceration. Examples are release plans coordinated through Drug Courts, Mental Health Courts, CATS, Fourth Street Clinic, the Intensive Supervision Probation Program, and other providers.

In addition, the Jail MAT program coordinates connections to treatment providers upon release for clients involved in their programming. Staff have access to the UWITS electronic health record (for coordination with agencies utilizing the same health record) to assist them in coordination, and have relationships with OTPs and other treatment providers outside of the Salt Lake County network.

Last, the Jail Resource Reentry Program is cited at the jail. It is voluntary and offers support to individuals as they transition back into the community to avoid recidivism and provide services to prevent them returning to the same circumstances that led to their arrest, helping to make the community safer. Salt Lake County Criminal Justice Services, the Salt Lake Legal Defenders Association and Valley Behavioral Health assist individuals to assist them in navigating the complexity of criminal justice and social services systems. Clients receive have access to email, phone calls and free Wi-Fi; phone charging stations; snacks, water, female personal hygiene products; SNAP/Medicaid enrollment; Department of Workforce Services (DWS) information; a safe place to wait for services; transport options (bus tokens, VOA van service, homeless van services); homeless housing referrals; donated clothing items are available on-site.

12) Outplacement

Adult Services   **Pam Bennett**

Describe the activities you propose to undertake over the three year period with outplacement funding, and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider. Include any planned changes in programming or funding.

DBHS/Optum provides one Clinical Care Coordinator and a Housing Support Specialist who are assigned full-time as a State Hospital Liaison to work directly with the Utah State Hospital (USH) teams to proactively facilitate and coordinate plans for consumers coming out of the USH. They are assisted by the Optum State Hospital Committee and the Optum Clinical Team as needed.

DBHS/Optum will continue to assist with independent living placements that offer wraparound supports such as an ACT Team. Housing options include but are not limited to: VBH housing; master lease units; Denver Apartments; programs which offer meals and supervision such as Nephi Todd's, Sunstone and Jasper (operated by Odyssey House) and Oasis; Fisher House and the Central City Apartments, both operated by First Step House.

Children's Services   **Leah Colburn**

Describe the activities you propose to undertake over the three year period with outplacement funding, and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider. Include any planned changes in programming or funding.

The Children's Outplacement Program (COP) and funding are managed by DBHS/Optum in a cooperative manner. DBHS/Optum staff sit on the Children's Continuity of Care committee. DBHS/Optum recommends children for consideration of State COPs assistance and recommends an appropriate array of services. Approved treatment services will be provided through the DBHS/Optum provider network. Approved ancillary services, such as mileage reimbursement, karate classes,

therapeutic recreational activities, and those services provided for clients who are not funded by Medicaid will be paid for and/or provided to the client directly by DBHS.

The Optum representative meets with the Children's Continuity of Care meeting monthly at the Utah State Hospital to present the requests for funding to get approval from the committee. Also, the Optum representative can ask for emergency outplacement funding approval from DBHS for cases that cannot wait for the monthly committee approval.

13) Unfunded Clients
Adult Services   *Pam Bennett*

Describe the activities you propose to undertake over the three year period and identify specific populations where services are and are not provided. For each service, identify whether you will provide services directly or through a contracted provider. Include any planned changes in programming or funding.

The funding for the County's uninsured mental health clients is extremely limited and therefore Salt Lake County carefully prioritizes the funding to the below programs.

The Utah Department of Health (UDOH) subcontracts with four different organizations: AAU, Catholic Community Services, International Rescue Committee, and Utah Health and Human Rights to provide mental health services for refugees. These services include: the administration of the Refugee Health Screener (RHS-15) mental health screening tool; outreach and education to refugee health stakeholders about the mental health needs of refugees; outreach and education to refugee communities about mental health and available services; crisis services; and group therapy using traditional and non-traditional evidence-based methods. This interlocal agreement between DBHS and Health and Human Services (DHHS) was renewed in FY23.

Volunteers of America, Utah, operates the Homeless Mental Health Outreach Program centered at the main Salt Lake City Library on 400 South and 200 East. VOA staff members offer behavioral health support to patrons who request assistance. A housing and benefits coordinator is also available weekly to assist patrons. These services are optional and client centered/client directed. In addition, our team members offer training to library staff in understanding and responding appropriately to people with mental illness. Training is also available to other area libraries upon request. Outreach around the libraries has continued from that location as well. The team continues to have regular communication with library staff and responds to issues and questions that arise. In late FY22, VOA rebid for these services and was awarded a new treatment contract entering FY23. Additionally, VOA was awarded treatment funds for supported employment (see section 15, Client Employment) to operate their IPS program.

VBH provides direct services to a number of adult populations with the funds they receive. First, VBH provides adult mental health services in three different locations. Several of the programs are open in the evenings and weekends to further reduce schedule-related barriers for accessing services. Second, persons who are on community civil commitment have access to VBH's full continuum of

adult, youth, and children's programs, services, and locations. Additionally, with the conversion of the AOT to a full fidelity ACT team described in 13), VBH can also enroll a limited number of unfunded individuals in ACT. These funds were awarded again to VBH during the treatment rebid, with services funded beginning in FY23. In coordination with the Salt Lake County Division of Aging & Adult Services, VBH provides counseling at senior centers throughout the county. VBH was also awarded a small portion of the unfunded mental health funds beginning in FY23 to address supported employment programs. Finally, VBH was awarded unfunded mental health funds to support uninsured clients in the CORE residential treatment programs and any associated outpatient treatment.

First Step House also bid for unfunded mental health treatment funds and was awarded a contract beginning in FY23 to support their IPS supported employment program. See section 28) Client Employment for more information. They also received funding for case management for the SwitchPoint Program.

Odyssey House also bid for unfunded mental health treatment funds, and was awarded funding to support their residential mental health programs (two 16-bed facilities, one for SMI males, and the other for SMI females), and associated outpatient services for unfunded mental health clients beginning in FY23. Odyssey House also received unfunded mental health funding to support their Forensic ACT Team clients beginning in FY23.

Each agency with an ACT team applied for, and received, funding to supplement their ACT teams for the new contract cycle which began July 1, 2022. This funding extends the term of the contract and is intended to be used for individuals who do not qualify for Medicaid, and/or those who transition out of ACT and need continued assistance with treatment funding. Additionally, it can assist with expenses which Medicaid does not pay for, including housing support..

Civil Commitments: The County is responsible for the civil commitment court, and specifically, DBHS is responsible for the required sanity assessments by licensed professionals and various administrative costs to host the court at HMHI. These services are entirely funded with the County General Fund.

Please see section 20 for a description of the Unified Police Department (UPD) Mental Health Unit.

HMHI provides crisis services for Salt Lake County. These services are described under section 4.

Describe agency efforts to help unfunded adults become funded and address barriers to maintaining funding coverage.

Efforts to assist the uninsured population occur through a coordinated and concerted effort to enroll in Medicaid, CHIP, Marketplace Plans and Medicare.

Long before the expansions of Medicaid, DBHS began funding a Department of Workforce Services (DWS) Medicaid eligibility specialist, drawing down federal dollars as a match to assist DBHS' network of providers with enrollment into Medicaid. This effort included one FTE roaming between the jail, the provider network, and multiple Third District Court locations. During the pandemic, this assistance became remote. DWS awaits notification from Criminal Justice Services as to when the court will allow stakeholders to return to the courtroom setting. Additional DWS assistance is housed in one of the network's largest providers, Valley Behavioral Health (VBH).

Education, training and connections to Take Care Utah were made to the provider network beginning in 2014, as Marketplace Plans became an option to households earning more than 100% FPL. DBHS

leadership also approached judges in the Third District Court to gain their permission to provide enrollment space and internet access to Take Care Utah staff to assist with enrollment into Medicaid, Marketplace Plans and Medicare. The court was not amenable to this option at that time, but in 2017, with the advent of Targeted Adult Medicaid (TAM), embraced the idea. DBHS also approached the jail in considering a partnership with Take Care Utah during these early years. It was embraced in later years as you will see below. Multiple meetings were held with Take Care Utah sharing with them the touchpoints both within the DBHS network and the criminal justice system, to expand enrollment efforts. Throughout the years, more than 250 presentations were made by DBHS explaining the importance of expanding Medicaid, options through the Marketplace, and highlighted Take Care Utah and DWS Medicaid eligibility specialists (utilizing federal matching dollars). Presentations were also provided to organizations outside our network, to such agencies as UBHC, UAC, NACO and NACBHDD to promote enrollment throughout Utah and other states.

Numerous specialty enrollment efforts were initiated as TAM opened in November of 2017. This included but was not limited to collaborations with DWS and Take Care Utah to enroll in Drug Court and Mental Health Court settings; the expanded jail medication-assisted treatment (MAT) program; the Corrections Addiction Treatment Services (CATS) program; Legal Defender Association's (LDA) Office; and Criminal Justice Services (CJS). Some of this assistance became remote later on during the Pandemic.

Training was also held at DBHS with Adult Probation and Parole (AP&P) to assist them in their enrollment efforts (both upon release from prison and also in halfway houses), along with introductions to Take Care Utah, which later led to partnerships there.

In addition to specialty enrollment efforts put in place during the TAM expansion, two large eligibility and enrollment trainings were held by DBHS at the County Government Center to assist case managers within the county network of providers. Approximately 213 individuals from 20 organizations across the county registered or walked into these training sessions. The Utah Department of Health presented on the eligibility criteria, the Utah Department of Workforce Services presented on enrollment guidelines, and additional resources such as Take Care Utah were presented as options for clients as they transition from Medicaid into Marketplace Plans. Providers such as VOA eventually partnered directly with Take Care Utah (efforts expanded greatly once social detox became a Medicaid benefit).

While some of these efforts originate in adult populations, they often extend to household members (including children) as individuals begin the enrollment assistance process and request assistance for additional household members (for example, while attending an intake at Criminal Justice Services). Research has shown that Medicaid Expansion states have increased Medicaid enrollment for children. It is believed that as adults become aware of their eligibility, they pursue Medicaid enrollment assistance for children in the household as well. More specific enrollment assistance efforts for children and youth can be found in parts of the Area Plan where this is requested.

Additional presentations were made to the provider network as the state expanded to 100% FPL in April of 2019, and again as the state fully expanded to 138% FPL on January 1, 2020, to encourage and support enrollment in these new households.

DBHS has been planning for these enrollment touchpoints and educating providers since 2014 (the year Medicaid Expansion became an option for states), and saw the provider system respond quickly and nimbly with each new expansion.

Additionally, in 2020 outreach was made to Take Care Utah to advise them of legislative changes that would enable them to submit applications prior to release from jail (due to Utah becoming a suspension, rather than a termination state).

Enrollment assistance planning was also provided to other local authorities when they requested it.

To address COVID-19 responses and to reduce the spread of infection, DBHS worked with the State Medicaid Office to distribute PDF fillable forms for the TAM referral process, allowing the use of electronic signatures for those telecommuting [later sharing these statewide with Local Authority (LA) Directors].

Although some components of these enrollment efforts were curtailed due to COVID-19, such as in-court enrollment assistance, stakeholders will be working to resume them as soon as restrictions allow. For example, Criminal Justice Services Drug Court personnel stated they will notify us when stakeholders are allowed to return to court for this purpose. Providers were also immediately notified when the new administration opened up a new special enrollment period, and expanded eligibility to new populations, such as those who have received unemployment or those above 400% FPL.

In addition, in 2019, DBHS began working with the State Medicaid Office, the four Accountable Care Organizations (ACOs), and the Local Authorities from Weber, Davis, Utah and Washington Counties to support an integrated benefit for the Adult Medicaid Expansion Population. Numerous meetings were held with these stakeholders, and later with the Salt Lake County Provider Network. Through these meetings, the ACOs agreed to contract with the Salt Lake County essential provider network. As the integration effort neared implementation on January 1, 2020, we engaged our provider network with the ACOs to facilitate agreement on many of the needed next steps: guidelines for utilization management; billing requirements; and coordination of county funded services not covered by Medicaid. Since implementation, DBHS has worked diligently to support resolution of concerns identified by the provider network as they arise, and look forward to a successful integrated benefit. DBHS recognizes that an integrated physical and behavioral health benefit is in the best interest of the residents we serve.

Barriers to maintaining coverage:
One of the challenges to maintaining coverage can be seen as individuals transition between the various forms of Medicaid (due to the expansion of Medicaid). Real life examples include:
- Changes income (getting or losing a job)
- Changes in household size (gaining or losing custody of a child, marriage, divorce, etc.)
- Pregnant women giving birth, etc.

Fortunately, these challenges are often born by providers, and they have proven nimble to assist clients in maintaining coverage and switching payment streams on the backend, hopefully in a seamless way that is not stressful to clients.

In the fall of 2022, DBHS began assisting the Road Home's Homeless Resource Centers (HRCs) in developing collaborations with Take Care Utah to enroll clients in Medicaid or other health plans. Volunteers of America (VOA) HRC already had a process in place.

Today, Take Care Utah works in some capacity with around 100 organizations and sources of clients, many of which are individuals with behavioral health conditions. They enroll clients from many of these partner agencies, but the specific process takes different forms. At the jails and prison, for example, they are at multiple sites on a weekly basis. Others are less frequent. With others they have arranged a referral process so they get spreadsheets of uninsured folks from various organizations to do follow-up. They meet both in person and remotely depending on what works best for their partners.

During the Public Health Emergency (PHE), individuals were not allowed to be removed from Medicaid unless they moved out of state, requested to be removed, or passed away. Due to this temporary status, although some individuals could be sorted into different Medicaid plans as appropriate, they were not removed. Continuous enrollment has since been discontinued as a requirement of the PHE. As such, DWS began case reviews on March 1st, 2023, and are expecting the first case closures or transfers to other Medicaid or Marketplace plans to initiate on April 30th, 2023. This effort is being referred to as the "unwinding".

DBHS has been proactive during the preceding months, encouraging providers to assist clients in keeping their addresses current with DWS, responding to DWS inquiries, and to assist clients with any bumps along the way.

DBHS also hosted the State Medicaid Office (SMO) at one of their monthly provider meetings, to provide education on the "unwinding" and answer any questions they had.

Additionally, Optum and DBHS are working with their provider network to match a list provided by the SMO, with clients receiving services through them, to support individuals in remaining enrolled when possible, and to connect clients to Take Care Utah when needed, to assist with Marketplace Plan enrollment.

Additional ongoing training will be held during future monthly provider network meetings. DWS and the State Medicaid Office state they will also be working to transition clients no longer eligible into other Medicaid options or Marketplace Plans as able.

DBHS has also assisted in educating other local authorities on the unwinding and the need to assist clients.

Children's Services   *Leah Colburn*

Describe the activities you propose to undertake over the three year period and identify specific populations where services are and are not provided. For each service, identify whether you will provide services directly or through a contracted provider. Include any planned changes in programming or funding.

The funding for the County's uninsured clients is extremely limited and therefore Salt Lake County carefully prioritizes the funding to the below programs.
Salt Lake County has prioritized anticipated funding as follows:
• Medication management
• Psychotherapy services
• Case management
• Skills development

The Utah Department of Health and Human Services (DHHS) subcontracts with four different organizations: the Refugee and Immigrant Center at Asian Association of Utah, Catholic Community Services, International Rescue Committee, and Utah Health and Human Rights to provide mental health services for refugees living in Salt Lake County. These services will include: the administration of the Refugee Health Screener (RHS-15) mental health screening tool; outreach and education to refugee health stakeholders about the mental health needs of refugees; outreach and education to refugee communities about mental health and available services; crisis services; and group therapy using traditional and non-traditional evidence-based methods.

Salt Lake County Division of Youth Services (DYS) provides direct services to individuals and their families. This may be in the form of individual or family therapy. Children and parents learn new skills to help process thoughts and feelings related to life events; manage and resolve distressing thoughts, feelings, and behaviors; and, enhance safety, growth, parenting skills, and family communication. DYS incorporates Trauma-Focused Cognitive Behavioral Therapy if the client and/or family have been assessed as having traumatic life events.

DYS Afterschool Programs: Afterschool and summer Programs focusing on academic and enrichment

support are offered at the following schools: Cyprus High School, Kearns Kennedy and Matheson Jr. Highs, South Kearns, Copper Hills, Magna, Pleasant Green, Millcreek, David Gourley and West Kearns Elementary Schools. Community School Coordinators are available to help connect families to resources at Kearns Jr.

On average 300 youth are served daily in the DYS after school programs. These services are not reflected in our budget.

Additionally, DYS Prevention provides programs to prevent or delay the onset of youth substance use by addressing local, data-informed risk and protective factors. DYS Prevention offers two programs for parents and three programs for youth. Guiding Good Choices and Staying Connected with Your Teen offer parents an opportunity to reduce the risk factors associated with teenage drug use and improve communication with their teens to strengthen family bonds. Mood Enhancement (ME) Time provides youth experiencing mild depressive symptoms with skills to manage their emotions and improve habitual thinking patterns and participation in enjoyable activities. The Body Project is a four-session group-based intervention that provides a forum for girls ages 15 and up to confront unrealistic appearance ideals and develop healthy body image and self-esteem. It has been shown to effectively reduce body dissatisfaction, negative mood, unhealthy dieting, and disordered eating. DYS also offers these four programs online and at various schools and community locations throughout Salt Lake County. However, DYS also offers these four programs at various schools and community locations throughout Salt Lake County. There are new classes for each program starting every month. Positive Action takes place at Matheson JHS and Cyprus HS in Magna alongside the Afterschool Program.

VBH provides direct services to three children/youth populations with the funds they receive. First, VBH provides direct services to uninsured youth/children's mental health in two locations. Second, VBH will be providing direct services to uninsured youth/children with substance use disorder in two locations.

Describe agency efforts to help unfunded youth and families become funded and address barriers to maintaining funding coverage.

Please see 13) Unfunded Clients - Adult Services, describing efforts to help unfunded adult clients become funded and address barriers as the efforts are highly similar, in Salt Lake County behavioral health services are delivered through a network model. Below are examples from seven providers of children's services, detailing the process that occurs within their programs to enroll children in Medicaid and other health plans.

The Children's Center Utah - Therapists refer parents to the Intake Coordinator for assistance with enrollment into Medicaid/CHIP. If children do not qualify for Medicaid the program works to find other resources to help with expenses. In cases where they do qualify, the Intake Coordinator has offered to fill out the application side-by-side with parents, but they most often choose to apply on their own through the website portal (very few choose actual paper applications to mail or fax in).

Valley Behavioral Health (VBH) – at ValleyWest, most children are already on Medicaid. In any of the programs (outpatient or day treatment), if a child loses or does not have Medicaid, they work with the VBH Medicaid Outreach Team to get their Medicaid instated or restored. Part of this team is a DBHS funded DWS Medicaid Eligibility Specialist. DBHS has also provided VBH information on partnering options with Take Care Utah to assist families if they wage out of Medicaid and require assistance

enrolling in a Marketplace Plan.

Salt Lake County Youth Services – all clients complete a Medicaid eligibility questionnaire. Once the form is completed, and if the client is willing to apply for Medicaid, the client is then connected to the DWS Medicaid Eligibility Specialist funded and sited in DBHS. DBHS has provided updated information on the newly eligible populations (in case they are also able to assist in referring adult family members).

Primary Children's Safe and Healthy Families – this program is a specialty clinic at Primary Children's Hospital for pediatric victims of child abuse and other traumas. If a patient does not have insurance, they help connect them to the hospital's eligibility department, and also connect individuals to Take Care Utah as appropriate.

Odyssey House - during the admission process to Odyssey House, they screen all clients for Medicaid and complete enrollment paperwork for adults and children at that time. When Odyssey House has children join them in residence with their parents, they once again screen for eligibility and complete enrollment. In their youth outpatient programming, they screen at admission and monthly thereafter and support the family in applying for Medicaid when eligible.

Family Support Center – at the Life Start Village (LSV), many of the residents have come from substance use disorder treatment, and therefore their children have been enrolled. However, the director over LSV is vigilant in making sure the residents are able to receive all the services they qualify for. The clinical department also does not see many children who are not already enrolled if they qualify for Medicaid. In the rare cases that happens, they are connected to DWS to enroll. DBHS has provided education on additional resources through Take Care Utah, where enrollment assistance can be provided free of charge for Medicaid, CHIP, Medicare, and Marketplace Plans as a parent becomes employed and no longer eligible for Medicaid.

Project Connection – This program has found many children removed from private insurance due to job loss from COVID-19. They have also had many children, both in their outpatient clinic and in their school program who were private pay due to being unfunded or underfunded. They have mobilized their staff to check in with families and have provided steps to apply and enroll in Medicaid due to these issues. This is their standard process, but it has heightened due to recent circumstances.

14) First Episode Psychosis (FEP) Services   *Jessica Makin*

Describe the activities you propose to undertake over the three year period and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider. Include any planned changes in programming or funding.

Volunteers of America offers First Episode Psychosis services in the form of a PREP (Prevention and Recovery from Early Psychosis) Team. This team is based on the CSC PREP treatment model and includes information from SAMHSA and EASA guidelines. Although housed at Cornerstone Counseling Center, the team is mobile to flexibly meet the needs of clients in the community. PREP is a specialty care treatment model to provide services for individuals experiencing their first episode of psychosis. The five key areas of focus are case management, psychiatric medication, psychotherapy, family education/support and supported employment/ education. All services are provided directly by the VOA team. In addition this team will provide services to clients who are clinically at high risk for psychosis.

Describe how clients are identified for FEP services. How is the effectiveness of the services measured?

Clients will be identified through a broad range of community partnerships and referrals. Special care will be taken to ensure hospital systems, mental health care systems, schools, legal systems etc. have awareness and information about the new PREP team in Salt Lake County. A referral sheet will be accompanied by a completed PRIME screening and if the client is deemed appropriate, a SIPS (Structured Interview for Psychosis-risk Syndromes) assessment will follow. If the client is not deemed appropriate for PREP the client will be referred to a more appropriate treatment.

Describe plans to ensure sustainability of FEP services. This includes: financial sustainability plans(e.g. billing and making changes to CMS to support billing) and sustainable practices to ensure fidelity to the CSC PREP treatment model. Describe process for tracking treatment outcomes. Technical assistance is available through Jessica Makin at jmakin@utah.gov

Special care will be taken to establish policies early in the program that strive to ensure fidelity based on the CSC PREP treatment model. Yearly fidelity measures will be scored and discussed with OSUMH. Financial sustainability will be addressed as we work to ensure that each client can obtain appropriate funding. Each encounter will then be billed. This will allow for steady payment to support the continuation of the program once grant funding decreases.

15) Client Employment   *Sharon Cook*

Increasing evidence exists to support the claim that competitive, integrated and meaningful employment is an essential part of the recovery process and is a key factor in supporting mental wellness. In the following spaces, please describe your efforts to increase client employment in accordance with Employment First 62A-15-105.2. Include any planned changes in programming or funding.

Competitive, integrated and meaningful employment in the community (including both adults and transition-aged youth).

Each ACT team has a Vocational Rehabilitation Specialist as part of the multidisciplinary team that works with clients to focus on education and employment goals. The Voc Rehab Specialist and the Team assists the client with resume building, interviewing skills, and employer engagement. The Voc Rehab Specialist conducts occupational assessments, and as the clients are progressing in their recovery, focuses more on employment goals.

DBHS continues to partner with VOA on their Employment Services Program implemented to fidelity (utilizing the IPS model). In August of 2019, VOA received "Exemplary" fidelity for the program. Since the inception of the program, VOA has served 500 participants with 30% of the individuals maintaining continuous employment for 90 days or more. Additionally, 32% of the job starts have moved out of the Employment Services Program and no longer receive services due to successful employment. In FY22, VOA bid for and was awarded DBHS contract funds to cover operations for this program beginning in FY23.

Alliance House continues to implement Individual Placements and Supports (IPS) with the support of the Division of Substance Abuse and Mental Health to pay for one staff salary and half of a supervisor's salary. Alliance House just recently went through our first fidelity review for IPS.
Alliance House has 10 members in IPS/Supported Employment. Alliance House has been able to reopen all of our Transitional Employment sites (many closed due to COVID), 14 members are employed part-time in Transitional Employment. Alliance House continues our partnership with the

other sites and hopes to have more open during FY23. For FY22, 97 members were employed. In FY23, Alliance House has assisted 45 members in obtaining supported employment.

Referrals to Alliance House have increased with prospective members who are interested in employment. Alliance House currently provides education and employment dinners where members and staff can celebrate successful employment. These are held once a month.

First Step House also developed an Employment Services Program using the IPS Model. Launched in 2018, this program has connected with hundreds of businesses, partners, and potential employers in Salt Lake County. In the first quarter of FY23, FSH served 63 individuals. First Step House Employment Services Program actually targets primarily SUD clients in need of supported employment services, many of which are co-occurring mental health clients as well. During FY22, DBHS assisted in closing the funding gap between Medicaid billable services and the cost to operate the FSH program. FSH was awarded a service contract for FY23 with DBHS to cover operational costs.

The referral process for employment services and how clients who are referred to receive employment services are identified.

The ACT program evaluates a member's level of interest in participating in employment, volunteering, and/or education. The plan for the member is member driven and the Voc Rehab Specialist designed a plan that addresses the member's goals in this area.

The IPS programs are embedded in treatment facilities. As a part of the intake process, the client is asked their level of interest in seeking employment. Regardless of their progress in MH or SUD treatment, the employment specialists will work with the client to help them achieve their employment goal.

Collaborative employment efforts involving other community partners.

DBHS/Optum supports and collaborates with Utah State Division of Substance Abuse and Mental Health in the Peer Support Certification area and provided the CPSS training to community partners, including employees of USARA, VBH, and Odyssey House.

Employment of people with lived experience as staff through the Local Authority or subcontractors.

DBHS/Optum contracts directly with Alliance House, an International Accredited Clubhouse model program, in Salt Lake City to provide skills development programs for adults. The Alliance House's objective is to help severely mentally ill individuals gain or recapture the ability to function in the community through meaningful work. The clubhouse incorporates several different work units, which are important in the maintenance of the clubhouse. Participation in these units gives members an opportunity to develop skills that foster their recovery and ultimately their reintegration into the community at large. The major focus of the program is transitional employment placements. The education unit has helped members obtain GEDs or high school diplomas, college education skills and support, and increased life skills. Though not all Alliance House members will go on to be employed as staff for a behavioral health provider, the Alliance House does prepare them to be able to work within the behavioral health system should they have this interest. It is anticipated that DBHS/Optum will continue to work with Alliance House moving forward.

Another important mechanism for employment of consumers as staff in Salt Lake County is the State of Utah Certified Peer Support Specialist (CPSS) program.

It is anticipated that during FY24, the use of CPSS will continue to be encouraged with our providers by offering presentations showing the benefits of including CPSS as part of an agency multidisciplinary team.

Evidence-Based Supported Employment.

See Alliance House above. Additionally, Alliance House works directly with DSAMH. Alliance House is implementing the IPS model and plans to meet fidelity in the next year. Clubhouse is an evidenced based model of rehabilitation. One section of Alliance House's standards is directly focused on employment. Alliance House has received full accreditation from Clubhouse International for meeting these standards.

DBHS continues to partner with VOA on their Employment Services Program implemented to fidelity (utilizing the IPS model). In August of 2019, VOA received "Exemplary" fidelity for the program. Since the inception of the program, VOA has served 500 participants with 30% of the individuals maintaining continuous employment for 90 days or more. Additionally, 32% of the job starts have moved out of the Employment Services Program and no longer receive services due to successful employment. In FY22, VOA bid for and was awarded DBHS contract funds to cover operations for this program beginning in FY23.

First Step House also developed an Employment Services Program using the IPS Model. Launched in 2018, this program has connected with hundreds of businesses, partners, and potential employers in Salt Lake County.. In FY22, FSH served 96 participants and 69% were employed within six months of receiving services.. Unique to this program, the First Step House Employment Services Program targets primarily SUD clients in need of supported employment services, many of which suffer from co-occurring mental health disorders. During FY22, DBHS assisted in closing the funding gap between Medicaid billable services and the cost to operate the FSH program. FSH was awarded a service contract for FY23 with DBHS to cover operational costs.

16) **Quality & Access Improvements**
Identify process improvement activities over the next three years. Include any planned changes in programming or funding.

Please describe policies for improving cultural responsiveness across agency staff and in services, including "Eliminating Health Disparity Strategic Plan" goals with progress. Include efforts to document cultural background and linguistic preferences, incorporate cultural practice into treatment plans and service delivery, and the provision of services in preferred language (bilingual therapist or interpreter).

- See attached Quality and Improvements - VBH SLCo – Eliminating Health Disparities Goals and Action Plan
- See attached Quality and Improvements - Optum Cultural Responsiveness Plan

Service Capacity: Systemic approaches to increase access in programs for clients, workforce recruitment and retention, Medicaid and Non-Medicaid funded individuals, client flow through programming. Please describe how the end of the Public Health Emergency and subsequent

unwinding is expected to impact the agency's services and funding.

Optum will continue to make referrals to the current ACT teams. Plans are being made to open a residential treatment facility for youth, another residential treatment program for males with MH, SUD and criminal justice issues and a subacute program for adults. Optum Bank and Optum Behavioral Health Services are working with different providers in SLCo to add housing for those meeting SMI criteria. Provider network expansion and retention will continue, even if the enrollment decreases due to the unwinding.

The services will not be impacted, other than providers will no longer be allowed to conduct therapy over the phone. Our Medicaid funding is expected to drop, since the dollars are paid per member. However, it is too early in the unwinding process to know the impact. Every effort is being made, working with State DHHS, to ensure Medicaid funding is sufficient to continue growing ACT census to match growing need.

For those clients not funded by Medicaid, whether historically or due to the "unwinding", if they are already in treatment there should be no disruption to their treatment services. If they lose Medicaid and meet income and residency requirements, they will be put on Block Grant funding fairly seamlessly. However, for those who are not currently in treatment and need services who do not have Medicaid, regardless of the reason, DBHS will have to evaluate the capacity we have to serve balanced against how many additional people no longer have Medicaid and are in need of treatment financial support via the Block Grant funding. It is too early in the "unwinding" process to give any type of estimates, or even if the need will substantially increase.

The expansions of Medicaid in 2017 – 2020, brought an unprecedented opportunity to expand mental health and substance use disorder services for individuals suffering from behavioral health conditions. In Salt Lake County, this opportunity more than tripled the capacity of some services and led to "openings as needed" rather than long wait lists in certain areas such as residential treatment in substance use disorder (SUD) settings.

While the advent of these expansions was incredibly exciting, providing a payor for all those who fall under 133%FPL (and are documented), a new bottleneck emerged statewide, in the form of workforce capacity, that will take years to resolve.

Marry that with the severe impacts of COVID-19 beginning in 2020, we now find ourselves in a workforce crisis. Some providers have buildings and/or beds available for our residents with funding streams identified, but they go unused due to the lack of staff to serve these clients.

Due to COVID-19, providers had been seeing a lack of court referrals and admissions directly from the jail. While these numbers have improved to nearly pre-pandemic levels, they are still seeing an increase in admissions from hospitals, the streets, and shelters. These individuals require medical and medication stabilization, are often in acute withdrawal, etc., whereas individuals coming from the jail are generally more stable.

Although the shortfall in workforce capacity was identified and highlighted with stakeholders early on by Salt Lake County, and aggressive actions taken, the gap in the behavioral health workforce was too great to solve on its own. Thanks to advocacy from the Utah Substance Use and Mental Health Advisory Council and other stakeholders, numerous legislative actions have contributed to addressing this problem, yet substantial gaps still exist, as evidenced by the Utah State Hospital closing beds in 2022. The 2023 general session addressed this problem in a myriad of ways, including but not limited to, an increase in 175 university slots for those in the behavioral health field, and funding for the Workforce Loan Repayment Program (with approved sites matching 20% of the award). Additionally, rate increases were passed for social detox, 5 community mental health codes, and for the

administration of methadone.

Statewide funding was also appropriated for additional Mobile Crisis Outreach Teams, Assertive Community Treatment Teams, and jail medication assisted treatment programs (in counties able to provide matching funds through Opioid Settlement dollars).

The passage of HB 32 during the 2020 general session, allowed for counties to apply for funding to develop and implement Receiving Centers. DBHS was awarded funding for a new non-refusal Receiving Center. SLCo transferred the property, and thanks to the Huntsman Mental Health Institute (HMHI) and additional partners and funding, a groundbreaking occurred May 2021. This program will serve Salt Lake County community members who are in psychiatric or substance use-related crisis; however, the new Receiving Center will accept any and all individuals including walk-ins, secure drop-offs, and referrals for assessment. As a non-refusal RC for police, firefighters, and EMS, many of these individuals will be low-level offenders cycling through the county jail, whose crimes are secondary to untreated or undertreated mental illness or substance use disorders. Others may be frequent patients in emergency departments throughout the Salt Lake Valley. These individuals will benefit from medical and psychiatric triage, clinical assessment, peer support, discharge planning, connection to community resources and partners, and referral to treatment programs such as inpatient care, medical care, and detox. Due to this facility not becoming operational until 2025, the Salt Lake County Council voted to dedicate $2.5M (ARPA funding) towards a temporary RC to act as a bridge until the new RC is built and operational. It will be a non-refusal center with the ability to expand to 12 chairs (increasing from 5 in the current facility).

During the Public Health Emergency (PHE), individuals were not allowed to be removed from Medicaid unless they moved out of state, requested to be removed, or passed away. Due to this temporary status, although some individuals could be sorted into different Medicaid plans as appropriate, they were not removed. Continuous enrollment has since been discontinued as a requirement of the PHE. As such, DWS began case reviews on March 1st, 2023, and are expecting the first case closures or transfers to other Medicaid or Marketplace plans to initiate on April 30th, 2023. This effort is being referred to as the "unwinding".

DBHS has been proactive during the preceding months, encouraging providers to assist clients in keeping their addresses current with DWS, responding to DWS inquiries, and to assist clients with any bumps along the way.

DBHS also hosted the State Medicaid Office (SMO) at one of their monthly provider meetings, to provide education on the "unwinding", and answer any questions they had.

Additionally, Optum and DBHS are working with their provider network to match a list provided by the SMO, with clients receiving services through them, to support individuals in remaining enrolled when possible, and to connect clients to Take Care Utah when needed, to assist with Marketplace Plan enrollment.

An additional impact will be the gradual loss of the enhanced COVID-related Medicaid match (6.2%). This funding drops to:
- 5% in CY23 Q2
- 2.5% in CY23 Q3
- 1.5% in CY23 Q4, and
- Ends January 1, 2024.

The implementation of increased rates (social detox, administration of methadone, and 5 community mental health codes), new programs, the unknown shifts in membership due to the unwinding (in a prepaid health plan), and an ever increasing state Medicaid match rate, finds us in an unprecedented moment in time, making accurate estimates of numbers served and budgets nearly impossible.

Optum/DBHS continues to assess network gaps and needs based on Geomaps, feedback from members and providers, and community stakeholders. Optum holds multi-disciplinary meetings semi-monthly to review network needs and requests to join the Medicaid network for SLCo. As reported above, Optum/DBHS has added several MAT providers to our Medicaid network over the past 18 months. We understand that with the Medicaid "unwinding" there will be a shift in Medicaid eligibility and possible increased movement to non-Medicaid. Providers will be encouraged to work with members to assure continued eligibility when appropriate, and work with non-Medicaid funds when appropriate.

Describe how mental health needs and specialized services for people in Nursing Facilities are being met in your area.

Optum works with 3 agencies to provide services to Medicaid consumers in nursing facilities.
1. Valley Behavioral Health offers a program known as Specialized Rehabilitation Services (SRS*). This program provides mental health services, including medication management, to Medicaid consumers in nursing facilities. Referrals are made directly to VBH from the nursing facilities. Optum will also recommend a referral if Medicaid enrollees are identified as benefiting from this service.
2. Hopeful Beginnings offers medication management services in nursing homes.
3. For those who are receiving ACT services, ACT is willing to travel to wherever the member is residing within Salt Lake County, including nursing facilities.

Telehealth: How do you measure the quality of services provided by telehealth? Describe what programming telehealth is used in.

DBHS/Optum currently has over 100 providers utilizing telehealth platforms during the pandemic. The services on the authorization for telehealth mirror the in person (in clinic) services as pertinent. In regular communication with providers (by phone, in training, etc.). We have made providers aware that all telehealth services must be HIPAA compliant.

All providers currently providing telehealth services have completed training on the following which will still apply if they attest and continue to provide telehealth services:
• Proper claim submission protocols
• Appropriate malpractice insurance for providing telehealth services

Telehealth services are included in treatment record reviews during monitoring visits of our providers. Optum and DBHS MH providers are required to use the OQ Measures tools, which are incorporated into this component of chart audits as well.

Describe how you are addressing maternal mental health in your community. Describe how you are addressing early childhood (0-5 years) mental health needs within your community. Describe how you are coordinating between maternal and early childhood mental health services. Technical assistance is available through Codie Thurgood: cthurgood@utah.gov

Reach Counseling offers specialized services for women during and after pregnancy. In addition, Children's Service Society offers specialized programming to address maternal mental health. Optum has notified providers of the opportunity for training and certification in this area and follows up with any provider who makes inquiries into providing these services.

We have two providers who serve children, ages 0 – 5. These include Valley Behavioral Health and The Children's Center. Valley Behavioral Health continues to offer a variety of services for youth and families from birth through early childhood. The Children's Center treats children as young as age two

and will work with families to support achievement of developmental milestones at birth and beyond. They have a service titled Teleconsultation where other behavioral health providers can request consultation or attend webinars on Infant and Early Childhood topics at no cost to the providers.

Services for these youth focus on supporting parent's needs, psychoeducation around parenting and developmental stages of infants and early childhood, assessment and corresponding treatment as indicated.

Describe how you are addressing services for transition-age youth (TAY) (age 16-25) in your community. Describe how you are coordinating between child and adult serving programs to ensure continuity of care for TAY. Describe how you are incorporating meaningful feedback from TAY to improve services. Technical assistance is available through Jessica Makin, jmakin@utah.gov, and Theo Schwartz, aschwartz@utah.gov

When considering providers for our network, we prioritize providers who work with TAY. Some providers who serve the TAY age group are the VOA YESS program and the Youth Services Milestones program. VOA also has a program called PREP that serves members aged 16-26 who are experiencing a first episode of psychosis.

Other Quality and Access Improvement Projects (not included above)

As outlined in the QAPIP submitted to DHHS Medicaid on February 1, 2023, the following projects are underway.
1.   Development of a new PIP focusing on efforts to improve FUH rates. The preliminary submission has been approved by DBHS and will be sent to HSAG for feedback in April 2023. This will be a three-year project, if approved.
2.   Increase youth engagement in follow-up care after hospitalization 60 days after discharge. Engagement includes the member receiving at least one treatment service and as endorsed by the outpatient provider.
3.   Improve community tenure and reduce future inpatient lengths of stay for identified members: There is currently an effort to address over and under-utilization of specifically identified members with extremely complex behavioral health issues. The data are being reviewed to determine which members will be identified and what interventions will be implemented to support the population. A goal and measure will be developed upon determination of the process. The work plan will be updated at that time.
4.   Validate case manager and CPSS/FPSS certifications: 98% of all case manager and CPSS/FPSS certifications, as submitted by providers, will be validated through the LookUp Verification Tool or through DHHS personnel.
5.   Verify CM/CPSS/FPSS authorization to provide services: In 11 out of 12 months, a CPT code report will be run to verify individuals rendering CM and CPSS/FPSS services are authorized to do so. 100% of non-compliant services billed will be reported to Quality and Compliance for further action.
6.   Ensure Live and Work Well Online Directory Accuracy: 25% of providers profiles in LAWW will be reviewed quarterly to ensure accuracy of information. 2023 will be used as a year to develop baseline data.
7.   For all clients in OQ® measures increase the percent of unduplicated clients participating to greater than or equal to 50% for adults and youth. Adult Mental Health baseline: 48.6% Youth Mental Health baseline: 42.1%

Describe your partnerships with local Health Departments, accountable care organizations (ACOs), federally qualified health centers (FQHCs) and other physical health providers.

Providers within the SLCo network have taken great steps towards integrating physical health and behavioral health services. Please find examples below of integrated efforts within their programs:

Odyssey House (OH)
Odyssey House operates the Martindale Clinic, an integrated primary care/behavioral health clinic focused on serving individuals with behavioral health issues and their families. Within the clinic, they provide typical family practice medical services and procedures, such as chronic care management, labs, wound care, diabetes management, blood pressure management, etc.; MAT prescribing and administration; mental health medication prescribing; women's health and family planning services and procedures; and HEP C treatment.

The Martindale Clinic is also a syringe exchange site and facilitates providing clean syringes, fentanyl test strips, disease prevention education, and recovery access information to current injecting users.

Additionally, Martindale providers in conjunction with Soap to Hope, provide weekly street-based medical care to sex workers and homeless individuals, typically treating wounds, STDs, MAT, among others. These individuals are typically resistant to coming into a traditional medical setting because of fear of going to jail or getting in trouble with their pimp, so they are going to them and having real success.

Within BH programs, BH and medical staff work closely together to address mental health, physical health, and MAT needs for all clients. As an example, in residential settings, Odyssey House serves PICC (Peripherally Inserted Central Catheter) patients from all the hospital systems. These clients have an IV line that runs directly to the heart to deliver high dose antibiotics over a period of ~6 weeks. The individuals they serve in this program have an infection from IV drug use that has infected the heart. Often these individuals have heart valves that have been replaced because of the infection, and require this antibiotic regimen in order to salvage the donated valve and the rest of the heart. They are at high risk for overdose and death, because they have an open port directly to their heart and are at risk of using that port to use drugs. Consequently, prior to this program, hospitals would have ordinarily kept these patients in the hospital because of that overdose risk. Through this program, they can be managed safely at a lower level of care and have better outcomes. Intermountain and their lead infectious disease doctor approached Odyssey House with this project a number of years ago. The University of Utah followed a couple of years later and now SL Regional, St. Marks, and other hospital systems across the state have been referring in, seeing patients from across the state.

First Step House (FSH)
The First Step House Medical Services Department includes a Medical Clinic and Nursing Services. This program provides medical care and preventive health services to clients in their residential SUD treatment program.

The FSH Medical Clinic, staffed by an APRN and registered nurse, is located at 434 South 500 East in downtown Salt Lake City. The FSH medical clinic provides a routine medical visit to new residential treatment clients at intake. This includes a review of health history and medications, preventive screening and services, and identification of acute medical and psychiatric concerns. Clinic staff can address client's immediate medical needs, beginning treatment in the clinic or referring out for

treatment. An in-house psychiatric nurse also provides consultations for new clients with acute psychiatric needs. The medical clinic includes an onsite immunization program and an onsite lab. The clinic offers seasonal influenza vaccines and year-round COVID-19 vaccines. The clinic also screens for sexually transmitted infections, orders Hepatitis A and B vaccines as needed, and provides Hepatitis C treatment.

The FSH Nursing Services Department, staffed by two registered nurses and four medication technicians, provides nurse care, care management, and medication management to three residential treatment programs. Nursing staff work with clients during medical orientation to establish care with a primary care provider if they do not already have one. The admissions process for new clients also requires a comprehensive medical orientation class during their two-week orientation before residential treatment. Nursing staff teach about medication transfers and guidelines for use, immunization education, how and why to find a primary care provider, COVID-19, and other health and safety precautions. As needed, nurses make referrals to partner providers such as 4th Street Clinic, UofU School of Dentistry, Salt Lake VA Medical Center, Martindale Clinic, and others.

They also have a Joint Commission accredited UA lab (and bill it on the PH side of Medicaid).

Valley Behavioral Health (VBH)
- Valley launched the integrated care clinic at the North Valley building in early 2022 and closed the program in December 2022.
  - Valley is currently negotiating with a provider in the community to reopen the clinic in 2024 and provide on-site services at the North Valley building.
  - Approximately 800 patients affected by the closing were referred and connected to primary care providers in the community.
- Valley continues to provide integrated on-site and telehealth primary care services to our residential substance use treatment programs.
- Valley launched the chronic care management program in 2021 and closed it in 2022. We plan to reopen this program through the future primary care community provider plan discussed above.
- The on-site integrated care clinic for Valley West serving youth, families, and children was never opened and the provision of these services will be part of the community primary provider plan discussed above.

Clinical Consultants
Clinical Consultants developed a Family Primary Care practice within their building in West Jordan. They have two medical exam rooms and three employees currently delivering services. This includes a 20-hour/week DO (Doctor of Osteopathic Medicine), and two-family practice nurse practitioners. Clinical Consultants is one of the Salt Lake County network providers of MAT services.

By the end of FY 21, they began to offer physical exams, preventative health, primary care, routine medical care, STD screenings, vaccines, and urgent illness care (in addition to MAT). In addition to serving their behavioral health clients, they have opened access to the general public.

In February of 2022 Clinical Consultants began to provide the local community with free COVID-19 testing. In April 2022, they completed an internship agreement for placement of APRN Interns. They have been approved as panel providers for medical networks with Healthy U and have applications pending with HealthChoice, Molina and SelectHealth. They are presently interviewing Medical Assistants for immediate full-time hire. Their prescribers are now set up with a medical software and e-script system. They continue to deliver the services with the above staff.

As of November 2023, they opened a Toxicology Lab in West Jordan. This lab holds a moderate level

Clinical Consultants has completed Utah Medicaid credentialing for integrated care. They have become approved providers for Steward and Health Choice, and are in the final contracting phase with Healthy U.

Volunteers of America (VOA)
Volunteers of America, Utah is dedicated to providing integrated primary and behavioral health care. They partner with Fourth Street Clinic to provide onsite triage and medical care at their Detoxification facilities and Homeless Resource Centers. Their outpatient clinics partner with Midtown Community Health Center.

VOA has a medical assistant to triage client needs, coordinate care, and make the referral to primary care services seamless. For several years they have been a recipient of the Utah State Primary Care Grant which provides funding to pay for the primary care needs of clients who are unfunded.

Wasatch Homeless Health Care Inc. dba. Fourth Street Clinic

Fourth Street Clinic is committed to providing integrated health care services for those in our community that are experiencing homelessness. Through offering high quality medical, dental, behavioral and supportive health care services, including an onsite pharmacy, unsheltered individuals have access to essential treatment and care. Through low barrier, integrated health care, Fourth Street Clinic is a partner in ending homelessness, promoting community health, and achieving across- the-board health care savings. Fourth Street Clinic's integrated health team provides psychotherapy, behavioral health counseling, psychiatric evaluation and management, health and wellness, primary care provider collaboration and substance use disorder assessment, including Medication Assisted Treatment, and treatment referrals.

Optum is in the process of credentialing Red Tractor Family Medicine and Psychiatry, Families First Pediatrics, and Wasatch Pediatrics for integrated services.

Copa Health is finalizing an integrated clinic in Murray, Utah to work with all ACOs, TAM, and Optum.

Salt Lake County Vivitrol Program
Strong partnerships have been developed with Midtown Community Health Center in South Salt Lake, Odyssey House's Martindale Clinic, and Utah Partners for Health (UPFH) in West Jordan. Not only are clients referred to these clinics for their Vivitrol screenings and injections, clients are also offered access to primary care services through these same encounters. At Midtown and UPFH, with so many complicating health factors often arising during Vivitrol engagement, DBHS, in coordination with DSAMH, agreed to fund an enhanced office visit cost, to assist with covering the costs of other routine screens that may be necessary during a client's visit with medical professionals. In turn, the clinics provide the full spectrum of physical health care for Vivitrol clients as they actively attend their appointments. At Martindale, clients are also offered access to primary healthcare. All partner clinics accept Medicaid and private insurance as well.

In addition to the efforts mentioned above, Optum meets and collaborates weekly with the four Accountable Care Organizations (ACOs) to staff complex cases, coordinate care for Civil Commitment Court, facilitate aftercare post IP Detox, make case management referrals, and identify medical and BH

Resources and inform the ACOs of BH IP stays. Optum also provides information about the planned aftercare and discharge medications. This collaboration results in improved engagement and access for our most vulnerable clients. The ACOs use this information to ensure follow-up with discharge services and support as needed.

Describe your efforts to integrate care and ensure that children, youth and adults have both their physical and behavioral health needs met, including training, screening and treatment and recovery support (see Office Directives Section E.viii). Identify what you see as the primary barriers to implementing integrated care at your agency and your efforts to overcome those barriers. Please also describe how you will provide education and referrals to individuals regarding physical health concerns (i.e., HIV, TB, Hep-C, Diabetes, Pregnancy).

All contracted vendors are required to have relationships with primary care systems. Four primary care providers who are excellent partners are: the Fourth Street Clinic for the homeless population, Odyssey House's Martindale Clinic, Utah Partners for Health, and Midtown Community Health Center located on State Street in Salt Lake City. In addition, Intermountain Healthcare provides extensive charity care for County clients.

The Division currently contracts with Fourth Street Clinic for behavioral health assessments for uninsured homeless clients. Our other partner clinics, Midtown Community Health Center, Martindale Health Clinic and Utah Partners for Health administer Vivitrol to clients who are opioid or alcohol dependent. We continually seek out opportunities to increase the availability of integrated physical and behavioral health care to our clients through our partnerships with primary care providers. DBHS now funds mental health treatment for some Vivitrol clients at Utah Partners for Health, so that they may receive their MAT and therapeutic services at the same clinic. Additionally, Martindale Clinic offers physical health services to RSS clients.

The DBHS/Optum treatment network is committed to addressing co-occurring disorders. For this reason, all SUD providers within the network meet the definition of dual diagnosis capable by ASAM standards. In addition, we contract with three SUD providers (VBH, VOA and Odyssey House) to provide ASAM dual diagnosis enhanced services. VBH provides our largest service delivery for dual diagnosed individuals. They have multiple locations, serving individuals with co-occurring psychiatric and substance use related disorders. VBH provides treatment to these individuals at all levels of care, including having a residential facility for dual diagnosed adult males (Co-Occurring Residential and Empowerment, CORE Program) and females (CORE 2). Additionally, AAU expanded their services to become a dual diagnosis enhanced program. In FY21, Odyssey House opened a residential program for women who have co-occurring disorders and are justice involved. In FY23 Odyssey House opened a residential program for men who have co-occurring disorders.

Optum continues to be invested in our relationships with the ACOs, who are very responsive to collaboration and information requests. The ACOs are notified of all inpatient stays. Medical issues identified during utilization management reviews are forwarded to the Care Coordination team for outreach to the medical plan to identify services, case management programs, resources, history, and direction to address medical issues. Members from the care coordination team attend all ACT meetings and facilitate connection with the medical plans when medical issues are a concern. The ACOs routinely contact the Care Coordination team to identify resources for behavioral health and SUD services which support medical interventions related to chronic illness, pregnancy, and discharge from IP detox.

Describe your efforts to incorporate wellness and wellness education into treatment plans for children, youth and adults. Please consider social determinants of health in your response.

Treatment plans are to include the multiple methods, clinical and non-clinical, which are used to help members achieve SMART objectives and member driven goals. Please see the Quality Improvement section below.

Quality Improvement: What education does your staff receive regarding health and wellness for client care including children, youth and adults?

For the Optum network, during the recent mandatory provider training focused on comprehensive assessments, clinicians offered guidance on the inclusion of the medical histories of individuals and their families. Providers are to consider the member's culture and living conditions which may also influence their physical, social, emotional and spiritual wellbeing. Providers are expected to request a release of information to collaborate with the individual's primary care physician, behavioral health prescriber and other key medical and behavioral health providers to encourage coordinated care.

Provider policies and procedures, as well as treatment records, are monitored to ensure assessment and coordination of treatment are considered for all who receive treatment. Providers within the Optum SLCo Network may also offer specific training for the clinicians and other service providers within their facilities/agencies/groups. Optum and SLCo refer treatment providers and members to Take Care Utah and care coordinators through the member's ACO to obtain links to a PCP and other supports for medical care and maintenance.

Within DBHS, while we do not provide any direct services to any population, staff are encouraged to attend various trainings that focus on client care. These include, but are not limited to, Generations Generations, the OSUMH Fall Conference on Substance Use Disorders, and Critical Issues.

Describe your plan to reduce tobacco and nicotine use in SFY 2023, and how you will maintain a *nicotine free environment* as a direct service or subcontracting agency. For ongoing engagement, it is recommended to use an evidence-based nicotine dependence tool such as the Fagerstrom scale. SUD Target= reduce tobacco and nicotine use by 4.8%.

DBHS/Optum continues to educate providers on the mandate to diagnose and provide treatment for nicotine addiction as a healthcare issue. Screening for use and abuse with referrals to smoking cessation supports continues to be addressed at provider meetings and trainings for MH and SUD treatment providers. Clinicians are reminded of the health implications of smoking for our clients, the need to ask clients if they are interested in cessation services, and the need for proper documentation of these efforts. Except for the very small providers, all providers have some level of cessation services, from the basic referring to a quitline (and helping the client access that) to formal classes. In addition, for those who do want to quit tobacco, CBT is used, and MI for those who have not committed yet to quitting. Due to the popularity of previously non-traditional ways to use nicotine, the providers are also being educated to ensure that any type of nicotine delivery system is addressed with the client.
Salt Lake County/Optum has also incorporated a review of nicotine-free environment initiatives during audits providing a forum for another conversation about the importance of offering cessation services to clients. The Optum Recovery & Resiliency Team has incorporated education about tobacco cessation in their CPSS trainings. DBHS and Optum continue to offer these trainings each fiscal year, and will continue to do so.

Describe your efforts to provide mental health services for individuals with co-occurring mental health and intellectual/developmental disabilities. Please identify an agency liaison for OSUMH to contact for IDD/MH program work.

Optum has identified providers who work with co-occurring diagnoses, and will work with the ACOs when associated medical conditions are identified where physical therapy or occupational therapy may be needed. Optum keeps its ACO contact list updated. Sandy Meyer is the IDD/MH liaison for Optum.

18) Mental Health Early Intervention (EIM) Funds
Please complete each section as it pertains to MHEI funding utilization.

School Based Behavioral Health: Describe the School-Based Behavioral Health activities or other OSUMH approved activity your agency proposes to undertake with MHEI funding over the three year period. Please describe how you intend to support family involvement in treatment. For each service, identify whether you will provide services directly or through a contracted provider. Please include: any partnerships related to 2019 HB373 funding and any telehealth related services provided in school settings. Include any planned changes in programming or funding.   Please email Leah Colburn lacolburn@utah.gov a list of your FY24 school locations.

Currently, Odyssey House is DBHS' sole contracted provider for utilization of MHEI funding for school-based treatment. Odyssey House provides individual and family therapy, as well as case management services to those funded with MHEI dollars and Optum Salt Lake County Medicaid eligible youth. Families are encouraged to participate with their children in treatment; however, this can be difficult due to the parents oftentimes not having much, or any, leave time from work, and some also work multiple jobs. However, if circumstances permit it then parents are welcome and encouraged to participate. Odyssey House focuses on partnering with school leadership and personnel to help youth access much needed resources and accomplish therapeutic objectives.

Please describe how your agency plans to collect data including MHEI required data points and YOQ outcomes in your school programs. Identify who the MHEI Quarterly Reporting should be sent to, including their email.

DBHS will continue to use the Mental Health Early Intervention Data & Outcomes Report form which has been provided by DSAMH. Specifically for the school-based programs, data for total clients served, number of schools and school districts served, YOQ, and other indicators such as Office Disciplinary Referral, and grade point average will be reported.

Family Peer Support: Describe the Family Peer Support activities your agency proposes to undertake with MHEI funding over the three year period and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider. Include any planned changes in programming or funding. For those not using MHEI funding for this service, please indicate "N/A" in the box below.

Family Peer Support Specialists (FPSSs): These facilitators, who are specially trained family members, work to develop a formalized, family-driven and child-centered public mental health system in the state of Utah. At no charge to families, FPSSs provide referrals to local resources; advocacy for culturally appropriate services; links to information and support groups. These services encourage increased family involvement at the service delivery, administration and policy levels, which help lead to improved outcomes for families and communities.

The FPSS program services are designed to provide family peer support services to parents and/or caregivers of children/youth with mental health, substance use and/or other complex needs. Generally, FPSSs have a family member with a mental illness giving them the lived experience necessary to have understanding and empathy for the families they work with. They also have experience and knowledge navigating various systems and agencies. They provide resource coordination, advocacy,

assistance with the 504 Special Needs Education plan and Individualized Education Plan (IEPs). The main goal of the program is to keep children at home with their families and in their community. This is achieved through support, education, skill building, and use of natural supports.

There are currently 6 FPSSs placed with 6 agencies throughout Salt Lake County, with 1 team lead position recently created. Negotiations are currently happening to place an FPSS in the Jordan School District for the coming school year. FPSSs are anchored at the following agencies or organizations, along with plans to expand during the next school year:
• 1 FTE Team Lead position created 1/2023 Salt Lake County Youth Services
• 1 FTEs Salt Lake County Division of Youth Services
• 1 FTE Granite School District
• 2 FTE State of Utah Division of Child and Family Services (DCFS)
• 1 FTE 3rd District Juvenile Court
• 1 FTE Family Support Center
• 1 FTE Jordan School District (currently in negotiation to start for the 2023/2024 school year)

Mobile Crisis Team: Describe the *Mobile Crisis Team* activities your agency proposes to undertake with MHEI funding over the three year period and identify where services are provided. Include any planned changes in programming or funding. For those not using MHEI funding for this service, please indicate "N/A" in the box below.

The HMHI MCOT is an interdisciplinary team of mental health professionals, including Peers, who provide a combination of crisis services including crisis intervention, psychiatric emergency care, urgent care, and crisis follow-up for residents of the Salt Lake community 24 hours a day, 7 days a week, 365 days per year. The team is committed to responding within 30 minutes to law enforcement requests and within 60 minutes to community response. The staff assesses the situation and makes a determination regarding disposition using all the resources available to provide the best outcome possible using the least restrictive alternatives.

The Youth MCOT is flexible, multi-faceted, and immediately accessible to families, children and adolescents at risk for hospitalization or out-of-home placement. They work closely with community partners who specialize in child and family issues including DYS and Hopeful Beginnings. All staff are state certified Designated Examiners who can evaluate and initiate commitment procedures for those IPS under the age of 18.

Please see Section 4) for further detail.

19) Suicide Prevention, Intervention & Postvention   Carol Ruddell

Identify, define and describe all current strategies, programs and activities in place in suicide prevention, intervention and postvention. Strategies and programs should be evidence-based and alight with the Utah State Suicide Prevention Plan. For intervention/treatment, describe your policies and procedures for suicide screening, risk assessment, and safety planning as well as suicide specific treatment and follow up/care transition services. Describe how clients are identified for suicide specific services. How is the effectiveness of the services measured? Include the evaluation of the activities and their effectiveness on a program and community level. If available, please attach the localized agency suicide prevention plan or link to plan.

Providers within the DBHS/Optum network are mandated to provide a systematic approach in their efforts with suicide follow-up by administering the C-SSRS/Suicide Risk Assessment upon intake and admission. If a client initially screens negative for suicide but later suicidal risk is suspected by the clinician or other staff member during the course of treatment, a C-SSRS/Suicide Risk Assessment will be re-administered. Safety plans are created and updated when clients demonstrate an affirmative response to question #2 or to subsequent questions on the C-SSRS.

Safety plans are also used as a tool to assist members with other safety issues or to improve their ability to manage the symptoms of their mental illness. DBHS/Optum adheres to a Sentinel Events policy and procedure to investigate serious suicide attempts requiring hospitalization while members are receiving treatment and when members complete suicide during or shortly after completing suicide. Each of these reported incidents are reviewed to determine if any quality of care issues exist and to partner with the provider to improve treatment for all members. Most of our providers have submitted verification of completed Counseling on Access to Lethal Means (CALM).

Optum facilitated two postvention trainings with OSUMH in April 2023. Approximately 80 providers attended.

Identify at least one staff member with suicide prevention responsibilities trained in the following OSUMH Suicide Prevention programs. If a staff member has not yet been identified, describe the plan to ensure a staff member is trained in the following:

1. **Suicide Prevention 101 Training**
2. **Safe & Effective Messaging for Suicide Prevention**
3. **Suicide Prevention Gatekeeper training, such as Question-Persuade-Refer (QPR), Mental Health First Aid (MHFA), Talk Saves Lives or Applied Suicide Intervention Skills Training (ASIST)**

Optum R&R Team is certified to present QPR and MHFA, and offers training in Salt Lake County which is available to in-network providers and the greater community. In FY23, Optum will create a plan to ensure training for the other two OSUMH programs are made available to providers in Salt Lake County.

Describe all current strategies in place in suicide <u>postvention</u> including any grief supports. Describe your plan to coordinate with Local Health Departments and local school districts to develop a plan that identifies roles and responsibilities for a community postvention plan aligned with the Utah Suicide Coalition for Suicide Prevention Community Postvention Toolkit. Identify existing partners and intended partners for postvention planning. If available, please attach a localized suicide postvention plan for the agency and/or broader local community or link to plan.

Suicide Loss survivors may seek support and referrals from the Optum Recovery & Resiliency Team who can help to identify local grief support and suicide survivor groups. These include, but are not limited to, The Sharing Place, Bradley Center, Caring Connections and NAMI.
Optum has developed the following postvention plan:
● Identify and partner with providers within the Optum Network who are immediately able to offer support and engage with suicide loss survivors.

● Educate and build relationships among those systems who will interact with bereaved people to enable a coordinated community response.
● Work with those affected by the suicide death to aid mourning in ways that avoid increasing the risk of contagion.
● Seek support and referrals from the Optum Recovery & Resiliency Team as described above.

For Local Authorities participating in the Garrett Lee Smith State Youth Suicide Prevention and Early Intervention Grant Program or the Project AWARE grant, summarize your implementation plans for implementing skill based programming, gatekeeper training, community or school based screening activities, and crisis follow up services after inpatient or emergency department visits. (note: this can be done in the box below, or by linking/attaching your most current report).

For those not participating in either of these grant programs, please indicate "N/A" in the box below.

N/A

For Local Authorities participating in the Comprehensive Suicide Prevention grants describe your implementation plans for primary prevention programs, suicide intervention supports including gatekeeper training, and community postvention planning. (note: this can be done in the box below, or by linking/attaching your most current report).

If any of the following project deliverables are currently available, please link them here or attach them to your submission.

1. **By year 2, funding recipients shall submit a written comprehensive suicide prevention plan that is in alignment with the Utah Suicide Prevention State Plan and by year 2, funding recipients shall submit a written postvention response plan and communication protocol for their organization.**
2. **By year 3 funding recipients shall submit a written community postvention response plan.**

For those not participating in this project, please indicate, "N/A" below.

N/A

20) Justice Treatment Services (Justice Involved)   *Thom Dunford*

What is the continuum of services you offer for justice-involved clients and how do you address reducing criminal risk factors?

DBHS Alternatives to Incarceration Program Initiatives

Project RIO (Right Person In/Right Person Out) began in 2006 when the Salt Lake County Criminal Justice and Mental Health Systems concurred with Munetz and Griffin, that in the ideal case, persons with mental illness would have the same rate of contact with the criminal justice system as does any other person. Systemic improvements were implemented that involved all five of the "sequential intercepts" in which persons with behavioral health conditions contact the criminal justice system, with the goal of diverting persons who have mental illness or substance use disorders and who are non-dangerous offenders from inappropriate incarceration. These programs supported an already

active CIT program and Mental Health Court, and were the product of a rich collaboration of numerous agencies. Below please find an array of federal, state, and county funded programs that exist today. Programs supported in varying degrees by JRI funds have a **red*** next to them and more detailed program descriptions.

Sequential Intercept #1 - Law Enforcement & Emergency Services

● **Crisis Line & Warm Line** - The HMHI Crisis Line, in affiliation with the National Suicide Prevention Lifeline, is in operation 24/7, 365 days of the year, acts as the front door to the HMHI Crisis System, and is staffed by experienced certified crisis workers. The Crisis Line team coordinates Mobile Crisis Outreach Teams as needed. The Warm Line is a peer-run phone line staffed by individuals in recovery. Peer operators are trained to attentively and empathically listen to anonymous callers, offer compassion and validation, and assist callers in connecting with their own internal resources, strengths, and direction.

● **Mobile Crisis Outreach Teams (MCOT)** - HMHI interdisciplinary teams of mental health professionals (a licensed mental health practitioner and peer support specialist) who provide face-to-face crisis resolution services for individuals in Salt Lake County who are experiencing or at-risk of a mental health crisis, and who require mental health intervention. MCOT staff often provide law enforcement with alternatives to incarceration or hospitalization when responding to patients in crisis, allowing the individual to remain in the least restrictive setting. These teams serve both adults and youth, 24/7 throughout the county.

● **Receiving Center (RC)** - An HMHI short stay facility (up to 23 hours) designed as an additional point of entry into the Salt Lake County crisis response system for assessment and appropriate treatment of adult individuals experiencing a behavioral health crisis. Clients may receive assessments, medications and other support. It may be used by law enforcement officers, EMS personnel and others as a receiving facility for individuals who are brought there voluntarily or on an involuntary hold. The RC is an innovative program that provides a secure crisis center featuring the "Living Room" model, which includes peer support staff as well as clinical staff. The goal of the center is to reduce unnecessary or inappropriate utilizations of ER visits, inpatient admissions, or incarceration by providing a safe, supportive and welcoming environment that treats each person as a "guest" while providing the critical time people need to work through their crisis.

Although progressive for its time upon opening in 2012, the Receiving Center is currently underutilized by law enforcement and emergency services due to a combination of issues. Physical set-up of the current space and gaps in funding for robust medical care have led the majority of law enforcement cases to be sent through emergency rooms for medical clearance which is a significant barrier to utilization. The geographical location is also not central to the jurisdictions most in need of the service, taking law enforcement serving those areas off the streets for longer than is practical. Care in this setting has been impacted in 2021 and 2022 due to the COVID-19 pandemic due to the living room model, which presents significant challenges to communal care without risk of community outbreak. This led to some delays in acceptance and periodic reduction in bed capacity.

DBHS was awarded funding for a new non-refusal Receiving Center, and thanks to additional partners and funding, a groundbreaking occurred in May 2021. This program will serve Salt

Lake County community members who are in psychiatric or substance use-related crisis from a central, accessible location in South Salt Lake. The new Receiving Center (RC) has been designed and funded to operate as a true non-refusal facility that will accept any and all individuals including community walk-ins, secure drop-offs from police, fire & EMS, and referrals for assessment. As a non-refusal RC for police, firefighters, and EMS, many of these individuals will be low-level offenders cycling through the county jail, whose crimes are secondary to untreated or undertreated mental illness or substance use disorders. Others may be frequent patients in emergency departments throughout the Salt Lake Valley. These individuals will benefit from medical and psychiatric triage, clinical assessment, peer support, discharge planning, connection to community resources and partners, and referral to treatment programs such as inpatient care, medical care, and detox.

Due to this facility not becoming operational until 2025, the Salt Lake County Council voted to dedicate $2.5M (ARPA funding) towards a temporary RC to act as a bridge until the new RC is built and operational. It will be a non-refusal center with the ability to expand to 12 chairs (increasing from 5 in the current facility).

● **Volunteers of America Detox Centers** *
These programs partner with multiple law enforcement agencies to offer individuals who have been picked up for public intoxication an alternative to jail and a safe environment focused on recovery. Officers can call for bed availability, van pick-up hours and availability. To meet the criteria for the Jail Diversion Program, clients must be intoxicated, non-combative, medically stable and willing to go to the detox center.

DBHS contracts to provide social detoxification services in multiple sites within the county. These sites are:

Volunteers of America Men's Adult Detoxification Center: This social model residential detoxification and withdrawal management program provides 80 beds for men 18 and older in need of detoxification & withdrawal management services. This facility is located at 252 W. Brooklyn Ave. Salt Lake City, UT, 84101.

Volunteers of America Center for Women and Children: This social model residential detoxification and withdrawal management program provides 32 beds for homeless and low-income women, 18 years and older, in need of detoxification and withdrawal management services. In addition, women may bring their children age 10 and under into the program. This mitigates a barrier many women face when they do not have safe alternative childcare. In addition, clients have access to an outdoor area and onsite garden. It is located at 697 W 4170 S, Murray, UT, 84123.

Both programs offer a trauma-informed environment wherein clients can receive help managing intoxication and withdrawal symptoms and decide the next steps in their recovery journey. Clients may stay at these facilities for up to 30 days as they work with their case manager to link to behavioral health services. These services include connection to essential substance use treatment, Medicaid enrollment, primary care referral, assistance with legal issues, reconnecting with family, etc.

While in residence, clients can also access medication-assisted treatment (MAT) through our community partnerships, a critical service we provide. Peer support services, in-house 12-step recovery meetings, connections to the Salt Lake County recovery community, and harm reduction services are also available. In addition, qualifying clients interested in substance use disorder treatment can often transfer directly to treatment and receive a full ASAM-driven biopsychosocial assessment and referral

to an appropriate treatment program.

By the end of 2023 they will be moving locations to 1875 S Redwood Road and expanding their beds by 50.

● **Unified Police Department (UPD) Mental Health Unit (MHU)** *

Supported with JRI funding, a licensed mental health therapist is housed within the UPD offices, co-responds with law enforcement to mental health crises within the community, and provides individualized follow-up. The UPD Mental Health Unit serves the cities of Kearns, Magna, Holladay, Millcreek, Midvale, Canyons, Copperton, Cottonwood Heights, Draper, Sandy, Murray, South Salt Lake, Brighton and White City, and also provides additional assistance to other law enforcement agencies throughout the county upon request to: Salt Lake City, UTA, Bluffdale, South Jordan, West Jordan, Herriman and West Valley City.
The objectives of the Mental Health Unit are to:
> ● Assist with the de-escalation of volatile situations, reducing the potential for violence during police contacts
> ● Provide mental health consumers and their families with linkages to services and supports
> ● Serve consumers in the least restrictive setting, diverting from jail and hospitalization as appropriate
> ● Reduce repeated law enforcement responses to the same location, and
> ● Free up patrol officers to respond to other calls.

The Mental Health Unit is a partnership of law enforcement agencies in Salt Lake County. Currently there are 12 MHU officers and one mental health therapist that respond to calls throughout the county.

This effort enjoys a commitment to problem solving and a fruitful collaboration between law enforcement, DBHS, HMHI, and the greater community of Salt Lake County.

Sequential Intercept #2 – Jail

● **Jail Behavioral Health Services** * - Mental health and substance use disorder (SUD) services are provided to inmates of the SLCo Jail. More detailed program descriptions may be found in the incarcerated individuals section above.

Mental Health services are funded through a direct appropriation from the County Council to the SLCo Sheriff's Office. In addition to providing mental health services and medication management, jail mental health case managers coordinate services and releases for the severely mentally ill population. This includes such things as verifying medications, obtaining outside treatment records, post-release planning, providing community resources, connecting clients to in-reach services as available, collaborating/communicating with community stakeholders such as community behavioral health providers, the Legal Defenders Office social workers, and participating in Mental Health Court staffings, Top 10 staffings, and the Metro Mental Health monthly roundtable.

The Salt Lake County Jail has two dedicated units that can address more severe mental health needs – a 17-bed unit for individuals who have been identified as high risk for suicide and a

48-bed unit for individuals with a mental health diagnosis that would benefit from not being with the general population. In addition to these, the jail team provides group therapy and crisis services for individuals in the general population.

DBHS funds the SUD services in the jail, including:
Corrections Addictions Treatment Services (CATS) at Oxbow and Adult Detention Center Jails, South Salt Lake City: CATS is an addictions treatment therapeutic community based on an intensive outpatient level of care (9 - 19) hours per week of therapeutic and skill-based treatment services based on the therapeutic community model.

The program is operated within both the ADC and Oxbow Jails. The capacity for males is 152 beds (Oxbow) and 32 beds for females (ADC) based on an average length of stay of 3 months. The CATS program is also a direct referring partner for the Vivitrol Program and Salt Lake County Behavioral Health Services' housing programming. Upon completion of the CATS program, all inmates are eligible to apply for TAM Medicaid and be provided with a clinical referral into a county approved agency.

Currently, CATS includes a psycho-educational component (Prime for Life) for up to 1,500 inmates, plus a fuller continuum of treatment services with the inclusion of interim group services called Drug Offender Group Services (DOGS). The CATS, DOGS and Prime for Life programs are contracted through Odyssey House.

3 Year Plan:
Odyssey House is exploring a possible expansion of services into the Medium Security levels within the Salt Lake County jail, pending approval.

Jail Medication-Assisted Treatment Program - Qualifying program participants with opioid or alcohol use disorders have access to medication-assisted treatment, substance use disorder behavioral therapies, and coordinated referrals to community treatment services upon release. MAT program medications may include methadone, buprenorphine or Naltrexone. The MAT program provides a whole-patient approach to the treatment of substance use disorders and is clinically-driven with a focus on individualized patient care. Services are provided through the jail's health services staff and through a contract with Project Reality. Naloxone kits are provided to qualifying participants upon release (as supplies last).

● **State Competency Jail Restoration Program -** This program is operated by the state and works to restore inmates to competency while awaiting a hospital bed.

● **Community Response Team (CRT)** * - This Valley Behavioral Health (VBH) team works with severely mentally ill (SMI) clients who are currently in jail, recent releases and also clients in the community who may be diverted from jail. CRT staff visit inmates prior to release to develop an APIC (Assess, Plan, Identify and Coordinate) Plan, a pre-release relationship with the inmate, assure medication continuity upon release, pre-determine eligibility for benefits and assist with transportation from the jail.

● **Salt Lake County Criminal Justice Services Pretrial Services** - This is a risk-based service to release individuals from jail while awaiting a court hearing. Utilizing the least restrictive conditions possible, Pretrial:
- Provides a non-financial release from jail and case management or tracking through case disposition.
- Provides information about upcoming court dates

- Utilizes evidence-based assessments and tools to identify appropriate resources and create case plans to help reduce barriers to success. Assessments used include Public Safety Assessment (PSA) and the Gender Informed Needs Assessment (GINA).
- Assists in connecting individuals to treatment.

● **County Pre-file Intervention Program (CPIP) -** This is a pre-filing diversion program that targets people who have been arrested for minor, non-violent crimes. Instead of filing criminal charges against them, prosecutors connect them to case workers who help them with required classes or other resources they might need. It is a voluntary program. People accused of violent crimes or domestic violence are not eligible. Participants stay out of the criminal justice system entirely if they complete the requirements and don't commit any new crimes while in the program, which lasts between four and six months.

Sequential Intercept #3 – Courts

● **Mental Health Courts** - Mental Health Court is a collaboration between criminal justice and mental health agencies in Salt Lake County. The Mental Health Court provides case management, treatment services, and community supervision for the purpose of improving the mental health and well-being of participants, protecting public safety, reducing recidivism, and improving access to mental health resources. Every participant who is accepted into MHC has completed a criminogenic risk assessment which providers have access to and can use as a means of targeting client specific areas of risk. Providers provide interventions at the individual, group and case management level to target areas of risk as well. DBHS funds coordination of care, treatment services and housing programs for this population
.
● **Family Recovery Court** - The mission of the Family Recovery Court is to treat individuals with substance use disorders through an intense and concentrated program to preserve families and protect children. This is achieved through court-based collaboration and an integrated service delivery system for the parents of children who have come to the attention of the court on matters of abuse and neglect. A drug court team, including the Judge, Guardian Ad Litem, Assistant Attorney General, parent defense counsel, DCFS drug court specialist, HMHI Assessment and Referral specialist, case managers, and the court's drug court coordinator, collaborate to monitor compliance with treatment and court-ordered requirements. DBHS funds services and care coordination for this population.

● **Drug Court** - The establishment of drug courts in the State of Utah is part of an ongoing effort to increase public safety by supporting recovery. Judges observed the same offenders appear in their courts time and time again, and it became evident traditional methods of working with individuals with a substance use disorder, such as strict probation or mandatory imprisonment, did not address the fundamental problem of addiction. Drug Court teams work through a close collaboration between the court system, supervising agencies and treatment providers. DBHS funds services and care coordination for this population.

● **Social Services Position Housed in the Legal Defenders Office** - this position, funded through DBHS, coordinates connecting individuals with severe mental illness involved in the criminal justice system to community treatment, Alternatives to Incarceration (ATI) Releases,
referrals to Mental Health Court, etc. Additional social services positions are housed in the legal defenders' office, offering invaluable assistance in connecting large numbers of clients to treatment.

● **Case Resolution Coordinator** - An attorney funded through Salt Lake County, housed in the Legal Defenders Office, that helps individuals with behavioral health conditions resolve multiple court cases throughout the valley (in coordination with other court orders). Through close coordination of treatment and judicial oversight, individuals are diverted from incarceration, avoiding changes or lapses in their medications, loss of housing and associated emergency room visits or hospitalizations.

Sequential Intercept #4 – Reentry

● **Top Ten** - Once a month, DBHS facilitates a group that meets to staff frequently booked individuals with severe mental illness. Partners include the Legal Defender's Association (LDA), Valley Behavioral Health, HMHI Crisis Programs, Jail Mental Health, DBHS, Optum, The Road Home, Volunteers of America, the SLC PD Community Connections Center, 4th Street Clinic, Criminal Justice Services, Division of Services for People with Disabilities (DSPD), and Odyssey House. Team goals are to:
  ○ Ensure jail mental health is aware of an individual's diagnosis and medications prescribed in the community prior to arrest, and vice-versa, ensure community mental health programs are aware of an individual's diagnosis and medications prescribed in jail prior to release.
  ○ Develop a pre-release relationship with the inmate prior to release whenever possible.
  ○ Work to assertively engage the client in treatment upon release, address continuity of care/medications and transport if appropriate.
  ○ Refer into appropriate programs (Mental Health Court, ACT Teams, dual-diagnosis residential programs, Jail Diversion Outreach Team, other outpatient services, housing, DSPD services, etc.).
  ○ Communicate with the individual's attorney.
  ○ Communicate with county supervising case managers, state AP&P officers or other private supervising agencies.
  ○ Coordinate jail releases when appropriate.
  ○ Support the client to resolve open court cases.
  ○ Coordinate with medical providers when appropriate.
  ○ Coordinate with other community providers (VA, private providers, etc.).
  ○ Assist with housing, entitlements, and other needed supports.
  ○ Address individuals as pre-contemplative rather than non-compliant when unable to engage them into services. That is, try, try again.
Additional IT support is provided by the Salt Lake County Mayor's Office of Criminal Justice Initiatives, providing real time information regarding bookings, charges, court cases, and other pertinent information.

● **Jail Diversion Outreach Team (JDOT)** * - This VBH assertive community treatment "like" team is a multidisciplinary team that assists severely mentally ill individuals that are frequent recidivists in the county jail.

● **CORE (Co-occurring, Re-Entry & Empowerment)** * - VBH CORE 1 and CORE 2, offer services to adult male and female individuals suffering from co-occurring disorders including substance use disorders and serious mental illness. These 16-bed residential facilities are designed to provide wraparound services both on-site and in the community, integrating mental health and substance use disorder treatment and focusing on medium/high risk and

medium/high need individuals with supportive housing attached upon discharge. These programs were implemented due to community requests and have demonstrated impressive outcomes over the years with the ultimate goal of successful reentry and a reduction in jail recidivism.

DBHS utilizes multiple funding streams, including JRI, for the VBH CORE 1 & 2 programs.

A 2020 report found a 78.6% reduction in criminal recidivism for CORE 1 (men) and a 92.5% reduction for CORE 2 (women), when comparing 3 years prior to 3 years post program admission.

JRI dollars also support housing for the CORE programs and Jail Diversion Outreach Team clients. DBHS contracts for these housing resources through Housing Connect, and are generally master leased units. Valley Behavioral Health provides mental health and substance use disorder services and in-home case management visits throughout the client's residency in these units.

● **Odyssey House Women's MH Residential Program -** This 16-bed facility is a dual-diagnosis residential facility for women, providing mental health stabilization services and medication management to women with primary mental health diagnoses. Due to high demand from Mental Health Court and other stakeholders, this new program was brought online in 2020.

● **Odyssey House Men's MH Residential Program -** This 16-bed facility opened on April 27, 2022, and is a dual-diagnosis residential facility for men, providing mental health stabilization services and medication management to women with primary mental health diagnoses. Due to high demand from Mental Health Court and other stakeholders, this new program was brought online.

● **ATI Transport** * - This VBH program transports severely mentally ill inmates released from the jail at a specific time (avoiding nighttime releases) and transports them to a community-based treatment provider for assessment and services.

● **DORA** * - A collaboration between Adult Probation and Parole, the court system and behavioral health service providers utilizing smarter sentencing guidelines for better treatment outcomes.

● **The Fourth Street Clinic** - Collaborates with the jail health system to help provide continuity of care for individuals who are registered patients at Fourth Street Clinic, supporting these patients to continue the medications and treatment they were receiving prior to incarceration. Staff at FSC are also able to coordinate with the jail health system to help provide continuity of care when individuals experiencing homelessness are released from jail and want to re-establish care with the clinic.

● **DWS Medicaid Eligibility Specialists** - DBHS funds a Medicaid Eligibility Specialist to assist with enrollment into Medicaid. Prior to the pandemic, this was a mobile position, visiting various locations such as the jail, court settings and Criminal Justice Services. Currently these services are provided remotely. Another DWS Medicaid Eligibility Specialist is embedded within the largest behavioral health provider.

● **Navigator and Certified Application Counselor Assistance** - DBHS providers, the jail,

Criminal Justice Services, the Legal Defenders Association, Homeless Resource Centers, state corrections programs, and others, collaborate with navigators and certified application counselors to enroll individuals in Marketplace Plans, Medicaid and other health plan options, through Take Care Utah. Prior to the pandemic, these services were provided at many different locations, including court settings, the jail, provider locations, pretrial and probation settings. Currently they are a blend of in-person, and remote services. DBHS worked aggressively throughout the years to develop a coordinated response to enrollment efforts within the criminal justice and behavioral health populations.

● **Gap Funding** * - DBHS provides gap funding to assist with medications and treatment for uninsured severely mentally ill individuals being released from jail.

● **Jail Resource Reentry Program -** is voluntary and offers support to individuals as they transition back into the community to avoid recidivism and provide services to prevent them returning to the same circumstances that led to their arrest, helping to make the community safer. Salt Lake County Criminal Justice Services, the Salt Lake Legal Defenders Association and Valley Behavioral Health assist individuals to assist them in navigating the complexity of criminal justice and social services systems. Clients receive have access to email, phone calls and free Wi-Fi; phone charging stations; snacks, water, female personal hygiene products; SNAP/Medicaid enrollment; Department of Workforce Services (DWS) information; a safe place to wait for services; transport options (bus tokens, VOA van service, homeless van services); homeless housing referrals; donated clothing items are available on-site.

Sequential Intercept #5 – Community

● **VOA & VBH Assertive Community Treatment (ACT) Teams & Odyssey House (OH) Forensic ACT Team** - Salt Lake County/Optum has contracted with VOA, VBH and OH to implement Assertive Community Treatment (ACT) Team service delivery models for Salt Lake County residents. The teams provide intensive home and community-based services. The ACT Teams offer a "hospital without walls" by a multidisciplinary team. The emphasis is to provide support to those who are high utilizers of services and to offer stabilization within the community. The programs are implemented to fidelity to the evidence-based model as outlined by SAMHSA. DBHS also funds housing for these programs. A large portion of these individuals are justice-involved.

● **Housing Programs** * – DBHS funds multiple housing first initiatives for individuals involved in the justice system. Some serve individuals with severe mental illness, while others are tailored towards supporting individuals with primary SUD conditions. These programs are a combination of scattered units throughout the valley, boarding homes, rental assistance vouchers, sober living homes, and partnerships on tax credit housing projects where DBHS funds Medicaid supportive living rates, rental subsidies, and even some capital expenses.

In addition to the above, there are many housing programs through other funding streams that DBHS partners with and in some cases funds in-kind behavioral health services for, to assist in meeting HUD funding requirements.

JRI funding is used for a portion of these housing programs.

● **Intensive Supervision Probation (ISP) Program** * - DBHS continues to partner with the

Sheriff's Office and CJS on the ISP program. This program targets high-risk, high-need (SUD) individuals sentenced to county probation at CJS. Clients are evaluated using the LS/CMI risk tool, along with an ASAM assessment to determine appropriate level of supervision and care. They are supervised in the community by deputies from the Sheriff's Office and receive intensive case management services through CJS. DBHS continues to provide dedicated assessment staff working in coordination with the deputies and case managers, as well as prioritized access to treatment services for the uninsured and underinsured populations. Through this model there has been an increase in the number of clients who present for an assessment and treatment, reductions in the wait times associated with accessing treatment, and lower attrition rates when compared to the overall system. Through the expansion and evolution of the program, Recovery Support Services (case managed at DBHS), access to evidence-based MAT (case managed at DBHS and offered through a network of providers), and peer-led recovery coaching (through a contract with USARA) are accessible to ISP participants. Between 2015 and 2021, over 60% of all clients have been referred due to drug-related offenses and over 99% have struggled from moderate or greater SUD. Additionally, over 32% of all clients have identified opiates as a primary substance of abuse (26.9% of all males and 35.7% of all females).

In March 2016 this program was presented to the County Council and received unanimous support for an increase in ongoing county funds ($2.3 million overall, $790,000 for community treatment) to grow the program. County funds for this program are not included in this budget narrative. After successful implementation, ISP received several accolades for the innovative strategies employed to stop the revolving door of recidivism in Salt Lake County, including: the 2016 National Association of Counties (NACo) Achievement Award; was selected to present at the national 2016 American Probation and Parole Association Conference in Cleveland; the 2017 Salt Lake County Sheriff's Office Distinguished Unit award; and, was recognized by the Honorary Colonels of Salt Lake in 2018.

An additional $1.4M was awarded to ISP in July 2017 from the Justice Reinvestment Committee (JRC funds cut in FY20). Leveraging these funds, ISP was able to fund a third licensed mental health therapist (has since reduced back to two, and then back down to one based on pandemic shifts and demand) to provide additional clinical assessments. The program also was able to expand treatment capacity, funding an active caseload of 280 clients, up from the original program capacity of 180 clients. By utilizing county funds, ISP was able to expand supervision and case management capacity as well (hiring 2 additional case managers and 3 Sheriff's Office deputies).

In a 2021 evaluation, 406 clients were admitted into the ISP program during a 12 month period (January 2020 – December 2020). Since the program's inception 320 individuals have graduated, and multiple successful outcomes documented: 75.4% of all clients referred into ISP have been assessed for treatment. Looking at a snapshot of the program in March of FY20, 73.1% of all open clients remain actively engaged in treatment. Graduates of the program enjoy a 34% reduction in risk scores. Successful clients saw an 86% reduction in new-charge bookings (comparing one year prior to one year post-program intake); revoked clients showed a 59.2% reduction; with the total population showing a 71.6% reduction.

FY20 was a time of transition for this program due to the elimination of JRC funding. While the number of uninsured and underinsured individuals post-Medicaid Expansion is unknown, it was our intention to maintain current levels of programming throughout this time by transitioning from JRC funding to Medicaid funding. Every effort was made to enroll participants into Medicaid. In addition to specialty enrollment efforts put in place during the Targeted Adult Medicaid (TAM) expansion, two large eligibility

and enrollment trainings were held at the County Government Center. Approximately 213 individuals from 20 organizations across the county registered or walked into these trainings. The Utah Department of Health presented on the eligibility criteria, the Utah Department of Workforce Services presented on enrollment guidelines, and additional resources such as Take Care Utah were presented as options for clients as they transition from Medicaid into Marketplace Plans. DBHS requires providers to utilize Medicaid prior to accessing public dollars and audits to adherence to this process. It is important to keep in mind that DBHS will no longer be able to monitor data for this program in the same way, as the new Medicaid Expansion and Targeted Adult Medicaid dollars do not flow through this agency, and as such, will not have access to a complete data set.

During FY21, due in large part to TAM and the Adult Medicaid Expansion occurring over the prior two years, a large portion of treatment funds were no longer needed for this program. The participating treatment providers assisted with a seamless transition in funding source to Medicaid without service interruption to the clients. With the Medicaid expansions being open to other providers outside of the DBHS network, additional providers have begun to serve ISP clients as well. JRI funds continue however to play a large role in funding the correctional staff and other ancillary, non-Medicaid funded services such as UA testing, RSS services and recovery coaching through USARA.

● **Mental Health Court Housing** – beginning in FY22, mental health court housing units (2 master leased units and 6 units at First Step House's Fisher House) transferred from Salt Lake County Criminal Justice Services to DBHS.

● **Rep Payee Services** - a supportive service to individuals in need of assistance in managing their finances. Many individuals with severe and persistent mental illness, cycling through the criminal justice system, benefit from this type of service.

● **Supported Employment Programs** – multiple Salt Lake County network providers operate successful employment assistance programs for justice-involved populations.

● **USARA (Utah Support Advocates for Recovery Awareness)** - DBHS assists with funding for this program. This organization provides peer recovery support services, delivered by peer recovery coaches, a non-clinical support that brings the lived experience of recovery along with training and supervision to assist individuals in initiating and/or maintaining recovery. They also provide support groups for families and friends who are concerned about someone with a substance use disorder.

This program has targeted efforts for justice-involved populations such as the Intensive Supervision Probation Program, Family Recovery Court, and others.

● **Medication-Assisted Treatment Programs** - In recent years, DBHS utilized federal dollars to expand medication-assisted treatment access within the community. Salt Lake County had six out of the top ten hotspots identified within the state for opioid related emergency room visits and overdose deaths. In an effort to address these hotspots, capacity in the existing Project Reality location was increased, and two new clinics were opened in other areas of the county.

One of the new clinics is located in West Jordan, through Clinical Consultants, the other is located in Murray, through Project Reality. Federal grant dollars are utilized to maintain these clinics. Additionally, Discovery House, Tranquility Place, BayMark have been added to our network of providers.

● **Community Mental Health and SUD programs** - there are many other mental health or substance use disorder treatment programs, in all levels of care, that serve the criminal justice population. Medicaid expansion has enabled an unprecedented expansion of these services.

As an example, ~170 SUD residential beds existed in 2016, and currently exceeds 600, more than tripling capacity within the Salt Lake County network. Additional services have expanded outside this network as well.

Criminogenic Screening and Assessment Tools
In Salt Lake County, services are provided through a network of public and private providers within the community. The criminogenic screening and assessment tools utilized by these programs may be varied. The Intensive Supervision Probation Program for example employs the LS/CMI with each program participant, while the University of Utah Assessment and Referral Services utilizes the RANT. Unfortunately, even though Salt Lake County Criminal Justice Services and Adult Probation and Parole complete the LS/CMI with participants, the full results are not shared with providers within our system (based on proprietary concerns) requiring duplication within the network.

Strategies used with low and high risk offenders
All clients are screened for criminogenic risk using validated, JRI-recommended tools (either the LS/CMI, the LSI, or the RANT) depending on the agency. Based on capacity at each agency, and the ability to stratify residential and outpatient programs by risk, clients are separated into the most appropriate setting. For example, Odyssey House places all 'intense' and 'very high' risk clients at their Millcreek campus. All 'high' clients go to the Downtown facility. All moderate clients attend Lighthouse, and all 'moderate-low' clients attend the Meadowbrook facility. Because of the size of the programs at Odyssey House, they would not have low-risk clients in service with high-risk clients. For the outpatient side of services, OH places all lower risk clients in the weekend IOP/OP Expedition Program. Not as much flexibility exists for outpatient. Other agencies do not have as much flexibility because of the size of their programs and other financial constraints. First Step House for instance does not serve many, if any, low-risk clients. They do have some higher and intense risk programs that will serve only clients scoring in the 25+ range of the LS/CMI (REACH Program). Lower risk clients at FSH are typically referred to other programs for services, where they can receive differentiated services based on their lower risk scores. In our criminal justice programs (such as the ISP Program), many different EBPs are utilized to work with lower risk (all clients are at least a 20 on the LS/CMI) clients. These include EPICS (Effective Practices in Community Supervision), BITS (Brief Intervention Tools), Seeking Safety, and risk-based case planning based on the Risk, Needs, Responsivity (RNR) model.

Describe how clients are identified as justice involved clients

There are many ways that a client can be identified as a justice-involved person.
● Some clients may be referred by a criminal justice partner, such as:
  ○ The courts
  ○ Legal defender
  ○ District attorney
  ○ Criminal justice services
  ○ Law enforcement

○ Adult Probation & Parole
○ Jail or Prison
○ Halfway House, and others.
☙ Some clients may self-report an active court case.
  ○ This can occur prior to sentencing (with no court-ordered treatment or with a sentence that did not include an order to treatment).
● Some clients may self-report interactions with law enforcement.
  ○ This can occur without a case being filed in court or any court-ordered treatment.
● Some clients may have a recent history and pattern of justice involvement, with multiple cases closed (none open), but cycling through the criminal justice system. A good example of this would be a Forensic ACT client, with 52 previous bookings, still using illegal substances, off his/her medications, and homeless.

How do you measure effectiveness and outcomes for justice involved clients?

Correctional Program Checklist (CPC) - The CPC is a tool developed to assess correctional intervention programs and is used to ascertain how closely those programs meet known principles of effective intervention. Several studies conducted by the University of Cincinnati-of both adult and juvenile programs-were used to develop and validate the indicators on the CPC. These studies found strong correlations with outcome between overall scores, domain areas, and individual items.

The CPC is divided into two basic areas: CAPACITY and CONTENT. The CAPACITY area is designed to measure whether a correctional program has the capability to deliver evidence-based interventions and services for offenders. There are three domains in the capacity area including: (1) Leadership and Development; (2) Staff; and (3) Quality Assurance. The CONTENT area focuses on the substantive domains of: (1) Offender Assessment; and (2) Treatment Characteristics. This area evaluates the extent to which the program meets the principles of risk, need, responsivity, and treatment. There are a total of 77 indicators, worth up to 83 total points. Each area and all domains are scored and rated as either "HIGHLY EFFECTIVE"; "EFFECTIVE"; "NEEDS IMPROVEMENT": or "INEFFECTIVE".

As a network system, multiple agencies within the DBHS network have worked with the CPC to assess, and then implement strategies to improve their services, in particular around individuals with current or past justice involvement. In recent years, First Step House and Odyssey House have worked extensively with the CPC, among other agencies.

DBHS has developed multiple outcome measures that vary from program to program. Please reference the attached compilation of reporting metrics and sections in this narrative above for some examples. Data DBHS has collected in the past include hospital diversion rates, treatment engagement, graduation rates, reductions in Risk Scores, positive drug testing rates, number of bed nights funded for individuals in permanent supportive housing, changes in census in co-occurring residential programs, changes in ACT Team census numbers and NOMS data such as employment, housing and "frequency of use" changes. New outcome measures for ACT teams were developed in FY22 and continue to be monitored on baselines and targets established in FY23. DBHS has also tracked reductions in jail recidivism for certain cohorts through a data sharing agreement with the Salt Lake County Jail.

Although Medicaid expansion has been a huge benefit to the behavioral health population we serve, it is important to understand that since November 2017 (the implementation of TAM), April 2019 (the Medicaid Expansion to 100% FPL), and finally January 2020 (expanding up to 138% FPL), DBHS lost the ability to track many of the metrics above for a large portion of these programs.

Significant anomalies may occur in data and outcome metrics for FY21 and forward due to COVID responses both within the treatment system and within our county jail.

Identify training and/or technical assistance needs.
None presently

Identify a quality improvement goal to better serve justice-involved clients.

Although progressive for its time in 2012, the Receiving Center (RC), is currently underutilized by law enforcement and emergency services. Though it is set up to receive referrals from law enforcement, these referrals have decreased over the years due to the requirement that clients routinely need to go to the emergency room first to be cleared medically. Though that was not a requirement when the existing Receiving Center initially began, this became a necessity due to a combination of medical liability concerns, physical setup of the Receiving Center space, and inability to fund the correct staffing model to operate as a "no wrong door" facility. This, plus the location of the facility, is a discouragement to law enforcement since it takes them off the streets for extended periods of time.

Our goal is to open a new centrally located, non-refusal Receiving Center. DBHS was awarded funding for a new non-refusal Receiving Center, SLCo transferred the property, and thanks to HMHI and additional partners and funding, a groundbreaking occurred in May, 2021. This program will serve Salt Lake County community members who are in psychiatric or substance use-related crisis; however, the new Receiving Center will accept any and all individuals including walk-ins, secure drop-offs, and referrals for assessment. As a non-refusal RC for police, firefighters, and EMS, many of these individuals will be low-level offenders cycling through the county jail, whose crimes are secondary to untreated or undertreated mental illness or substance use disorders. Others may be frequent patients in emergency departments throughout the Salt Lake Valley. These individuals will benefit from medical and psychiatric triage, clinical assessment, peer support, discharge planning, connection to community resources and partners, and referral to treatment programs such as inpatient care, medical care, and Detox.

Due to this facility not becoming operational until 2025, the Salt Lake County Council voted to dedicate $2.5M (ARPA funding) towards a temporary RC to act as a bridge until the new RC is built and operational. It will be a non-refusal center with the ability to expand to 12 chairs (increasing from 5 in the current facility)..

Identify the efforts that are being taken to work as a community stakeholder partner with local jails, AP&P offices, Justice Certified agencies, and others that were identified in your original implementation committee plan.

DBHS recognizes Justice Reinvestment Initiative (JRI) Programming as a countywide initiative affecting multiple stakeholders including law enforcement, the county jail, courts, criminal justice services, legal defender's office and district attorney's office. As a result, when implementing a JRI strategy DBHS was committed to broad support of county stakeholders, including approval from the following Criminal Justice Advisory Council stakeholders prior to implementing programming with JRI community-based treatment funding:

Mayor Jenny Wilson   Salt Lake County Mayor
Sheriff Rosie Rivera   Salt Lake County Sheriff's Office
Hon. Brendan McCullagh Judge   West Valley City Justice Court

Jean Hill	CJAC Coordinator
Honorable Jojo Liu Judge	Salt Lake City Justice Court
Jim Bradley	Salt Lake County Council
Dave Alvord	Salt Lake County Council
Jack Carruth	Chief of Police, South Salt Lake City
Karen Crompton	Director Salt Lake County Human Services
Sim Gill	District Attorney, Salt Lake County
Kele Griffone	Director, Criminal Justice Services
Representative Jim Dunnigan	Utah House of Representatives
Senator Stephanie Pitcher	Utah State Senate
Matt Dumont	Chief, Salt Lake County Sheriff's Office
Rich Mauro	Executive Director, Salt Lake Legal Defenders Association
Kim Brock	Third District Court Executive
Jim Peters	State Justice Court Administrator
Honorable Mark Kouris	Presiding Judge, Third District Court
Honorable Susan Eisenman	Third District Juvenile Court
Aimee Griffiths	AP&P Region Chief
Andrew Johnston	Salt Lake City Homeless Policy and Outreach
Tiffany King	Crime Victim Advocate
Jason Marzuran	Chief, Unified Police Department, LEADS Chair
Wayne Niederhauser	Office of Homeless Services
Jeff Silvestrini	Mayor, Millcreek City
Tim Whalen	Director, Salt Lake County Behavioral Health Services
Pamela Vickrey	Utah Juvenile Defender Attorneys, Executive Director
Scott Fisher	Salt Lake City Municipal Prosecutor
Luna Banuri	Chair, SL County Council on Diversity Affairs, Subcommittee on Criminal Justice & Law Enforcement

Additional stakeholders that participated in implementing these programs included: The University of Utah Assessment and Referral Services, Odyssey House, First Step House, Valley Behavioral Health, Clinical Consultants, Project Reality, Volunteers of America, House of Hope, the University of Utah Neuropsychiatric Institute and the Salt Lake City Police Department Social Work Program.

DBHS is a member of the Criminal Justice Advisory Council, where ongoing systemic needs are addressed monthly, coordinated and planned for. One example is the new Receiving Center. This item will be periodically addressed on the agenda to provide updates and receive feedback from stakeholders.

Identify efforts being taken to work as a community stakeholder for children and youth who are justice involved with local DCFS, JJYS, Juvenile Courts, and other agencies.

Examples of services to these populations include:

Volunteers of America, Utah's Treatment Services Division (Cornerstone Counseling Center/Family Counseling Center - VOA/CCC/FCC) - has several programs to assist children and youth who are justice-involved with local DCFS, DJJS, Juvenile Courts, etc. Both CCC and FCC provide direct mental health services based on the client-centered biopsychosocial assessment. Services are provided by Licensed Mental Health Therapists as well as therapists working towards full

licensure and Advanced Practice Registered Nurses (APRNs). Medication management services are provided for youth aged 16 years and older. Other available services include individual therapy (including play therapy) for children four years and older, group therapy as indicated by current census, and family therapy. Additionally, CCC provides Parent Child Interaction Therapy (PCIT), an evidence-based practice, for children aged two and a half up to seven years old.

Odyssey House - Their adolescent continuum serves JJS and DCFS youth and works closely with JJYS and DCFS workers to coordinate care. Their school-based behavioral health services work with JJYS and DCFS youth K-12 schools in every district in the county. The Youth Afterschool Program was developed in partnership with JJYS and demonstrates significant recidivism reductions. Finally, their Parents with Children Program works with DCFS custody youth to re-unify them with their parents while concurrently providing mental health and developmental services.

Salt Lake County Division of Youth Services-Juvenile Receiving Center (JRC) - This program offers screening, evaluation and referral services to youth, families and law enforcement 24/7. Services are for youth ages 8 to 17 who need a crisis timeout, are runaway, homeless, ungovernable youth or youth who have committed minor offenses. Youth may come to the facility on their own, with parents or police may bring in youth who have committed a status offense or delinquent act that does not meet Detention Admission Guidelines. This may include but not limited to running away from home, truancy, substance use, curfew violation or acting beyond the control of the youth's parents. No appointment is needed to access the Juvenile Receiving Center services including individual or family crisis counseling. Serving two locations: Salt Lake and West Jordan. The Salt Lake location operates 24/7, the West Jordan office operates 8am - 8pm Monday through Friday.

Please also refer to the Drug Court section of the SUD Narrative for additional information on support to the Juvenile Drug Court and Family Recovery Court.

21) Specialty Services   *Pete Caldwell*

The ORG funding had been used for VBH's ACOT team. Historically, VBH had offered an Assertive Community Outreach Team (ACOT) for adult clients with SPMI/SMI. The ACOT subscribed to an Assertive Community Treatment Team approach with services to promote a client's growth and recovery and to enhance the quality of their personal, family, and community life. The ACOT primarily provided case management services to Medicaid and non-Medicaid clientele. However, toward the end of FY21, VBH took the necessary steps to convert the ACOT to a SAMHSA full fidelity ACT team. Though VBH will serve any person who meets criteria, they specialize in those with criminal justice involvement. Most of those who were already clients of ACOT transitioned into the new ACT team when the ACT team was first organized.

As of this writing, the VBH ACT team is not at full capacity. However, when at capacity, this team will serve approximately 100 members needing these community-based services. VBH will follow the SAMHSA fidelity measures. Evaluation of adherence to the fidelity measures will be completed by VBH and reported to Optum. Depending upon the measure, evaluation will be completed weekly or monthly.

Outcome measures include increase in community tenure including housing stability and employment/volunteering involvement while simultaneously reviewing reduction of inpatient admissions.

The Projects for Assistance in Transition from Homelessness (PATH) program funds community-based outreach, mental health, substance abuse, case management and other support services, as well as a limited set of housing services for seriously mentally ill individuals. PATH funds are used for those who are literally homeless or at imminent risk of becoming homeless. Priorities for services should be for those who are literally homeless.

Safe Haven 1 Transitional Housing program has 25 units for SMI clients who have been homeless for at least three of the previous six months. Residents of Safe Haven 1 are able to maintain their status of homelessness, so they can continue to qualify for permanent housing.

Safe Haven 2 has 24 permanent housing units for those individuals challenged by a history of chronic homelessness, mental health and substance abuse issues. They are assisted with apartment living/home maintenance, medication management, benefit management, skills development, socialization and peer support services.

Client Requirements:
● The client must be homeless.
● The client must carry a diagnosis of Mental Health disability.

Treatment Process:
Once Outreach and Enrollment is completed, the Contractor shall provide the following PATH Treatment services as needed:

1. Screening and Diagnostic Treatment Services
2. Habilitation and Rehabilitation Services
3. Community Mental Health Center Services
    1. Provide or refer the PATH eligible clients to the following services as necessary:
        1. Mental health diagnosis;
        2. Evaluation of treatment needs;
        3. Mental health treatment;
        4. Medication management; and
        5. Psychosocial rehabilitation services
    2. Ensure that providers of referred services meet the same qualifications required of the Contractor for the applicable services and all other contract requirements.
4. Substance use treatment: The Contractor shall provide or refer for preventive, diagnostic, and other services and supports for people who have a psychological and/or physical dependence on one or more substances.
5. Case Management: The Contractor shall provide case management services that includes advocacy, communication, and resource management that are used to design and implement a wellness plan specific to a PATH-enrolled individual's recovery needs as follows:
    1. Developing and implementing a service plan for the provision of community mental health services, and reviewing such plan not less than once every 90 days;
    2. Assisting the PATH eligible client in obtaining and coordinating social and maintenance services including services related to daily living activities, transportation,

prevocational-vocational training and housing;
3. Arrange with medical and dental providers to provide services to the PATH eligible clients.
4. Assisting the PATH eligible clients in applying for and obtaining income support services, such as, food stamps, housing assistance, and supplemental security income benefits, other public entitlements and medical insurance; and
5. Referring PATH eligible clients to other appropriate agencies and representative payee services in accordance with Section 1631 (a) (2) of the Social Security Act.
6. Residential supportive services: Contractor shall provide services that help PATH-enrolled individuals practice the skills necessary to maintain residence in the least restrictive community-based setting possible. The Contractor shall provide these services, refer and arrange for these services for PATH eligible clients in residential settings. The Contractor shall *not* provide or refer clients for services that are funded under: 1) the transition housing demonstration program of the Housing and Urban Development (HUD) pursuant to section the supportive housing demonstration program established in subtitle C, Title V of the Stewart B. McKinney Homeless Assistance Act.
7. Referral Services: The Contractor shall refer PATH eligible clients and facilitate or arrange access to, and referral for, primary health services, job training, and educational services as follows:
1. Community mental health referral
2. Substance use treatment referral
3. Primary health/dental care referral
4. Job training referral
5. Employment assistance referral
6. Educational services referral
7. Income assistance referral
8. Medical insurance referral
9. Housing services referral
10. Temporary housing referral
11. Permanent housing referral
8. Housing Services
9. Transition to Mainstream: Assist PATH eligible clients to make a formal change from PATH to housing and services funded through other programs such as Section 8, Medicaid, Public Health, Mental Health / Substance Abuse Block Grant.

22) Disaster Preparedness and Response   *Nichole Cunha*

Outline your plans for the next three years to:
Identify a staff person responsible for disaster preparedness and response coordination. This individual shall coordinate with DHHS staff on disaster preparedness and recovery planning, attending to community disaster preparedness and response coalitions such as Regional Healthcare Coordinating Councils, Local Emergency Preparedness Committees (ESF8), and engage with DHHS in a basic needs assessment of unmet behavioral health disaster needs in their communities.

In addition, please detail plans for community engagement, to include partnership with local councils and preparedness committees as well as plans for the next three years for staff and leadership on disaster preparedness (to include training on both internal disaster planning and external disaster preparedness and response training). Please detail what areas your agency intends to focus on with training efforts and timeline for completing training.

Nancy Kessel is our identified staff who is responsible for our emergency plan. Salt Lake County is currently working with a consulting firm to re-design the emergency plans. We are unsure of where this

project is headed and what it will entail. We will be reviewing our plan annually and making sure that staff and leadership are aware of what is included in the plan.

23) Required attachments

- **List of evidence-based practices provided to fidelity and include the fidelity measures. Please see Form A Attachment A.**
- **Disaster Preparedness and Recovery Plan to coordinate with state, regional, and local partners in Disaster Preparedness Planning and Supporting Disaster Behavioral Health Response.**
- **A list of metrics used by your agency to evaluate client outcomes and quality of care. Please see Form A Attachment B.**
- **A list of partnership groups and community efforts (ie. Multi-Agency Coordinating Committees, Regional Advisory Councils, High Fidelity Wraparound teams, Local Interagency Councils, Local Recovery Community, Peer Advocacy Groups, County Attorney, Law Enforcement, Local Education Agencies, Courts including Mental Health Court, Regional Healthcare Coalitions, Local Homeless Councils, State and Local government agencies, and other partnership groups relevant in individual communities)**

Salt Lake County
FORM B - SUBSTANCE USE DISORDER TREATMENT BUDGET NARRATIVE
3 Year Plan (2024-2026)

Local Authority: Salt Lake County

Instructions:
In the cells below, please provide an answer/description for each question. **PLEASE CHANGE THE COLOR TO BLUE, OF SUBSTANTIVE NEW LANGUAGE INCLUDED IN YOUR PLAN THIS YEAR!**

1) Early Intervention	***Program Manager***	**Holly Watson**

Describe local authority efforts you propose to undertake over the three year period to provide for individuals convicted of driving under the influence, a screening; an assessment; an educational series; and substance abuse treatment as required in Utah Code § 17-43-201(5)(m).

The Salt Lake County Division of Behavioral Health Services (DBHS), acting as the local substance abuse authority in Salt Lake County, has contracted with Assessment & Referral Services (ARS) at the University of Utah's Department of Psychiatry and the Huntsman Mental Health Institute (HMHI), since 2003, to provide comprehensive screening and assessment for individuals who have been charged with or convicted of Driving Under the Influence of Alcohol/Drugs or Impaired Driving.

This contractual relationship came into being as a means to meet the legal requirements under the minimum mandatory sentencing guidelines for DUI offenders in the State of Utah as well as meet the needs of the courts and offenders alike. Subsidized dollars are provided to ARS in order to ensure that every DUI offender in Salt Lake County has financial access to screening and assessment via a sliding fee scale based on an individual's total income. If individuals are without income, homeless or virtually homeless they are provided with this service at no cost to them. ARS provides assessments only, they do not provide any education or treatment services, thus they are able to provide objective assessments eliminating any conflict of interest to the individual related to referrals for education or treatment. ARS screens for an offender's ability to pay for education and treatment services and refers to resources (such as applying for Medicaid) to ensure that finances are not a barrier to completing referrals. If an offender has health insurance or the ability to self-pay for services, they are referred to an agency that accepts their insurance or can provide appropriate treatment services that are affordable. ARS has also been given authority to grant Salt Lake County subsidies to individuals who do not have the means to pay for treatment services, do not qualify for Medicaid, have little to no income and no health insurance. Thus, finances, or the lack thereof, do not present a barrier for compliance with the court-ordered assessment or ARS recommendations related to their DUI.

DUI offenders are provided a screening via the SASSI-4, and a full assessment is conducted which employs screening and assessment tools approved by the Salt Lake County Division of Behavioral Health Services and that are evidence-based tools. They include, but are not limited to a full biopsychosocial interview, The SASSI-4, The Risk & Needs Triage, information from the Bureau of Criminal Investigation, The Colombia-Suicide Severity Rating Scale, GAD-7, PHQ-9, LS/CMI information (obtained from collateral source if individuals have been placed on supervised probation), collateral information from a multitude of sources when required, The Diagnostic & Statistical Manual of Mental Health Disorders, Fifth Edition and the American Society of Addiction Medicine Placement Criteria.

If individuals do not meet the criteria for a substance use disorder they are referred to Prime for Life, the minimum mandatory requirement for DUI offenders. ARS refers out only to providers certified to administer Prime for Life and those listed on the Department of Human Services website.

If an offender meets criteria for a substance use disorder requiring treatment, they are referred out to an agency that is licensed by the State to provide substance use disorder treatment. The same financial basis indicated above related to screening is also used for referrals to treatment. All financial means (individual health insurance, self-pay, Medicaid etc.) options are exhausted first. If an individual is not eligible for any of those resources, Salt Lake County funding is authorized and individuals are referred to an agency contracted with the Salt Lake County Division of Behavioral Health Services which provides treatment service levels that include general outpatient treatment (1-8 hours of service weekly), intensive outpatient treatment (typically 9 hours of treatment services weekly), day treatment (typically 20 hours of services weekly), low/medium and high intensity residential treatment services (hours vary) and access to social detoxification programs.

ARS estimates that approximately 30% of DUI offenders do not meet the criteria for a substance use disorder, thus are referred to Prime for Life while approximately 70% of individuals meet diagnostic criteria for one or more substance use disorders and are referred to treatment.

ARS recently relocated to a University of Utah facility that also houses the HMHI Downtown Clinic, primarily specializing in mental health services and also can provide substance-related services, as well as the Utah Naloxone Wellness Center for additional recovery support services. ARS' new location is at 525 East 100 South, Suite 3100, Salt Lake City, Utah 84102. ARS also provides assessments via telehealth which allows individuals outside of Salt Lake County to access our assessment services.

Identify evidenced-based strategies designed to intervene with youth and adults who are misusing alcohol and other drugs.

Please see the EBP references in Section 10: Quality & Access Improvements

Describe work with community partners to implement brief motivational interventions and/or supportive monitoring in healthcare, schools and other settings.

School based providers collaborate with the administration at local schools to support efforts to screen youth and their families for needed services. They also serve on school committees to share their expertise and offer support with community initiatives to meet the needs of students and the areas in which they live. Clinicians are onsite at school and in homes and can provide brief motivational interventions when needed.

USARA Peer Recovery Coaches (PRC), aka Certified Peer Support Specialists, provide on-call support to visit patients seeking medical care in hospitals, emergency departments, healthcare clinics, and social detox, when they present with opioid and substance use related symptoms. The PRC engages the individual where they are in their Stage of Change and uses motivational interviewing techniques to engage the person, offering information and resources to assist with immediate needs (i.e. Naloxone kits, resources related to SDOH, treatment resources, harm reduction, etc.). The PRC, with consent from the client, provides follow up contact with them post discharge for continued intervention and support for as long as the person chooses to remain engaged.

Describe any outreach and engagement efforts designed to reach individuals who are actively using alcohol and other drugs.

Optum Salt Lake County mental health providers have been trained on how to screen individuals for nicotine, substance use and other addictive behaviors as part of the initial and on-going assessment processes. Tobacco use disorders are highly correlated with individuals requiring substance use treatment. A list of covered providers to further assess for SUD has been distributed. Medicaid and unfunded individuals are able to be screened.

Our indicated clients are often referred by counselors/therapists or from other programs inside the providing agency itself. Providing agencies partner with school therapists/school counseling centers and with juvenile justice service providers to refer youth in need. For efforts outside the school setting, providers use social media advertising and community partners to disseminate information about the program - relying heavily on strong partnerships with other community based agencies to share program information to families. Agencies also advertise through outreach efforts at in-person outreach events such as parent teacher conferences and health and safety fairs in local municipalities.

Describe effort to assist individuals with enrollment in public or private health insurance directly or through collaboration with community partners (healthcare navigators or the Department of Workforce Services) to increase the number of people who have public or private health insurance.

Efforts to assist the uninsured population occur through a coordinated and concerted effort to enroll in Medicaid, CHIP, Marketplace Plans and Medicare.

Long before the expansions of Medicaid, DBHS began funding a Department of Workforce Services (DWS) Medicaid eligibility specialist, drawing down federal dollars as a match to assist DBHS' network of providers with enrollment into Medicaid. This effort included one FTE roaming between the jail, the provider network, and multiple Third District Court locations. During the pandemic, this assistance became remote. DWS awaits notification from Criminal Justice Services as to when the court will allow stakeholders to return to the courtroom setting. Additional DWS assistance is housed in one of the network's largest providers, Valley Behavioral Health (VBH).

Education, training and connections to Take Care Utah were made to the provider network beginning in 2014, as Marketplace Plans became an option to households earning more than 100% FPL. DBHS leadership also approached judges in the Third District Court to gain their permission to provide enrollment space and internet access to Take Care Utah staff to assist with enrollment into Medicaid, Marketplace Plans and Medicare. The court was not amenable to this option at that time, but in 2017, with the advent of Targeted Adult Medicaid (TAM), embraced the idea. DBHS also approached the jail in considering a partnership with Take Care Utah during these early years. It was embraced in later years as you will see below. Multiple meetings were held with Take Care Utah sharing with them the touchpoints both within the DBHS network and the criminal justice system, to expand enrollment efforts. Throughout the years, more than 250 presentations were made by DBHS explaining the importance of expanding Medicaid, options through the Marketplace, and highlighted Take Care Utah and DWS Medicaid eligibility specialists (utilizing federal matching dollars). Presentations were also provided to organizations outside our network, to such agencies as UBHC, UAC, NACO and NACBHDD to promote enrollment throughout Utah and other states.

Numerous specialty enrollment efforts were initiated as TAM opened in November of 2017. This included but was not limited to collaborations with DWS and Take Care Utah to enroll in Drug Court and Mental Health Court settings; the expanded jail medication-assisted treatment (MAT) program; the Corrections Addiction Treatment Services (CATS) program; Legal Defender Association's (LDA) Office; and Criminal Justice Services (CJS). Some of this assistance became remote later on during the Pandemic.

Training was also held at DBHS with Adult Probation and Parole (AP&P) to assist them in their enrollment efforts (both upon release from prison and also in halfway houses), along with introductions to Take Care Utah, which later led to partnerships there.

In addition to specialty enrollment efforts put in place during the TAM expansion, two large eligibility and enrollment trainings were held by DBHS at the County Government Center to assist case managers within the county network of providers. Approximately 213 individuals from 20 organizations across the county registered or walked into these training sessions. The Utah Department of Health presented on the eligibility criteria, the Utah Department of Workforce Services presented on enrollment guidelines, and additional resources such as Take Care Utah were presented as options for clients as they transition from Medicaid into Marketplace Plans. Providers such as VOA eventually partnered directly with Take Care Utah (efforts expanded greatly once social detox became a Medicaid benefit).

While some of these efforts originate in adult populations, they often extend to household members (including children) as individuals begin the enrollment assistance process and request assistance for additional household members (for example, while attending an intake at Criminal Justice Services). Research has shown that Medicaid Expansion states have increased Medicaid enrollment for children. It is believed that as adults become aware of their eligibility, they pursue Medicaid enrollment assistance for children in the household as well. More specific enrollment assistance efforts for children and youth can be found in parts of the Area Plan where this is requested.

Additional presentations were made to the provider network as the state expanded to 100% FPL in April of 2019, and again as the state fully expanded to 138% FPL on January 1, 2020, to encourage and support enrollment in these new households.

DBHS has been planning for these enrollment touchpoints and educating providers since 2014 (the year Medicaid Expansion became an option for states), and saw the provider system respond quickly and nimbly with each new expansion.

Additionally, in 2020 outreach was made to Take Care Utah to advise them of legislative changes that would enable them to submit applications prior to release from jail (due to Utah becoming a suspension, rather than a termination state).

Enrollment assistance planning was also provided to other local authorities when they requested it.

To address COVID-19 responses and to reduce the spread of infection, DBHS worked with the State Medicaid Office to distribute PDF fillable forms for the TAM referral process, allowing the use of electronic signatures for those telecommuting [later sharing these statewide with Local Authority (LA) Directors].

Although some components of these enrollment efforts were curtailed due to COVID-19, such as in-court enrollment assistance, stakeholders will be working to resume them as soon as restrictions allow. For example, Criminal Justice Services Drug Court personnel stated they will notify us when stakeholders are allowed to return to court for this purpose. Providers were also immediately notified when the new administration opened up a new special enrollment period, and expanded eligibility to new populations, such as those who have received unemployment or those above 400% FPL.

In addition, in 2019, DBHS began working with the State Medicaid Office, the four Accountable Care Organizations (ACOs), and the Local Authorities from Weber, Davis, Utah and Washington Counties to support an integrated benefit for the Adult Medicaid Expansion Population. Numerous meetings were held with these stakeholders, and later with the Salt Lake County Provider Network. Through these meetings, the ACOs agreed to contract with the Salt Lake County essential provider network. As the integration effort neared implementation on January 1, 2020, we engaged our provider network with the ACOs to facilitate agreement on many of the needed next steps: guidelines for utilization management; billing requirements; and coordination of county funded services not covered by Medicaid. Since implementation, DBHS has worked diligently to support resolution of concerns identified by the provider network as they arise, and look forward to a successful integrated benefit.

DBHS recognizes that an integrated physical and behavioral health benefit is in the best interest of the residents we serve.

Barriers to maintaining coverage:
One of the challenges to maintaining coverage can be seen as individuals transition between the various forms of Medicaid (due to the expansion of Medicaid). Real life examples include:
- Changes income (getting or losing a job)
- Changes in household size (gaining or losing custody of a child, marriage, divorce, etc.)
- Pregnant women giving birth, etc.

Fortunately, these challenges are often born by providers, and they have proven nimble to assist clients in maintaining coverage and switching payment streams on the backend, hopefully in a seamless way that is not stressful to clients.

In the fall of 2022, DBHS began assisting the Road Home's Homeless Resource Centers (HRCs) in developing collaborations with Take Care Utah to enroll clients in Medicaid or other health plans. Volunteers of America (VOA) HRC already had a process in place.

Today, Take Care Utah works in some capacity with around 100 organizations and sources of clients, many of which are individuals with behavioral health conditions. They enroll clients from many of these partner agencies, but the specific process takes different forms. At the jails and prison, for example, they are at multiple sites on a weekly basis. Others are less frequent. With others they have arranged a referral process so they get spreadsheets of uninsured folks from various organizations to do follow-up. They meet both in person and remotely depending on what works best for their partners.

During the Public Health Emergency (PHE), individuals were not allowed to be removed from Medicaid unless they moved out of state, requested to be removed, or passed away. Due to this temporary status, although some individuals could be sorted into different Medicaid plans as appropriate, they were not removed. Continuous enrollment has since been discontinued as a requirement of the PHE. As such, DWS began case reviews on March 1st, 2023, and are expecting the first case closures or transfers to other Medicaid or Marketplace plans to initiate on April 30th, 2023. This effort is being referred to as the "unwinding".

DBHS has been proactive during the preceding months, encouraging providers to assist clients in keeping their addresses current with DWS, responding to DWS inquiries, and to assist clients with any bumps along the way.

DBHS also hosted the State Medicaid Office (SMO) at one of their monthly provider meetings, to provide education on the "unwinding" and answer any questions they had.

Additionally, Optum and DBHS are working with their provider network to match a list provided by the SMO, with clients receiving services through them, to support individuals in remaining enrolled when possible, and to connect clients to Take Care Utah when needed, to assist with Marketplace Plan enrollment.

Additional ongoing training will be held during future monthly provider network meetings. DWS and the State Medicaid Office state they will also be working to transition clients no longer eligible into other Medicaid options or Marketplace Plans as able.

DBHS has also assisted in educating other local authorities on the unwinding and the need to assist clients.

Describe activities to reduce overdose.
1.   educate staff to identify overdose and to administer Naloxone;
2.   maintain Naloxone in facilities,
3.   Provide Naloxone kits, education and training about overdose risk factors to individuals

with opioid use disorders and when possible to their families, friends, and significant others.

Opioid overdose prevention continues to be a key facet of all treatment programming supported by DBHS. The division has worked closely within the contracted provider network over the last few years to fund and distribute thousands of Narcan (Naloxone) nasal kits to agencies and programs that serve at-risk clients, their friends, family members and their significant others when financially viable.

Beginning with the global pandemic, finances became a concern based on the economic uncertainty experienced. The support of Naloxone within programs continued in FY21 and FY22, but rather than directly funding and distributing kits to agencies and programs, DBHS worked with OSUMH and the Utah Department of Health to provide access to Naloxone and associated educational resources. A small number of kits (85) were distributed by DBHS to specialty programs (USARA, Intensive Supervision Probation, and the Forensic ACT (FACT) Team) across FY21 and FY22. DBHS will continue to educate providers on access to kits and training through these channels. All contracted providers are required to adhere to OSUMH Division Directives on identifying overdose and risk factors, administering Naloxone, maintaining and distributing kits to individuals, friends, family and significant others, and providing training to clients and staff. Adherence to these directives is part of the agency site monitoring performed by DBHS.

Historically, kits have been provided to all contracted SUD providers within the County network (including the HMHI's Assessment and Referral Services), to various programs within the Salt Lake County Sheriff's Office, to the Utah Support Advocates for Recovery Awareness (USARA), and various Salt Lake County agencies (Behavioral Health, Health Department and Criminal Justice Services). Finally, within DBHS, all staff are trained annually on the signs of overdose, use of Naloxone, and the office policy on storage, ordering and administering of Naloxone.

Beginning in January 2023, the RSS program began requiring all recovery residences to provide evidence of Naloxone kits, training and materials on Naloxone administration, and information on identifying an opioid overdose. As part of the new monitoring process and site visits, these items must be available and visible to all clients in our contracted recovery residences.

Describe how you measure or determine success of these programs or services? Please identify and define measures and benchmarks you are working to achieve.

The administrative role of DBHS within a fully contracted network often lends itself to fielding and responding to community and agency feedback. As needs are presented and healthcare policy evolves, DBHS continues to interpret and then implement strategies across a network of providers to meet these changes. Fielding community and agency feedback is one of the most effective strategies DBHS employs. If a network provider, school district or invested community partner presents concerns or system gaps, DBHS works as appropriate, to find a compatible resource or provider within our network to fulfill this need.

Examples of these efforts include the great lengths that have been taken over the years to enroll as many individuals as possible in the appropriate Medicaid plan. DBHS has worked extensively with all the ACOs to integrate them into our Coordinating Council, where strategies are discussed to improve contracting and payment, increase access and to streamline coordination. The division has also held numerous trainings and coordinations to assist agencies in enrollment strategies. Salt Lake County consistently leads out on enrollment numbers for individuals with behavioral health conditions.

DBHS regularly fields requests from the local and state Health Departments on the counts and frequencies of Naloxone administration and reversals. While this is extremely important data, it is very difficult to collect. DBHS has reached out to various contracted agencies to request such data but has not received this to date. Most often, agencies reiterate how challenging and stigmatizing it is to collect such information. Clients are unlikely to volunteer information on reversals or Naloxone use for fear of

being held accountable for substance use or engaging with others participating in that behavior. As mentioned above, DBHS does continue to receive requests for access to kits. The division will continue to direct parties looking for kits towards the state's Naloxone program to meet this demand.

2) **Ambulatory Care and Withdrawal Management (Detox) ASAM IV-D, III.7-D, III.2-D, I-D or II-D)**   Shanel Long

Describe the activities you propose to undertake over the three year period to assist individuals prevent/alleviate medical complications related to no longer using, or decreasing the use of, a substance. For each service, identify whether you will provide services directly or through a contracted provider. Please list all contracted providers.

DBHS contracts to provide social detoxification services for youth and adults, including women and mothers with dependent children, in multiple sites within the county. These sites are:

Volunteers of America Men's Adult Detoxification Center: This social model residential detoxification and withdrawal management program provides 80 beds for men 18 and older in need of detoxification & withdrawal management services. This facility is located at 252 W. Brooklyn Ave. Salt Lake City, UT, 84101.

Volunteers of America Center for Women and Children: This social model residential detoxification and withdrawal management program provides 32 beds for homeless and low-income women, 18 years and older, in need of detoxification and withdrawal management services. In addition, women may bring their children age 10 and under into the program. This mitigates a barrier many women face when they do not have safe alternative childcare. In addition, clients have access to a lovely outdoor area and onsite garden. It is located at 697 W 4170 S, Murray, UT, 84123.

Both programs offer a trauma-informed environment wherein clients can receive help managing intoxication and withdrawal symptoms and decide the next steps in their recovery journey. Clients may stay at these facilities for up to 30 days as they work with their case manager to link to behavioral health services. These services include connection to essential substance use treatment, Medicaid enrollment, primary care referral, assistance with legal issues, reconnecting with family, etc.

While in residence, clients can also access medication-assisted treatment (MAT) through our community partnerships, a critical service we provide. Peer support services, in-house 12-step recovery meetings, connections to the Salt Lake County recovery community, and harm reduction services are also available. In addition, qualifying clients interested in substance use disorder treatment can often transfer directly to treatment and receive a full ASAM-driven biopsychosocial assessment and referral to an appropriate treatment program.

By the end of 2023 we will be moving locations to 1875 S Redwood Road and expanding our beds by 50.

DBHS provides access to dedicated law enforcement jail diversion detox beds at both VOA facilities.

White Tree Medical is an Optum provider, specializing in outpatient medical detoxification. They ensure people understand, both clients and providers, that they do not offer any treatment beyond this. They do have a small staff of clinicians whose main focus is to assess the clients and provide case management services. They also emphasize that formal SUD treatment is not a requisite for the outpatient medical detox. While they do encourage a person to seek treatment through an ASAM-based assessment, there is a certain population that are currently only ready to be detoxified from whichever substance(s) they are misusing and so White Tree Medical's mission is to give clients an avenue to do this without the requisite of treatment. They are located on the south end of the Salt Lake valley, but are very accustomed to providing services via telehealth, also.

If this service is not provided by the Local Authority, where are individuals accessing this level of care when needed? Who in your community provides this service? How is the service paid for?
N/A

3) Residential Treatment Services: (ASAM III.7, III.5, III.3, III.1) **Shanel Long**

Describe the activities **you propose to undertake over the three year period** and identify where services will be provided. Identify whether you will provide services directly or through a contracted provider. Please list all contracted providers and identify the population served (Men, Women, Youth).
DBHS and Optum currently contract with four residential treatment providers for ASAM 3.1, 3.3, and/or 3.5 services. A process of pre-authorization and utilization review is in place in order to utilize residential services appropriately. The following agencies perform this pre-authorization function: • Optum for Medicaid clients; • ARS for Drug Offender Reform Act (DORA), ISP (Intensive Supervision Probation), Family Recovery Court, and juvenile drug court clients; and • DBHS for all other adults and youth. Contracted Providers and the associated ASAM level of care (LOC) they provide: First Step House – Men only 3.1, 3.3, 3.5 House of Hope – Women; Parents with Children 3.1, 3.3, 3.5 Odyssey House – Adult, Parents with Children 3.1, 3.3, and 3.5; Youth 3.1 and 3.5 Valley Behavioral Health – Adult 3.5 and 3.1; Parents with Children 3.5

4) Treatment for Opioid Use Disorder (OTP-Methadone) **VaRonica Little**

Describe the activities **you propose to undertake over the three year period** and identify where services will be provided. Identify whether you will provide services directly or through a contracted provider. Please list all contracted providers and summarize the services they will provide for the local authority. **If you plan to use SOR funding please identify how you will implement GPRA initial, 6-month and discharge requirements.**
For individuals who are not eligible for Medicaid, DBHS contracts with two providers, Project Reality and De Novo, to deliver this service. Project Reality has two locations in Salt Lake County, one in their historical location of SLC and a second office in Murray. Project Reality provides ASAM 1.0 LOC services and collaborates with other providers for patients who need a higher LOC. This can include medication management, individual therapy, group therapy, integrated medical/SUD/MH services, and case management. Additionally, Project Reality does provide daily off-site dosing at the VOA/CCC Detox and other providers as needed. In addition to the 1.0 LOC services listed above, Project Reality also provides primary care and mental health services, including office-based buprenorphine treatment, for community members. These additional services have been added as part of the expanded integrated care services at their clinic in order to serve a larger population of county residents and bridge the gap in care that many people in underserved populations face. Expanded primary care services are facilitated by a family medicine physician and physician assistants. Some of these services include, but are not limited to: chronic disease diagnosis and management, including hepatitis C, diabetes, and hypertension, acute care visits, women's health, smoking cessation, and infectious disease screening and management, etc.

Through the competitive RFA process, De Novo was added as a DBHS provider in FY23. De Novo Services has been in business for eleven years. They are an outpatient program (ASAM Level 1.0).

De Novo has the ability to provide up to one individual session and five groups a week for individuals in treatment. They treat all substance use and the co-occurring psychiatric disorders of depression and anxiety. They provide master's level therapy as needed as well as counseling from Substance Use Disorder Counselors. They also have physician assistants who are highly qualified to treat addictions and prescribe medication for the treatment of anxiety and depression. They regularly work with the Legal Defender's Association to work with individuals they refer who are coming out of the local jails. De Novo specializes in medication-assisted treatment, including Campral and naltrexone/Vivitrol for alcohol use disorders, methadone, buprenorphine/Suboxone and Vivitrol for opioid use disorders and Chantix and nicotine patches for assistance in smoking cessation. De Novo operates on a harm reduction philosophy unless an individual is referred by an agency with a no-tolerance policy, such as the criminal justice system. This means they will work with individuals who may be at the action stage for their alcohol use but in precontemplation for methamphetamine or cocaine use.

Optum/DBHS has added Tranquility Place which offers methadone as opioid replacement therapy.

In addition, BayMark (BAART Programs) and Discovery House were added to the network. They offer methadone and buprenorphine within Salt Lake County.

Please also refer to section 11, which includes additional information regarding methadone services.

Should a provider be funded through SOR funding, they are trained by the state on the grant GPRA requirements, and receive regular updated client lists from the state on progress made. This includes the GPRA initial, 6-month and discharge requirements. DBHS is copied on state communications, and provides additional support as needed.

Describe how you measure or determine success of these programs or services? Please identify and define measures and benchmarks you are working to achieve.

DBHS monitors SOR programming, including the work done at Project Reality and within the Jail MAT program, to ensure access and quality of care. Reports are provided to OSUMH biannually regarding client and service counts, as well as identifying staffing and other program challenges. DBHS meets with providers regularly to assist with any coordination challenges. The state scorecard is also used to address access and client counts. With enhanced payer plans and resources, monitoring success and access becomes much more challenging, as clients shift payers mid-episode of care. DBHS also works with agencies to ensure they are up to date on the required GPRA survey counts. De Novo received a DBHS network contract at the beginning of FY23, while Tranquility Place, BAART and Discovery House all became paneled with Optum, in response to the growing need for methadone (among other MAT) services based on analysis of our network and community need.

5) **Medications for Opioid Use Disorder-(Vivitrol, Naltrexone, Buprenorphine)** VaRonica Little

Describe activities you propose to undertake over the three year period to ensure community members have access to MOUD treatment, specific types of treatment and administration, and support services for each? If you plan to use SOR funding please identify how you will implement GPRA initial, 6-month and discharge requirements for these services.

DBHS continues to provide access to Vivitrol for clients actively engaged in SUD treatment, as well as to those working towards treatment engagement. DBHS partners with the SLCo Jail Medical Team,

Midtown Community Health Center, the Martindale Clinic, Utah Partners for Health, and the Utah Department of Corrections to provide medical care and Vivitrol injections to participating clients. Referrals can come from any DBHS network provider, through CATS in the Jail, the Department of Corrections Treatment Resource Centers (TRCs) and halfway houses, through community health centers, or through Intensive Supervision Probation. Those who attend regular case management appointments and remain engaged in treatment, as well as those working with case management teams with a goal of accessing ongoing treatment, are eligible to receive monthly Vivitrol treatment at no additional charge to the client, as long as they continue to meet income qualifications.

In addition, SOR dollars have allowed an expansion of MAT services in the jail. Qualifying program participants with opioid or alcohol use disorders have access to MAT, substance use disorder behavioral therapies, and coordinated referrals to community treatment services upon release. MAT Program medications include methadone, buprenorphine or Naltrexone. The MAT program provides a whole-patient approach to the treatment of substance use disorders and is clinically-driven with a focus on individualized patient care. Services are provided through the jail's health services staff and through a contract with Project Reality.

Qualifying participants have an opioid or alcohol use disorder, and may include: individuals enrolled in an OTP in the community when booked; individuals undergoing supervised withdrawal; pregnant women; and individuals in the Naltrexone (Vivitrol) program. Admission guidelines are constantly reviewed and considered in an effort to cover additional populations with DBHS approval and as budgets allow. In FY22, the program was granted temporary approval to provide psychosocial assessment and therapy absent medication, and at times medication absent therapy based on the ongoing struggle in maintaining licensed medical and behavioral health staff. Individuals with longer sentences or sentenced to prison are reviewed for taper of their medication.

Additionally, program participants identified as having an OUD shall be given information and education regarding the use of the Naloxone rescue kit, and an actual kit as supplies last. Once supplies are exhausted, information and education regarding the use of the Naloxone rescue kit will be given, including where the client can obtain the kit.
DBHS has contracted with Clinical Consultants to further expand the availability of Buprenorphine and Naltrexone and other office-based MAT services to county residents eligible for federal SSOR funding. DBHS has made consistent efforts to coordinate with the SSOR OTPs to transfer over any clients who are eligible to utilize SSOR funds.

Please also see 4) Opioid Treatment Program (OTP-Methadone) for details regarding De Novo Services, who began providing these services in FY23.

In addition, BayMark (BAART Programs) and Discovery House were added to the network. They offer methadone and buprenorphine within Salt Lake County.

Optum is in the process of adding Discovery House to our Medicaid network to provide non-methadone MAT services.

Should a provider be funded through SOR funding, they are trained by the state on the grant GPRA requirements, and receive regular updated client lists from the state on progress made. This includes the GPRA initial, 6-month and discharge requirements. DBHS is copied on state communications, and provides additional support as needed.

Describe how you measure or determine success of these programs or services? Please identify and define measures and benchmarks you are working to achieve.

DBHS monitors SOR programming, including the work done at Project Reality and within the Jail MAT program, to ensure access and quality of care. Reports are provided to OSUMH bi-annually regarding client and service counts, as well as identifying staffing and other program challenges. DBHS meets

with providers regularly to assist with any coordination challenges. The state scorecard is also used to address access and client counts. With enhanced payer plans and resources, monitoring success and access becomes much more challenging, as clients shift payers mid-episode of care. DBHS also works with agencies to ensure they are up to date on the required GPRA survey counts. De Novo received a DBHS network contract at the beginning of FY23, while Tranquility Place, BAART and Discovery House all became paneled with Optum, in response to the growing need for MAT services based on analysis of our network and community needs.

Additionally, the RSS team meets often to discuss data collection, quality of care, and case management best practices for the Vivitrol and other programs. A specific fee schedule was developed to ensure the program was supporting the most appropriate and vulnerable populations. Reports on spend, client counts, services and access are reviewed internally and sent to outside stakeholders quarterly. DBHS works closely with the Department of Corrections, Salt Lake County Jail, and the provider clinics to ensure quality of care and the referral process meet client needs and reduce barriers to treatment.

6) Outpatient (Non-Methadone – ASAM I)   Shanel Long

Describe the activities you propose to undertake over the three year period and identify where services will be provided. For each service, identify whether you will provide services directly or through a contracted provider. Please list all contracted providers.

DBHS and Optum contract with 14 agencies to provide the full continuum of outpatient ASAM LOCs. These programs provide services for youth, women, mothers and fathers with dependent children, and general adult patients, in multiple sites across Salt Lake County. Psychiatric medication evaluation services are provided by VOA/Family Counseling Center (FCC), Odyssey House, and VOA/CCC, for all levels of care, and can be accessed by any client currently served.

Contracted Providers:
Asian Association of Utah Refugee & Immigrant Center – Adult; Youth
BayMark - BAART Programs; (Medicaid only)
Clinical Consultants – Adult; Youth
De Novo – Adult
Discovery House; (Medicaid only)
First Step House – Adult
House of Hope – Women; Children with Parents
Next Level Recovery – Adult; Youth; (Medicaid only)
Odyssey House – Adult; Youth; Children with Parents
Project Reality – Adult
Salt Lake County Division of Youth Services – Youth
Tranquility Place; (Medicaid only)
Valley Behavioral Health – Adult; Children with Parents; Youth (not currently providing)
Volunteers of America/Cornerstone Counseling/Family Counseling Center – Adult; Children with Parents

7) Intensive Outpatient (ASAM II.5 or II.1)   Shanel Long

Describe the activities you propose to undertake over the three year period and identify where services will be provided. For each service, identify whether you will provide services directly or through a contracted provider. Please list all contracted providers.

DBHS and Optum contracts with 8 agencies to provide ASAM 2.1 and/or 2.5 for youth, women, mothers with dependent children, and general adult patients in multiple sites across Salt Lake County. Psychiatric medication evaluation services are provided by VOA/FCC, Odyssey House, and VOA/CCC

for all levels of care and can be accessed by any client currently served.

Contracted Providers:
Clinical Consultants – Adult 2.1
First Step House – Adult 2.5, 2.1
House of Hope – Women; Children with Parents 2.1
Next Level Recovery – Adult; Youth 2.1; (Medicaid only)
Odyssey House – Adult; Youth; Children with Parents 2.1, 2.5
Salt Lake County Division of Youth Services – Youth 2.1
Valley Behavioral Health – Adult 2.1, 2.5; Children with Parents 2.1; Youth (not currently providing)
Volunteers of America / Cornerstone Counseling – Adult; Children with Parents 2.1
Adult; Children with Parents 2.5

8) Recovery Support Services   Thom Dunford

Describe the activities you propose to undertake over the three year period and identify where services will be provided. For each service, identify whether you will provide services directly or through a contracted provider.   For a list of RSS services, please refer to the following link: https://sumh.utah.gov/services/recovery-supports/recovery-resources

DBHS operates the Parole Access to Recovery (PATR) and Intensive Supervision Probation Recovery Support Services (RSS) programs to provide clients with services that support their ongoing recovery. DBHS contracts with providers to offer services that typically are not part of SUD treatment but that increase the likelihood the client will experience long-term recovery. Common services provided by the PATR and RSS programs are housing assistance, medical and dental services, transportation assistance and employment assistance. DBHS and contracted providers actively support USARA's (Utah Support Advocates for Recovery Awareness) efforts to advocate for recovery awareness. DBHS supports the Recovery Oriented Systems of Care initiative.

In May 2019, DBHS assumed management of the Sober Living Program that began as a pilot in FY19 spearheaded by state legislative leadership, the Department of Workforce Services, the State Division of Substance Abuse and Mental Health and Salt Lake County. Clients participating in residential treatment ready to step down into outpatient services, any Salt Lake County drug court, eligible participants from Volunteers of America (VOA) detox programming, or recent graduates of CATS are eligible for the Sober Living Program which offered originally up to 6 months of funding assistance at a contracted provider that is licensed as a recovery residence (or to a much smaller extent as a residential support provider). Additional need for sober housing from the Salt Lake County contracted network of providers is addressed on an as-needed basis. During FY21, DBHS provided program flexibility and relaxed protocols (allowing clients to return multiple times based on job loss, or allowing clients to stay longer than 6 months) due to the negative economic impacts of the pandemic. During FY22, this was further extended to allow clients to stay between 9 and 12 months when certain criteria were met. This same flexibility was afforded through March of 2023, but due to financial constraints, the ability to extend clients out to 9 to 12 months was rolled back beginning in April 2023. Clients will only be eligible for extensions beyond 6 months based on extenuating circumstances.

Also during FY22, DBHS responded to an RFA for ARPA funds through OSUMH for additional recovery housing. This resulted in DBHS being awarded approximately $2.3M which was subcontracted to House of Hope (through the County's contract with Housing Connect) to purchase and renovate a large property in Salt Lake City, in an effort to create between 13 and 24 additional units of sober housing (depending on the makeup of staff and clients living on site) for women and women with children. This project serves a very specific niche, underserved population in Salt Lake County. House of Hope held an official ribbon cutting for the program in March of 2023, and was granted its Health and Human Services license in April of 2023. The first clients will begin to be housed in May 2023. In FY24, DBHS anticipates providing approximately 900 clients with sober living vouchers. Due to funding and other resource constraints, the monthly program capacity is

approximately 300 vouchers. During the majority of FY23, the program was housing on average 330 clients monthly, well above the budgeted capacity, by utilizing county reserve funds to cover this expense.

During FY24-FY26, DBHS anticipates to fund and contract for over 250 housing units through Housing Connect for individuals and families currently, or at-risk of being homeless. In FY22, through the support of DBHS, VOA was able to renovate and repurpose an existing facility into a boarding home for SMI females participating in County network ACT programming. The facility, called The Theodora, officially opened for housing in April 2022. The vast majority of the recipients of rental assistance through this contract have criminal justice involvement, a substance use disorder and/or mental illness. Funding under this contract is broken into 55 units for the State Hospital Diversion program, 55 units for the Project RIO Housing (master leased units for SMI clients), 58 units for HARP Housing (short and long term rental assistance), 22 units at the VOA Denver Apartments, 14 units at The Theodora, 25 units at the Central City Apartments (see more below on these tax credit projects), and 6 master lease units at First Step House's Fisher House (congregate site for SMI clients referred to housing through their Mental Health Court participation). All partners referring into these programs are obligated to provide in-home case management for their clients in order to ensure housing stability. DBHS also partners with Housing Connect by providing in-kind match for many federally-subsidized housing programs. The budget for these programs is addressed in the MH area plan.

DBHS/Optum continues to work with community partners on two low-income housing tax credit (LIHTC) projects. The first project, the Denver Apartments, is a partnership between DBHS, Optum, Housing Connect, and GIV Group. In 2018 VOA was awarded tax credits to fund housing for 22 VOA ACT Team participants, while supporting wraparound services through the ACT Team. The project was greatly supported by the Salt Lake County Council through a $400,000 capital investment, and was opened November 1, 2019. The second project, the Central City Apartments, is a partnership between DBHS, Optum, First Step House, Blue Line Development, Housing Connect and the Salt Lake City Housing Authority, to develop 75 units of housing for those who qualify as having a severe mental illness (SMI). Of these 75 units, 25 of them are vouchered through the Housing Connect Contract mentioned above. This tax credit project targets individuals exiting the USH, often with co-occurring substance use disorders, as well as those who are frequent utilizers of inpatient services. The project opened in Fall 2020.

Describe how you measure or determine success of these programs or services? Please identify and define measures and benchmarks you are working to achieve.

For the RSS programs, DBHS meets internally and externally with County, State and other partner agencies to review progress and success. Items reviewed in these meetings include budgets, wait lists, referral numbers and services provided. As gaps are identified, the RSS team identifies strategies to meet client needs. Additionally, internal budget and access reports are distributed monthly.

Within the Sober Living Program specifically, additional strategies have been implemented in FY23 to improve the quality and quantity of sober living residences, including creating a specific residence quality standard form, more frequent site visits, and a much more comprehensive monitoring procedure. Great improvements have already been seen since the implementation of these efforts. OSUMH also requires that the Sober Living Program monitors clients for ongoing use, through weekly urinalysis (UA) testing for all clients. Attached to the state funds, the program is required to maintain less than 10% positive UA rate monthly. This is tracked by agency and gender, and is reported on monthly. In instances where specific program rates begin to increase, work is done to notify the provider, to look at causes, and to implement strategies. If an agency cannot bring the rates back in line with program standards, the agency is no longer able to contract with the program.

DBHS reviews monthly budget and capacity reports in partnership with Housing Connect that include capacity, run rates, budgets, referral progress and unmet need. Quarterly meetings are held with all referring agencies to discuss any concerns or gaps that are identified from the monthly data review.

Stakeholder meetings are held frequently to ensure quality improvements are made when necessary. DBHS has been strongly committed to quality improvements in FY23 and looking forward into future fiscal years.

9) Peer Support Services-Substance Use Disorder — Thom Dunford

Describe the activities you propose to undertake over the three year period to undertake and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider.

Providing and receiving peer support stands as an integral component of rehabilitation and recovery. Salt Lake County and Optum are dedicated to the Peer Support Specialist Program and work tou expand the peer workforce in Salt Lake County.

Certified Peer Support Specialists are currently employed at Valley Behavioral Health, First Step House, Odyssey House, House of Hope, Volunteers of America, Silverado Counseling services, University of Utah Warm Line and Mobile Crisis Outreach Team, Psychiatric and Behavioral Solutions, and Central City Housing.

Peer Support Specialists provide consumers with linkage to support services for SUD issues, mental health, physical health and social services. This service promotes the recovery model and provides tools for coping with and recovering from a substance use disorder.

Describe how clients are identified for Peer Support Specialist services. How is the effectiveness of the services measured?

Referrals are made to the Optum Peer Support Specialists via providers, community stakeholders and internal Optum staff and committees. Optum educates our providers and expects them to identify when PSS services could be beneficial. If providers do not offer this service in-house, they refer the case to Optum. Peer services are expected to be prescribed in a Treatment Plan. Documentation should include a corresponding treatment goal, the services rendered, and clinical review of the member's progress toward that goal.

The effectiveness of services is measured through reporting by the CPSS offering services to members.

10) Quality & Access Improvements — Shanel Long

Describe how you will increase access to treatment services. Is there a waiting list for certain levels of care? What interim or contingency services are available to individuals who may be on a wait list?

The expansions of Medicaid in 2017 – 2020, brought an unprecedented opportunity to expand mental health and substance use disorder services for individuals suffering from behavioral health conditions. In Salt Lake County, this opportunity more than tripled the capacity of some services and led to "openings as needed" rather than long wait lists in certain areas such as residential treatment in substance use disorder (SUD) settings.

While the advent of these expansions was incredibly exciting, providing a payor for all those who fall under 133%FPL (and are documented), a new bottleneck emerged statewide, in the form of workforce capacity, that will take years to resolve.

Marry that with the severe impacts of COVID-19 beginning in 2020, we now find ourselves in a workforce crisis. Some providers have buildings and/or beds available for our residents with funding

streams identified, but they go unused due to the lack of staff to serve these clients.

Due to COVID-19, providers had been seeing a lack of court referrals and admissions directly from the jail. While these numbers have improved to nearly pre-pandemic levels, they are still seeing an increase in admissions from hospitals, the streets, and shelters. These individuals require medical and medication stabilization, are often in acute withdrawal, etc., whereas individuals coming from the jail are generally more stable.

Although the shortfall in workforce capacity was identified and highlighted with stakeholders early on by Salt Lake County, and aggressive actions taken, the gap in the behavioral health workforce was too great to solve on its own. Thanks to advocacy from the Utah Substance Use and Mental Health Advisory Council and other stakeholders, numerous legislative actions have contributed to addressing this problem, yet substantial gaps still exist, as evidenced by the Utah State Hospital closing beds in 2022. The 2023 general session addressed this problem in a myriad of ways, including but not limited to, an increase in 175 university slots for those in the behavioral health field, and funding for the Workforce Loan Repayment Program (with approved sites matching 20% of the award). Additionally, rate increases were passed for social detox, 5 community mental health codes, and for the administration of methadone.

Statewide funding was also appropriated for additional Mobile Crisis Outreach Teams, Assertive Community Treatment Teams, and jail medication assisted treatment programs (in counties able to provide matching funds through Opioid Settlement dollars).

The passage of HB 32 during the 2020 general session, allowed for counties to apply for funding to develop and implement Receiving Centers. DBHS was awarded funding for a new non-refusal Receiving Center. SLCo transferred the property, and thanks to the Huntsman Mental Health Institute (HMHI) and additional partners and funding, a groundbreaking occurred May 2021. This program will serve Salt Lake County community members who are in psychiatric or substance use-related crisis; however, the new Receiving Center will accept any and all individuals including walk-ins, secure drop-offs, and referrals for assessment. As a non-refusal RC for police, firefighters, and EMS, many of these individuals will be low-level offenders cycling through the county jail, whose crimes are secondary to untreated or undertreated mental illness or substance use disorders. Others may be frequent patients in emergency departments throughout the Salt Lake Valley. These individuals will benefit from medical and psychiatric triage, clinical assessment, peer support, discharge planning, connection to community resources and partners, and referral to treatment programs such as inpatient care, medical care, and detox. Due to this facility not becoming operational until 2025, the Salt Lake County Council voted to dedicate $2.5M (ARPA funding) towards a temporary RC to act as a bridge until the new RC is built and operational. It will be a non-refusal center with the ability to expand to 12 chairs (increasing from 5 in the current facility).

Additional increases in capacity include:
- A planned expansion of the Volunteers of America Social Detox Programs, increasing capacity by 50 beds (from 112 to 162 beds), by the end of 2023, and relocating services to 1875 S Redwood Road.
- A new youth 16-bed residential program (Copa) serving clients that may have co-occurring substance use disorders.
- Two new adult mental health residential programs (often with co-occurring substance use disorders), and
- Multiple new housing programs (highlighted in other sections of this area plan).

There is a waiting list for residential LOCs for those who do not have some form of Medicaid, if the client does not fall under one of the qualifiers on the Federal Priority list. DBHS/Optum has strongly encouraged all providers to offer lower level SUD services until an opening is available when any given client is on a waiting list for higher levels of care (ASAM 2.1 – 3.5). Each provider maintains their own waiting list. The contracted providers have a person(s) designated for intakes. This individual maintains

the waiting list. Most providers require clients to call in each day/week (program specific) to check-in, express their continued interest in SUD treatment, and will be told at that time if they can now be admitted or if their place on the waitlist has changed. Approximate dates are given for when the client may expect admission, but these can vary greatly due to the nature of those in SUD treatment and the course of treatment.

Please describe policies for improving cultural responsiveness across agency staff and in services, including "Eliminating Health Disparity Strategic Plan" goals with progress. Include efforts to document cultural background and linguistic preferences, incorporate cultural practice into treatment plans and service delivery, and the provision of services in preferred language (bilingual therapist or interpreter).

- See attached Quality and Improvements - VBH SLCo – Eliminating Health Disparities Goals and Action Plan
- See attached Quality and Improvements - Optum Cultural Responsiveness Plan

Service Capacity: Systemic approaches to increase access in programs for clients, workforce recruitment and retention, Medicaid and Non-Medicaid funded individuals, client flow through programming. Please describe how the end of the Public Health Emergency and subsequent unwinding is expected to impact the agency's services and funding.

Please refer to the first section in #10 above (Quality & Access Improvements).

During the Public Health Emergency (PHE), individuals were not allowed to be removed from Medicaid unless they moved out of state, requested to be removed, or passed away. Due to this temporary status, although some individuals could be sorted into different Medicaid plans as appropriate, they were not removed. Continuous enrollment has since been discontinued as a requirement of the PHE. As such, DWS began case reviews on March 1st, 2023, and are expecting the first case closures or transfers to other Medicaid or Marketplace plans to initiate on April 30th, 2023. This effort is being referred to as the "unwinding".

DBHS has been proactive during the preceding months, encouraging providers to assist clients in keeping their addresses current with DWS, responding to DWS inquiries, and to assist clients with any bumps along the way.

DBHS also hosted the State Medicaid Office (SMO) at one of their monthly provider meetings, to provide education on the "unwinding", and answer any questions they had.

Additionally, Optum and DBHS are working with their provider network to match a list provided by the SMO, with clients receiving services through them, to support individuals in remaining enrolled when possible, and to connect clients to Take Care Utah when needed, to assist with Marketplace Plan enrollment.

An additional impact will be the gradual loss of the enhanced COVID-related Medicaid match (6.2%). This funding drops to:
- 5% in CY23 Q2
- 2.5% in CY23 Q3
- 1.5% in CY23 Q4, and
- Ends January 1, 2024.

The implementation of increased rates (social detox, administration of methadone, and 5 community mental health codes), new programs, the unknown shifts in membership due to the unwinding (in a prepaid health plan), and an ever increasing state Medicaid match rate, finds us in an unprecedented moment in time, making accurate estimates of numbers served and budgets nearly impossible.

Optum/DBHS continues to assess network gaps and needs based on Geomaps, feedback from members and providers, and community stakeholders. Optum holds multi-disciplinary meetings semi-monthly to review network needs and requests to join the Medicaid network for SLCo. As reported above, Optum/DBHS has added several MAT providers to our Medicaid network over the past 18 months. We understand that with the Medicaid "unwinding" there will be a shift in Medicaid eligibility and possible increased movement to non-Medicaid. Providers will be encouraged to work with members to assure continued eligibility when appropriate, and work with non-Medicaid funds when appropriate.

Describe efforts to respond to community feedback or needs. Describe your participation with key community partners (e.g.: Multi-Agency Coordinating Committees, Regional Advisory Councils, High Fidelity Wraparound teams, Local Interagency Councils, Local Recovery Community, Local Homeless Coordinating Committees, Peer Advocacy Groups, County Attorney, Law Enforcement, Local Education Agencies, Courts, Regional Healthcare Coalitions, and other partnership groups relevant in individual communities) shall occur consistently.

DBHS strives to ensure that community stakeholders are aware of the services DBHS provides and how to access them. A primary way DBHS ensures this awareness is by regular attendance at community stakeholder meetings. Some of the meetings DBHS representatives attend are: the Mental Health Court Advisory Committee, the Salt Lake Juvenile Court Multi-Agency Staffings, the Salt Lake Regional Advisory Committee, the Salt Lake City School District Mental Health Roundtable, the Utah State Child Welfare Improvement Council, The Utah Youth Initiative, the OSUMH ATR Steering Committee, the Family Investment Coalition, Utah Health Policy Project Healthcare Roundtable, the Medical Care Advisory Committee, the Salt Lake Valley Coalition to End Homelessness Health and Wellness Core Function Group, Adult Drug Court Steering Committee, Family Recovery Court Steering Committee, and others.

DBHS is a member of the Criminal Justice Advisory Council, where ongoing systemic needs are addressed monthly, coordinated and planned for. The committee includes representatives from the courts, law enforcement, mayors, county council, state legislators, Legal Defenders Association, District Attorney's office, Department of Corrections, Criminal Justice Services, Human Services, Diversity Affairs, and an individual with lived experience in the criminal justice system. One example is the new Receiving Center. This item is periodically on the agenda to provide updates and receive feedback from stakeholders.

Additionally, staff at DBHS provide regular trainings and educational opportunities to providers and community stakeholders regarding services offered and DBHS programs administered. Such opportunities include but are not limited to trainings held for the courts, Criminal Justice Services, the Legal Defenders Association, the Salt Lake County Jail, and the Criminal Justice Advisory Council.

In FY23, Optum provided a mandatory training for network providers, covering treatment planning and reviews.

Additionally, a training on discharge planning is slated for Fall 2023. This will also be mandatory for network providers. CEUs will be offered on behalf of the Utah Chapter of NASW for the training.

What evidence-based practices do you provide (you may attach a list if needed)? Describe the process you use to ensure fidelity?

All of the practices listed below are recognized by SAMHSA and are offered in the DBHS/Optum SLCo Network.
• Assertive Community Treatment (ACT)
• Trauma Focused Cognitive Behavior Therapy (TF-CBT)
• Dialectical Behavior Therapy (DBT)
• Motivational Interviewing (MI)
• Cognitive Behavior Therapy (CBT)

- Eye Movement Desensitization and Reprocessing (EMDR)
- IPS Supported Employment
- Family Psychoeducation
- Supported Housing
- Consumer Operated Services
- Critical Time Intervention
- Parent Child Interaction Therapy
- Behavior Therapy
- Integrated Dual Disorders Treatment
- Exposure Therapy for PTSD
- Seeking Safety
- Mental Health First Aid
- Wellness Recovery Action Plan (WRAP)
- QPR Gatekeeper Training for Suicide Prevention
- Interpersonal Therapy (IPT)
- Medication-Assisted Treatment (MAT)
- Moral Reconation Therapy (MRT)

All contracted providers are mandated to conduct supervision for EBP and it is the responsibility of each individual agency to meet fidelity requirements. This is verified during each annual monitoring visit. In addition to the regular reviews and re-authorizations described below in the quality of care section, the quality assurance team provides oversight and ongoing consultation and training to the network of providers based on the annual contract compliance/improvement audits. Trainings are focused on the use of individualized, client-centered services; development of standardized assessment and treatment planning tools; the utilization of ASAM patient placement criteria; continued stay criteria; utilization review; and more rigorous quality assurance/improvement, fiscal and administrative oversight requirements.

Additionally, ongoing training is provided to help educate and inform all providers on the ASAM criteria and manual.

Describe your plan and priorities to improve the quality of care.

DBHS' priority has always been to provide constant and consistent utilization management and quality assurance (i.e., monitoring visits) in order to ensure that any given client is afforded the best quality of care in the most appropriate treatment level. To this end, DBHS has created a system whereby all ASAM LOCs greater than 1.0 must seek preauthorization and be reviewed based on the standards set forth by OSUMH and Medicaid. This entails the primary clinician completing a treatment plan update with a corresponding progress note. The clinician then notifies DBHS via a universal mailbox established for this purpose that a given file is ready for review. Each request is handled on a case-by-case basis. Should a client meet criteria to continue at the current level, a reauthorization is granted according to pre-established standards set by OSUMH and Medicaid. If DBHS disagrees with the request to continue at the current LOC, then a plan is established by the agency to place the client in the most appropriate LOC according to the most recent ASAM assessment within the treatment plan review. No client is immediately discharged. Should a client be assessed as needing a higher LOC, a similar process is required.

Through the above, the quality of care is monitored constantly. DBHS requires all providers to notify the Division when any new or ongoing authorization is needed. At that time, a Quality Assurance (QA) Coordinator will review the most recent treatment plan/ASAM update for medical necessity. These requests are not automatically approved. If medical necessity is met, then the authorization is granted. If not, then a plan is developed to transition the client to the next appropriate level of care according to the most recent ASAM assessment. DBHS receives multiple requests every day for authorizations and this is a significant part of the responsibility of the QA Coordinators. In addition to this, every provider is

audited each year. This involves pulling a random sample of files and thoroughly reviewing each file. A report is issued wherein clinical, administrative, and financial concerns are addressed. If necessary, a corrective action plan is requested within specified time frames.

Optum, ARS/IGS and DBHS have developed similar preauthorization processes in order to reduce confusion with providers. The overall medical necessity expectations and licensure of those reviewing the request are the same. Slight procedural variations are present such as how authorizations are communicated.

DBHS and Optum continue to support providers in their use of evidenced-based practices; however, the individual providers have the responsibility of obtaining training for evidence-based practices. All current providers have to provide evidenced-based practices, including the supervision required by the EBP, by contract. DBHS and Optum have seen increased use of EBPs by providers including increased use of Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), Solution-focused Therapy, Trauma Awareness Focused Therapy, Strengthening Families, and gender specific treatments.

During FY23, DBHS brought in Scott Boyles from Train For Change Companies to do ASAM trainings. There were four trainings, identical in the intent and purpose, which was to review admission and continued stay review criteria for each level of care, focusing on the higher levels of care. Each training was at or near capacity. DBHS is committed to continue to provide trainings for each of the coming fiscal years, presenting training that is complementary to what OSUMH is already providing.

Describe your agency plan in utilizing telehealth services. How will you measure the quality of services provided by telehealth?

The majority of DBHS/Optum providers offer telehealth services. The services on the authorization for telehealth mirror the in person (in clinic) services, as pertinent. In regular communication with providers (by phone, in training, etc.), we have found that many of our providers have gone through or are completing the process to continue telehealth services beyond the pandemic.

While no specific telehealth system is required for our providers, they submit an attestation confirming that the videoconferencing technology is compliant with HIPAA requirements and meets current American Telemedicine Association minimum standards. In addition, the following requirements must be met to perform telehealth services:
- HIPAA and bandwidth requirements
- Compliance with applicable laws, rules, regulations, and state requirements to provide telehealth
- services along with coding requirements and documented protocols
- Standards for appropriate, private and secure room/environment
- Secure documentation rules in accordance with HIPAA
- Protocols to assure equipment functions properly with a backup plan in case of failure
- Licensing standards for the state

All providers currently providing telehealth services have completed training on the following which will still apply if they attest and continue to provide telehealth services:
- Proper claim submission protocols
- Appropriate malpractice insurance for providing telehealth services

Telehealth services are included in treatment record reviews during monitoring visits of our providers. Auditors will ensure all required components of the service provided are included, even as the service was not rendered in person. Justification of ongoing treatment and demonstrated improvement through treatment plan reviews of SMART treatment objectives is expected. When individuals are not improving, the treatment plan is to be adjusted accordingly.

What outcome measures does your agency use to address substance use services?   How often does your agency review data and outcome measures? How do you identify if services are

Correctional Program Checklist (CPC) - The CPC is a tool developed to assess correctional intervention programs and is used to ascertain how closely those programs meet known principles of effective intervention. Several studies conducted by the University of Cincinnati-of both adult and juvenile programs-were used to develop and validate the indicators on the CPC. These studies found strong correlations with outcome between overall scores, domain areas, and individual items.

The CPC is divided into two basic areas: CAPACITY and CONTENT. The CAPACITY area is designed to measure whether a correctional program has the capability to deliver evidence-based interventions and services for offenders. There are three domains in the capacity area including: (1) Leadership and Development; (2) Staff; and (3) Quality Assurance. The CONTENT area focuses on the substantive domains of: (1) Offender Assessment; and (2) Treatment Characteristics. This area evaluates the extent
to which the program meets the principles of risk, need, responsivity, and treatment. There are a total of 77 indicators, worth up to 83 total points. Each area and all domains are scored and rated as either "HIGHLY EFFECTIVE"; "EFFECTIVE"; "NEEDS IMPROVEMENT": or "INEFFECTIVE".
As a network system, multiple agencies within the DBHS network have worked with the CPC to assess, and then implement strategies to improve their services, in particular around individuals with current or past justice involvement. In recent years, First Step House and Odyssey House have worked extensively with the CPC, among other agencies.

DBHS has developed multiple outcome measures that vary from program to program. Please reference the attached compilation of reporting metrics and sections in the justice services narrative for some examples. Data DBHS has collected in the past include hospital diversion rates, treatment engagement, graduation rates, reductions in Risk Scores, positive drug testing rates, number of bed nights funded for individuals in permanent supportive housing, changes in census in co-occurring residential programs, changes in ACT Team census numbers and NOMS data such as employment, housing and "frequency of use" changes. New outcome measures for ACT teams were developed in FY22 and are being monitored this year to establish baselines efficacy targets. DBHS has also tracked reductions in jail recidivism for certain cohorts through a data sharing agreement with the Salt Lake County Jail.

Although Medicaid expansion has been a huge benefit to the behavioral health population we serve, it is important to understand that since November 2017 (the implementation of TAM), April 2019 (the Medicaid Expansion to 100% FPL), and finally January 2020 (expanding up to 138% FPL), DBHS lost the ability to track many of the metrics above for a large portion of these programs.

Significant anomalies may occur in data and outcome metrics for FY21 and forward due to COVID responses both within the treatment system and within our county jail.

11) Services to Persons Incarcerated in a County Jail or Correctional Facility Thomas Dunford

Describe the activities you propose to undertake over the three year period and identify where services will be provided. For each service, identify whether you will provide services directly or through a contracted provider, and how you will coordinate with the jail to ensure service delivery is adequate.

Corrections Addictions Treatment Services (CATS) at Oxbow and Adult Detention Center Jails, South Salt Lake City: CATS is an addictions treatment therapeutic community based on an intensive outpatient level of care (9 - 19) hours per week of therapeutic and skill-based treatment services based on the therapeutic community model.

The program is operated within both the ADC and Oxbow Jails. The capacity for males is 152 beds

(Oxbow) and 32 beds for females (ADC) based on an average length of stay of 3 months. The CATS program is also a direct referring partner for the Vivitrol Program and DBHS' housing programming. Upon completion of the CATS program, all inmates are eligible to apply for TAM Medicaid and be provided with a clinical referral into a county approved agency.

Currently, CATS includes a psycho-educational component (Prime for Life) for up to 1,500 inmates, plus a fuller continuum of treatment services with the inclusion of interim group services called Drug Offender Group Services (DOGS). The CATS, DOGS and Prime for Life programs are contracted through Odyssey House.

3 Year Plan:
Odyssey House is exploring a possible expansion of services into the Medium Security levels within the Salt Lake County jail, pending approval from the jail.

The DBHS Vivitrol program, which began as a pilot program in FY15 to provide Vivitrol to individuals leaving the CATS Program in the Jail, and into the community, continues to serve clients inside the Jail, as well as those engaging in SUD treatment, clients working towards treatment engagement, or those continuing services in the community. DBHS partners with the SLCo Jail Medical Team, Midtown Community Health Center, the Martindale Clinic, Utah Partners for Health, and the Utah Department of Corrections. Any Salt Lake County resident who meets income qualifications and is engaged in SUD treatment or continuing care services, as well as those working with case management teams with a goal of accessing ongoing treatment, are eligible to participate in the Vivitrol program. Our criminal justice partners, including CATS in the jail, the Department of Corrections Treatment Resource Centers (TRCs) and halfway houses, and Intensive Supervision Probation, constitute the bulk of our referrals. Those who attend regular case management appointments and remain engaged in treatment are eligible to receive monthly Vivitrol treatment at no additional charge to the client as long as they continue to meet income qualifications.

In 2019, federal grant dollars allowed for an expansion of MAT services in the jail. Qualifying program participants with an opioid or alcohol use disorder have access to MAT, SUD behavioral therapies, and coordinated referrals to community treatment services upon release. MAT Program medications may include methadone, buprenorphine or Naltrexone (Vivitrol). The MAT program provides a whole-patient approach to the treatment of substance use disorders and is clinically-driven with a focus on individualized patient care. Services are provided through the jail's health services staff and through a contract with Project Reality.

Qualifying participants have an opioid or alcohol use disorder and may include: individuals enrolled in an OTP in the community when booked; individuals undergoing supervised withdrawal; pregnant women; and individuals in the Naltrexone (Vivitrol) program. Admission guidelines are periodically reviewed and considered in an effort to cover additional populations with DBHS approval and as budgets allow. In FY22, the program was granted temporary approval to provide psychosocial assessment and therapy absent medication, and at times medication absent therapy based on the ongoing struggle in maintaining licensed medical and behavioral health staff. Individuals with longer sentences or sentenced to prison are reviewed for taper of their medication.

Additionally, program participants identified as having an OUD are given information and education regarding the use of the Naloxone rescue kit, and an actual kit as supplies are available. Once supplies are exhausted, information and education regarding the use of the Naloxone rescue kit will be given, including where the client can obtain the kit.

The Jail Resource Reentry Program is also cited at the jail, is voluntary and offers support to individuals as they transition back into the community to avoid recidivism and provide services to prevent them returning to the same circumstances that led to their arrest, helping to make the community safer. Salt Lake County Criminal Justice Services, the Salt Lake Legal Defenders Association and Valley Behavioral Health assist individuals to assist them in navigating the complexity of criminal justice and social services

systems. Clients receive have access to email, phone calls and free Wi-Fi; phone charging stations; snacks, water, female personal hygiene products; SNAP/Medicaid enrollment; Department of Workforce Services (DWS) information; a safe place to wait for services; transport options (bus tokens, VOA van service, homeless van services); homeless housing referrals; donated clothing items are available on-site.

DBHS operates many additional programs aimed at diverting individuals from the county jail by providing services prior to arrest; while incarcerated in order to reduce their time of incarceration; and through transition services for incarcerated individuals as they are released from jail. These services are funded entirely with State and County funds. Please refer to the Justice Services section for additional information on these programs.

Describe any significant programmatic changes from the previous year.

Not significant.

Describe current and planned activities to assist individuals who may be experiencing withdrawal (including distribution of Naloxone) while incarcerated or any efforts to use Medication-assisted treatment within a county jail or Prison. Identify all FDA approved medications currently provided within the jail(s).

The Salt Lake County Jail has an intoxication and withdrawal policy to ensure safe and effective drug and alcohol withdrawal and clinical management of patients in withdrawal. A program of medical detoxification will be initiated for each patient incarcerated in the jails who is physically and/or psychologically dependent on the following: alcohol, opiates, stimulants, sedative, hypnotic or hallucinogenic drugs.

Health Services within the jail is responsible to provide procedures for the clinical management of these patients. The protocols for intoxication and detoxification are approved by the responsible physician, are current and are consistent with nationally accepted treatment guidelines. Medical detoxification is performed at the jail under medical supervision or at a local hospital depending on the severity of Symptoms.

Patients are screened by a registered nurse and mental health professional for drug and alcohol abuse or dependence, in processing at the nurses pre-screen, and during the comprehensive nurse and mental health screenings.

These screenings will include a detailed history of the type of drug; duration of use; frequency of use; approximate dose; last dose; history of prior withdrawal; history of prior treatment for withdrawal; and current signs or symptoms of withdrawal.

All patients found to be withdrawing from a physiologically addicting drug will be treated in accordance with recommended medical practice. Treatment will be determined by the individual needs of the patient as well as the type and severity of the drug withdrawal. Patients at risk for progression to more severe levels of withdrawal are transferred to the Acute Medical, Acute Mental Health, or Sub-Acute Mental Health units, or to an outside medical provider for observation, treatment and stabilization.

The DBHS Vivitrol program, which began as a pilot program in FY15 to provide Vivitrol to individuals leaving the CATS Program in the Jail, and into the community, continues to serve clients inside the Jail, as well as those engaging in SUD treatment, clients working towards treatment engagement, or those continuing care services in the community. DBHS partners with the SLCo Jail Medical Team, Midtown Community Health Center, the Martindale Clinic, Utah Partners for Health, and the Utah Department of Corrections. Any Salt Lake County resident who meets income qualifications and is engaged in SUD treatment or continuing care services, as well as those working with case management teams with a goal

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The SAPT block grant regulations limit SAPT expenditures for the purpose of providing treatment services in penal or correctional institutions of the State.   Please identify whether your County plans to expand SAPT block grant dollars in penal or correctional institutions of the State.

DBHS does not spend any SAPT funds on jail-based programming. The division utilizes County funds, SSOR Grant (previously STR and SOR) dollars, and other State funds for these programs.

12) Integrated Care   Shanel Long

Describe your partnerships with local Health Departments, accountable care organizations (ACOs), federally qualified health centers (FQHCs) and other physical health providers. Please include a list of community agencies you partner with to provide integrated services.

Providers within the SLCo network have taken steps towards integrating physical health and behavioral health services. Additional coordination between behavioral health providers and physical health providers occurs. Please find examples below of integrated efforts within their programs:

Odyssey House (OH)
Odyssey House operates the Martindale Clinic, an integrated primary care/behavioral health clinic focused on serving individuals with behavioral health issues and their families. Within the clinic, they provide typical family practice medical services and procedures, such as chronic care management, labs, wound care, diabetes management, blood pressure management, etc.; MAT prescribing and administration; mental health medication prescribing; women's health and family planning services and procedures; and HEP C treatment.

The Martindale Clinic is a syringe exchange site and facilitates providing clean syringes, fentanyl test strips, disease prevention education, and recovery access information to current injecting users.

Additionally, Martindale providers in conjunction with Soap to Hope, provide weekly street-based medical care to sex workers and homeless individuals, typically treating wounds, STDs, MAT, among others. These individuals are typically resistant to coming into a traditional medical setting because of fear of going to jail or getting in trouble with their pimp, so they are going to them and having real Success.

Within BH programs, BH and medical staff work closely together to address mental health, physical health, and MAT needs for all clients. As an example, in residential settings, Odyssey House serves PICC (Peripherally Inserted Central Catheter) patients from all the hospital systems. These clients have an IV line that runs directly to the heart to deliver high dose antibiotics over a period of ~6 weeks. The individuals they serve in this program have an infection from IV drug use that has infected the heart. Often these individuals have heart valves that have been replaced because of the infection, and require this antibiotic regimen in order to salvage the donated valve and the rest of the heart. They are high-risk for overdose and death, because they have an open port directly to their heart, and are at risk of using that port to use drugs. Consequently, prior to this program, hospitals would have ordinarily kept these patients in the hospital because of that overdose risk. Through this program, they can be managed safely at a lower level of care and have better outcomes. Intermountain and their lead infectious disease doctor approached Odyssey House with this project a number of years ago. The University of Utah followed a couple of years later and now SL Regional, St. Marks, and other hospital systems across the state have been referring in, seeing patients from across the state.

First Step House (FSH)
The First Step House Medical Services Department includes a Medical Clinic and Nursing Services. This program provides medical care and preventive health services to clients in their residential SUD treatment program.

The FSH Medical Clinic, staffed by an APRN and registered nurse, is located at 434 South 500 East in downtown Salt Lake City. The FSH medical clinic provides a routine medical visit to new residential treatment clients at intake. This includes a review of health history and medications, preventive screening and services, and identification of acute medical and psychiatric concerns. Clinic staff can address client's immediate medical needs, beginning treatment in the clinic or referring out for treatment. An in-house psychiatric nurse also provides consultations for new clients with acute psychiatric needs. The medical clinic includes an onsite immunization program and an onsite lab. The clinic offers seasonal influenza vaccines and year-round COVID-19 vaccines. The clinic also screens for sexually transmitted infections, orders Hepatitis A and B vaccines as needed, and provides Hepatitis C treatment.

The FSH Nursing Services Department, staffed by two registered nurses and four medication technicians, provides nurse care, care management, and medication management to three residential treatment programs. Nursing staff work with clients during medical orientation to establish care with a primary care provider if they do not already have one. The admissions process for new clients also requires a comprehensive medical orientation class during their two-week orientation before residential treatment. Nursing staff teach about medication transfers and guidelines for use, immunization education, how and why to find a primary care provider, COVID-19, and other health and safety precautions. As needed, nurses make referrals to partner providers such as 4th Street Clinic, UofU School of Dentistry, Salt Lake VA Medical Center, Martindale Clinic, and others.

They also have a Joint Commission accredited UA lab (and bill it on the PH side of Medicaid).

Valley Behavioral Health (VBH)
● Valley launched the integrated care clinic at the North Valley building in early 2022 and closed the program in December 2022.

- ○ Valley is currently negotiating with a provider in the community to reopen the clinic in 2024 and provide on-site services at the North Valley building.
  - ○ Approximately 800 patients affected by the closing were referred and connected to primary care providers in the community.
- Valley continues to provide integrated on-site and telehealth primary care services to our residential substance use treatment programs.
- Valley launched the chronic care management program in 2021 and closed it in 2022. We plan to reopen this program through the future primary care community provider plan discussed above.
- The on-site integrated care clinic for Valley West serving youth, families, and children was never opened and the provision of these services will be part of the community primary provider plan discussed above.

Clinical Consultants
Clinical Consultants developed a Family Primary Care practice within their building in West Jordan. They have two medical exam rooms and three employees currently delivering services. This includes a 20-hour/week DO (Doctor of Osteopathic Medicine), and two-family practice nurse practitioners. Clinical Consultants is one of the Salt Lake County network providers of MAT services.

By the end of FY 21, they began to offer physical exams, preventative health, primary care, routine medical care, STD screenings, vaccines, and urgent illness care (in addition to MAT). In addition to serving their behavioral health clients, they have opened access to the general public.

In February of 2022 Clinical Consultants began to provide the local community with free COVID-19 testing. In April 2022, they completed an internship agreement for placement of APRN Interns. They have been approved as panel providers for medical networks with Healthy U and have applications pending with HealthChoice, Molina and SelectHealth. They are presently interviewing Medical Assistants for immediate full-time hire. Their prescribers are now set up with a medical software and e-script system. They continue to deliver the services with the above staff.

As of November 2023, they opened a Toxicology Lab in West Jordan. This lab holds a moderate level complexity certification.

Clinical Consultants has completed Utah Medicaid credentialing for integrated care. They have become approved providers for Steward and Health Choice, and are in the final contracting phase with Healthy U.

Volunteers of America (VOA)
Volunteers of America, Utah is dedicated to providing integrated primary and behavioral health care. They partner with Fourth Street Clinic to provide onsite triage and medical care at their Detoxification facilities and Homeless Resource Centers. Their outpatient clinics partner with Midtown Community Health Center.

VOA has a medical assistant to triage client needs, coordinate care, and make the referral to primary care services seamlessly. For several years they have been a recipient of the Utah State Primary Care Grant which provides funding to pay for the primary care needs of clients who are unfunded.

Wasatch Homeless Health Care Inc. dba. Fourth Street Clinic

Fourth Street Clinic is committed to providing integrated health care services for those in our community that are experiencing homelessness. Through offering high quality medical, dental, behavioral and supportive health care services, including an onsite pharmacy, unsheltered individuals

have access to essential treatment and care. Through low barrier, integrated health care, Fourth Street Clinic is a partner in ending homelessness, promoting community health, and achieving across- the-board health care savings. Fourth Street Clinic's integrated health team provides psychotherapy, behavioral health counseling, psychiatric evaluation and management, health and wellness, primary care provider collaboration and substance use disorder assessment, including Medication Assisted Treatment, and treatment referrals.

Optum is in the process of credentialing Red Tractor Family Medicine and Psychiatry, Families First Pediatrics, and Wasatch Pediatrics for integrated services.

COPA Health is finalizing an integrated clinic in Murray, Utah to work with all ACOs, TAM, and Optum.

Salt Lake County Vivitrol Program
Strong partnerships have been developed with Midtown Community Health Center in South Salt Lake, Odyssey House's Martindale Clinic, and Utah Partners for Health (UPFH) in West Jordan. Not only are clients referred to these clinics for their Vivitrol screenings and injections, clients are also offered access to primary care services through these same encounters. At Midtown and UPFH, with so many complicating health factors often arising during Vivitrol engagement, DBHS, in coordination with DSAMH, agreed to fund an enhanced office visit cost, to assist with covering the costs of other routine screens that may be necessary during a client's visit with medical professionals. In turn, the clinics provide the full spectrum of physical health care for Vivitrol clients as they actively attend their appointments. At Martindale, clients are also offered access to primary healthcare. All partner clinics accept Medicaid and private insurance as well.

In addition to the efforts mentioned above, Optum meets and collaborates weekly with the four Accountable Care Organizations (ACOs) to staff complex cases, coordinate care for Civil Commitment Court, facilitate aftercare post IP Detox, make case management referrals, and identify medical and BH Resources and inform the ACOs of BH IP stays. Optum also provides information about the planned aftercare and discharge medications. This collaboration results in improved engagement and access for our most vulnerable clients. The ACOs use this information to ensure follow-up with discharge services and support as needed.

Describe your efforts to integrate care and ensure that children, youth and adults have both their physical and behavioral health needs met, including screening and treatment and recovery support. Identify what you see are the primary barriers to implementing integrated care at your agency and your efforts to overcome those barriers. Please also describe how you will provide education and referrals to individuals regarding physical health concerns (i.e., HIV, TB, Hep-C, Diabetes, Pregnancy).

All contracted vendors are required to have relationships with primary care systems. Four primary care providers who are excellent partners are: the Fourth Street Clinic for the homeless population, Odyssey House's Martindale Clinic, Utah Partners for Health, and Midtown Community Health Center located on State Street in Salt Lake City. In addition, Intermountain Healthcare provides extensive charity care for County clients.

The Division currently contracts with Fourth Street Clinic for behavioral health assessments for uninsured homeless clients. Our other partner clinics, Midtown Community Health Center, Martindale Health Clinic and Utah Partners for Health administer Vivitrol and Sublocade to clients who are opioid or alcohol dependent. We continually seek out opportunities to increase the availability of integrated physical and behavioral health care to our clients through our partnerships with primary care providers. DBHS also funds mental health treatment for some Vivitrol clients at Utah Partners for Health, so that they may receive their MAT and therapeutic services at the same clinic. Additionally, Martindale Clinic offers physical health services to RSS clients.

The DBHS/Optum treatment network is committed to addressing co-occurring disorders. For this reason, all SUD providers within the network meet the definition of dual diagnosis capable by ASAM standards. In addition, we contract with three SUD providers (VBH, VOA and Odyssey House) to provide ASAM dual diagnosis enhanced services. VBH provides our largest service delivery for dual diagnosed individuals. They have multiple locations, serving individuals with co-occurring psychiatric and substance use related disorders. VBH provides treatment to these individuals at all levels of care, including having a residential facility for dual diagnosed adult males (Co-Occurring Residential and Empowerment, CORE Program) and females (CORE 2). Additionally, RIC-AAU is now a dual diagnosis enhanced program. In FY21, Odyssey House opened a residential program for women who have co-occurring disorders and are justice involved. In FY23 Odyssey House opened a residential program for men who have co-occurring disorders.

Optum continues to be invested in our relationships with the ACOs, who are very responsive to collaboration and information requests. The ACOs are notified of all inpatient stays. Medical issues identified during utilization management reviews are forwarded to the Care Coordination team for outreach to the medical plan to identify services, case management programs, resources, history, and direction to address medical issues. Members from the care coordination team attend all ACT meetings and facilitate connection with the medical plans when medical issues are a concern. The ACOs routinely contact the Care Coordination team to identify resources for behavioral health and SUD services which support medical interventions related to chronic illness, pregnancy, and discharge from IP detox.

Describe your efforts to incorporate wellness and wellness education into treatment plans for children, youth and adults. Please consider social determinants of health in your response.

Optum Care Advocates continue to collaborate with the respective ACOs on a case-by-case basis when it is noted that the member's medical needs, such as HIV, AIDS, Diabetes and Pregnancy, are a component of their SUD treatment and/or a part of their recovery. Each ACO has an identified person that is our contact point. The ACO then staffs the case and Optum will be contacted in return with their recommendation and/or plan to help address the medical status. Optum then coordinates with the treating provider what the medical plan is and who to coordinate with for their collaborative care. In some cases, Optum has been able to proactively access health care services for consumers coming out of USH, so that medical support is available upon immediate return to the community. This process is fluid and responsive on an as-needed basis in order to be flexible in meeting consumer needs.

Optum recently enhanced their documentation system to enhance our system and allow for formal identification and tracking of social determinants of health and medical concerns. It will organize documentation of these efforts on behalf of the Optum Clinical Team. In mandatory Optum SLCo provider trainings in March 2022, guidelines for gathering information related to the medical histories of the member and their family were included. During trainings and audits, providers are advised to contact the Optum Medical/BH Integration Specialist and Clinical Team to facilitate connection with the appropriate medical plan contacts.

Describe your plan to reduce tobacco and nicotine use in SFY 2024, and how you will maintain a _nicotine free environment_ at direct service agencies and subcontracting agencies. For ongoing engagement, it is recommended to use an evidence-based nicotine dependence tool such as the Fagerstrom scale. SUD Target= reduce nicotine use to 4.8 in 2021 in TEDs.

DBHS/Optum continues to educate providers on the mandate to diagnose and provide treatment for nicotine addiction as a healthcare issue. Screening for use and abuse with referrals to smoking cessation supports continues to be addressed at provider meetings and trainings for MH and SUD treatment providers. Clinicians are reminded of the health implications of smoking for our clients, the need to ask clients if they are interested in cessation services, and the need for proper documentation of these efforts. Except for the very small providers, all providers have some level of cessation

services, from the basic referring to a quitline (and helping the client access that) to formal classes. In addition, for those who do want to quit tobacco, CBT is used, and MI for those who have not committed yet to quitting. Due to the popularity of previously non-traditional ways to use nicotine, the providers are also being educated to ensure that any type of nicotine delivery system is addressed with the client. Salt Lake County/Optum has also incorporated a review of nicotine-free environment initiatives during audits providing a forum for another conversation about the importance of offering cessation services to clients. The Optum Recovery & Resiliency Team has incorporated education about tobacco cessation in their CPSS trainings. DBHS and Optum continue to offer these trainings each fiscal year, and will continue to do so.

Quality Improvement: What education does your staff receive regarding health and wellness for client care including children, youth and adults?

For the Optum network, during the recent mandatory provider training focused on comprehensive assessments, clinicians offered guidance on the inclusion of the medical histories of individuals and their families. Providers are to consider the member's culture and living conditions which may also influence their physical, social, emotional and spiritual wellbeing. Providers are expected to request a release of information to collaborate with the individual's primary care physician, behavioral health prescriber and other key medical and behavioral health providers to encourage coordinated care.

Provider policies and procedures, as well as treatment records, are monitored to ensure assessment and coordination of treatment are considered for all who receive treatment. Providers within the Optum SLCo Network may also offer specific training for the clinicians and other service providers within their facilities/agencies/groups. Optum and SLCo refer treatment providers and members to Take Care Utah and care coordinators through the member's ACO to obtain links to a PCP and other supports for medical care and maintenance.

Within DBHS, while we do not provide any direct services to any population, staff are encouraged to attend various trainings that focus on client care. These include, but are not limited to, Generations, the OSUMH Fall Conference on Substance Use Disorders, and Critical Issues.

Describe how you measure or determine success of these programs or services? Please identify and define measures and benchmarks you are working to achieve

Please refer to the response to the outcome measures in each of these sections:
1) Early Intervention
4) Treatment for Opioid Use Disorder (OTP-Methadone)
5) Medications for Opioid Use Disorder-(Vivitrol, Naltrexone, Buprenorphine)
8) Recovery Support Services
10) Quality & Access Improvements
16) Justice Services

13) Women's Treatment Services   Rebecca King

Describe the evidence-based services provided for women including gender-specific substance use disorder treatment and other therapeutic interventions that address issues of trauma, relationships, sexual and physical abuse, vocational skills, networking, and parenting.

DBHS and Optum contract to provide women's treatment with eight providers located throughout the County. Providers include House of Hope, Odyssey House, VBH, VOA/Cornerstone, Midtown, Clinical Consultants, Martindale Clinic, and Project Reality. Services include 5 outpatient sites, 4 intensive-outpatient sites, 3 day treatment sites, 3 residential sites, 1 site for social detox, and 7 locations for MAT services.

Additionally, DBHS and Optum contract to provide gender specific treatment for parenting and/or

pregnant women and accompanying children with five providers located throughout the County. Providers include House of Hope, Odyssey House, VBH, VOA/Cornerstone, and Project Reality. Services include 5 outpatient sites, 4 intensive-outpatient sites, 3 day treatment sites, 3 residential sites, 1 site for social detox, and 10 locations for MAT services.

Some of the specific, specialized services provided to women include:

• House of Hope and Odyssey House collaborate with Project Reality and DeNovo for their clients who are on methadone treatment.

Additionally, Odyssey House has developed specific collaborations with SUPeRAD at the University of Utah and Intermountain Medical Centers to support success for pregnant women with opioid use disorders and their infants after delivery.

• Project Reality is currently providing multiple services for women and pregnant women. The agency partners with obstetricians and high risk pregnancy obstetric services all over Salt Lake County. Project Reality has developed specific collaborations with SUPeRAD at the University of Utah and Intermountain Medical Centers to support success for pregnant women with opioid use disorders and their infants after delivery. Project Reality delivers OTP medication to the 'rooming in' program at the University of Utah Medical Center to support mothers caring for infants who stay in the hospital. Women, in general, are offered specialized women's groups that rotate topics to address a number of specific women's issues. Project Reality also provides referrals to women's specific programs such as House of Hope, Odyssey House women's and children program, and YWCA; provide parenting classes for families with children; and access to supplies for emergencies with children such as diapers, and toys to keep children occupied in the room while women are in their therapy sessions in the same room. Pregnant patients also have access to the expanded care services listed under 4) Opioid Treatment Program (OTP-Methadone).

Describe the therapeutic interventions for children of clients in treatment that addresses their developmental needs, their potential for substance use disorders, and their issues of sexual and physical abuse and neglect. Describe collaborative efforts with DCFS for women with children at risk of, or in state custody.

Children of families receiving substance use disorder treatment receive therapeutic/developmental services during the day while their parents are attending group/individual therapy sessions. These services include assessment, individual and family therapy, practicing pro-social and health behaviors. For children in the transition program they are eligible to continue receiving services while their parents work and move into permanent or transitional housing.

All programs also coordinate care with DCFS and CPS assisting mothers to meet service plan goals, arrange visitation as allowed by the court or family agreement, and contingency plans for emergencies.

Describe the case management, child care and transportation services available for women to ensure they have access to the services you provide.

The parent and children programs provide case management assistance with obtaining children's records such as birth certificates and social security cards, obtaining Medicaid or other financial supports, and monitoring court dates. Efforts are made to set up educational, mental health, and/or developmental referrals for current and future assistance. Case management services also involve working with families to manage financial assistance already in place.

Childcare includes services provided directly to children without parents present such as maintaining daily routines, assisting with activities of daily living, or engaging in recreational activities.

Transportation includes child and family appointments outside of the program, attending court, or other events necessary to healthy family functioning.

Describe any significant programmatic changes from the previous year.
No significant changes

Residential Women & Children's Treatment (WTX) (Salt Lake, Weber, Utah Co & Southwest Only)

Rebecca King

Identify the need for continued WTX funding in light of Medicaid expansion and Targeted Adult Medicaid.
With Brent Kelsey's approval, beginning in SFY22, DBHS is no longer utilizing the WTX to fund residential women and children's treatment. The funding was approved to be used to fund the USARA Recovery Support Coaching program (see program summary on page 47).

Please describe the proposed use of the WTX funds
The $210,000 will be used to fund the USARA Recovery Support Coaching program.

Describe the strategy to ensure that services provided meet a statewide need, including access from other substance abuse authorities
USARA serves the entire State of Utah.

Submit a comprehensive budget that identifies all projected revenue and expense for this program by email to: bkelsey@utah.gov
Sent to Brent Kelsey on 4/24/23.

Please demonstrate out of county utilization of the Women and Children's Residential Programs in your local area. Please provide the total number of women and children that you served from other catchment areas and which county they came from during the last fiscal year.
USARA reports that they served 100 from Salt Lake County, 21 from Ogden, 24 from St George, 22 from Price, and 11 from Moab, totaling 178 served.

14) Adolescent (Youth) Treatment   Shanin Rapp

Describe services provided for adolescents and families. Please identify the ASAM levels of care available for youth.
DBHS and Optum contract to provide treatment for adolescents through four providers located throughout the County. Providers include Odyssey House, Youth Services, Clinical Consultants, and Asian Association. Services include 8 outpatient sites, 3 intensive-outpatient sites, 1 day treatment sites, 1 residential site, and 1 site for social detox. Medical detox is available to youth needing this service as well.

Some of the evidence-based practices employed by our providers are:
• Multifamily Psychoeducation Group (MFG)
• Trauma Focused Cognitive Behavior Therapy
• Dialectical Behavior Therapy
• Motivational Interviewing
• Cognitive Behavior Therapy
• Behavior Therapy
• Integrated Dual Disorders Treatment
• Seeking Safety
• Wellness Recovery Action Plan (WRAP)

Additionally, some offer gender specific treatment.

In order to incorporate the ten key elements of quality adolescent treatment, DBHS will have this as a discussion item during the monthly PSCC meetings. Additionally, DBHS and Optum have a robust monitoring system (see "Governance and Oversight Narrative" for more detail). DBHS and Optum will incorporate the key elements of quality adolescent treatment into the monitoring tools. This includes providing immediate feedback and training to the providers as problems are identified.

Also, Salt Lake County Division of Youth Services (DYS) has clinical outpatient services for adolescents. These are conducted by licensed mental health therapists. There are components of SUD discussions in all of the above.

Describe efforts to engage, educate, screen, recruit, and refer youth. Identify gaps in the youth treatment referral system within your community and how you plan to address the gaps.

Optum receives referrals for youth from a variety of sources including: families, juvenile drug court, school districts, inpatient facilities, other treatment agencies that do not typically offer specialty SUD treatment services, Multi-Agency Staffing, and System of Care. To ensure that the Salt Lake County community stakeholders continue to remain aware of the SUD resources available, Optum has met with several agencies including, but not limited to, juvenile court/probation officers and school district meetings. Additionally, Optum has offered trainings to Mental Health providers regarding SUD related topics. During these trainings, providers are reminded of the SUD resources available through the Optum Network. Optum's Clinical Operations team also offers referrals to families who may call in requesting information on SUD resources available for their child.

Describe collaborative efforts with mental health services and other state child serving agencies (DCFS, DJJS, SOC, DSPD, Juvenile Court) and any significant programmatic changes from the previous year.

Each agency providing treatment collaborates closely with other State agencies serving children and youth to ensure that needs are being met. Both DBHS and Optum monitor these efforts and request that providers document their efforts at collaboration in the client plan. DBHS and Optum participate in frequent Multi-Agency Staffings (MAS). This staffing also includes representatives from Juvenile Court, Granite School District, and other treatment providers including SUD.

15) Drug Court   Shanel Long

Describe the Drug Court eligibility criteria for each type of specialty court (Adult, Family, Juvenile Drug Courts, etc). Please provide an estimate of how many individuals will be served in each certified drug court in your area.

Adult Drug Court clients are required to screen high-risk based on the LS/CMI assessment to be eligible for the Adult Drug Court program. Potential clients are identified by the Legal Defenders Association and are referred to the District Attorney (DA) who screens based on criteria. The DA then

refers clients to CJS for the LS/CMI. Upon completion of the assessment, CJS sends the LS/CMI results to the DA who uses the results and other legal information to assign to a Judge and Court. CJS also arranges for an ASAM assessment to be conducted by Assessment Referral Services (ARS). Upon completion of the assessment, CJS sends the treatment recommendation and appropriateness back to the DA to make a final determination. Once this process is complete, clients who are eligible plead into the program. CJS supports adherence to Best Practices and recommends a maximum of 125 clients per court and is currently operating at that capacity.

Family Recovery Court (FRC): Clients participating in the FRC program must meet the eligibility criteria of being high risk and high need, have reunification services ordered, and voluntarily sign-up for FRC. DBHS works closely with the Third District Juvenile Court and DCFS to identify clients that may be eligible for the FRC program. FRC is using the ASAM assessment and/or the RANT to assess the needs of clients and determine risk. Indicators of high risk would include DCFS involvement, order for reunification services, and treatment needs indicating an ASAM 2.1 or higher LOC. There are four Family Recovery Courts in Salt Lake County. The number of participants served in each FRC is an average of 25, which is approximately100 participants collectively per year. Numbers were lower last year due to the pandemic, but have rebounded this year. The court is currently at 75, with 2.5 months to go in FY23.

Juvenile Drug Treatment Court (JDTC): Participants in the JDTC program must meet the eligibility criteria of being moderate or high risk and high need. DBHS works closely with the Third District Juvenile Court to identify participants that may be eligible for the program. The JDTC program uses the Pre-Screen Risk Assessment, Protective and Risk Assessment, and SASSI to identify moderate and high risk/high need youth. Additionally, all JDTC participants receive an ASAM assessment to determine the appropriate level of care for treatment. There is one Juvenile Drug Treatment Court in Salt Lake County. The number of participants served is an average of 25 participants per calendar year.

Describe Specialty Court treatment services. Identify the services you will provide directly or through a contracted provider for each type of court (Adult, Family, Juvenile Specialty Courts, DUI). Describe your efforts to have Certified Peer Support specialists working with Drug Courts? How will you engage and assist individuals with Medicaid enrollment throughout their episode of care.

Adult Drug Court (DC) clients receive SUD treatment through DBHS contracted providers (ASAM 1.0, 2.1, 2.5, 3.1, 3.3 and 3.5). Clinicians at CJS provide clinical case management services and bridge any treatment service gap with internal therapeutic based classes including Seeking Safety and MRT. Additionally, clients receive case management supervision services and cognitive based journaling classes while in Drug Court through CJS.

During initial court orientation, clients complete an application for Medicaid/TAM; if the client is incarcerated, the case manager sends the referral to UHPP upon their release. If the client's paperwork was not completed or they need to reapply, the case manager refers the client to a Medicaid enrollment specialist. Clinical Case Managers monitor treatment and funding/Medicaid eligibility in collaboration with the treatment provider.

CJS uses several evidence-based curriculums with drug court clients including Seeking Safety, Moral Recognition Therapy (MRT), and Courage to Change. All staff who provide these curriculums were trained and certified by qualified trainers and receive regular boosters via webinars, DVDs, etc.

CJS also has a partnership with Utah Support Advocates for Recovery Awareness (USARA) and has a representative that attends each court to support clients by providing information regarding recovery meetings and peer support services provided at USARA. Drug Court participants are highly encouraged to take advantage of peer support specialists and are expected to attend recovery support meetings regularly.

Family Recovery Court: Participants have access to DBHS' full network of contracted providers for treatment and case management services that include outpatient, day treatment, and residential treatment services. Additionally, DBHS contracts with an ARS assessment worker to conduct initial assessments, authorize funding and to serve as a liaison between treatment providers and the Court. Participants are assisted with Medicaid enrollment in multiple touchpoints. Participants are required to obtain sober support, which is often a peer coach with Utah Support Advocates for Recovery Awareness (USARA) but may also be a sponsor. USARA is providing a peer support coach as part of each of the Family Recovery Court teams. They are also present for staffings before court to provide expertise from their perspective and experiences. This has become invaluable.

Juvenile Drug Treatment Court: Participants have access to DBHS' full network of contracted youth providers for treatment and case management services that include outpatient, day treatment, and residential treatment services. Third District Juvenile Court staff collaborate with the Assessment & Referral Services (ARS) liaison and treatment providers to assist with Medicaid enrollment services. Salt Lake County Youth Services provides a Peer Family Support Specialist as part of the JDTC treatment team. She is housed at a Juvenile Probation Office for accessibility for families.

Describe the MAT services available to Specialty Court participants. Please describe policies or procedures regarding use of MAT while in specialty court or for the completion of specialty court. Will services be provided directly or by a contracted provider (list contracted providers).

All adult Drug Court clients needing MAT are eligible to participate in DBHS' MAT services. All services are contracted out which include methadone or suboxone through Project Reality and the Vivitrol Program. The injections for the Vivitrol Program are administered via Odyssey House's Martindale clinic, within the county jail, at Utah Partners for Health, or Midtown Community Health Center. Clinical Consultants also offers Suboxone and Vivitrol through their outpatient MAT clinic. Agencies who do not have direct MAT services are able to refer clients to the previously listed service providers. Vivitrol services are described under the RSS Section. CJS also has a dedicated MAT clinical case manager for clients currently utilizing MAT services in the community who need additional help navigating these services.

FRC participants may engage in MAT support through community clinics that offer methadone, Suboxone and Vivitrol based on client preference and clinical recommendations. FRC does not provide direct MAT services but is supportive of participants seeking MAT through a licensed private Provider.

The JDTC does not provide MAT services for youth participants.

Describe your drug testing services for each type of court including testing on weekends and holidays for each court. Identify whether these services will be provided directly or through a contracted provider. (Adult, Family, Juvenile Specialty Courts, etc).

Adult Drug Court contracts with Averhealth for drug testing. Averhealth uses current research and complies with the national standards for drug testing techniques. Averhealth can provide a breadth of drug testing. Every client is given a five or eight panel drug test, and usually given a random specialty test to determine if cross addiction is occurring. Averhealth provides observed sample collection, temperature readings, and checks for creatinine and specific gravity to detect adulterated samples. Clients who are receiving ASAM 3.1 and above are usually drug tested at the facility where treatment is being provided. In some cases, if the provider does not have the resources for drug testing or is not able to provide the frequency of 2-3 times per week, including weekends and holidays, the client will be sent to Averhealth to test. Averhealth provides random testing to our clients 6 days a week including Monday through Friday, on Saturday or Sunday and on at least three federal holidays. To better serve the client, Averhealth also provides confirmation tests to better determine the client's use and which specific drug was used.

Family Recovery Court and Juvenile Drug Treatment Court participants are tested randomly at a minimum of twice a week, including weekends and holidays, by the treatment provider they are being served through or through a contracted agency (i.e., Averhealth). FRC participants are not charged a fee for drug testing. Participants drug testing through Averhealth are given a five-panel drug test, which includes a breathalyzer. Additionally, they provide observed sample collection, temperature readings, and checks for creatinine and specific gravity to detect adulterated samples. In some cases, if the provider does not have the resources for specific drug testing or is not able to provide the minimum drug testing requirements, the participant will be required to drug test through their treatment provider and Averhealth.

List all drug court fees assessed to the client in addition to treatment sliding scale fees for each type of court (Adult, Family, Juvenile Specialty Courts, etc).

Adult Drug Court: There are no fees associated with Drug Court. Clients are only responsible for paying any restitution associated with their case. Outside of residential treatment, clients may be asked to pay by their individual treatment providers/sober living program depending on individual circumstances. If the treatment provider is within the Salt Lake County DBHS network, they will be assessed for payment based on the DBHS sliding scale fee schedule. Clients also pay for their own tests through Averhealth, but CJS can provide fee waivers on a case-by-case basis.

Participants in Family Recovery Court and Juvenile Drug Treatment Court are not assessed fees for their participation in these specialty treatment courts. When accessing treatment, these expenses are generally covered by Medicaid. In cases where the participant does not have Medicaid and the treatment provider is within the Salt Lake County DBHS network, they will be assessed for payment based on the DBHS sliding scale fee schedule. Drug testing fees are covered through the contract with Averhealth or the treatment provider they are receiving treatment services from.

16) Justice Services   Thomas Dunford

Describe screening to identify criminal risk factors.

Criminogenic Screening and Assessment Tools
In Salt Lake County, services are provided through a network of public and private providers within the community. The criminogenic screening and assessment tool utilized by these programs may be varied. The Intensive Supervision Probation Program for example employs the LS/CMI with each program participant, while the University of Utah Assessment and Referral Services utilizes the RANT. Unfortunately, even though Salt Lake County Criminal Justice Services and Adult Probation and Parole complete the LS/CMI with participants, the full results are not shared with providers within our system (based on proprietary concerns) requiring duplication within the network.

Identify the continuum of services for individuals involved in the justice system. Identify strategies used with low risk offenders. Identify strategies used with high risk offenders to reduce criminogenic risk factors.

DBHS Alternatives to Incarceration Program Initiatives

Project RIO (Right Person In/Right Person Out) began in 2006 when the Salt Lake County Criminal Justice and Mental Health Systems concurred with Munetz and Griffin, that in the ideal case, persons with mental illness would have the same rate of contact with the criminal justice system as does any other person. Systemic improvements were implemented that involved all five of the "sequential intercepts" in which persons with behavioral health conditions contact the criminal justice system, with the goal of diverting persons who have mental illness or substance use disorders and who are non-dangerous offenders from inappropriate incarceration. These programs supported an already

active CIT program and Mental Health Court, and were the product of a rich collaboration of numerous agencies. Below please find an array of federal, state, and county funded programs that exist today. Programs supported in varying degrees by JRI funds have a **red*** next to them and more detailed program descriptions.

Sequential Intercept #1 - Law Enforcement & Emergency Services

● **Crisis Line & Warm Line** - The HMHI Crisis Line, in affiliation with the National Suicide Prevention Lifeline, is in operation 24/7, 365 days of the year, acts as the front door to the HMHI Crisis System, and is staffed by experienced certified crisis workers. The Crisis Line team coordinates Mobile Crisis Outreach Teams as needed. The Warm Line is a peer-run phone line staffed by individuals in recovery. Peer operators are trained to attentively and empathically listen to anonymous callers, offer compassion and validation, and assist callers in connecting with their own internal resources, strengths, and direction.

● **Mobile Crisis Outreach Teams (MCOT)** - HMHI interdisciplinary teams of mental health professionals (a licensed mental health practitioner and peer support specialist) who provide face-to-face crisis resolution services for individuals in Salt Lake County who are experiencing or at-risk of a mental health crisis, and who require mental health intervention. MCOT staff often provide law enforcement with alternatives to incarceration or hospitalization when responding to patients in crisis, allowing the individual to remain in the least restrictive setting. These teams serve both adults and youth, 24/7 throughout the county.

● **Receiving Center (RC)** - An HMHI short stay facility (up to 23 hours) designed as an additional point of entry into the Salt Lake County crisis response system for assessment and appropriate treatment of adult individuals experiencing a behavioral health crisis. Clients may receive assessments, medications and other support. It may be used by law enforcement officers, EMS personnel and others as a receiving facility for individuals who are brought there voluntarily or on an involuntary hold. The RC is an innovative program that provides a secure crisis center featuring the "Living Room" model, which includes peer support staff as well as clinical staff. The goal of the center is to reduce unnecessary or inappropriate utilizations of ER visits, inpatient admissions, or incarceration by providing a safe, supportive and welcoming environment that treats each person as a "guest" while providing the critical time people need to work through their crisis.

Although progressive for its time upon opening in 2012, the Receiving Center is currently underutilized by law enforcement and emergency services due to a combination of issues. Physical set-up of the current space and gaps in funding for robust medical care have led the majority of law enforcement cases to be sent through emergency rooms for medical clearance which is a significant barrier to utilization. The geographical location is also not central to the jurisdictions most in need of the service, taking law enforcement serving those areas off the streets for longer than is practical. Care in this setting has been impacted in 2021 and 2022 due to the COVID-19 pandemic due to the living room model, which presents significant challenges to communal care without risk of community outbreak. This led to some delays in acceptance and periodic reduction in bed capacity.

DBHS was awarded funding for a new non-refusal Receiving Center, and thanks to additional partners and funding, a groundbreaking occurred in May 2021. This program will serve Salt

Lake County community members who are in psychiatric or substance use-related crisis from a central, accessible location in South Salt Lake. The new Receiving Center (RC) has been designed and funded to operate as a true non-refusal facility that will accept any and all individuals including community walk-ins, secure drop-offs from police, fire & EMS, and referrals for assessment. As a non-refusal RC for police, firefighters, and EMS, many of these individuals will be low-level offenders cycling through the county jail, whose crimes are secondary to untreated or undertreated mental illness or substance use disorders. Others may be frequent patients in emergency departments throughout the Salt Lake Valley. These individuals will benefit from medical and psychiatric triage, clinical assessment, peer support, discharge planning, connection to community resources and partners, and referral to treatment programs such as inpatient care, medical care, and detox.

Due to this facility not becoming operational until 2025, the Salt Lake County Council voted to dedicate $2.5M (ARPA funding) towards a temporary RC to act as a bridge until the new RC is built and operational. It will be a non-refusal center with the ability to expand to 12 chairs (increasing from 5 in the current facility).

● **Volunteers of America Detox Centers** *
These programs partner with multiple law enforcement agencies to offer individuals who have been picked up for public intoxication an alternative to jail and a safe environment focused on recovery. Officers can call for bed availability, van pick-up hours and availability. To meet the criteria for the Jail Diversion Program, clients must be intoxicated, non-combative, medically stable and willing to go to the detox center.

DBHS contracts to provide social detoxification services in multiple sites within the county. These sites are:

Volunteers of America Men's Adult Detoxification Center: This social model residential detoxification and withdrawal management program provides 80 beds for men 18 and older in need of detoxification & withdrawal management services. This facility is located at 252 W. Brooklyn Ave. Salt Lake City, UT, 84101.

Volunteers of America Center for Women and Children: This social model residential detoxification and withdrawal management program provides 32 beds for homeless and low-income women, 18 years and older, in need of detoxification and withdrawal management services. In addition, women may bring their children age 10 and under into the program. This mitigates a barrier many women face when they do not have safe alternative childcare. In addition, clients have access to an outdoor area and onsite garden. It is located at 697 W 4170 S, Murray, UT, 84123.

Both programs offer a trauma-informed environment wherein clients can receive help managing intoxication and withdrawal symptoms and decide the next steps in their recovery journey. Clients may stay at these facilities for up to 30 days as they work with their case manager to link to behavioral health services. These services include connection to essential substance use treatment, Medicaid enrollment, primary care referral, assistance with legal issues, reconnecting with family, etc.

While in residence, clients can also access medication-assisted treatment (MAT) through our community partnerships, a critical service we provide. Peer support services, in-house 12-step recovery meetings, connections to the Salt Lake County recovery community, and harm reduction services are also available. In addition, qualifying clients interested in substance use disorder treatment can often transfer directly to treatment and receive a full ASAM-driven biopsychosocial assessment and referral to

an appropriate treatment program.

By the end of 2023 they will be moving locations to 1875 S Redwood Road and expanding their beds by 50.

● **Unified Police Department (UPD) Mental Health Unit (MHU)** *

Supported with JRI funding, a licensed mental health therapist is housed within the UPD offices, co-responds with law enforcement to mental health crises within the community, and provides individualized follow-up. The UPD Mental Health Unit serves the cities of Kearns, Magna, Holladay, Millcreek, Midvale, Canyons, Copperton, Cottonwood Heights, Draper, Sandy, Murray, South Salt Lake, Brighton and White City, and also provides additional assistance to other law enforcement agencies throughout the county upon request to: Salt Lake City, UTA, Bluffdale, South Jordan, West Jordan, Herriman and West Valley City.
The objectives of the Mental Health Unit are to:
● Assist with the de-escalation of volatile situations, reducing the potential for violence during police contacts
● Provide mental health consumers and their families with linkages to services and supports
● Serve consumers in the least restrictive setting, diverting from jail and hospitalization as appropriate
● Reduce repeated law enforcement responses to the same location, and
● Free up patrol officers to respond to other calls.

The Mental Health Unit is a partnership of law enforcement agencies in Salt Lake County. Currently there are 12 MHU officers and one mental health therapist that respond to calls throughout the county.

This effort enjoys a commitment to problem solving and a fruitful collaboration between law enforcement, DBHS, HMHI, and the greater community of Salt Lake County.

Sequential Intercept #2 – Jail

● **Jail Behavioral Health Services** * - Mental health and substance use disorder (SUD) services are provided to inmates of the SLCo Jail. More detailed program descriptions may be found in the incarcerated individuals section above.

Mental Health services are funded through a direct appropriation from the County Council to the SLCo Sheriff's Office. In addition to providing mental health services and medication management, jail mental health case managers coordinate services and releases for the severely mentally ill population. This includes such things as verifying medications, obtaining outside treatment records, post-release planning, providing community resources, connecting clients to in-reach services as available, collaborating/communicating with community stakeholders such as community behavioral health providers, the Legal Defenders Office social workers, and participating in Mental Health Court staffings, Top 10 staffings, and the Metro Mental Health monthly roundtable.

The Salt Lake County Jail has two dedicated units that can address more severe mental health needs – a 17-bed unit for individuals who have been identified as high risk for suicide and a

48-bed unit for individuals with a mental health diagnosis that would benefit from not being with the general population. In addition to these, the jail team provides group therapy and crisis services for individuals in the general population.

DBHS funds the SUD services in the jail, including:
Corrections Addictions Treatment Services (CATS) at Oxbow and Adult Detention Center Jails, South Salt Lake City: CATS is an addictions treatment therapeutic community based on an intensive outpatient level of care (9 - 19) hours per week of therapeutic and skill-based treatment services based on the therapeutic community model.

The program is operated within both the ADC and Oxbow Jails. The capacity for males is 152 beds (Oxbow) and 32 beds for females (ADC) based on an average length of stay of 3 months. The CATS program is also a direct referring partner for the Vivitrol Program and Salt Lake County Behavioral Health Services' housing programming. Upon completion of the CATS program, all inmates are eligible to apply for TAM Medicaid and be provided with a clinical referral into a county approved agency.

Currently, CATS includes a psycho-educational component (Prime for Life) for up to 1,500 inmates, plus a fuller continuum of treatment services with the inclusion of interim group services called Drug Offender Group Services (DOGS). The CATS, DOGS and Prime for Life programs are contracted through Odyssey House.

3 Year Plan:
Odyssey House is exploring a possible expansion of services into the Medium Security levels within the Salt Lake County jail, pending approval.

Jail Medication-Assisted Treatment Program - Qualifying program participants with opioid or alcohol use disorders have access to medication-assisted treatment, substance use disorder behavioral therapies, and coordinated referrals to community treatment services upon release. MAT program medications may include methadone, buprenorphine or Naltrexone. The MAT program provides a whole-patient approach to the treatment of substance use disorders and is clinically-driven with a focus on individualized patient care. Services are provided through the jail's health services staff and through a contract with Project Reality. Naloxone kits are provided to qualifying participants upon release (as supplies last).

● **State Competency Jail Restoration Program -** This program is operated by the state and works to restore inmates to competency while awaiting a hospital bed.

● **Community Response Team (CRT)** * - This Valley Behavioral Health (VBH) team works with severely mentally ill (SMI) clients who are currently in jail, recent releases and also clients in the community who may be diverted from jail. CRT staff visit inmates prior to release to develop an APIC (Assess, Plan, Identify and Coordinate) Plan, a pre-release relationship with the inmate, assure medication continuity upon release, pre-determine eligibility for benefits and assist with transportation from the jail.

● **Salt Lake County Criminal Justice Services Pretrial Services** - This is a risk-based service to release individuals from jail while awaiting a court hearing. Utilizing the least restrictive conditions possible, Pretrial:
  ● Provides a non-financial release from jail and case management or tracking through case disposition.
  ● Provides information about upcoming court dates

- Utilizes evidence-based assessments and tools to identify appropriate resources and create case plans to help reduce barriers to success. Assessments used include Public Safety Assessment (PSA) and the Gender Informed Needs Assessment (GINA).
- Assists in connecting individuals to treatment.

● **County Pre-file Intervention Program (CPIP) -** This is a pre-filing diversion program that targets people who have been arrested for minor, non-violent crimes. Instead of filing criminal charges against them, prosecutors connect them to case workers who help them with required classes or other resources they might need. It is a voluntary program. People accused of violent crimes or domestic violence are not eligible. Participants stay out of the criminal justice system entirely if they complete the requirements and don't commit any new crimes while in the program, which lasts between four and six months.

Sequential Intercept #3 – Courts

● **Mental Health Courts** - Mental Health Court is a collaboration between criminal justice and mental health agencies in Salt Lake County. The Mental Health Court provides case management, treatment services, and community supervision for the purpose of improving the mental health and well-being of participants, protecting public safety, reducing recidivism, and improving access to mental health resources. Every participant who is accepted into MHC has completed a criminogenic risk assessment which providers have access to and can use as a means of targeting client specific areas of risk. Providers provide interventions at the individual, group and case management level to target areas of risk as well. DBHS funds coordination of care, treatment services and housing programs for this population
.
● **Family Recovery Court** - The mission of the Family Recovery Court is to treat individuals with substance use disorders through an intense and concentrated program to preserve families and protect children. This is achieved through court-based collaboration and an integrated service delivery system for the parents of children who have come to the attention of the court on matters of abuse and neglect. A drug court team, including the Judge, Guardian Ad Litem, Assistant Attorney General, parent defense counsel, DCFS drug court specialist, HMHI Assessment and Referral specialist, case managers, and the court's drug court coordinator, collaborate to monitor compliance with treatment and court-ordered requirements. DBHS funds services and care coordination for this population.

● **Drug Court** - The establishment of drug courts in the State of Utah is part of an ongoing effort to increase public safety by supporting recovery. Judges observed the same offenders appear in their courts time and time again, and it became evident traditional methods of working with individuals with a substance use disorder, such as strict probation or mandatory imprisonment, did not address the fundamental problem of addiction. Drug Court teams work through a close collaboration between the court system, supervising agencies and treatment providers. DBHS funds services and care coordination for this population.

● **Social Services Position Housed in the Legal Defenders Office** - this position, funded through DBHS, coordinates connecting individuals with severe mental illness involved in the criminal justice system to community treatment, Alternatives to Incarceration (ATI) Releases, referrals to Mental Health Court, etc. Additional social services positions are housed in the legal defenders' office, offering invaluable assistance in connecting large numbers of clients to treatment.

● **Case Resolution Coordinator** - An attorney funded through Salt Lake County, housed in the Legal Defenders Office, that helps individuals with behavioral health conditions resolve multiple court cases throughout the valley (in coordination with other court orders). Through close coordination of treatment and judicial oversight, individuals are diverted from incarceration, avoiding changes or lapses in their medications, loss of housing and associated emergency room visits or hospitalizations.

Sequential Intercept #4 – Reentry

● **Top Ten** - Once a month, DBHS facilitates a group that meets to staff frequently booked individuals with severe mental illness. Partners include the Legal Defender's Association (LDA), Valley Behavioral Health, HMHI Crisis Programs, Jail Mental Health, DBHS, Optum, The Road Home, Volunteers of America, the SLC PD Community Connections Center, 4th Street Clinic, Criminal Justice Services, Division of Services for People with Disabilities (DSPD), and Odyssey House. Team goals are to:
  ○ Ensure jail mental health is aware of an individual's diagnosis and medications prescribed in the community prior to arrest, and vice-versa, ensure community mental health programs are aware of an individual's diagnosis and medications prescribed in jail prior to release.
  ○ Develop a pre-release relationship with the inmate prior to release whenever possible.
  ○ Work to assertively engage the client in treatment upon release, address continuity of care/medications and transport if appropriate.
  ○ Refer into appropriate programs (Mental Health Court, ACT Teams, dual-diagnosis residential programs, Jail Diversion Outreach Team, other outpatient services, housing, DSPD services, etc.).
  ○ Communicate with the individual's attorney.
  ○ Communicate with county supervising case managers, state AP&P officers or other private supervising agencies.
  ○ Coordinate jail releases when appropriate.
  ○ Support the client to resolve open court cases.
  ○ Coordinate with medical providers when appropriate.
  ○ Coordinate with other community providers (VA, private providers, etc.).
  ○ Assist with housing, entitlements, and other needed supports.
  ○ Address individuals as pre-contemplative rather than non-compliant when unable to engage them into services. That is, try, try again.
Additional IT support is provided by the Salt Lake County Mayor's Office of Criminal Justice Initiatives, providing real time information regarding bookings, charges, court cases, and other pertinent information.

● **Jail Diversion Outreach Team (JDOT)** * - This VBH assertive community treatment "like" team is a multidisciplinary team that assists severely mentally ill individuals that are frequent recidivists in the county jail.

● **CORE (Co-occurring, Re-Entry & Empowerment)** * - VBH CORE 1 and CORE 2, offer services to adult male and female individuals suffering from co-occurring disorders including substance use disorders and serious mental illness. These 16-bed residential facilities are designed to provide wraparound services both on-site and in the community, integrating mental health and substance use disorder treatment and focusing on medium/high risk and

medium/high need individuals with supportive housing attached upon discharge. These programs were implemented due to community requests and have demonstrated impressive outcomes over the years with the ultimate goal of successful reentry and a reduction in jail recidivism.

DBHS utilizes multiple funding streams, including JRI, for the VBH CORE 1 & 2 programs.

A 2020 report found a 78.6% reduction in criminal recidivism for CORE 1 (men) and a 92.5% reduction for CORE 2 (women), when comparing 3 years prior to 3 years post program admission.

JRI dollars also support housing for the CORE programs and Jail Diversion Outreach Team clients. DBHS contracts for these housing resources through Housing Connect, and are generally master leased units. Valley Behavioral Health provides mental health and substance use disorder services and in-home case management visits throughout the client's residency in these units.

● **Odyssey House Women's MH Residential Program -** This 16-bed facility is a dual-diagnosis residential facility for women, providing mental health stabilization services and medication management to women with primary mental health diagnoses. Due to high demand from Mental Health Court and other stakeholders, this new program was brought online in 2020.

● **Odyssey House Men's MH Residential Program -** This 16-bed facility opened on April 27, 2022, and is a dual-diagnosis residential facility for men, providing mental health stabilization services and medication management to women with primary mental health diagnoses. Due to high demand from Mental Health Court and other stakeholders, this new program was brought online.

● **ATI Transport** * - This VBH program transports severely mentally ill inmates released from the jail at a specific time (avoiding nighttime releases) and transports them to a community-based treatment provider for assessment and services.

● **DORA** * - A collaboration between Adult Probation and Parole, the court system and behavioral health service providers utilizing smarter sentencing guidelines for better treatment outcomes.

● **The Fourth Street Clinic** - Collaborates with the jail health system to help provide continuity of care for individuals who are registered patients at Fourth Street Clinic, supporting these patients to continue the medications and treatment they were receiving prior to incarceration. Staff at FSC are also able to coordinate with the jail health system to help provide continuity of care when individuals experiencing homelessness are released from jail and want to re-establish care with the clinic.

● **DWS Medicaid Eligibility Specialists** - DBHS funds a Medicaid Eligibility Specialist to assist with enrollment into Medicaid. Prior to the pandemic, this was a mobile position, visiting various locations such as the jail, court settings and Criminal Justice Services. Currently these services are provided remotely. Another DWS Medicaid Eligibility Specialist is embedded within the largest behavioral health provider.

● **Navigator and Certified Application Counselor Assistance** - DBHS providers, the jail,

Criminal Justice Services, the Legal Defenders Association, Homeless Resource Centers, state corrections programs, and others, collaborate with navigators and certified application counselors to enroll individuals in Marketplace Plans, Medicaid and other health plan options, through Take Care Utah. Prior to the pandemic, these services were provided at many different locations, including court settings, the jail, provider locations, pretrial and probation settings. Currently they are a blend of in-person, and remote services. DBHS worked aggressively throughout the years to develop a coordinated response to enrollment efforts within the criminal justice and behavioral health populations.

● **Gap Funding** * - DBHS provides gap funding to assist with medications and treatment for uninsured severely mentally ill individuals being released from jail.

● **Jail Resource Reentry Program -** is voluntary and offers support to individuals as they transition back into the community to avoid recidivism and provide services to prevent them returning to the same circumstances that led to their arrest, helping to make the community safer. Salt Lake County Criminal Justice Services, the Salt Lake Legal Defenders Association and Valley Behavioral Health assist individuals to assist them in navigating the complexity of criminal justice and social services systems. Clients receive have access to email, phone calls and free Wi-Fi; phone charging stations; snacks, water, female personal hygiene products; SNAP/Medicaid enrollment; Department of Workforce Services (DWS) information; a safe place to wait for services; transport options (bus tokens, VOA van service, homeless van services); homeless housing referrals; donated clothing items are available on-site.

Sequential Intercept #5 – Community

● **VOA & VBH Assertive Community Treatment (ACT) Teams & Odyssey House (OH) Forensic ACT Team** - Salt Lake County/Optum has contracted with VOA, VBH and OH to implement Assertive Community Treatment (ACT) Team service delivery models for Salt Lake County residents. The teams provide intensive home and community-based services. The ACT Teams offer a "hospital without walls" by a multidisciplinary team. The emphasis is to provide support to those who are high utilizers of services and to offer stabilization within the community. The programs are implemented to fidelity to the evidence-based model as outlined by SAMHSA. DBHS also funds housing for these programs. A large portion of these individuals are justice-involved.

● **Housing Programs** * – DBHS funds multiple housing first initiatives for individuals involved in the justice system. Some serve individuals with severe mental illness, while others are tailored towards supporting individuals with primary SUD conditions. These programs are a combination of scattered units throughout the valley, boarding homes, rental assistance vouchers, sober living homes, and partnerships on tax credit housing projects where DBHS funds Medicaid supportive living rates, rental subsidies, and even some capital expenses.

In addition to the above, there are many housing programs through other funding streams that DBHS partners with and in some cases funds in-kind behavioral health services for, to assist in meeting HUD funding requirements.

JRI funding is used for a portion of these housing programs.

● **Intensive Supervision Probation (ISP) Program** * - DBHS continues to partner with the

Sheriff's Office and CJS on the ISP program. This program targets high-risk, high-need (SUD) individuals sentenced to county probation at CJS. Clients are evaluated using the LS/CMI risk tool, along with an ASAM assessment to determine appropriate level of supervision and care. They are supervised in the community by deputies from the Sheriff's Office and receive intensive case management services through CJS. DBHS continues to provide dedicated assessment staff working in coordination with the deputies and case managers, as well as prioritized access to treatment services for the uninsured and underinsured populations. Through this model there has been an increase in the number of clients who present for an assessment and treatment, reductions in the wait times associated with accessing treatment, and lower attrition rates when compared to the overall system. Through the expansion and evolution of the program, Recovery Support Services (case managed at DBHS), access to evidence-based MAT (case managed at DBHS and offered through a network of providers), and peer-led recovery coaching (through a contract with USARA) are accessible to ISP participants. Between 2015 and 2021, over 60% of all clients have been referred due to drug-related offenses and over 99% have struggled from moderate or greater SUD. Additionally, over 32% of all clients have identified opiates as a primary substance of abuse (26.9% of all males and 35.7% of all females).

In March 2016 this program was presented to the County Council and received unanimous support for an increase in ongoing county funds ($2.3 million overall, $790,000 for community treatment) to grow the program. County funds for this program are not included in this budget narrative. After successful implementation, ISP received several accolades for the innovative strategies employed to stop the revolving door of recidivism in Salt Lake County, including: the 2016 National Association of Counties (NACo) Achievement Award; was selected to present at the national 2016 American Probation and Parole Association Conference in Cleveland; the 2017 Salt Lake County Sheriff's Office Distinguished Unit award; and, was recognized by the Honorary Colonels of Salt Lake in 2018.

An additional $1.4M was awarded to ISP in July 2017 from the Justice Reinvestment Committee (JRC funds cut in FY20). Leveraging these funds, ISP was able to fund a third licensed mental health therapist (has since reduced back to two, and then back down to one based on pandemic shifts and demand) to provide additional clinical assessments. The program also was able to expand treatment capacity, funding an active caseload of 280 clients, up from the original program capacity of 180 clients. By utilizing county funds, ISP was able to expand supervision and case management capacity as well (hiring 2 additional case managers and 3 Sheriff's Office deputies).

In a 2021 evaluation, 406 clients were admitted into the ISP program during a 12 month period (January 2020 – December 2020). Since the program's inception 320 individuals have graduated, and multiple successful outcomes documented: 75.4% of all clients referred into ISP have been assessed for treatment. Looking at a snapshot of the program in March of FY20, 73.1% of all open clients remain actively engaged in treatment. Graduates of the program enjoy a 34% reduction in risk scores. Successful clients saw an 86% reduction in new-charge bookings (comparing one year prior to one year post-program intake); revoked clients showed a 59.2% reduction; with the total population showing a 71.6% reduction.

FY20 was a time of transition for this program due to the elimination of JRC funding. While the number of uninsured and underinsured individuals post-Medicaid Expansion is unknown, it was our intention to

maintain current levels of programming throughout this time by transitioning from JRC funding to Medicaid funding. Every effort was made to enroll participants into Medicaid. In addition to specialty enrollment efforts put in place during the Targeted Adult Medicaid (TAM) expansion, two large eligibility and enrollment trainings were held at the County Government Center. Approximately 213 individuals from 20 organizations across the county registered or walked into these trainings. The Utah Department of Health presented on the eligibility criteria, the Utah Department of Workforce Services presented on enrollment guidelines, and additional resources such as Take Care Utah were presented as options for clients as they transition from Medicaid into Marketplace Plans. DBHS requires providers to utilize Medicaid prior to accessing public dollars and audits to adherence to this process. It is important to keep in mind that DBHS will no longer be able to monitor data for this program in the same way, as the new Medicaid Expansion and Targeted Adult Medicaid dollars do not flow through this agency, and as such, will not have access to a complete data set.

During FY21, due in large part to TAM and the Adult Medicaid Expansion occurring over the prior two years, a large portion of treatment funds were no longer needed for this program. The participating treatment providers assisted with a seamless transition in funding source to Medicaid without service interruption to the clients. With the Medicaid expansions being open to other providers outside of the DBHS network, additional providers have begun to serve ISP clients as well. JRI funds continue however to play a large role in funding the correctional staff and other ancillary, non-Medicaid funded services such as UA testing, RSS services and recovery coaching through USARA.

● **Mental Health Court Housing** – beginning in FY22, mental health court housing units (2 master leased units and 6 units at First Step House's Fisher House) transferred from Salt Lake County Criminal Justice Services to DBHS.

● **Rep Payee Services** - a supportive service to individuals in need of assistance in managing their finances. Many individuals with severe and persistent mental illness, cycling through the criminal justice system, benefit from this type of service.

● **Supported Employment Programs** – multiple Salt Lake County network providers operate successful employment assistance programs for justice-involved populations.

● **USARA (Utah Support Advocates for Recovery Awareness)** - DBHS assists with funding for this program. This organization provides peer recovery support services, delivered by peer recovery coaches, a non-clinical support that brings the lived experience of recovery along with training and supervision to assist individuals in initiating and/or maintaining recovery. They also provide support groups for families and friends who are concerned about someone with a substance use disorder.

This program has targeted efforts for justice-involved populations such as the Intensive Supervision Probation Program, Family Recovery Court, and others.

● **Medication-Assisted Treatment Programs** - In recent years, DBHS utilized federal dollars to expand medication-assisted treatment access within the community. Salt Lake County had six out of the top ten hotspots identified within the state for opioid related emergency room visits and overdose deaths. In an effort to address these hotspots, capacity in the existing Project Reality location was increased, and two new clinics were opened in other areas of the county.

One of the new clinics is located in West Jordan, through Clinical Consultants, the other is located in Murray, through Project Reality. Federal grant dollars are utilized to maintain these clinics. Additionally, Discovery House, Tranquility Place, and BayMark have been added to our network of providers.

● **Community Mental Health and SUD programs** - there are many other mental health or substance use disorder treatment programs, in all levels of care, that serve the criminal justice population. Medicaid expansion has enabled an unprecedented expansion of these services.

As an example, ~170 SUD residential beds existed in 2016, and currently exceeds 600, more than tripling capacity within the Salt Lake County network. Additional services have expanded outside this network as well.

Criminogenic Screening and Assessment Tools
In Salt Lake County, services are provided through a network of public and private providers within the community. The criminogenic screening and assessment tools utilized by these programs may be varied. The Intensive Supervision Probation Program for example employs the LS/CMI with each program participant, while the University of Utah Assessment and Referral Services utilizes the RANT. Unfortunately, even though Salt Lake County Criminal Justice Services and Adult Probation and Parole complete the LS/CMI with participants, the full results are not shared with providers within our system (based on proprietary concerns) requiring duplication within the network.

Strategies used with low and high risk offenders
All clients are screened for criminogenic risk using validated, JRI-recommended tools (either the LS/CMI, the LSI, or the RANT) depending on the agency. Based on capacity at each agency, and the ability to stratify residential and outpatient programs by risk, clients are separated into the most appropriate setting. For example, Odyssey House places all 'intense' and 'very high' risk clients at their Millcreek campus. All 'high' clients go to the Downtown facility. All moderate clients attend Lighthouse, and all 'moderate-low' clients attend the Meadowbrook facility. Because of the size of the programs at Odyssey House, they would not have low-risk clients in service with high-risk clients. For the outpatient side of services, OH places all lower risk clients in the weekend IOP/OP Expedition Program. Not as much flexibility exists for outpatients. Other agencies do not have as much flexibility because of the size of their programs and other financial constraints. First Step House for instance does not serve many, if any, low-risk clients. They do have some higher and intense risk programs that will serve only clients scoring in the 25+ range of the LS/CMI (REACH Program). Lower risk clients at FSH are typically referred to other programs for services, where they can receive differentiated services based on their lower risk scores. In our criminal justice programs (such as the ISP Program), many different EBPs are utilized to work with lower risk (all clients are at least a 20 on the LS/CMI) clients. These include EPICS (Effective Practices in Community Supervision), BITS (Brief Intervention Tools), Seeking Safety, and risk-based case planning based on the Risk, Needs, Responsivity (RNR) model.

Identify a quality improvement goal to better serve individuals involved in the criminal justice system. Your goal may be based on **the recommendations provided by the University of Utah Criminal Justice Center in SFY 2020.**

Although progressive for its time in 2012, the Receiving Center (RC), is currently underutilized by law enforcement and emergency services. Though it is set up to receive referrals from law enforcement, these referrals have decreased over the years due to the requirement that clients routinely need to go to the emergency room first to be cleared medically. Though that was not a requirement when the existing

Receiving Center initially began, this became a necessity due to a combination of medical liability concerns, physical setup of the Receiving Center space, and inability to fund the correct staffing model to
operate as a "no wrong door" facility. This, plus the location of the facility, is a discouragement to law enforcement since it takes them off the streets for extended periods of time.

Our goal is to open a new centrally located, non-refusal Receiving Center. DBHS was awarded funding for a new non-refusal Receiving Center, SLCo transferred the property, and thanks to HMHI and additional partners and funding, a groundbreaking occurred in May, 2021. This program will serve Salt Lake County community members who are in psychiatric or substance use-related crisis; however, the new Receiving Center will accept any and all individuals including walk-ins, secure drop-offs, and referrals for assessment. As a non-refusal RC for police, firefighters, and EMS, many of these individuals will be low-level offenders cycling through the county jail, whose crimes are secondary to untreated or undertreated mental illness or substance use disorders. Others may be frequent patients in emergency departments throughout the Salt Lake Valley. These individuals will benefit from medical and psychiatric triage, clinical assessment, peer support, discharge planning, connection to community resources and partners, and referral to treatment programs such as inpatient care, medical care, and Detox.

Due to this facility not becoming operational until 2025, the Salt Lake County Council voted to dedicate $2.5M (ARPA funding) towards a temporary RC to act as a bridge until the new RC is built and operational. It will be a non-refusal center with the ability to expand to 12 chairs (increasing from 5 in the current facility).

Identify coalitions, planning groups or councils (or other efforts) at the county level working to improve coordination and outcomes for adults involved in the justice system.

DBHS recognizes Justice Reinvestment Initiative (JRI) Programming as a countywide initiative affecting multiple stakeholders including law enforcement, the county jail, courts, criminal justice services, legal defender's office and district attorney's office. As a result, when implementing a JRI strategy DBHS was committed to broad support of county stakeholders, including approval from the following Criminal Justice Advisory Council stakeholders prior to implementing programming with JRI community-based treatment funding:

Mayor Jenny Wilson	Salt Lake County Mayor
Sheriff Rosie Rivera	Salt Lake County Sheriff's Office
Hon. Brendan McCullagh Judge	West Valley City Justice Court
Jean Hill	CJAC Coordinator
Honorable Jojo Liu Judge	Salt Lake City Justice Court
Jim Bradley	Salt Lake County Council
Dave Alvord	Salt Lake County Council
Jack Carruth	Chief of Police, South Salt Lake City
Karen Crompton	Director Salt Lake County Human Services
Sim Gill	District Attorney, Salt Lake County
Kele Griffone	Director, Criminal Justice Services
Representative Jim Dunnigan	Utah House of Representatives
Senator Stephanie Pitcher	Utah State Senate

Matt Dumont	Chief, Salt Lake County Sheriff's Office
Rich Mauro	Executive Director, Salt Lake Legal Defenders Association
Kim Brock	Third District Court Executive
Jim Peters	State Justice Court Administrator
Honorable Mark Kouris	Presiding Judge, Third District Court
Honorable Susan Eisenman	Third District Juvenile Court
Aimee Griffiths	AP&P Region Chief
Andrew Johnston	Salt Lake City Homeless Policy and Outreach
Tiffany King	Crime Victim Advocate
Jason Marzuran	Chief, Unified Police Department, LEADS Chair
Wayne Niederhauser	Office of Homeless Services
Jeff Silvestrini	Mayor, Millcreek City
Tim Whalen	Director, Salt Lake County Behavioral Health Services
Pamela Vickrey	Utah Juvenile Defender Attorneys, Executive Director
Scott Fisher	Salt Lake City Municipal Prosecutor
Luna Banuri	Chair, SL County Council on Diversity Affairs, Subcommittee on Criminal Justice & Law Enforcement

Additional stakeholders that participated in implementing these programs included: The University of Utah Assessment and Referral Services, Odyssey House, First Step House, Valley Behavioral Health, Clinical Consultants, Project Reality, Volunteers of America, House of Hope, the University of Utah Neuropsychiatric Institute and the Salt Lake City Police Department Social Work Program.

DBHS is a member of the Criminal Justice Advisory Council, where ongoing systemic needs are addressed monthly, coordinated and planned for. One example is the new Receiving Center. This item will be periodically addressed on the agenda to provide updates and receive feedback from stakeholders.

Identify efforts as a community stakeholder for children and youth involved with the juvenile justice system, local DCFS, DJJS, Juvenile Courts, and other agencies.

Examples of services to these populations include:

Volunteers of America, Utah's Treatment Services Division (Cornerstone Counseling Center/Family Counseling Center - VOA/CCC/FCC) - has several programs to assist children and youth who are justice-involved with local DCFS, DJJS, Juvenile Courts, etc. Both CCC and FCC provide direct mental health services based on the client-centered biopsychosocial assessment. Services are provided by Licensed Mental Health Therapists as well as therapists working towards full licensure and Advanced Practice Registered Nurses (APRNs). Medication management services are provided for youth aged 16 years and older. Other available services include individual therapy (including play therapy) for children four years and older, group therapy as indicated by current census, and family therapy. Additionally, CCC provides Parent Child Interaction Therapy (PCIT), an evidence-based practice, for children aged two and a half up to seven years old.

Odyssey House - Their adolescent continuum serves JJS and DCFS youth and works closely with JJYS and DCFS workers to coordinate care. Their school-based behavioral health services work with JJYS and DCFS youth K-12 schools in every district in the county. The Youth Afterschool Program was developed in partnership with JJYS and demonstrates significant recidivism reductions. Finally, their

Parents with Children Program works with DCFS custody youth to re-unify them with their parents while concurrently providing mental health and developmental services.

Salt Lake County Division of Youth Services-Juvenile Receiving Center (JRC) - This program offers screening, evaluation and referral services to youth, families and law enforcement 24/7. Services are for youth ages 8 to 17 who need a crisis timeout, are runaway, homeless, ungovernable youth or youth who have committed minor offenses. Youth may come to the facility on their own, with parents or police may bring in youth who have committed a status offense or delinquent act that does not meet Detention Admission Guidelines. This may include but not limited to running away from home, truancy, substance use, curfew violation or acting beyond the control of the youth's parents. No appointment is needed to access the Juvenile Receiving Center services including individual or family crisis counseling. Serving two locations: Salt Lake and West Jordan. The Salt Lake location operates 24/7, the West Jordan office operates 8am - 8pm Monday through Friday.

Please also refer to the Drug Court section of the SUD Narrative for additional information on support to the Juvenile Drug Court and Family Recovery Court.

Describe how you measure or determine success of these programs or services? Provide data and outcomes used to evaluate Justice Services. Please identify and define measures and benchmarks you are working to achieve

Correctional Program Checklist (CPC) - The CPC is a tool developed to assess correctional intervention programs and is used to ascertain how closely those programs meet known principles of effective intervention. Several studies conducted by the University of Cincinnati-of both adult and juvenile programs-were used to develop and validate the indicators on the CPC. These studies found strong correlations with outcome between overall scores, domain areas, and individual items.

The CPC is divided into two basic areas: CAPACITY and CONTENT. The CAPACITY area is designed to measure whether a correctional program has the capability to deliver evidence-based interventions and services for offenders. There are three domains in the capacity area including: (1) Leadership and Development; (2) Staff; and (3) Quality Assurance. The CONTENT area focuses on the substantive domains of: (1) Offender Assessment; and (2) Treatment Characteristics. This area evaluates the extent to which the program meets the principles of risk, need, responsibility, and treatment. There are a total of
77 indicators, worth up to 83 total points. Each area and all domains are scored and rated as either "HIGHLY EFFECTIVE"; "EFFECTIVE"; "NEEDS IMPROVEMENT": or "INEFFECTIVE".

As a network system, multiple agencies within the DBHS network have worked with the CPC to assess, and then implement strategies to improve their services, in particular around individuals with current or past justice involvement. In recent years, First Step House and Odyssey House have worked extensively with the CPC, among other agencies.

DBHS has developed multiple outcome measures that vary from program to program. Please reference the attached compilation of reporting metrics and sections in this narrative above for some examples. Data DBHS has collected in the past include hospital diversion rates, treatment engagement, graduation rates, reductions in Risk Scores, positive drug testing rates, number of bed nights funded for individuals in permanent supportive housing, changes in census in co-occurring residential programs, changes in ACT Team census numbers and NOMS data such as employment, housing and "frequency of use" changes. New outcome measures for ACT teams were developed in FY22 and continue to be monitored on baselines and targets established in FY23. DBHS has also tracked reductions in jail recidivism for certain cohorts through a data sharing agreement with the Salt Lake County Jail.

Although Medicaid expansion has been a huge benefit to the behavioral health population we serve, it is important to understand that since November 2017 (the implementation of TAM), April 2019 (the Medicaid Expansion to 100% FPL), and finally January 2020 (expanding up to 138% FPL), DBHS lost the ability to track many of the metrics above for a large portion of these programs.

Significant anomalies may occur in data and outcome metrics for FY21 and forward due to COVID responses both within the treatment system and within our county jail.

17) Suicide Prevention, Intervention & Postvention (ONLY COMPLETE IF NOT COMPLETED ON FORM A) - Completed on Form A

Describe all current activities in place in suicide prevention, including evaluation of the activities and their effectiveness on a program and community level. Please include a link or attach your localized suicide prevention plan for the agency.
Describe all currently suicide intervention/treatment services and activities including the use of evidence based tools and strategies. Describe your policies and procedures for suicide screening, risk assessment, and safety planning as well as suicide specific treatment and follow up/care transition services. Describe how   Describe how clients are identified for suicide specific services. How is the effectiveness of the services measured?
Describe all current strategies in place in suicide postvention including any grief supports. Please describe your current postvention response plan, or include a link or attach your localized suicide postvention plan for the agency and/or broader local community.
Describe your plan for coordination with Local Health Departments and local school districts to identify roles and support implementation of a community postvention plan in alignment with the state Community Postvention Toolkit.
For Local Authorities participating in the Garrett Lee Smith State Youth Suicide Prevention and Early Intervention Grant Program summarize your implementation plans for implementing skill based programming, gatekeeper training, community or school based screening activities, and crisis follow up services after inpatient or emergency department visits. (note: this can be done in the box below, or by linking/attaching your most current report).

For those not participating in this grant program, please indicate "N/A" in the box below. |
| |

For Local Authorities participating in the Comprehensive Suicide Prevention grants describe your implementation plans for primary prevention progams, suicide intervention supports including gatekeeper training, and community postvention planning. (note: this can be done in the box below, or by linking/attaching your most current report).

If any of the following project deliverables are currently available, please link them here or attach them to your submission.

1. By year 2, funding recipients shall submit a written comprehensive suicide prevention plan that is in alignment with the Utah Suicide Prevention State Plan and by year 2, funding recipients shall submit a written postvention response plan and communication protocol for their organization.
2. By year 3 funding recipients shall submit a written community postvention response plan.

For those not participating in this project, please indicate, "N/A" below.

For Local Authorities receiving mini grant funding for the Live On Utah statewide suicide prevention campaign, summarize your implementation and sustainability plans for the implementation of culturally appropriate suicide prevention messaging in your area.

For those not participating in this project, please indicate, "N/A" below.

Salt Lake County
FORM C - SUBSTANCE USE PREVENTION NARRATIVE   3 Year Plan (2024-2026)

With the intention of helping every community in Utah to establish sustainable Community Centered Evidence Based Prevention efforts, fill in the following table per the instructions below.

Not every community will be at optimal readiness nor hold highest priority. This chart is designed to help you articulate current prevention activities and successes as well as current barriers and challenges. Please work with your Regional Director if you have questions about how to best report on your communities. For instructions on how to complete this table, please see the Community Coalition Status Tool here.

List every community in your area defined by one of the following:
1. serving one of the 99 Small Areas within Utah
2. serving the communities that feed into a common high school
3. any other definition of community with OSUMH approval.

*All "zero" or "no priority" communities may be listed in one row

Community	Community	High	Justification of Priority	Provided (if	Operating System	community
Salt Lake Central 9th YPC	G	High	Coordinator is working with CTC coach and is familiar with CTC, currently in phase 3 of CTC, completed draft community profile report and are waiting to vote on coalition chair. Funded through Block grant. Participates in monthly county-wide	CTC	CTC	n/a
MyKearns Community Coalition	G	High	Coalition has completed CTC and DFC frameworks. Became independent 501cs. In year 6 of DFC, with Salt Lake County acting as fiscal agent.	CTC, BLUES, ME Time, Strengthening Families, Guiding	CTC	https://www.kmtutah.org/bc-e2s
Magna	G	High	Coordinator has completed CTC TOF, KLO completed, and priorities have been set. Currently in phase 4 of CTC. Funded through block grant and through a federal crime grant with Salt Lake County acting the fiscal agent. Participates in monthly county-wide coalition meetings.	CTC	CTC / Community-Based Violence Intervention and Prevention initiative (CVI)	n/a
Midvale	E4c	High	New community coalition focused on juvenile justice / crime, coordinated by city in partnership with state. Has state funding through Juvenile Justice, with Salt Lake County acting as the fiscal agent. Will be starting the process of becoming a CTC. Participates in monthy county-wide coalition meetings.	CTC	The coalition has decided to proceed with CTC.	n/a
West Valley City	C1	High	Not open to CTC at this time. Currently working on implmenting Health in All Policy framework. Recieived recognition from City council and became a formal coalition structure with city funding. The coalition meets regularly and is working with Salt Lake County's Healthy Communities team. Focusing on mental health, health access and education and sustainability. Not funded through SUD. Participates in monthly county-wide coalition meetings.	None	None	n/a
Bluffdale	E7	High	Contracted to pilot Coalitions Lite. Funded through Block grant. Participates in monthly meetings with HD staff plus county-wide coalition meetings.	None	Coalitions Lite	n/a
Millcreek	E7	High	Contracted to pilot Coalitions Lite. Funded through Block grant. Participates in monthly meetings with HD staff plus county-wide coalition meetings.	Promise Millcreek	Coalitions Lite	https://millcreek.us/221/Promise-Program
South Salt Lake	C2 A234	Medium	Focuses on neighborhood development as a whole, also gang prevention. Not funded through SLCoHD.	None specific to SUD Prevention	Neighborhood Centers Model	http://www.southsaltlakecity.com/department-listings/promise-ssl
Murray	B	Low	Looking into CTC prior to COVID. Currently working to rebuild coalition/relationships. Not funded through SLCoHD.	None	None	n/a
Draper	B	Low	Draper has a new coordinator that is looking into coalition options. We have met to discuss CTC, but no movement at this time. Working with Healthy Communities. Not funded through SLCoHD. Participates in monthly county-wide coalition	None	Used to use CTC. Has since disbanded	n/a

West Jordan	C3 A34	Low	Community coalition focusing on physical health and data. Participates in monthly County-wide coalitions meeting. Not funded through SLCoHD.	None	None	n/a
South Jordan	C3 A34	Low	Community coalition mostly focusing on mental health resources. Participates in montlhy County-wide coalitions meeting. Not funded through	None	None	n/a
Sandy	C3 A34	Low	Has money for mini grants for health initiatives in the community. Participates in monthly County-wide coalitions meeting. Not funded through SLCoHD.	None	None	n/a
Holladay	C3 A34	Low	Community health coalition focusing on physical health and data. Participates in monthly County-wide coalitions meeting. Not funded through SLCoHD.	None	None	n/a
Herriman	C3 A34	Low	Community coalition focusing on suicide prevention and mental health. Participates in monthly County-wide coalitions meeting. Not funded through	None	None	n/a
Glendale	B	Medium	Currently in the planning phase. Working with UNP to outline systems map of the strengths and challenges facing the community. Work stopped during pandemic; unknown if it has started back up again. Not funded through SLCoHD.	None	None- has elements of SPF in the process. Community driven.	n/a
Avenues Daybreak Foothill/East Bench Southeast Liberty Sugarhouse Rose Park Cottonwood Taylorsville	A234	None	None of these communities have expressed the desire or readiness to pursue substance use prevention. Most, although not all, of these areas have historically high levels of resources and are not considered priorities for SLCo staff, although staff continue to work to develop and maintain relationships with these communities. Not funded	None	None	n/a

Area Narrative: Over the next three years, what will the LSAA do to support/enhance community driven evidence-based prevention? What are goals or expected outcomes for
The SLCo SUD Prevention Program will continue supporting existing community coalitions, coach emerging coalitions, and increase effectiveness of our supported evidence-

FY2024-FY2026 GOALS	FY2024-FY2026 OUTCOMES
CTC Coalitions: Continue to coach	Three CTC coalitions will continue their progress in the CTC phases
Coalitions Lite: Pilot CL; adapt as	1-2 community coalitions will transition to a research-based coalition
Healthy Communities: Continue to	Healthy Community coalitions (that do not follow an evidence- or research-
DFC / Kearns: Transition Kearns to an	MyKearns will own the DFC grant and hire an independent coordinator
Equity and inclusion: Coach coalitions	Coalition boards will increase their representation of their community
Contracted Providers: Work with	Contracted providers that do not already have strong reporting systems

Please provide logic models on the Logic Models Tab

Year 2 Updates

Year 3 Updates

Provide a Logic Model by coalition and/or agency for each problem behavior being addressed funded by Block Grant, PFS, SOR, SPF Rx, or State General Funds. Make a copy of the blank one and paste below for each additional logic model needed.

Problem Behavior Goal	Communities engaging in coalitions without a coalition framework								
Measures & Sources	Environmental scan of SLCo coalitions								
Salt Lake County Health	Coalitions Lite: Healthy Bluffdale; Healthy Millcreek								
	Risk/Protective Factor	Local Conditions	Strategies	Focus Population: Universal Selective Indicated	Evidence Based: Link to Program Registry Link to EBW Tier Level	Cost	Outcomes		
							Short (process)	Medium (3 to 5 years)	Long (10 years)
Logic	Coalitions are bringing people together and not making progress	Lack of time from community members; lack of knowledge of the importance of following an EB framework; lack of understanding of what's possible to do as a coalition; lack of funding to engage in a more in depth process	Coalitions Lite Framework	Universal	New structure created by Bach Harrison, based on SPF	Block Grant: $95,000 ($25k to develop framework; $70k to pilot) State General Fund: Discretionary:	2 coalitions that were not following frameworks have completed a data-informed, community engaged process	6 coalitions have adopted Coalitions Lite framework	Coalitions are following research-based practices that lead to longer sustainability and higher impacts
Measures & Sources	Environmental scan	Discussions with coalition members					post-meeting surveys; post project focus group	environmental scan	environmental scan

Intervention Name	Priority Population(s)/Zip Codes Served		Cost of Intervention	Evidence Based: Yes Name Registry		
Youth Mentoring	Refugee and Immigrant Youth and Families / 84104; 84119; 84120; 84119; 84123; 84107;		SLCoHD Grant Funds: $89,986 Other Funds: $ 42,500 Total: $132,486	Crime Solutions: https://www.crimesolutions.gov/PracticeDetails.aspx?ID=15		
Applicant: Asian Association of Utah			Tier Level: Effective (Crime Solutions)			
	Goal	Factors and Root Causes	Local Conditions	Focus Population	Strategies	Outcomes (Results)	
	Problem Behavior you are addressing	Risk factors, protective factors, CADCA root causes	Why is the problem being address happening	U/S/I? Estimated # served / reached?	Key activities, topics covered, etc. of the intervention	Short	Long
Logic	Reduce past 30 day drug, alcohol, tobacco, and marijuana use for refugee and immigrant	**Risk Factors:** - **Low Commitment to School** - **Attitudes Favorable to Antisocial**	Refugee and immigrant youth continue to arrive to Salt Lake County on a monthly basis. These youth	Indicated; 35 youth per year	Evidence Based Mentoring Program	Improvement in prosocial scores in the SDQ questionnaire among 80% of participants; 3% improvement in	Reduce past 30 day drug, alcohol, tobacco, and marijuana use for youth under the age 21 as

	immigrant youth under the age 21	**Antisocial Behavior** - **Perceived risk of drug use** Protective Factors: - Rewards for Prosocial	These youth, along with long-term resettled youth needs extra supporting in overcoming the many barriers			improvement in school attachment measure by quarterly school attendance	the age 21 as measured on the SHARP Survey
Measures & Sources	2021 SHARP data; Strengths and Difficulties Questionnaires	Strength and Difficulties Questionnaire (SDQ)	Intake forms, Juvenile Justice Data, School Data	Intake forms and quarterly administration of the SDQ	Quarterly SDQ Questionnaire administrations; Quarterly School Report Cards; Juvenile Justice Risk Assessments	SDQ testing; Monthly school attendance reports	2025 SHARP Testing

Intervention Name	Priority Population(s)/Zip Codes Served		Cost of Intervention			Evidence Based: Yes Name Registry	
Positive Action	Refugee and Immigrant Youth and Families / 84104; 84119; 84120; 84119; 84123; 84107;		SLCoHD Grant Funds: $99,833 Other Funds: $42,500 Total: $142,333			https://www.blueprintsprograms.org/programs/182999999/positive-action/	
Applicant: Asian Association of Utah			Tier Level: Model (blueprints)				
	Goal	Factors and Root Causes	Local Conditions	Focus Population	Strategies	Outcomes (Results)	
	Problem Behavior you are addressing	Risk factors, protective factors, CADCA root causes	Why is the problem being address happening	U/S/I? Estimated # served / reached?	Key activities, topics covered, etc. of the intervention	Short	Long
Logic	Reduce past 30 day drug, alcohol, tobacco, and marijuana use for refugee and immigrant youth age 18 and under	**Risk factors: Low Commitment to School; Perceived Risk of Drugs Protective factors: Rewards for Prosical Involvement; Interaction with Prosocial Peers**	Refugee and immigrant youth continue to arrive to Salt Lake County on a monthly basis. These youth, along with long-term resettled youth needs extra supportive programming in out of school time spaces where they can	Universal (Universal Approach was selected because of the data listed on Blue Prints Programs website); 80 youth ages 6-18 over one year	Positive Action Curiculum presented on average 3 times per week in afterschool/summer school settings covering: alcohol prevention; drug prevention; skills training; social emotional	Improve pre/post Positive Action Assessment Scores by 2%; 75%+ attendance to the afterschool/summer school/regular day school by 80% of the participants	Reduce past 30 day drug, alcohol, tobacco, and marijuana use for minority youth under the age 21 as measured on the SHARP Survey
Measures & Sources	Positive Action Assessment; SHARP Data	Positive Action Assessment; School attendance	Intake forms, school referrals, Community Referrals	Intake Forms; Positive Action Assessment	Intake Forms; Positive Action Assessments	Positive Action Assessment; program and school attendance records	2025 SHARP Data

Intervention Name	Priority Population(s)/Zip Codes Served		Cost of Intervention			Evidence Based: Yes Name Registry	
Systematic Training for Effective Parenting (STEP)	Refugee and Immigrant Parents / 84104; 84119; 84120; 84119; 84123; 84107; 84106; 84101;		SLCoHD Grant Funds: $70,869 Other Funds: $96,000 Total: $166,869			Pew Results First Clearinghouse Database; https://www.stepppublishers.com	
Applicant: Asian Association of Utah			Tier Level: 3 - Promising Research Evidence (Pew); 3 Promising				
	Goal	Factors and Root Causes	Local Conditions	Focus Population	Strategies	Outcomes (Results)	
	Problem	Risk factors,	Why is the	U/S/I?	Key activities,	Short	Long

	Behavior you are addressing	protective factors, CADCA root causes	problem being address happening	Estimated # served / reached?	topics covered, etc. of the intervention		
Logic	Amongs focus population, reduce: 1. Prevent ATOD use; 2. Increase Family Attachment	**Risk Factors:** **- Parental Attitudes Favorable to Antisocial Behavior** **Protective Factor:** **- Family Attachment**	Refugee and Immigrant families are continually resettling to Salt Lake County. Coming to the USA they need to learn new parenting laws and norms that will assist them in building family attachment during a time of transition.	Indicated; 60 parents reached from refugee and immigrant communities in Salt Lake County	STEP Evidence Based Curriculum with Fidelity measures; Classroom setting delivery with in person and virtual options to limit transport barriers. Topics covered: Understanding yourself and your child; beliefs and feelings; encouraging yourself and your child; listening and talking to your child; Helping Children Cooperate;	Increase Family Attachment among 80% of the participants;	Reduce 30-day alcohol use by individuals under the age of 21 by 2% from 2021 – 2027 SHARP Surveys
Measures & Sources	STEP Curriculum; STEP Assessments	2021 SHARP Assessment; STEP Assessments	Registration Forms/State Refugee Data	Registration Forms/State Refugee Data	STEP Assessments; STEP Curriculum	STEP Assessment DATA	SHARP 2027 Data

Intervention Name		Priority Population(s)/Zip Codes Served		Cost of Intervention		Evidence Based:	
						Yes	
						Name Registry	
Big Brothers Big Sisters				SLCoHD Grant Funds: $100,000		Blueprints	
				Other Funds: $23,000			
				Total: $123,000			
Applicant: Big Brothers Big Sisters of Utah				Tier Level: Promising			
	Goal	Factors and Root Causes	Local Conditions	Focus Population	Strategies	Outcomes (Results)	
	Problem Behavior you are addressing	Risk factors, protective factors, CADCA root causes	Why is the problem being address happening here? Why now?	U/S/I? Estimated # served / reached?	Key activities, topics covered, etc. of the intervention	Short	Long

	1. Reduce Past 30 Day use of Alchohol	1. Perceived Risk of Drug Use	1. Number of children who have tried e-cigarettes or vape products has increased by over 26% in the past four years. The perceived risk of activities such as smoking, drinking,and drug use is lower in Salt Lake County than the rest of Utah. This means that youths are more likely to	Selective - 28 Youth ages 6-17 with a refugee background will be matched with volunteer mentors in SL County one-to-one BBBSU Mentoring Programs	Youth will meet with their mentor 2-4 times per month for a minimum of 12 months with a mentor in Big Brothers Big Sisters of Utah mentoring programs. Mentors and Mentees work towards goal on YODP, as well activities they both enjoy to strengthen youth social competence, educational	70% of youth served with funding from SL County SAPS will be matched for a minimum of 12 months	1 - Reduce 12th grade youth reporting past 30 day use of alcohol from 8.8 to 8 by 2025
	2. Reduce Past 30 Day use of Marijuana		The risk profile of youths in Salt Lake County exceedsthe average of Utah in all areas except one: the perceived availability of handguns. Self-reported alcohol and marijuana use exceeds the average in Utah.	Selective - 24 Youth ages 6-17 living in Priority Zip Codes 84115, 84118, 84119, 84120, 84128, South Salt Lake, Kearns, and West Valley City, will be matched with volunteer mentors in one-to-one BBBSU mentoring Programs	BBBSU professional staff will work with each child, parent/guardian and volunteer mentor to develop individualized support plans for each child (BBBSU Youth Outcome Development Plan - YODP)	30% or more of youth served in SL County will report reliable improvement in depressive symptoms in YOS/COS follow up surveys	2 - 12th grade youth reporting past 30 day use of marijuana reduced from 11.4 to 9.5 by 2025
		2. Rewards for ProSocial Involvement					

Logic						
Logic	3. Reduce Past 30 Day use of E-Cigarette Use/Vaping		2. In 2021, nearly 40% of Utah students reported being bullied. Having a mentor helps many kids improve their behaviors and make good choices. Students in Salt Lake county reported fewer opportunities for pro-social involvement in all categories than compared with Utah average.		BBBSU professional staff will maintain monthly (or more frequently if needed) contact with all first year program participants and at least quarterly contact with all	12% or more of youth served in SL County will report reliable improvement in school connectedness in YOS/COS follow up	3. 10th grade youth reporting past 30 day use of E-Cigarette Use/Vaping will reduce from 9.4% in 2021 to 8.5% by 2025
		3. Depressive Symptoms	3.In 2020, suicide was the number one cause of death for kids ages 10-17 in Utah. In 2021, 75% of Utah kids reported depressive symptoms.	Selective /Indicated - 15 youth ages 6-17 who were referred by a counselor to BBBSU and live in a priority zip code or are part of one of the priority populations will be matched with volunteer mentors	continuing participants to ensure continuous individualzed support to achieve positive youth outcomes.	17% or more of youth in SL County will report reliable improvement in emotion regulation in YOS / COS follow up	4. Youth reporting low commitment to school in 8th grade reduced from 55.1 to 51 in 2025
	4. Increased Commitment to school	4. Low Commitment to School	4.Economically disadvantaged students in Utah graduate at a rate 9.6% lower than their peers. This is the 11th largest difference in the country. The percentage of students who perceived the relevancey of school for their lives has decline to 44.4% since 2017.			90% of youth served in SL County will avoid substance use, regardless of prior use.	5. 12th grade youth reporting reduced depressive symptoms reduces from 50.7% to 47.5% by 2025 SHARP

							6. 10th grade youth reporting a perceived risk of drug use will decrease from 44.4 to 40% by 2025
							7. Reduce % of 10th grade youth reporting attitudes favorable to antisocial behavior.
	5. Reduce Depressive Symptoms						
Measures & Sources	2021 SHARP Data BBBSU YOS/COS Pre-Post Test Survey Data	*2021 SHARP Data *Hawkins &Catalono Risk and Protective Factors *Public/Private Ventures Study: Making a Difference, An impact study of Big Brothers Big Sisters *Search Institute's 40 Developmental Assets and Developmental Relationships *PROMIS Pediatric Depressive Symptoms (2013)	*2021 SHARP Data *2021 Protecting Youth Mental Health: The U.S. Surgeon General's Advosory	Participant records managed through BBBSU's program salesforce database - Matchforce.	Case Management Records and resulting data from BBBSU's program database - Matchforce	BBBSU's Youth and Child Outcomes Sruveys (includes baseline & annual follow-up surveys) BBBSU's strenght of Relationship Survey (conducted annually)	SHARP data Baseline from 2021 SHARP

Intervention Name				Cost of Intervention		Evidence Based: Yes Name Registry	
Nuevo Dia - Strengthening Families Program 10-14. Priority populations: Hispanic families with children in 3rd-6th grade in high Latinx population elementary schools in Salt Lake County				SLCoHD Grant Funds: $61,010 Other Funds: $ Total: $61,010		Blueprints and Crime Solutions	
Applicant: Centro de la Familia de Utah				Tier Level: Promising (Blueprints), Promising (Crime Solutions)			
	Goal	Factors and Root Causes	Local Conditions	Focus Population	Strategies	Outcomes (Results)	
	Problem Behavior you are addressing	Risk factors, protective factors, CADCA root causes	Why is the problem being address happening	U/S/I? Estimated # served / reached?	Key activities, topics covered, etc. of the intervention	Short	Long

	Goal	Factors and Root Causes	Local Conditions	Focus Population	Strategies	Outcomes (Results)	
Logic	- Family management problems - Favorable attitudes toward alcohol, tobacco, and vaping use - Low commitment to school	Risk factors - Favorable attitudes toward problem behaviors and substance use - Family conflict - Negative peer influences - Poor social/stress management skills Protective factors - Positive youth and family management practices: monitoring, age-appropriate parental expectations, and consistent discipline - Effective and empathetic parent-child communication - Peer pressure refusal skills - Goals/positive future orientation	Hispanic youth make up the second largest demographic at 14.8% of the 6th-12th grade population, compared to 76% white. While a much smaller portion of the population, substance use is highest among Hispanic youths. Centro's proposed prevention program targets children in the 3rd-6th grade to reduce risk factors and increase protective factors before children start to use alcohol	Selective Families with 3rd-6th graders in high-Latinx population elementary schools in Salt Lake County School District Estimated # served families: 30 families	1. 10 sessions; 1 parents and technology session, 8 instruction sessions made up of child class, parent class, family class; 1 closing celebration session. 2. Family meals at every session 3. 2 Extraordinary Activities per cohort 4. Key topics for parents: Using Love and Limits, Encouraging good behavior, Building bridges. 5. Key topics for children: Having goals and dreams, Appreciating parents, Handling peer pressure 6. Key topics for families: Appreciating	80% of participants complete program 80% of parents report increased confidence in family management skills 80% of children report increased confidence in ability to handle peer pressure 80% of participants show gains in knowledge and skill around satisfaction with parent-child communication	Increase in Hispanic student elementary school completion Improved attendance rate for Hispanic students
Measures & Sources	2021 SHARP Assessment for Hispanic Youth	Strengthening Families 10-14	2021 SHARP Assessment for Hispanic Youth	Enrollment and attendance records	Lead Program Instructor records and lesson plans	Pre and post surveys	Target school records

Intervention Name: Second Step				Cost of Intervention		Evidence Based: Yes **Name Registry:**	
Second Step				SLCoHD Grant Funds: $99,332		NREPP	
				Other Funds: $			
				Total: $99,332			
Applicant: City of South Salt Lake				Tier Level: Universal, Promising			
	Goal	Factors and Root Causes	Local Conditions	Focus Population	Strategies	Outcomes (Results)	
	Problem Behavior you are addressing	Risk factors, protective factors, CADCA root causes	Why is the problem being address happening	U/S/I? Estimated # served / reached?	Key activities, topics covered, etc. of the intervention	Short	Long
Logic	Underage Alcohol Use	Risk Factors:	Community risk factors are high in SSL, and the COVID-19				

					Second Step Curriculum- substance abuse and decision making lessons	Second Step Lessons Delivered, Youth report 3% change in risk or protective factors correlated with Underage Drinking	Underage Drinking in SSL decreases by 3%
		Depressive Symptoms, Academic Failure, Attitudes favorable to ASB, Early initiation of drug use	pandemic has exacerbated these issues				
		Protective Factors: Opportunities for Pro-social involvement at school (afterschool), interaction with Prosocial Peers		Universal- total reached with this intervention for 2022-23: 325 elementary- aged youth.			
		CADCA Root Causes-					
Measures & Sources		SHARP	PSSL Youth Surveys, observations from PSSL staff, staff training sessions	PSSL enrollment records		Pre and post tests	SHARP, Compilation of pre- post tests

Intervention Name LifeSkills Training Priority Population(s)/Zip Code(s)				Cost of Intervention		Evidence Based: Yes or No Name Registry	
LifeSkills Training (LST) Priority Populations: Grades 4-6, Grades 7-9, Grades 10-12, Adults/Caregivers Children who have a history of trauma, placement disruption, and caregiver instability, minority				SLCoHD Grant Funds: $81,959		Yes; Blueprints	
				Other Funds: $			
				Total: $81,959			
Applicant: Children's Service Society of Utah				Tier Level: SAMHSA= 3.9-4.0/Blueprints Certified Model+ Program			
	Goal	Factors and Root Causes	Local Conditions	Focus Population	Strategies	Outcomes (Results)	
	Problem Behavior you are addressing	Risk factors, protective factors, CADCA root causes	Why is the problem being address happening	U/S/I? Estimated # served / reached?	Key activities, topics covered, etc. of the intervention	Short	Long
Logic	**Amongst focus populations reduce:**	**Risk Factors include:**	Kinship care (children being cared for by someone other than a biological parent) continues to increase. 2021 data shows that			70% of LifeSkill sessions completed	Perceived risk of drug use increases from 43.7% (2021 Salt Lake County SHARP) to 54.5% (2021 Norm SHARP data)

30 day substance use, including: marijuana, tobacco/vaping, and alcohol	Low commitment to school, Low Neighborhood attachment, Family Conflict, Family History of Antisocial behavior, Perceived Risk of Drug Use, Parent attitudes favorable to drug use	64,865 Utah children reside in homes where a relative is the head of household. 21,000 are being raised without a parent in the home. These numbers are compared to 758 children in foster care residing in kinship homes. (Data reporting period: 2021, grandfamilies.org). Children in foster care, children in kinship homes, and children who have a history of trauma, are at a higher risk of risk factors that include: antisocial behavior, low engagment in school, and substance use.	Selective: specific to individuals who are in a kinship setting (kin child, kin relative, kin caregiver).	LifeSkills Training model utilizes core components of various other evidence based models, including: CBT (Cognitive Behavioral Therapy), Functional Family Therapy, and Strengthening Families.	Pre-Survey completed in session 1, and Post-Survey completed at last session: survey results will show an increase in protective factors that include: perceived importance of school, attachment to neighborhood, prosocial interaction with peers, 30 day decrease in use of substances (including: marijuana, alcohol, tobacco, and vaping)	30 Day Alcohol use decreases from 4.8% (2021 Salt Lake County SHARP) to 4%
Lifetime substance use, including: marijuana, tobacco/vaping, and alcohol	**Protective factors include:**		Although the population served by Children's Service Society of Utah, GRANDfamilies program fit into the "selective" category, services are provided universally to program clients. Participants will be enrolled by their caregiver (children/youth) or self (caregiver of kin children)	General Intake/Assessment process: each family completes an intake/assessment to determine family needs (includes pre and post protective factor surveys, TEQ's for children, etc.)	Protective factor development: clear standards for behavior, coping skills development, refusal skills development, positive social skill development, and increased problem-solving skills (https://www.blueprintsprograms.org/programs/5999999/lifeskills-training-lst/)	30 Day Marijuana use decreases from 5.2% (2021 Salt Lake County SHARP) to 4.5% (2021 State Wide average use)

Antisocial behavior, suicide indicators and self-harm	Perceived importance of school/commitment to school, interaction with prosocial peers, high attachment to neighborhood, caregiver attitudes of drug use differ from that of bio. parents			LifeSkils Training Model Groups: Elementary School level, Middle School level, High School level, and Adult Elementary School: 8 sessions (up to 24 sessions over a three year period; dependent upon participant group numbers) Middle School: 15 sessions (up to 30 sessions over a three year period; 15 first year, 10 second year, and 5 third year) High School: 10		Lifetime use of vaping products will decrease from 16.5% (2021 Salt Lake County SHARP) to 14.6% (2021 State Wide average use)
Amonst focus populations increase protective factors, including:			**Number of individuals to be served annually:**	Clinical: therapy services are provided to families as needed (individual or family); utilizing LifeSkills model techniques, in addition to CBT, TF-CBT, Motivational Interviewing, Functional Family Therapy, and Strengthening Families techniques and approaches		

	Perceived importance of school, attitudes toward mental health treatment, and neighborhood attachment	Children/Youth in foster/kinship placements are at a greater risk of having more risk factors and adverse childhood experiences than peers who are not in foster care or residing in a kinship placement.		Children/Youth: 200+ (includes all service types); LifeSkills Support Groups: 20-75 Adults: 100+ (includes all service types); LifeSkills Support Groups: 10-50	Case Management/Support Services: Family Advocates engage with families at a minimum of one time a week for the first 12 weeks, one time a month after the first 12 weeks and up to one year; quarterly after that (for families who are not actively enrolled in and participating in prevention services)		
Measures & Sources	SHARP Assessment (specific to Salt Lake County)	SHARP Assessment (specific to Salt Lake County)	2020 census report, grandfamilies.org, cdc.gov/violenceprevention/aces	Intake reports, attendance logs (groups and activities)	LifeSkills Facilitator manual and participant manuals (course curriculum and description of sessions), Group participation (attendance records), Pre and Post surveys, Protective Factor Pre and post surveys, Advocacy Hours (number of hours spent working directly with program clients), Clinical Hours (number of therapy hours provided to clients), monthly board reports	Participant Post-Surveys	2023 SHARP Assessment

	Participant Surveys (Pre and Post)	Participant Surveys (Pre and Post)					

Intervention Name Project Toward No Drug Abuse			Cost of Intervention $77,190		Evidence Based: Yes Name Registry	
			SLCoHD Grant Funds: $		CEBC, Blueprints, NREPP, Crime Solutions	
			Other Funds: $			
			Total: $77,190			

Applicant: Drug Safe Utah Educational			Tier Level: Promising, Model				
	Goal	Factors and Root Causes	Local Conditions	Focus Population	Strategies	Outcomes (Results)	
	Problem Behavior you are addressing	Risk factors, protective factors, CADCA root causes	Why is the problem being address happening	U/S/I? Estimated # served / reached?	Key activities, topics covered, etc. of the intervention	Short	Long
Logic	Nicotine vaping and tobacco abuse	**Risk factors addressed** **Favorable attitudes toward the problem behavior**	Nicotine vaping rates are drastically increasing among the youth and leading to major health and additive behavior as adults	300 students and or their parents in the Salt Lake City School district	Implementng our program Project toward not drug abuse.	Short-term goals	By the end of 2025 see a decrease of 3% in 30 day vaping use among our targeted demographic
		Family history of problem behavior			Implementng our social media and public outreach campaign	Recrut 300 students and or their parents into our program with a 50% graduation rate	
		Media portrayals of the behavior **Early inititation of the problem**				By the end of June 2023 see an increase of 3% in the perception of risk of moderate to great harm from vaping.	
		Protective factors addressed **Problem solving and life skills** **Rewards for pro-social involvment**					
Measures & Sources						SHARP DATA	SHARP DATA

Check & Connect Mentoring			Cost of Intervention		Evidence Based: Yes	
Populations served: Asian, Black or African American, LatinX, LGBTQIA+, Native Alaskan or American Indian, Native Hawaiian or Other Pacific Islander, Refugees and New Americans, Low Income,			SLCoHD Grant Funds: $93,975		US Dept of Education's What Works Clearinghouse: https://ies.ed.gov/ncee/wwc/Evi	
			Other Funds: $793,000			
			Total: $ 886,975			

Applicant: Granite School District				Tier Level: US Dept of Education's What Works Clearinghouse,			
	Goal	Factors and Root Causes	Local Conditions	Focus Population	Strategies	Outcomes (Results)	
	Problem Behavior you are addressing	Risk factors, protective factors, CADCA root causes	Why is the problem being address happening	U/S/I? Estimated # served / reached?	Key activities, topics covered, etc. of the intervention	Short	Long
		Risk Factor of Low comitment to school					
	* Reduce 30-day marijuana use			Indicated	* Weekly mentoring sessions.	* 80 % of enrolled students will meet with their mentors at least 3 times each month.	* 30 - day marijuana use will decrease 5% from the 2021 SHARP Survey to the 2023 SHARP Survey
	* Reduce 30-day e-cigarette/vaping	**Protective Factor of Opportunites for Prosocial Involvement**		It is expected that an additional 150 students will be reached through funds from this grant.	* Home visits as needed.	* 80 % of enrolled students will stay with the program after 6 months.	* 30 - day e-cigarette/vaping will decrease 5% from the 2021 SHARP Survey to the 2023 SHARP Survey
					* Supervion of mentors with monthy face-to-face meetings.		* Opportunities for Prosocial Involvement will increase 5% from the 2021 SHARP Survey to the 2023 SHARP Survey
					*Resources provided to families		* Low Commitment to School will decrease 5% from the 2021 SHARP Survey to the 2023 SHARP Survey
Measures & Sources	Granite School District 2021 SHARP Survey report - all grades	Granite School District 2021 SHARP Survey report - all grades	District Disciplinary data	Check & Connect enrollment counts.	Quartly Reports	Quarterly Reports	Granite School District 2023 SHARP Survey report - all grades

Magna United Communities That Care Coalition			$100,000		Evidence Based: YES Yes or No Name Registry :	
CTC			SLCOHD Grant Funds: $100,00 Alcohol Tax funds-$16,000 Total Cost: $116000		Yes: Blueprints Program Registry, Certified Promising Practice	
Applicant: Magna Metro Township						
	Goal	Factors and Root Causes	Local Conditions	Focus Population	Strategies	Outcomes (Results)	
	Problem Behavior you are addressing	Risk factors, protective factors, CADCA root causes	Why is the problem being address happening	U/S/I? Estimated # served / reached?	Key activities, topics covered, etc. of the intervention	Short	Long

Logic	Amongst target population, reduce:	**Risk Factors:**	Just like everywhere and especially since Covid, kids are confused about marijuana, alcohol, vaping and other substances. They see adults, media and peers using and see it as a thing they should do.Because the community is lower income and educated parents aren't home to monitor kids and they are left alone.Inflation and housing prices have only exacerbated it	Universal	Communities That Care Coalitions are data driven, community based coalitions representing all 12 sectors of a community in order to effectively determine the risk and protective factors in your community that impact youth behavior. The coalition workgroups gather and analyze data, resources and tested and effective programs and decide which our community needs to best address the most pressing substance use problems.Programs are then presented with fidelity and evaluated for effectiveness.	The short term outcomes are to begin the programs and continue promotion, education and awareness of both the risk and protective factors and also the CTC program as a whole and to get more diverse members of our community involved in the CTC coalition. Hiring the liaisons and workign with our new contacts and community members to include them in the process	*All goals are for Magna
	30-Day Marijuana use	Low commitment to school		6,464 youth ages 5-18 in Magna, goal to reach 80% of youth in that range			Reduce 30-day alcohol use in all grades from 7.6% to 7%
	30-Day Vaping Use	Low neighborhood attachment					Reduce 30-day marijuana use in all grades from 10% to 9.3%
	30-Day Alcohol Use	Parental attitudes favorable to drug use					Reduce 30-day vaping use in all grades from 10.9% to 10.1%
		Attitudes Favorable to antisocial behavior					Reduce low commitment to school in all grades from 49.7% to 46.2%
		Protective Factors:					Reduce low neighborhood attachment in all grades from 44.9% to 39%
							Reduce parental attitudes favorable to drug use in all grades from 18.4% to 17.1%
		Opportunities for prosocial involvement at school					Reduce attitudes favorable to antisocial behaviors in 6th graders from 65.4% to 57%
							Increase opportunities for prosocial involvement at school in all grades from 66.7% to 71.4%
		Family attachment					Increase family attachment in all grades from 58.9% to 63%

Measures & Sources	SHARP Data from Granite School District evaluated by the Magna United CTC Workgroups	Census data, SHARP data, police and community data from SLCo. All evaluated and examined by the workgroups to prepare an action plan	Requests from police, school administrators, parents and community leaders to address problems seen in the community	2020 Census Data	Centers for the Communities that Care and evaluation by Bach Harrison	The current Action plan from Magna United and decisions made by the Community Workgroup for the effective continuation of the CTC Coalition and evaluation by Bach Harrison	2023 SHARP Magna community profile

Intervention Name				Cost of Intervention		Evidence Based: Yes or No Name Registry
YouthWorks-Project Towards No Drug Abuse Curr iculum				SLCoHD Grant Funds: $100,000 Other Funds: $67,150 Total: $167,150		Project Towards No Drug Abuse (TND) Blueprints: Model
Applicant: NeighborWorks Salt Lake (YouthWorks)				Tier Level: Model (Blueprints)		

	Goal	Factors and Root Causes	Local Conditions	Focus Population	Strategies	Outcomes (Results)	
	Problem Behavior you are addressing	Risk factors, protective factors, CADCA root causes	Why is the problem being address happening here? Why now?	U/S/I? Estimated # served / reached?	Key activities, topics covered, etc. of the intervention	Short	Long
Logic	Use of alcohol, tobacco and other drugs	Risk Factos Addressed Availability/Acc ess of drugs (CADCA) Community norms favorable towards drug use (CADCA) Favorable youth attitudes towards drug use (CADCA) Low commitment to school (SHARP) Preceived risk of drugs (SHARP) Youth attitude towards anti-social behavior (SHARP) 30 day e-cigarette use/vaping (SHARP) 30 day alcohol use (SHARP) 30 day marijuana	According to the Journal of Adolescent Health, "A significant portion of U.S. youth are experiencing unmet needs and negative emotions due to COVID-19 suggesting additonal youth outreach is nessecary to ensure basic needs, inclduing socialization, are met." (Waselewski, Waselewski, and Chang 2020). Youth are experiencing negative consequences from the COVID-19 pandemic	Selective Preventive Intervention (TND is ranked as evidence based for both Selective and Universal aplication on the Continuum of Intervention) -Voluntary -45-60 youth per year YouthWorks targets high-risk youth ages 14-18 residing in Salt Lake County, exhibiting one or more of the following characteristics: Truancy, low commitment to school, academic failure, gang involvement, juvenile court	Provide four annual 12-week sessions with 15 hours of life skills and 5 hours of social skills per Monday – Thursday work week. -YouthWorks design implementation includes a stipend, school attendance and performance, work projects and experience, evidence-based drug and alcohol prevention curriculum, positive environment through pro-social learning, educational emphasis through skill	Desired short-term outcomes of the YouthWorks pre-employemnt program include: 30 day use reduction of Alcohol, cagarettes/toba cco, vaping, marijuana, and other drugs Youth develop a better understanding of the harms of alcohol and drug use Reduction of depressive symptoms Renewed committment towards school Youth's attitude towards anti-social	Desired long-term outcomes of the YouthWorks pre-employment program include: Lifteime reduction of alcohol, cigarettes, tobacco, vaping, marijuana, and other drugs Reduction in depressive symptoms Fulltime job employment and/or enrollment in a institution of higher learnrning or technical training Development of bystander intervention

		day marijuana use 30 day inhalant use Depressive symprtoms (SHARP)	detachment. In view of this, Salt Lake County is the most populous county in the state, with 1,186,421 residents in 2021 (U.S. Census Bureau Population Estimates). The expansion and economic growth in the county has made housing less affordable, placing even more pressure on underserved families and their children. 2021 SHARP indicators show that by 12th grade 22%	juvenile court involvement, racial/ethnic minority, immigrant/refugee, low-income (80% below AMI), disenfranchised, experimenting with drugs and alcohol, living in a family or community with high exposure to all of the above. At-risk youth being referred from: All High Schools within the Salt Lake City School District All High Schools within the Granite School District Horizonte Instruction and	through skill trade, family support, and adult guidance and supervision. -Pre-employ, engage, and involve youth in community building activities such as Paint Your Heart Out, Rake Your Heart Out, fall Annual Celebration Fundraising event, Love Utah Give Tuesday, Partners in the Park, Westside Leadership Institute, etc. -Pre-employ, engage, and involve youth in the process of identifying	social behaviours Increased attachment to community	intervention techniques Increased attachment to community
Measures & Sources	Pre/ Post Test: Thinking for a Change Pre/ Post Program Survey ("YouthWorks Participant Survey") YASI Test	Community Anti Drug Coalitions of America. (n.d.). Community Assessment. Retrived on March 1, 2022 from https://www.cadca.org/sites/default/files/resource/files/community_assessment.pdf DSAMH (n.d.). SHARP Survey Reports. Retrived on March 1, 2022, from https://dsamh.utah.gov/sharp-survey Pre/ Post Test: Thinking for a Change Pre/ Post Program Survey	"Needs and Coping Behaviors of Youth in the U.S. During COVID-19" by E. Waselewski, M. Waseleswki, and T. Chang, Journal of Adolescent Health, 2020 https://www.census.gov/quickfacts/fact/table/saltlakecountyutah/PST045221	Program Records: Number, source of Youth Applications Demographics of Youth Applicants YASI Test Interview process Pre/ Post Program Survey ("YouthWorks Participant Survey") Number of Referrals Made	Pre/ Post Test: Thinking for a Change Pre/ Post Program Survey ("YouthWorks Participant Survey") Interview Report Success Plans Technical Skills Tests School Records/Progress Reports ("YouthWorks Bi-Weekly Academic Progress Report") Program Attendance	Exit Interviews ("Exit Interview Questions") Program Completion/Exit Report Participant Program Evaluation ("YouthWorks Program Satisfaction Survey") 3- and 6-Month Follow Up Post-Program surveys ("YouthWorks Follow Up Interview Form") Pre/ Post Test: Thinking for a Change Pre/ Post Program Survey ("YouthWorks Participant Survey")	9- and 12-month Post Program Survey ("YouthWorks Follow Up Interview Form") Alumni Survey ("Alumni Survey-YouthWorks SLC")

Intervention Name	Cost of Intervention	Evidence Based: Yes or No Name Registry
Living Well with Chronic Pain	SLCoHD Grant Funds: $30,684	Yes, Results First Clearinghouse

				Other Funds: $0		Database; National Council on Aging	
				Total: $30,684			
Applicant: Salt Lake County Aging & Adult Services				**Tier Level: Highest rank - Results First Clearinghouse Database**			
	Goal	Factors and Root Causes	Local Conditions	Focus Population	Strategies	Outcomes (Results)	
	Problem Behavior you	Risk factors, protective	Why is the problem being	U/S/I?	Key activities, topics covered,	Short	Long
Logic	Reduce misuse of prescription drugs among older adults	Living well with Chronic Pain provides rewards for prosocial involvement and addresses the risk factors of chronic pain and increased access to/perceived risk of prescription drugs among older adults	Older Adults often experience chronic pain, which can lead to prescription drug misuse	Persons 60 years of age and older; At least 60 older adults will be served with this program (selective)	Stanford Self-management Program, Living Well with Chronic Pain, conducted in senior centers in targeted communities, for 6 weeks (1x/week, 2.5 hours). Participants will increase knowledge of perceived risk	Percent reporting on change in knowledge of perceived risk will improve 5% from baseline	Reduce the drug death poisonings in Utah for people 65+ from 11.6 per 100,000 population to 9.7
Measures & Sources	2020 IBIS	SLCoAAS Pre/post test	U.S. Dept of HHS, National Institute of Health, SAMHSA	Participant Information Forms	Attendance Records; Source Material from Self-Management Resource Center	SLCoAAS Pre/post test	2024 IBIS

Intervention Name	Priority Population(s) / Zip Code(s) Served	Cost of Intervention	Evidence Based: Yes Name Registry:
Guiding Good Choices	Parents of 9-14 year-olds in: Magna, Kearns, West Valley City, South Salt Lake, Glendale and	SLCoHD Grant Funds: $93,400 Other Funds: $6,450 Total: $99,850	National Institute of Justice CrimeSolutions, Blueprints, NREPP, CEBC

Applicant: Salt Lake County Youth Services				**Tier Level: Effective (highest rating), Promising**			
	Goal	Factors and Root Causes	Local Conditions	Focus Population	Strategies	Outcomes (Results)	
	Problem Behavior you are addressing	Risk factors, protective factors, CADCA root causes	Why is the problem being address happening	U/S/I? Estimated # served / reached?	Key activities, topics covered, etc. of the intervention	Short	Long
Logic	Amongst focus population, reduce: 1. 30-day marijuana use 2. 30-day vaping use 3. 30-day alcohol use	Risk factors family: Poor family management, Protective factors family: Family attachment, opportunities for prosocial involvement	Each of the targeted zip codes has higher rates of drug abuse issues than county-wide rates. These areas all have high percentages of low-income populations as well as general lack of resources in the community to	Universal Estimated served annually: 140 caregivers (90 families)	1. 5 sessions with parents; 3rd session includes participation by youth Primary curriculum & skills development topics: a) identification	75% of families enrolled graduate 75% of caregivers held at least 50% of family meetings Statistically	*All goals for Salt Lake County 30-day marijuana use - 30-day vaping use - decrease from 7.2% to 6.7% in 8th graders 30-day alcohol use - decrease from 4.9% to 4.5% in 8th graders

Measures & Sources	Goal	Factors and Root Causes	Local Conditions	Focus Population	Strategies	Outcomes Short	Outcomes Long
			community, to serve mental health, medical, and academic needs. The Latinx community and especially the Spanish-speaking portion of that community has a severe lack of resources available to help them navigate family management.		of risk factors for adolescent substance abuse b) Development of effective parenting practices to set clear expectations around substance use c) Family conflict management d) Use of family meetings to improve family management and child involvement in family 2. Weekly family meetings 3. Refusal skills for child 4. Parents clarifying expectations around drug use	significant gains in knowledge and skills across participants Statistically significant increase in parental perception of their influence on preventing substance use across participants	Poor family management - decrease from 41.5% to 38.6% in Salt Lake County 6th graders, from 23% to 21.4% in 8th graders Parent attitudes favorable to drug use - decrease from Family conflict - decrease from 30.7% to 28.6% in 6th graders, from 25.9% to 24.1% in 8th graders Family attachment - increase from 67.1% to 71.8% in 6th graders, from 57.7% to 61.7% in 8th graders Family opportunities for prosocial involvement - increase from 65.1% to 69.6% in 6th graders, 65.4% to 70% in 8th graders
Measures & Sources	2021 SHARP Assessment for Salt Lake County	2021 SHARP Assessment for Salt Lake County	2021 SHARP Assessment, 2021 SLCO HD Gap Analysis	Program registration and attendance records	Facilitator fidelity reports and parent post-class surveys	Participant pre- and post-class surveys	2023 SHARP Assessment for Salt Lake County

Intervention Name	Priority Population(s) / Zip Code(s) Served		Cost of Intervention		Evidence Based: Yes Name Registry:		
ME Time	13-19 year-olds in: Magna, Kearns, West Valley City, South Salt Lake; BIPOC community;		SLCoHD Grant Funds: $33,200 Other Funds: $67,692 Total: $100,892		Blueprints		
Applicant: Salt Lake County Youth Services			Tier Level: Certified Model Program (highest rating)				
	Goal	Factors and Root Causes	Local Conditions	Focus Population	Strategies	Outcomes (Results)	
	Problem Behavior you are addressing	Risk factors, protective factors, CADCA root causes	Why is the problem being address happening	U/S/I? Estimated # served / reached?	Key activities, topics covered, etc. of the intervention	Short	Long

Logic	Amongst focus population, reduce: 1. Depressive symptoms, 2. 30-day marijuana use 3. 30-day vaping use 4. 30-day alcohol use	Risk factors individual: Depressive symptoms, attitudes favorable to Protective factors individual: Prosocial involvement	Each of the targeted zip codes has higher rates of drug abuse issues than county-wide rates. These areas all have a lack of resources in the community to serve mental health, medical, and academic needs.	Indicated Estimated served annually: 96	1. 6 sessions with youth Primary curriculum & skills development topics: a) Learning and practicing cognitive restructuring techniques b) Developing response plans to stressors c) Increasing involvement in pleasant activities 2. Home exercises 3. Peer support within groups	80 % of youth enrolled graduate Statistically significant decrease in depressive symptoms Statistically significant change in attitude toward substance use Statistically significant increase in engagement in social behaviors	*All goals for Salt Lake County 30-day marijuana use - decrease from 5.2% to 4.8% in 30-day vaping use - decrease from 6.6% to 6.1% in all grades 30-day alcohol use - decrease from 4.8% to 4.5% in all grades Depressive symptoms - decrease from 46.7% to 43.4% in all grades Prosocial involvement - increase from 41.9% to 44.8% in all grades
Measures & Sources	2021 SHARP Assessment for Salt Lake County	2021 SHARP Assessment for Salt Lake County	2021 SHARP Assessment, 2021 SLCO HD Gap Analysis	Program registration and attendance records	Facilitator fidelity reports	Participant pre- and post and follow-up-class surveys	2023 SHARP Assessment for Salt Lake County

Intervention Name		Priority Population(s) / Zip Code(s) Served		Cost of Intervention		Evidence Based: Yes Name Registry:	
Staying Connected with Your Teen		Parents of 12-17 year-olds in: Magna, Kearns, West Valley City, South Salt Lake, Glendale and		SLCoHD Grant Funds: $46,400 Other Funds: $48,805 Total: $95,205		National Institute of Justice CrimeSolutions	
Applicant: Salt Lake County Youth Services				Tier Level: Promising (second highest rating)			
	Goal	Factors and Root Causes	Local Conditions	Focus Population	Strategies	Outcomes (Results)	
	Problem Behavior you are addressing	Risk factors, protective factors, CADCA root causes	Why is the problem being address happening	U/S/I? Estimated # served / reached?	Key activities, topics covered, etc. of the intervention	Short	Long
Logic	Amongst focus population, reduce: 1. 30-	Risk factors family: Poor family	Each of the targeted zip codes has	Universal		80% of families enrolled graduate	*All goals for Salt Lake County

	day marijuana use 2. 30-day vaping use 3. 30-day alcohol use	management, family conflict, parental attitudes favorable to drug use Protective factors family: Family attachment, opportunities for prosocial involvement	higher rates of drug abuse issues than county-wide rates. These areas all have high percentages of low-income populations as well as general lack of resources in the community to serve mental health, medical, and academic needs.	Estimated served annually: 138 caregivers (92 families)	1. 5 sessions with parents Primary curriculum & skills development topics: a) Identification of risk factors for adolescent substance abuse b) Development of effective parenting practices to set clear expectations around substance use c) Family conflict management d) Use of family meetings to improve family management and child involvement in family e) Teaching refusal skills and providing appropriate supervision 2. Weekly family meetings 3. Refusal skills for child 4. Parents clarifying expectations around drug use	Statistically significant increase in knowledge and skills among participants as a whole Statistically significant increase in parental perception of their influence on preventing substance use across participants	30-day marijuana use - decrease from 5.2% to 4.8% in all grades 30-day vaping use - decrease from 6.6% to 6.1% in all grades 30-day alcohol use - decrease from 4.8% to 4.4% Poor family management - decrease from 26.7% to 24.8% in all grades Parent attitudes favorable to drug use - decrease from 13.5% to 12.5% in all grades Family conflict - decrease from 30.3% to 28.2% in all grades Family attachment - increase from 63.9% to 68.4% in all grades Family opportunities for prosocial involvement - increase from 65.3% to 69.9% in all grades
Measures & Sources	2021 SHARP Assessment for Salt Lake County	2021 SHARP Assessment for Salt Lake County	2021 SHARP Assessment, 2021 SLCO HD Gap Analysis	Program registration and attendance records	Facilitator fidelity reports and participant post-class surveys	Participant pre- and post-class surveys	2023 SHARP Assessment for Salt Lake County

Intervention Name				Cost of Intervention		Evidence Based: **Yes** Name Registry	
Guiding Good Choices				SLCoHD Grant Funds: $21,798.42 Other Funds: N/A Total: $21,798.42		Blueprints for Healthy Youth Development; Crime Solutions: OJJDP Model	
Applicant: Salt Lake City School District				Tier Level: Promising (Blueprints); Effective (Crime Solutions and			
	Goal	Factors and Root Causes	Local Conditions	Focus Population	Strategies	Outcomes (Results)	
						Short	Long
	Problem Behavior you are addressing	Risk factors, protective factors, CADCA root causes	Why is the problem being address happening	U/S/I? Estimated # served / reached?	Key activities, topics covered, etc. of the intervention		
Logic	Among Salt Lake City School District students reduce: 1. 30-day alcohol use 2. 30-day vaping 3. 30-day marijuana use 4. Depressive symptoms	Decrease risk factors: 1. Poor family management 2. Family conflict 3. Favorable parental attitudes towards problem behaviors - Increase protective factors: 1. Family attachment 2. Rewards for prosocial involvement	The challenges and uncertainty of the pandemic increased risk factors and decreased protective factors for families across the state, and Salt Lake City School District families report experiencing significant risk due to poor family management and family conflict. 32.5% of families report poor family management in their homes, compared to a state average of 21.9%, with the highest rate occurring in 6th grade families (43%). Additionally, 31% of district	Universal Salt Lake City School District parents with students ages 9 to 14 Salt Lake City School District expects to provide 2 program cycles serving 10 families annually in partnership with Volunteers of America, Utah	Five 2-hour sessions held weekly with parents; Session 3 includes youth participants Session 1: Parents learn how to conduct family meetings as a tool for increasing family communication and bonding. Session 2: Parents learn how to set and monitor clear family expectations and how to establish clear consequences for following or breaking family rules. Session 3:	75% of participants will complete the program 80% of participants will demonstrate improved family management knowledge and skills 80% of participants will report improved family interactions 80% of participants will hold family meetings during weeks 2, 3, and 4	30-day alcohol use among Salt Lake City School District students will decrease from 15.8% in 2019 to 12.5% in 2023 30-day e-cigarette use/ vaping among Salt Lake City School District students will decrease from 15.9% in 2019 to 12.5% in 2023 30-day marijuana use among Salt Lake City School District students will decrease from 15.6% in 2019 to 12.5% in
Measures & Sources	2021 Hispanic Youth SHARP Assessment	2021 Hispanic Youth SHARP Assessment	Input from Midvale Community Building Community staff and clients; 2021 Hispanic Youth SHARP Assessment	Service roll; MMDS spreadsheet	Service roll; Session fidelity tools used by facilitator	MMDS spreadsheet; Participant pre and posttest surveys	2023 Hispanic Youth SHARP Assessment

Intervention Name	Cost of Intervention	Evidence Based: **Yes** Name Registry
PRIME for Life	SLCoHD Grant Funds: $20,495.03 Other Funds: N/A	SAMHSA

	Total: $20,495.03						
Applicant: Salt Lake City School District				Tier Level: 3.3			
	Goal	Factors and Root Causes	Local Conditions	Focus Population	Strategies	Outcomes (Results)	
	Problem Behavior you are addressing	Risk factors, protective factors, CADCA root causes	Why is the problem being address happening	U/S/I? Estimated # served / reached?	Key activities, topics covered, etc. of the intervention	Short	Long
Logic	Among Salt Lake City School District students reduce: 1. 30-day alcohol use 2. 30-day vaping 3. 30-day marijuana use 4. 30-day inhalant use	Decrease risk factors: 1. Laws and norms favorable to drug use 2. Favorable attitudes towards drug use 4. Perceived risk of drug use 5. Early initiation of drug use - Increase protective factors: 1. Rewards for prosocial involvement	Adolescence is a time of transition when youth struggle to identify their values and fit in with their social groups. Youth are more likely to use drugs when communities do not set strong anti-drug use norms and when youth do not perceive drug use to be risky and lack skills to resist pressure to use drugs. Students in Salt Lake City School District report increased risk for substance use compared to the state averages. Almost 40% of district students experience laws and norms favorable to drug use, a rate that has trended up since 2015. Furthermore, 33.5% of students report a favorable	Indicated Salt Lake County students in 6th through 12th grades at increased risk of substance use due to early initation of drug use SLCSD expects to provide 6 program cycles serving 35 students	8-hour program delivered in 4 or 5 weekly sessions 3 program cohorts provided in the evening at Horizonte Instruction & Training for students and parents 3 program cohorts provided after-school at partnering middle schools for students only Curriculum and skill development topics: a. EXPLORING: Participants explore their personal values and goals, define substance use and discuss the factors that place individuals at increased risk of addiction. They discuss psychological	85% of participants will complete the program 85% of participants will report an unfavorable attitude towards drug use 85% of participants will report high perceptions of risk of drug use 85% of participants will report low intention to use drugs 70% of participants will report increased rewards for prosocial involvement	30-day alcohol use among Salt Lake City School District students will decrease from 15.8% in 2019 to 12.5% in 2023 30-day e-cigarette use/ vaping among Salt Lake City School District students will decrease from 15.9% in 2019 to 12.5% in 2023 30-day marijuana use among Salt Lake City School District students will decrease from 15.6% in 2019 to 12.5% in

			attitude towards drug use and half of students do not perceive drug use as risky. In 2019, 25.7% of students reported early initiation of drug use compared to the state average of 12.7%. Salt Lake County students also report fewer rewards for prosocial involvement, an important		and social influences on substance use and the physical risks that come from making high-risk drug choices. b. REFLECTING: Participants learn about impairment and discuss personal low-risk choices that can prevent problems in their lives. c. PROTECTING: Participants learn the		
Measures & Sources	2019 Salt Lake City School District SHARP Assessment	2019 Salt Lake City School District SHARP Assessment	2019 Salt Lake City School District SHARP Assessment	Service roll; MMDS spreadsheet	Service roll; Session fidelity tools used by facilitator	MMDS spreadsheet; Participant pre and posttest surveys	2023 Salt Lake City School District SHARP Assessment

Intervention Name: Spy Hop CTC				Cost of Intervention:		Evidence Based: Yes	
						Name Registry:	
				SLCoHD Grant Funds: $98,934		Blueprints for Healthy Youth Development	
				Other Funds: $62,828			
				Total: $161,762			
Applicant: Spy Hop Productions				Tier Level: Promising			
	Goal	Factors and Root Causes	Local Conditions	Focus Population	Strategies	Outcomes (Results)	
	Problem Behavior you are addressing	Risk factors, protective factors, CADCA root causes	Why is the problem being address happening	U/S/I? Estimated # served / reached?	Key activities, topics covered, etc. of the intervention	Short	Long

Logic	Behaviors:	Coalition Identified Risk Factors (Percentage of youth with risk)	The Coalition identified priority risk factors that are elevated for Salt Lake City teens (compared to state-level data) resulting in greater risk for substance abuse, delinquency, teen pregnancy, school dropout, violence, depression & anxiety.	Universal Coalition member organizations will provide tailored, targeted, evidence-based services to 6,755 SLC children and youth ages infant to 21. Estimated reach Salt Lake City (population 199,723),	1. Get Started Communities get ready to introduce CTC.	Decrease Coalition identified risk factors by 1% by 2023 (SHARP)	Reduce substance use and misuse by 4% by improving CTC efforts in Salt Lake City. (SHARP 2027)
	Alcohol (Lifetime use) – 2021 16.5%, UT 14.0%	Peer-individual Domain Risk Factors:			2. Get Organized Communities form a board or work within an existing coalition.	Increase identified protective factors by 1% by 2023 (SHARP)	Downtown Salt Lake City
	Marijuana (Lifetime use) – 2021 11.6%, UT 9.8%	Depressive Symptoms – 2019 40.3%, UT 36.4%, 2021 46.7%, UT 43.1%			3. Develop a Community Profile Communities assess community risks and strengths—and identify existing resources		
	Prescription narcotic abuse – 2021 1.6%, UT 0.9%	School Domain Risk Factors:			4. Create a Community Action Plan The community board creates a plan for		
	Prescription drugs (all types combined) – 2021 5.8%, UT 5.3%	Academic Failure – 2019 30.2%, UT 26.4%, 2021 34.4%, UT 29.4%					
		Low Commitment to School – 2019 48.3%, UT 43.9%, 2021 51.4%, UT 48.8%					
		Community Domain Risk Factor:					
		Low Neighborhood Attachment – 2019 33.9%, UT 30.9%, 2021 36.1%, UT 33.3%					
		Family Domain Risk Factors:					
		Parent Attitudes Favorable to ASB – 2019 36.7%, UT 34.2%, 2021 41.6%, UT 39.3%					
		Poor Family Management – 2019 25.4.5%, UT 21.9%, 2021 26.7%, UT 21.8%					
		Protective Factors (Percentage of youth with					

Measures & Sources	SHARP 2019 & 2023	SHARP 2019 & 2023	SHARP 2019 & 2023		CTC Evaluation / Milestones Chart	SHARP 2019 & 2023	SHARP 2019 & 2023
		protection) Community Rewards for Prosocial Involvement: 2019 50.5% 2021 47.6%, UT 55.2%					

Intervention Name: Spy Hop Teen Prevention Program	Cost of Intervention:	Evidence Based: No
		Name Registry:
	SLCoHD Grant Funds: $100,000	
	Other Funds: $855,000	
	Total: $955,000	

Applicant: Spy Hop Productions				Tier Level:			
	Goal	Factors and Root Causes	Local Conditions	Focus Population	Strategies	Outcomes (Results)	
	Problem Behavior you are addressing	Risk factors, protective factors, CADCA root causes	Why is the problem being address happening	U/S/I? Estimated # served / reached?	Key activities, topics covered, etc. of the intervention	Short	Long
Logic	Behaviors: Alcohol (Lifetime use) – 2021 16.5%, UT 14.0% Marijuana (Lifetime use) – 2021 11.6%, UT 9.8% Prescription narcotic abuse – 2021 1.6%, UT 0.9% Prescription drugs (all types combined) – 2021 5.8%, UT 5.3%	Spy Hop Coalition Identified Risk Factors (Percentage of youth with risk) Peer-individual Domain Risk Factors: Depressive Symptoms – 2019 40.3%, UT 36.4%, 2021 46.7%, UT 43.1% School Domain Risk Factors: Academic Failure – 2019 30.2%, UT 26.4%, 2021 34.4%, UT 29.4% Low Commitment to School – 2019 48.3%, UT 43.9%, 2021 51.4%, UT 48.8% Community Domain Risk Factor:	Spy Hop Coalition identified priority risk factors that are elevated for Salt Lake City teens (compared to state-level data) resulting in greater risk for substance abuse, delinquency, teen pregnancy, school dropout, violence, depression & anxiety.	Universal Estimated 1,000 students served.	Scaffolded media arts workshops (4-10 hrs/wk, between 4 and 13 months; 160-600hrs/yr) Mentor based, inquiry based, and project based pedagogy Positive Youth Development	Decrease Coalition identified risk factors by 1% by 2023 (SHARP) Increase identified protective factors by 1% by 2023 (SHARP)	Reduce substance use and misuse by 4% by improving CTC efforts in Salt Lake City. (SHARP 2027) Downtown Salt Lake City

Measures & Sources	SHARP 2019 & 2023	SHARP 2019 & 2023, Hello Insight pre and post SEL survey, Wyman Connect data entry	SHARP 2019 & 2023, Census data, UDOH, SLPD crime data, SLCo Health Data		Hello Insight pre and post SEL survey, Wyman Connect data entry, Rubrics, Student Surveys, Student Journals, Class observations	Attendance Records, SHARP 2019 & 2023, Wyman Connect data entry, reports & dashboard.	Attendance Records, SHARP 2019 & 2023, Wyman Connect data entry, reports & dashboard, alumni surveys and focus groups.

Intervention Name: Spy Hop TEEN TOP	Cost of Intervention:	Evidence Based: Yes
		Name Registry:
	SLCoHD Grant Funds: $69,040.90	Blueprints for Healthy Youth Development
	Other Funds:	
	Total: $69,040.90	

Applicant: Spy Hop Productions				Tier Level:			
	Goal	Factors and Root Causes	Local Conditions	Focus Population	Strategies	Outcomes (Results)	
	Problem Behavior you are addressing	Risk factors, protective factors, CADCA root causes	**Why is the problem being address happening here? Why now?**	U/S/I?	Key activities, topics covered, etc. of the intervention	Short	Long
Logic	Behaviors: Alcohol (Lifetime use) – 2021 16.5%, UT 14.0% Marijuana (Lifetime use) – 2021 11.6%, UT 9.8% Prescription narcotic abuse – 2021 1.6%, UT 0.9% Prescription drugs (all types combined) – 2021 5.8%, UT 5.3%	Spy Hop Coalition Identified Risk Factors (Percentage of youth with risk) Peer-individual Domain Risk Factors: Depressive Symptoms – 2019 40.3%, UT 36.4%, 2021 46.7%, UT 43.1% School Domain Risk Factors: Academic Failure – 2019 30.2%, UT 26.4%, 2021 34.4%, UT 29.4% Low Commitment to School – 2019 48.3%, UT 43.9%, 2021 51.4%, UT 48.8% Community Domain Risk	Spy Hop Coalition identified priority risk factors that are elevated for Salt Lake City teens (compared to state-level data) resulting in greater risk for substance abuse, delinquency, teen pregnancy, school dropout, violence, depression & anxiety.	Estimated # served / reached? Universal 25 students served.	WEEKLY PEER GROUP MEETINGS: "TOP Clubs" or groups meet for at least 25 weekly meetings across a program cycle, with a teen to facilitator ratio no greater than 25:1. + TOP CURRICULUM: Facilitators provide at least 12 lessons from the TOP curriculum with content tailored to teens' needs and interests. + COMMUNITY SERVICE LEARNING: TOP teens	Improved social and emotional learning, and life skills: • Emotion management • Goal-setting • Communication Positive sense of self: • Self-understanding • Self-efficacy • Sense of Purpose • Teamwork • Empathy • Problem-solving Stronger connections to others: • Strong, supportive relationships with adults • Positive peer relationships • School and communi	Reduce substance use and misuse by 4%. (SHARP 2027) INTERMEDIATE-TERM OUTCOMES: Improved academics For example: • Fewer failing grades • Less course failure + LONG-TERM IMPACT: Decreased risky behavior For example: • Fewer suspensions • Fewer pregnancies • Sense of purpose Young people demonstrate educational success, healthy

Measures & Sources	SHARP 2019 & 2023	SHARP 2019 & 2023	SHARP 2019 & 2023	Attendance records	Attendance records, Wyman Connect data entry, reports & dashboard.	SHARP 2019 & 2023, Wyman Connect data entry, reports & dashboard.	SHARP 2019 & 2023, Wyman Connect data entry, reports & dashboard.

Intervention Name				Cost of Intervention		Evidence Based: Yes or No Name Registry	
InShape Prevention Plus Wellness				SLCoHD Grant Funds: $99,973.78 Other Funds: 0 Total: $99,973.78		Yes, BluePrints and NREPP	
Applicant: University of Utah Coalition for Student Well-Being				Tier Level: Promising			
	Goal

Problem Behavior you are addressing | Factors and Root Causes Risk factors, protective factors, CADCA root causes | Local Conditions Why is the problem being address happening here? Why now? | Focus Population U/S/I?

Estimated # served / reached? | Strategies

Key activities, topics covered, etc. of the intervention | Outcomes (Results) Short | Long |
| Logic | Reduce 1. Past 30-day e-cigarette susceptibility 2. Past 30-day cannabis susceptibility 3. Past 30-day alcohol susceptibility | Risk factors: mental health status, social norms/perceived risks

Protective factors: Interactions with prosocial peers, physical activity, healthy eating, sleep, stress management

Root causes: favorable attitudes toward drug use (addressed via social norms/risk perceptions; assessed via susceptibility) | Compared to other age groups, 18-24-year-olds have among the highest rates for using e-cigarettes, cannabis, and alcohol indicating the importance of substance use education among this population. Data from the 2021 American College Health Assessment specific to the University of Utah indicate substance use is a concern. E-cigarette use in the past 90 days was reported by nearly 10% of | Universal The focus population is college students susceptible to substance use from the targeted priority populations. Estimated # served annually: 100 students | First, participants will complete a baseline survey that will invite them to consider and reflect upon their own wellness and substance use behaviors, Then, participants will engage in a one-on-one peer health coaching session where participants will discuss their physical activity, nutrition, stress management, sleep, and substance use behaviors with a coach trained in | 25% reduction in susceptibility to e-cigarettes, cannabis, and alcohol use. To reach the above goal, we anticipate we will also have to reach the following goals: 30% of participants accomplish their proposed goals 50% of participants report improvements in mental health status 50% of participants improve wellness behaviors 50% of | 2% decrease past 30-day e-cigarette, cannabis, and alcohol use rates |

Measures & Sources	Data collected pre-post program, University of Utah NCHA data collected every other year	Data collected pre-post program (online surveys through REDCap prior to the session and then 2 and 6 weeks after)	Data collected pre-post program (online surveys through REDCap prior to the session and then 2 and 6 weeks after)	Ongoing monitoring of implementation (biweekly team meetings, reviewing enrollment and coach and participant feedback)	Coach and participant feedback immediately after each session (brief surveys)	Data collected pre-post program (online surveys through REDCap prior to the session and then 2 and 6 weeks after)	University of Utah NCHA data

Intervention Name: Too Good For Drugs/Violence				Cost of Intervention		Evidence Based: Yes Name Registry:	
Too Good For Drugs/Violence				SLCoHD Grant Funds: $99,981		NREP, WWC	
				Other Funds: $4,970			
				Total: $104,981			
Applicant: Utah State University Extension				Tier Level: 2.9, potentially positive			
	Goal	Factors and Root Causes	Local Conditions	Focus Population	Strategies	Outcomes (Results)	
	Problem Behavior you are addressing	Risk factors, protective factors, CADCA root causes	Why is the identified problem happening	U/S/I? Estimated # served / reached?	Key activities, topics covered, etc. of the intervention	Short	Long
Logic	Amongst focus population reduce: 30-day alcohol use

30-day tobacco use
30-day marijuana use

Bullying/Interpersonal violence | **Risk factors:**

- favorable youth attitudes towards substance use
- interpersonal violence/bullying

Protective Factors:
- **involvement in prosocial activities** | Parents of students in the afterschool program have indicated that they would like to see their children receive more education around ATOD misuse and character education.

The SLCo afterschool programs at the participating schools have seen an increased need for bullying/violence prevention in the participating communities. Students have been negatively affected by increased community violence. | Universal Intervention

4th, 5th, 6th, 7th, & 8th grade students in afterschool programs in Magna and Kearns

120 students will be reached annually | Ten 45-minute lessons

- peer resistance skills development
- goal setting

- decision-making
- social-emotional competency skills
- conflict resolution skills
- cooperative learning
- opportunities for practice through role-playing
- homework assignments to apply knowledge
- interactive games to keep youth engaged | 50% of students report feeling more connected with the afterschool program/teacher

50% of students gain skills to resist peer pressure

50% of students gain more accurate view of peer acceptance of substance use

50% of students will perceive substance misuse as wrong, risky, or harmful

50% of students are able to recognize manage & appropriately express their own emotions

50% of | 30-day alcohol use - Decrease use by 5% in Magna and Kearns in 7th and 8th graders

30-day tobacco use - Decrease use by 5% in Magna and Kearns in 7th and 8th graders

30-day marijuana use - Decrease use by 5 % in Magna and Kearns in 7th and 8th graders

Decrease bullying behaviors by 5% in 4th-8th graders

Decrease alcohol use intentions by 30% in Magna and Kearns 4th-6th graders

Decrease tobacco use intentions by |

Measures & Sources	2021 SHARP Assessment for Magna and Kearns Jr. High School	2021 SHARP Assessment for Magna and Kearns Jr. High School Kearns and Magna CTC Coalition Community Assessments	Input from parents and afterschool program staff	Program registration and attendance records	Facilitator program records outlining the sections covered in each session Observations by evaluators	Student Pre-Post Surveys Records from Afterschool staff	2023 SHARP Assessment for Magna and Kearns Jr. High School

Intervention Name				Cost of Intervention		Evidence Based: **Yes** Name Registry	
Guiding Good Choices				SLCoHD Grant Funds: $38,629.26 Other Funds: N/A Total: $38,629.26		Blueprints for Healthy Youth Development; Crime Solutions: OJJDP Model	
Applicant: Volunteers of America, Utah				Tier Level: Promising (Blueprints); Effective (Crime Solutions and			
	Goal	Factors and Root Causes	Local Conditions	Focus Population	Strategies	Outcomes (Results)	
	Problem Behavior you are addressing	Risk factors, protective factors, CADCA root causes	Why is the problem being address happening	U/S/I? Estimated # served / reached?	Key activities, topics covered, etc. of the intervention	Short	Long
Logic	Among Hispanic youth reduce: 1. 30-day alcohol use 2. 30-day e-cigarette use/vaping 3. 30-day marijuana use 4. Depressive symptoms	Decrease risk factors: 1. Poor family management 2. Family conflict 3. Favorable parental attitudes towards problem behaviors - Increase protective factors: 1. Family attachment 2. Rewards for prosocial involvement	Hispanic youth in Utah report increased risk and decreased protection for substance abuse across all grades when compared to the state averages. Hispanic youth in 6th grade report the highest rates of poor family management (49.9% compared to 35.7%) and family conflict (34.8% compared to 30.3%). While these risks are highest in 6th grade, 8th graders experience risk disproportionately higher than the state averages. 48.7% of 8th grade	Universal Spanish-speaking, immigrant, and new American families in Midvale with youth between the ages of 8 and 14 VOA expects to provide 4 program cycles serving 20 families annually in partnership with Midvale Community Building Community	Five 2-hour sessions held weekly with parents; Session 3 includes youth participants Session 1: Parents learn how to conduct family meetings as a tool for increasing family communication and bonding. Session 2: Parents learn how to set and monitor clear family expectations and how to establish clear consequences for following or breaking family rules. Session 3	90% of participants will complete the program 80% of participants will demonstrate improved family management knowledge and skills 80% of participants will report improved family interactions 80% of participants will hold family meetings during weeks 2, 3, and 4	30-day alcohol use among Hispanic youth will decrease from 8.2% in 2021 to 6.2% in 2023 30-day e-cigarette use/ vaping among Hispanic youth will decrease from 10.3% in 2021 to 8.3% in 2023 30-day marijuana use among Hispanic youth will decrease from 7.5% in 2021 to 5.5% in 2023 Depressive symptoms among Hispanic youth will decrease from

Measures & Sources	2021 Hispanic Youth SHARP Assessment	2021 Hispanic Youth SHARP Assessment	Input from Midvale Community Building Community staff and clients; 2021 Hispanic Youth SHARP Assessment	Service roll; MMDS spreadsheet	Service roll; Session fidelity tools used by facilitator	MMDS spreadsheet; Participant pre and posttest surveys	2023 Hispanic Youth SHARP Assessment

Intervention Name				Cost of Intervention		Evidence Based: **Yes** Name Registry	
Living Skills				SLCoHD Grant Funds: $76,851.22		CSAP; "Effects of a School Based Program to Improve Adaptive School Behavior and	
				Other Funds: N/A			
				Total: $76,851.22			
Applicant: Volunteers of America, Utah				Tier Level: Exemplary Substance Abuse Prevention Program Award			
	Goal	Factors and Root Causes	Local Conditions	Focus Population	Strategies	Outcomes (Results)	
	Problem Behavior you are addressing	Risk factors, protective factors, CADCA root causes	Why is the problem being address happening here? Why now?	U/S/I?	Key activities, topics covered, etc. of the intervention	Short	Long
Logic	Among Salt Lake County 6th graders reduce: 1. 30-day alcohol use 2. 30-day e-cigarette use/vaping 3. 30-day marijuana use	Decrease risk factors: 1. Low commitment to school 2. Rebelliousness 3. Favorable attitudes towards antisocial behavior 4. Early initiation of antisocial behavior Increase protective factors: 1. Interaction with prosocial peers 2. Rewards for prosocial involvement	Studies with children as young as first grade continue to link early aggressive behavior, peer rejection and withdrawal to later substance abuse problems (Fraser, 1996; Brook & Newcomb, 1995; Offord & Bennet, 1994; Bierman, 1993). These findings highlight the importance identifying high-risk youth at an early age and intervening on multiple risk factors before	Estimated # served / reached? Selective High-risk children ages 6 to 11 in Salt Lake County VOA expects to provide 48 program cycles serving 288 children annually in partnership with 18 schools and community sites	10 small-group sessions held weekly with 6 to 8 children at their school or out-of-school program Curriculum and skill development topics: Cooperation; Improving self-image; Teamwork and group decision-making; Identifying and expressing feelings in a positive and productive manner; Coping with difficult feelings such as anger and stress;	80% of participants will complete the program 20% increase in prosocial behaviors (i.e. following the rules, concentration, participation and problem solving) reported by teachers/school counselors from pretest to posttest 20% decrease in rebellious and antisocial behaviors (i.e. defiance, fighting, classroom disruption, peer rejection, withdrawal	6th grade 30-day alcohol use will decrease from 1.6% in 2021 to 1.2% in 2023 6th grade 30-day e-cigarette use/vaping will decrease from 2.4% in 2021 to 1.7% in 2023 6th grade 30-day marijuana use will decrease from 0.6% in 2021 to 0.4% in 2023

Measures & Sources	2021 Salt Lake County SHARP Assessment	2021 Salt Lake County SHARP Assessment	Input from school and community partners; 2021 Salt Lake County SHARP Assessment	Service roll; MMDS spreadsheet	Service roll; Session fidelity tools used by facilitator	MMDS spreadsheet; Teacher/partic ipant pre and posttest surveys	2023 Salt Lake County SHARP Assessment

Intervention Name				Cost of Intervention		Evidence Based: **Yes** Name Registry	
Botvin LifeSkills Training Booster				SLCoHD Grant Funds: $83,177.37 Other Funds: N/A Total: $83,177.37		Blueprints for Healthy Youth Development; CSAP; Crime Solutions; OJJDP Model	
Applicant: Volunteers of America, Utah				Tier Level: Model Plus (Blueprints); Model (CSAP); Effective (Crime			
	Goal	Factors and Root Causes	Local Conditions	Focus Population	Strategies	Outcomes (Results)	
	Problem Behavior you are addressing	Risk factors, protective factors, CADCA root causes	Why is the problem being address happening	U/S/I? Estimated # served / reached?	Key activities, topics covered, etc. of the intervention	Short	Long
Logic	Among Salt Lake County youth reduce: 1. 30-day alcohol use 2. 30-day e-cigarette use/vaping 3. 30-day marijuana use 4. 30-day inhalant use	Decrease risk factors: 1. Laws and norms favorable to drug use 2. Favorable attitudes towards drug use 4. Perceived risk of drug use 5. Early initiation of drug use - Increase protective factors: 1. Rewards for prosocial involvement	Adolescence is a time of transition when youth struggle to identify their values and fit in with their social groups. Youth are more likely to use drugs when communities do not set strong anti-drug use norms, and when youth do not perceive drug use to be risky and lack skills to resist pressure to use drugs. Students in Salt Lake County report increased risk for substance abuse. More than one third of Salt Lake County students experience laws and norms favorable to drug use, a rate that has	Universal Salt Lake County students in 6th, 7th, 8th, and 9th grade classrooms who have already participated in the Botvin LifeSkills Training core curriculum at their school VOA expects to provide 44 program cycles serving 1,100 students in partnership with 12 Salt Lake City and Murray City School District schools	6th Grade Booster: 8 weekly sessions held in the classroom during the school day Middle School Booster: 10 weekly sessions held in the classroom during the school day Curriculum and skill development topics: a. Personal Self-Management Skills: Students develop skills that enhance self-esteem, develop problem-solving skills, help reduce stress and anxiety, and manage anger. b. General Social Skills: Students gain	90% of participants will complete the program 45% of participants will demonstrate improved self-assertive efficacy from pretest to posttest 35% of participants will report increased school engagement from pretest to posttest 50% of participants will report increased rewards for prosocial involvement from pretest to posttest 95% of participants will report an	30-day alcohol use for all grades will decrease from 4.8% in 2021 to 1.8% in 2023 30-day e-cigarette use/vaping for all grades will decrease from 6.6% in 2021 to 3.6% in 2023 30-day marijuana use for all grades will decrease from 5.2% in 2021 to 2.2% in 2023 30-day inhalant use for all grades will decrease from 1.9% in 2021 to 1.6% in 2023
Measures & Sources	2021 Salt Lake County SHARP Assessment	2021 Salt Lake County SHARP Assessment	Input from school district partners; 2021 Salt Lake County SHARP Assessment	Service roll; MMDS spreadsheet	Service roll; Session fidelity tools used by facilitator	MMDS spreadsheet; Participant pre and posttest surveys	2023 Salt Lake County SHARP Assessment

Intervention Name				Cost of Intervention		Evidence Based: **Yes** Name Registry	
Curriculum Based Support Group (Voices)				SLCoHD Grant Funds: $99,289.42		**SAMHSA**	
				Other Funds: N/A			
				Total: $99,289.42			
Applicant: Volunteers of America, Utah				Tier Level: 3.7			
	Goal	Factors and Root Causes	Local Conditions	Focus Population	Strategies	Outcomes (Results)	
	Problem Behavior you are addressing	Risk factors, protective factors, CADCA root causes	Why is the problem being address happening	U/S/I? Estimated # served / reached?	Key activities, topics covered, etc. of the intervention	Short	Long
Logic	Among Salt Lake County youth reduce: 1. 30-day alcohol use 2. 30-day e-cigarette use/vaping 3. 30-day marijuana use 4. 30-day inhalant use	Decrease risk factors: 1. Favorable attitudes towards antisocial behavior 2. Intention to use drugs 3. Low commitment to school 4. Rebelliousness 5. Early initiation of drug use - Increase protective factors: 1. Rewards for prosocial involvement 2. Interaction with prosocial peers	Adolescence is a time of transition when youth struggle to identify their values and fit in with their social groups. Youth are more likely to use drugs when they demonstrate rebelliousness, low commitment to school, and favorable attitudes towards drug use. Students in Salt Lake County report increased risk for substance abuse. More than 40% of Salt Lake County youth demonstrate a favorable attitude towards antisocial behavior, a rate	Selective High-risk youth ages 10 to 17 in Salt Lake County VOA expects to provide 58 program cycles serving 464 youth annually in partnership with 19 schools and community sites	10 small-group sessions held weekly with 6 to 8 youth at their school or out-of-school program Curriculum and skill development topics: Improving self-image; Identifying and expressing feelings appropriately; Coping with difficult feelings such as anger and stress; Expressing anger in productive ways; Setting and achieving goals; Creating healthy	85% of participants will complete the program 45% of participants will demonstrate improved social competence and self-regulation skills from pretest to posttest 25% of participants will report increased school engagement from pretest to posttest 50% of participants will report increased rewards for	30-day alcohol use for all grades will decrease from 4.8% in 2021 to 1.8% in 2023 30-day e-cigarette use/vaping for all grades will decrease from 6.6% in 2021 to 3.6% in 2023 30-day marijuana use for all grades will decrease from 5.2% in 2021 to 2.2% in 2023 30-day inhalant use for all grades will decrease from 1.9% in 2021 to 1.6% in 2023
Measures & Sources	2021 Salt Lake County SHARP Assessment	2021 Salt Lake County SHARP Assessment	Input from school and community partners; 2021 Salt Lake County SHARP Assessment	Service roll; MMDS spreadsheet	Service roll; Session fidelity tools used by facilitator	MMDS spreadsheet; Participant pre and posttest surveys	2023 Salt Lake County SHARP Assessment

Intervention Name	Cost of Intervention	Evidence Based: Yes or No Name Registry
Strengthening Families Program 7-17	SLCoHD Grant Funds: $50,457	Yes Utah Evidence-Based Workgroup
	Other Funds: $1500	
	Total: $51,957	
Applicant: Refuge Group, The	Tier Level: 4	

Refuge Group, The	Goal	Factors and Root Causes	Local Conditions	Focus Population	Strategies	Outcomes (Results)	
	Problem Behavior you are addressing	Risk factors, protective factors, CADCA root causes	Why is the problem being address happening	U/S/I? Estimated # served / reached?	Key activities, topics covered, etc. of the intervention	Short	Long
Logic	30-Day Alcohol Use 30-Day Tobacco Use 30-Day Drugs Use	**Risk factors: depressive symptoms** **Protective factors:**	Since the 1990s, Utah has been receiving many refugees arriving here escaping wars and authoritarian regimes. Many of them witnessed	SFP 7-17 is a Universal intervention. The intervention is going to be implemented in 3 groups. Each group will be made up of 8-10 families.	The program entails a weekly meeting of participating families for 11 weeks. The first half hour is for a family meal where all families eat a meal together	Reduced children's self-reported alcohol and drug use by 70% in participants of the program and reduced parent and child's pro-drug	Reduced children's problem behaviors and improved children's emotional status, social skills, and peer relations by 70% in
Measures & Sources	SHARP data	SHARP data	Anecdotal findings of The Refuge Group and opinion of community leaders and elders	Estimate by The Refuge Group	SFP data analysis	SFP retrospective post-test survey	SHARP data

Intervention Name				Cost of Intervention		Evidence Based: Yes or No Name Registry	
Keepin' it REAL (kiR) and Protecting You/Protecting Me (PY/PM)				SLCoHD Grant Funds: Other Funds: $0.00 Total: $49,097.53		Yes, both programs are evidence-based. Registry is: Pew Results First	
Applicant: Boys and Girls Clubs of Greater Salt Lake				Tier Level Keepin' it REAL: Promising (NRPP) and PY/PM:			
	Goal	Factors and Root Causes	Local Conditions	Focus Population	Strategies	Outcomes (Results)	
	Problem Behavior you are addressing	Risk factors, protective factors, CADCA root causes	Why is the problem being addressed happening here? Why	U/S/I? (Specialized) Estimated # served / reached?	Key activities, topics covered, etc. of the intervention	Short	Long
Logic	a) Reduce underage e-cigarette/vaping, alcohol, marijuana, and inhalant use	Risk factors a) Perceived risk of drugs b) Youth attitudes towards anti-social behavior	Youth with increased perceived risk of drugs and attitudes toward anti-social behavior, as	The Focus Population is Specialized. School age youth, ages 6–12 (PY/PM) and 13–18	a) Deliver PY/PM for 60 min 1x per week for 10 weeks, 1x per year at 5 Salt Lake County Club sites	a) Percentage of kids who have previously used drugs reporting current abstention will	a) Percentage of kids reporting abstention from drug use at all Clubs will increase
Measures & Sources	2021 SHARP Survey	2021 SHARP Survey, 2021 NYOI	2021 SHARP Survey, 2021 NYOI	Membership forms, program attendance sheets	Program attendance sheets, staff training attendance sheets, parent night attendance sheets, 2022 NYOI	2022 NYOI, pre- and post-tests	2022 NYOI

Intervention Name:			Cost of Intervention: $67,414	Evidence Based: Yes Yes or No: Yes Name Registry:
SPORT© Program			SLCoHD Grant Funds: $67,414 Other Funds: $ N/A Total: $67,414	Blueprints
Applicant: Neighborhood Action Coalition at the University of Utah			Tier Level: Promising	

	Goal	Factors and Root Causes	Local Conditions	Focus Population	Strategies	Outcomes (Results)	
	Problem Behavior you are addressing	Risk factors, protective factors, CADCA root causes	Why is the problem being address happening	U/S/I? Estimated # served / reached?	Key activities, topics covered, etc. of the intervention	Short	Long
Logic	Reduce substance abuse among Midvale City's youth	Risk Factors: 1. Early initiation of drug use; 2. Attitudes favorable to drug use; 3. low commitment to school; 4. rewards for antisocial behavior; 5. interaction with antisocial peers	Midvale City youth and their parents are considered "higher risk" for substance abuse than most other areas in Salt Lake County. Midvale has a high rate of renters (55.7%) when compared to the overall rate of renters in the State of Utah (29.9%) (US Census, 2017). This discrepancy may lead to the risk factors of high transition and mobility as well as low community attachment.	200 Midvale youth 12-18 years at the Boys and Girls Club of Midvale, Midvale Middle School and Community Building Community center	SPORT Curriculum and physical activity program: promotes an active lifestyle, positive images, and achieving goals, along with activities designed by Exercise and Sport Science Professionals; 250 hours of instruction delivered approximately 2-4 times a week for 35 weeks. If the youth increase frequency of moderate physical activity, their knowledge of healthy behaviors will	Risk Factors: 1. Decrease risk factor early initiation of drug use from 15.1% to 13.6% by 2023; 2. Decrease number of youth who have favorable attitudes toward drug use from 24.5% – 22% by 2023; 3. Decrease low commitment to school from 51.4% to 43% by 2023; 4.Decrease rewards for antisocial behavior from 28.5% to 27% by 2023; 5. Decrease interaction with antisocial peers	Reduction of substance abuse among Midvale City's youth: 1. Decrease alcohol use in past 30-days from 4.8% to 3.3% in the next 10 years; 2. Decrease marijuana use in past 30-days from 5.2% to 3.9% in the next 10 years; 3. Decrease binge drinking (5 or more drinks in a row in past 2 weeks) from 3.2% to 2.1% in the next 10 years; 4. Decrease "been drunk or high at school in the past year) from

		Protective Factors: 1. Increase	Also, the Midvale per capita income is $25,895, an amount significantly lower than the county average (US Census, 2017). Midvale has a high number of youth (residents under 18 years old) at 25.7%, which is greater than the national average (US Census, 2017). Unfortunately, 17% of these youth live below the poverty line (US Census, 2017). Midvale City has a very diverse population compared to the rest of the state. Persons reporting Hispanic or			Protective Factors: 1. Increased levels of moderate physical activity from 86% to 88% based on individual pre-test levels by 2023; 2. Higher levels of vigorous activity from 59% to 63% based on individual pre-test levels by 2023; 3. Increase knowledge of healthy stress management techniques from 80% to 82% based on individual pre-test levels by 2023; 4. Increase parent-youth	
Measures & Sources	SHARP Data	SHARP Data	US Census Data	Attendance Sheets	1. Staff Reports; 2. Curriculum checklist/lesson plans Worksheet completion checklist; 3. Pre-Post tests provided in SPORT curriculum; 4. Follow-up phone calls with parents	1. Completion of Fitness Feedback Sheet; 2. Pre- and Post-consultation interviews/surveys; 3. SHARP Survey	SHARP Data

Logic Model

Program: Urban Indian of Salt Lake Family Programs   Date: FY:2023

Program Name: Strengthening Families				Yearly Cost: $24,000		Evidenced Based: Yes	
Agency: Urban Indian Center of Salt Lake				Program: Community Health Services Family Programs			
	Goal	Factors	Focus Population	Strategies	Outcomes Short	Outcomes Long	
Logic	Reduce lifetime underage drinking, vaping and commercial tobacco misuse. Decrease	Early initiation of alcohol, vaping, and commercial tobacco use. Opportunities for prosocial	American Indian and Alaska Native Youth ages 6-18 living in Salt Lake County	Strengthening Families Program	Reduce early initiation of alcohol from 2023 to 2024 Increase opportunities for	Reduce Underage Drinking from 6.6-34.3% to 25% by end of 2023. Reduce vaping use from 36.1% to	

					opportunities for Prosocial Involvement from 2023-2024	use from 36.1% to 25% by end of 2023.
	Decrease suicide rates, by offering suicide prevention education.	prosocial involvement. Suicide risk factors.				
Measures and Sources	Sharp Survey 2021	Sharp Survey 2021	Program Logs and Attendance Records UICSL Reports to Indian Health Services (RPMS)	Program Logs and Attendance Records UICSL Reports to Indian Health Services Strengthening Families Program Curriculum	2017, 2019, 2021, and 2023 SHARP Surveys	2021, and 2023 SHARP Surveys UICSL 2020 Community Needs Assessment

FY24 Mental Health Area Plan & Budget   Local Authority: Salt Lake County   **Form A**

FY2024 Mental Health Revenue

FY2024 Mental Health Revenue	State General Fund	State General Fund used for Medicaid Match	$2.7 million Unfunded	NOTused for Medicaid Match	Used for Medicaid Match	Net Medicaid	Mental Health Block Grant (Formula)	10% Set Aside Federal - Early Intervention	Other State/Federal	Third Party Collections	Client Collections (eg, co-pays, private pay, fees)	Other Revenue	TOTAL FY2024 Revenue
	State General Fund			County Funds									
JRI/JRC	$1,200,000	$500,000											$1,700,000
Local Treatment Services	$6,012,284	$13,453,799	$346,298	$3,018,636	$8,626,715	$55,292,582	$1,084,477		$52,500	$1,034,204			$88,921,495
FY2024 Mental Health Revenue by Source	$7,212,284	$13,953,799	$346,298	$3,018,636	$8,626,715	$55,292,582	$1,084,477	$0	$52,500	$1,034,204	$0	$0	$90,621,495

$21,166,083

FY2024 Mental Health Expenditures Budget

FY2024 Mental Health Expenditures Budget	State General Fund	State General Fund used for Medicaid Match	$2.7 million Unfunded	NOTused for Medicaid Match	Used for Medicaid Match	Net Medicaid	Mental Health Block Grant (Formula)	10% Set Aside Federal - Early Intervention	Other State/Federal	Third Party Collections	Client Collections (eg, co-pays, private pay, fees)	Other Expenditures	TOTAL FY2024 Expenditures Budget	Total Clients Served	TOTAL FY2024 Cost/Client Served
	State General Fund			County Funds											
Inpatient Services (170)		$1,963,048			$1,213,623	$7,778,669				$184,057			$11,139,397	788	$14,136.29
Residential Care (171 & 173)		$1,797,847			$1,111,489	$7,124,044							$10,033,380	1,840	$5,452.92
Outpatient Care (22-24 and 30-50)	$338,805	$5,432,037	$337,134	$185,366	$3,358,269	$21,524,720	$755,443		$52,500	$748,583			$32,732,857	11,281	$2,901.59
24-Hour Crisis Care (outpatient based service with emergency_ind = yes)	$1,468,214	$347,146			$214,618	$1,375,581							$3,405,559	2,852	$1,194.10
Psychotropic Medication Management (61 & 62)		$608,087			$375,941	$2,409,577	$194,330			$101,564			$3,689,499	5,988	$616.15
Psychoeducation Services (Vocational 80) Psychosocial Rehabilitation (Skills Dev. 100)	$78,456	$1,012,504			$625,965	$4,012,093							$5,729,018	1,435	$3,992.35
Case Management (120 & 130)	$43,312	$1,726,870	$9,164	$104,390	$1,067,610	$6,842,801	$134,704						$9,928,851	8,591	$1,155.73
Community Supports, including - Housing (174) (Adult) - Respite services (150) (Child/Youth)	$581,871	$221,198		$1,240,613	$136,752	$876,506							$3,056,940	369	$8,284.39
Peer Support Services (140): - Adult Peer Specialist - Family Support Services (FRF Database)	$503,566	$103,974			$106,367	$64,280	$412,000						$1,190,187	1,071	$1,111.29
Consultation and education services, including case consultation, collaboration with other county service agencies, public education and public information		$265,171			$163,938	$1,050,753							$1,479,862		
Services to persons incarcerated in a county jail or other county correctional facility	$277,700												$277,700	237	$1,171.73
Adult Outplacement (USH Liaison)		$202,745			$642,667	$125,342	$803,371						$1,774,125	207	$8,570.65
Other Non-mandated MH Services	$3,920,360	$273,172		$739,233	$168,888	$1,082,467							$6,184,120	382	$16,188.80
FY2024 Mental Health Expenditures Budget	$7,212,284	$13,953,799	$346,298	$3,018,636	$8,626,715	$55,292,582	$1,084,477	$0	$52,500	$1,034,204	$0	$0	$90,621,495		

FY2024 Mental Health Expenditures Budget (Adult / Youth)

FY2024 Mental Health Expenditures Budget	State General Fund	State General Fund used for Medicaid Match	$2.7 million Unfunded	NOTused for Medicaid Match	Used for Medicaid Match	Net Medicaid	Mental Health Block Grant (Formula)	10% Set Aside Federal - Early Intervention	Other State/Federal	Third Party Collections	Client Collections (eg, co-pays, private pay, fees)	Other Expenditures	TOTAL FY2024 Expenditures Budget	Total FY2024 Clients Served	TOTAL FY2024 Cost/Client Served
	State General Fund			County Funds											
ADULT	$5,980,868	$8,121,752	$346,298	$2,895,536	$5,021,144	$32,182,815	$845,482	$52,500		$760,796			$56,207,191	10,042	$5,597.21
YOUTH/CHILDREN	$1,231,416	$5,832,047		$123,100	$3,605,571	$23,109,767	$238,995			$273,408			$34,414,304	4,690	$7,337.80
Total FY2024 Mental Health Expenditures	$7,212,284	$13,953,799	$346,298	$3,018,636	$8,626,715	$55,292,582	$1,084,477	$52,500	$0	$1,034,204	$0	$0	$90,621,495	14,732	$6,151.34

FY24 Proposed Cost & Clients Served by Population   Local Authority: Salt Lake County   **Form A1**

Budget and Clients Served Data to Accompany Area Plan Narrative

MH Budgets	Clients Served	FY2024 Expected Cost/Client Served
Inpatient Servies Budget		
$5,130,678 ADULT	426	12044
$6,008,719 CHILD/YOUTH	362	16599
$11,139,397	788	
Residential Care Budget		
$7,070,227 ADULT	1,631	$4,335
$2,963,153 CHILD/YOUTH	209	$14,178
$10,033,380	1,840	
Outpatient Care Budget		
$16,554,623 ADULT	7,179	2306
$16,178,234 CHILD/YOUTH	4,102	3944
$32,732,857	11,281	
24-Hour Crisis Care Budget		
$2,793,654 ADULT	2,356	1186
$611,905 CHILD/YOUTH	496	1234
$3,405,559	2,852	
Psychotropic Medication Management Budget		
$2,788,896 ADULT	4,727	590
$900,603 CHILD/YOUTH	1,261	714
$3,689,499	5,988	
Psychoeducation and Psychosocial Rehabilitation Budget		
$1,498,807 ADULT	837	1791
$4,230,211 CHILD/YOUTH	598	7074
$5,729,018	1,435	
Case Management Budget		

$9,123,757	ADULT	7,111		1283
$805,094	CHILD/YOUTH	1,480		544
$9,928,851		8,591		

Community Supports Budget (including Respite)

$1,822,484	ADULT (Housing)	127		14350
$1,234,456	CHILD/YOUTH (Respite)	242		5101
$3,056,940		369		

Peer Support Services Budget

$408,853	ADULT	905		452
$781,334	CHILD/YOUTH (includes FRF)	166		4707
$1,190,187		1,071		

Consultation & Education Services Budget

$891,429	ADULT	
$588,433	CHILD/YOUTH	
$1,479,862		

Services to Incarcerated Persons Budget

$277,700	ADULT Jail Services	237		1172

Outplacement Budget

$1,774,125	ADULT	207		8571

Other Non-mandated Services Budget

$6,071,958	ADULT	371		$16,366
$112,162	CHILD/YOUTH	11		$10,197
$6,184,120		382		

Summary

Totals

$56,207,191	Total Adult	26,114		$2,152
$34,414,304	Total Children/Youth	8,927		$3,855

$90,621,495   35,041

From the budgets and clients served data reported above, please breakout the following information regarding unfunded (duplicated from above)

Unfunded ($2.7 million)

| $346,298 | ADULT | 275 | 1259 |
| | CHILD/YOUTH | | #DIV/0! |

Unfunded (all other)

| $9,774,386 | ADULT | 1,762 | 5547 |
| $1,593,511 | CHILD/YOUTH | 1,114 | 1430 |

FY24 Mental Health Early Intervention Plan & Budget

Local Authority: Salt Lake County

Form A2

FY2024 Mental Health Revenue	State General Fund		County Funds							
	State General Fund	State General Fund used for Medicaid Match	NOTused for Medicaid Match	Used for Medicaid Match	Net Medicaid	Third Party Collections	Client Collections (eg, co-pays, private pay, fees)	Other Revenue	TOTAL FY2024 Revenue	
FY2024 Mental Health Revenue by Source	$1,065,010	$192,060	$123,100	$118,739	$761,044			$10,481	$2,270,434	

FY2024 Mental Health Expenditures Budget	State General Fund		County Funds									
	State General Fund	State General Fund used for Medicaid Match	NOTused for Medicaid Match	Used for Medicaid Match	Net Medicaid	Third Party Collections	Client Collections (eg, co-pays, private pay, fees)	Other Expenditures	TOTAL FY2024 Expenditures Budget	Total Clients Served	TOTAL FY2024 Cost/Client Served
MCOT 24-Hour Crisis Care-CLINICAL	$35,189	$13,260		$8,198	$52,542				$109,189	248	$440.28
MCOT 24-Hour Crisis Care-ADMIN	$1,608	$606		$375	$2,401				$4,990		
FRF-CLINICAL	$583,277							$9,916	$593,193	275	$2,157.07
FRF-ADMIN	$26,656							$565	$27,221		
School Based Behavioral Health-CLINICAL	$400,000	$170,406	$117,720	$105,351	$675,242				$1,468,719	385	$3,814.85
School Based Behavioral Health-ADMIN	$18,280	$7,788	$5,380	$4,815	$30,859				$67,122		
FY2024 Mental Health Expenditures Budget	$1,065,010	$192,060	$123,100	$118,739	$761,044	$0	$0	$10,481	$2,270,434	908	$6,412.20

* Data reported on this worksheet is a breakdown of data reported on Form A.

FY24 Substance Use Disorder Treatment Area Plan Budget   Local Authority: Salt Lake County   **Form B**

FY2024 Substance Use Disorder Treatment Revenue	State Funds NOT used for Medicaid Match	State Funds used for Medicaid Match	County Funds NOT used for Medicaid Match	County Funds Used for Medicaid Match	Federal Medicaid	SAPT Treatment Revenue	SAPT Women's Treatment Set aside	Other State/Federal	3rd Party Collections (eg, insurance)	Client Collections (eg, co-pays, private pay, fees)	Other Revenue (gifts, donations, reserves etc)	TOTAL FY2024 Revenue
Drug Court	$622,462	$310,636	$1,575,228	$0	$583,217	$276,386	$0	$0	$0	$0	$0	$3,367,929
JRI	$515,791	$0	$0	$0	$0	$0	$0	$0	$3,721	$490	$0	$520,002
Local Treatment Services	$4,971,879	$3,234,621	$496,500	$100,000	$6,568,330	$4,957,702	$840,109	$822,036	$7,921	$133,537	$775,000	$22,907,635
Total FY2024 Substance Use Disorder Treatment Revenue	$6,110,132	$3,545,257	$2,071,728	$100,000	$7,151,547	$5,234,088	$840,109	$822,036	$11,642	$134,027	$775,000	$26,795,566
	$9,655,389					$6,074,197						

FY2024 Substance Use Disorder Treatment Expenditures Budget by Level of Care	State Funds NOT used for Medicaid Match	State Funds used for Medicaid Match	County Funds NOT used for Medicaid Match	County Funds Used for Medicaid Match	Federal Medicaid	SAPT Treatment Revenue	SAPT Women's Treatment Set aside	Other State/Federal	3rd Party Collections (eg, insurance)	Client Collections (eg, co-pays, private pay, fees)	Other Revenue	TOTAL FY2024 Expenditures	Total FY2024 Client Served	Total FY2024 Cost/Client Served
Early Intervention - 1	$526,015	$70,663	$0	$1,995	$142,550	$506,544	$107,185	$0	$0	$28,540	$0	$1,383,492	1,700	$814
Ambulatory Care and Withdrawal Management (Detox) ASAM IV-D, III.7-D, III.2-D, I-D or II-D) - 2	$304,488	$591,184	$0	$12,946	$1,311,221	$584,829	$108,391	$0	$0	$1,677	$471,523	$3,386,259	2,200	$1,539
Residential Treatment Services: (ASAM III.7, III.5, III.3, III.1) - 3	$2,074,265	$1,706,368	$0	$51,979	$3,324,022	$1,399,656	$311,528	$18,750	$0	$86,066	$0	$8,972,634	1,400	$6,409
Treatment for Opioid Use Disorder (OTP-Methadone) - 4	$0	$137,358	$97,500	$1,919	$335,971	$297,200	$62,888	$293,116	$0	$0	$0	$1,225,952	750	$1,635
Medications for Opioid Treatment -(Vivitrol, Naltrexone, Buprenorphine) - 5	$0	$0	$75,000	$0	$0	$0	$0	$101,674	$0	$0	$0	$176,674	150	$1,178
Outpatient: Non-Methadone (ASAM I) - 6	$671,610	$598,340	$0	$18,555	$1,146,719	$880,165	$186,244	$26,460	$11,189	$14,212	$303,477	$3,856,971	2,000	$1,928
Intensive Outpatient (ASAM II.5 or II.1) - 7	$414,919	$441,344	$0	$12,606	$891,064	$301,858	$63,873	$12,500	$453	$3,532	$0	$2,142,149	900	$2,380
Recovery Support (includes housing, peer support, case management and other non-clinical) - 8+9	$2,118,835	$0	$1,899,228	$0	$0	$1,263,836	$0	$369,536	$0	$0	$0	$5,651,435	2,300	$2,457
FY2024 Substance Use Disorder Treatment Expenditures Budget	$6,110,132	$3,545,257	$2,071,728	$100,000	$7,151,547	$5,234,088	$840,109	$822,036	$11,642	$134,027	$775,000	$26,795,566	11,400	$2,350

FY2024 Substance Use Disorder Treatment Expenditures Budget By Population	State Funds NOT used for Medicaid Match	State Funds used for Medicaid Match	County Funds NOT used for Medicaid Match	County Funds Used for Medicaid Match	Federal Medicaid	SAPT Treatment Revenue	SAPT Women's Treatment Set aside	Other State/Federal	3rd Party Collections (eg, insurance)	Client Collections (eg, co-pays, private pay, fees)	Other Revenue	TOTAL FY2024 Expenditures
Pregnant Women and Women with Dependent Children, (Please include pregnant women under age of 18)	$1,372,673	$1,732,377	$400,202	$54,732	$3,139,794	$484,095	$840,109	$175,815	$312	$84,243	$137,096	$8,421,448
All Other Women (18+)	$691,961	$443,134	$285,106	$12,094	$978,156	$595,565	$0	$105,787	$8,550	$21,908	$111,874	$3,254,135
Men (18+)	$3,933,193	$1,110,192	$1,386,420	$26,474	$2,541,568	$3,422,093	$0	$540,434	$2,780	$27,876	$526,030	$13,517,060
Youth (12- 17) (Not Including pregnant women or women with dependent children)	$112,305	$259,554	$0	$6,700	$492,029	$732,335	$0	$0	$0	$0	$0	$1,602,923
Total FY2024 Substance Use Disorder Expenditures Budget by Population Served	$6,110,132	$3,545,257	$2,071,728	$100,000	$7,151,547	$5,234,088	$840,109	$822,036	$11,642	$134,027	$775,000	$26,795,566

FY24 Drug Offender Reform Act & Drug Court Expenditures   Local Authority: Salt Lake County

FY2024 DORA and Drug Court Expenditures Budget by Level of Care	Drug Offender Reform Act (DORA)	Felony Drug Court	Family Drug Court	Juvenile Drug Court	DUI Fee on Fines	TOTAL FY2024 Expenditures
Screening and Assessment Only	$0	$0	$14,387	$3,280	$0	$17,667
Detoxification: ASAM IV-D or III.7-D) (ASAM III.2-D) ASAM I-D or II-D)	$0	$0	$93,363	$0	$0	$93,363
Residential Services (ASAM III.7, III.5, III.1 III.3 1II.1 or III.3)	$0	$0	$389,372	$100,022	$0	$489,394
Outpatient: Contracts with Opioid Treatment Providers (Methadone: ASAM I)	$0	$0	$13,843	$1,323	$0	$15,166
Office based Opiod Treatment (Buprenorphine, Vivitrol, Naloxone and prescriber cost)) Non-Methadone	$0	$0	$0	$0	$0	$0
Outpatient: Non-Methadone (ASAM I)	$0	$0	$133,820	$79,387	$0	$213,207
Intensive Outpatient (ASAM II.5 or II.1)	$0	$0	$101,590	$5,750	$0	$107,340
Recovery Support (includes housing, peer support, case management and other non-clinical)	$0	$2,366,488	$42,348	$22,956	$0	$2,431,792
FY2024 DORA and Drug Court Expenditures Budget	$0	$2,366,488	$788,723	$212,718	$0	$3,367,929

SFY24 Opioid Budget　　　　　　　　**Local Authority:**　| Salt Lake County |　　　**Form B2**

State Fiscal Year	Projected SOR SFY 2023 Revenue Not Used	State Opioid Response SFY2024 Revenue	Total SFY 2024 SOR Revenue
		SOR 2	
2024	0	$452,500.00	$452,500.00

SFY2024 State Opioid Response Budget Expenditure	Estimated Cost	
Direct Services	**$30,408.00**	
Salary Expenses	**$0.00**	
Title 1		
Title 2		
Title 3		
Administrative Expenses	**$30,408.00**	
Supplies		
Communication		
Travel		
Conference/Workshops		*Insert a note providing details
Equipment/Furniture		
Admin Rate 6.72% (using 2023 rate)	$30,408.00	*Insert a note describing it
Screening & Assessment	**$0.00**	
Drug Testing	**$0.00**	
Office Based Opioid Treatment (Buprenorphine, Vivitrol, Nalaxo	**$0.00**	
Opioid Treatment Providers (Methadone)	**$0.00**	
Intensive Outpatient	**$0.00**	
Residential Services	**$0.00**	
Outreach/Advertising Activities	**$0.00**	
Recovery Support (housing, contracted peer support, contracte	**$0.00**	
Contracted Services	**$422,092.00**	
Sheriff Jail MAT	$184,443.00	
Project Reality - OTP	$163,202.00	
Clinical Consultants	$43,257.00	
Odyssey House	$31,190.00	
Total Expenditure FY2024	**$452,500.00**	

FY24 Substance Abuse Prevention Area Plan & Budget   Local Authority: Salt Lake County   **Form C**

FY2024 Substance Abuse Prevention Revenue	State Funds		County Funds									
	State Funds NOT used for Medicaid Match	State Funds used for Medicaid Match	County Funds NOT used for Medicaid Match	County Funds Used for Medicaid Match	Federal Medicaid	SAPT Prevention Revenue	Partnerships for Success PFS Grant	Other State & Federal (TANF, Discretionary Grants, etc)	3rd Party Collections (eg, insurance)	Client Collections (eg, co-pays, private pay, fees)	Other Revenue (gifts, donations, reserves etc)	TOTAL FY2024 Revenue
FY2024 Substance Abuse Prevention Revenue	$163,292		$266,104			$2,038,172	$22,500	$0				$2,490,068

FY2024 Substance Abuse Prevention Expenditures Budget	State Funds		County Funds											
	State Funds NOT used for Medicaid Match	State Funds used for Medicaid Match	County Funds NOT used for Medicaid Match	County Funds Used for Medicaid Match	Federal Medicaid	SAPT Prevention Revenue	Partnerships for Success PFS Grant	Other Federal (TANF, Discretionary Grants, etc)	3rd Party Collections (eg, insurance)	Client Collections (eg, co-pays, private pay, fees)	Other Revenue (gifts, donations, reserves etc)	Projected number of clients served	TOTAL FY2024 Expenditures	TOTAL FY2024 Evidence-based Program Expenditures
Universal Direct			$146,687			$1,123,518						13,615	$1,270,205	$1,100,205
Universal Indirect			$54,486			$417,326	$22,500						$494,312	$494,312
Selective Services			$55,304			$423,588						5,133	$478,892	$478,892
Indicated Services	$163,292		$9,627			$73,740						894	$246,659	$246,659
FY2024 Substance Abuse Prevention Expenditures Budget	$163,292	$0	$266,104	$0	$0	$2,038,172	$22,500	$0	$0	$0	$0	19,642	$2,490,068	$2,320,068

SAPT FY2024 Prevention Set Aside	Information Dissemination	Education	Alternatives	Problem Identification & Referral	Community Based Process	Environmental	Total
Primary Prevention Expenditures	$134,000	$1,147,148	$131,580	$144,816	$408,900	$71,728	$2,038,172

Cost Breakdown	Salary	Fringe Benefits	Travel	Equipment	Contracted	Other	Indirect	Total FY2024 Expenditures
Total by Expense Category	$467,328	$218,921	$47,000	$0	$1,730,188	$26,631	$0	$2,490,068

Salt Lake County FY24-26 Form A

Attachment A: Evidence Based Practices

In addition to the processes outlined in the QAPIP, DBHS/Optum utilizes national benchmarks and best practices, managing inpatient records to ensure care provided adheres to established and validated clinical guidelines, medical necessity reviews, and recovery and resiliency training to ensure a focus on evidence-based practices. All contracted providers are mandated to conduct supervision for EBP and it is the responsibility of each individual agency to meet fidelity requirements. Monitoring for EBPs is included as part of Optum provider audits. In addition, providers are asked to explain their methods for monitoring EBPs to fidelity. All of the practices listed below are recognized by SAMHSA and are offered in the DBHS/Optum Network.

• Assertive Community Treatment (ACT)
• Trauma Focused Cognitive Behavior Therapy (TF-CBT)
• Dialectical Behavior Therapy (DBT)
• Motivational Interviewing (MI)
• Cognitive Behavior Therapy (CBT)
• Eye Movement Desensitization and Reprocessing (EMDR)
• OQ Measures
• Behavior Therapy
• Integrated Dual Disorders Treatment
• Exposure Therapy for PTSD
• Seeking Safety
• Double Trouble in Recovery
• Mental Health First Aid
• Wellness Recovery Action Plan (WRAP)
• QPR Gatekeeper Training for Suicide Prevention
• Interpersonal Therapy (IPT)
• Medication-Assisted Treatment (MAT)
• Moral Reconation Therapy (MRT)

Salt Lake County FY24-26 Form A

Attachment B: Metrics to evaluate outcomes and quality of care

DBHS/Optum will continue to require the use of OQ®/YOQ® questionnaires and additional resources available through the OQ® Analyst to enhance outcome-based practices. Semi-annual beginner and advanced trainings with CEUs are provided to clinical staff to help them understand the foundations of practice-based evidence and how to incorporate the Clinician Reports into treatment planning. Optum monitors pre and post community tenure for members enrolled in ACT Teams. Beginning FY20, USH days of service were incorporated into this analysis. DBHS and Optum, collectively and independently, complete quality audits of treatment records to ensure OSUMH mandates are implemented in treatment and documentation supports the member's diagnoses, level of care and services rendered. Those who do not meet expectations are required to complete a corrective action plan to fulfill the requirements.

DBHS has developed multiple outcome measures that vary from program to program. Please reference the attached compilation of reporting metrics and sections in this narrative above for some examples. Data DBHS has collected in the past include hospital diversion rates, treatment engagement, graduation rates, reductions in Risk Scores, positive drug testing rates, number of bed nights funded for individuals in permanent supportive housing, changes in census in co-occurring residential programs, changes in ACT Team census numbers and NOMS data such as employment,
housing and "frequency of use" changes. New outcome measures for ACT teams were developed in FY22 and continue to be monitored on baselines and targets established in FY23. DBHS has also tracked reductions in jail recidivism for certain cohorts through a data sharing agreement with the Salt Lake County Jail.

Although Medicaid expansion has been a huge benefit to the behavioral health population we serve, it is important to understand that since November 2017 (the implementation of TAM), April 2019 (the
Medicaid Expansion to 100% FPL), and finally January 2020 (expanding up to 138% FPL), DBHS lost the ability to track many of the metrics above for a large portion of these programs.

Significant anomalies may occur in data and outcome metrics for FY21 and forward due to COVID responses both within the treatment system and within our county jail.

Salt Lake County FY24-26 Form A

Attachment C: Partnership groups and community efforts

Optum continually assesses the needs of the community. The Optum Recovery and Resiliency (R&R) team participates on the Crisis Response Services Community Collaboration meeting, the Salt Lake Valley Coalition to End Homelessness, the Salt Lake County Suicide Prevention Coalition, and most recently, the Department of Corrections Stakeholder Group/Committee.

Optum continues to share with their network information on Take Care Utah through the Utah Health Policy Project which is designed to assist Salt Lake County residents with applications for insurance. Providers recognize some of those they serve lose Medicaid eligibility and are unsure of the reason and/or how to address the issue. Through these partnerships, adults and youth living with mental health and/or substance use disorders have received one-on-one support to apply for all types of insurance, including Traditional, Non-Traditional and Targeted Adult Medicaid. Also, an Optum Quality Assurance and Performance Improvement (QAPI) Committee Member, who represents families of those living with behavioral health issues, has linked Mental Health Court to Take Care Utah for assistance with insurance applications.

Optum's Community and Housing Support Specialist participates in several committees and groups to collaborate on supporting Utah's homeless. While the Optum Community and Housing Support Specialist is no longer attending the weekly Community Triage Group (CTG) meetings, she does assist the group to address behavioral health needs for individuals as requested. Community stakeholders from various agencies gather monthly as the Salt Lake County Coalition to End Homelessness to discuss the direction of initiatives and to problem solve associated issues impacting the County. Other community partners conduct meetings within their agencies to address how to support those who are frequently using high level services, such as crisis response. The Community and Housing Support Specialist meets with treatment providers (VBH, VOA, Odyssey House) and Housing Connect to discuss current housing resources and needs and to help problem solve high acuity cases. In addition, she attends monthly meeting with Salt Lake Behavioral Health, SLCPD, local hospitals, treatment providers, criminal justice agencies, etc. to discuss high utilizers of community resources and a high volume of contacts with police.

The Optum USH Liaisons works with USH consumers, USH treatment team members, the Optum Utah State Hospital Committee, the Utah Division of Substance Abuse and Mental Health, the Salt Lake County Legal Defender's Office, and Salt Lake County service providers to arrange housing, behavioral and physical health care to transition to community-based living and care.

DBHS is a member of the Criminal Justice Advisory Council, where ongoing systemic needs are addressed monthly, coordinated and planned for. The committee includes representatives from the courts, law enforcement, mayors, county council, state legislators, Legal Defenders Association, District Attorney's office, Department of Corrections, Criminal Justice Services, Human Services, Diversity Affairs, and an individual with lived experience in the criminal justice system. One example is the new Receiving Center. This item is periodically on the monthly agenda to provide updates and receive feedback from stakeholders.

Additionally, DBHS representatives attend: the Family Investment Coalition, Utah Health Policy Project Healthcare Roundtable, the Medical Care Advisory Committee, the Salt Lake Valley Coalition to End Homelessness Health and Wellness Core Function Group, Adult Drug Court Steering Committee, Family Recovery Court Steering Committee, and others stakeholder functions. An Optum representative is the Clinical Director of the Third District Mental Health Courts. DBHS representatives have attended in the past: the Salt Lake Juvenile Court Multi-Agency Staffing, the Salt Lake Regional Advisory Committee, the Salt Lake City School District Mental Health Roundtable, the Utah State Child Welfare Improvement Council, and the Utah Youth Initiative. Eventually it was mutually determined that DBHS will be available to all organizations when needed, but not attend each meeting.

SALT LAKE COUNTY BEHAVIORAL HEALTH SERVICES

FY24 Fee/Copay Schedule Documents

Contents

FY24 Fee/Copay Schedule (Effective July 1, 2023)

Family Size	Monthly Gross Income (based on the 2023 Federal Poverty Guidelines)								
	0-25% FPL	25-50% FPL	50-150% FPL	150-200% FPL	200-250% FPL	250-300% FPL	300-350% FPL	350-400% FPL	>400% FPL
1	$0 - $304	$305 - $608	$609 - $1,823	$1,824 - $2,430	$2,431 - $3,038	$3,039 - $3,645	$3,646 - $4,253	$4,254 - $4,860	$4,861
2	$0 - $411	$412 - $822	$823 - $2,465	$2,466 - $3,287	$3,288 - $4,108	$4,109 - $4,930	$4,931 - $5,752	$5,753 - $6,573	$6,574
3	$0 - $518	$519 - $1,036	$1,037 - $3,108	$3,109 - $4,143	$4,144 - $5,179	$5,180 - $6,215	$6,216 - $7,251	$7,252 - $8,287	$8,288
4	$0 - $625	$626 - $1,250	$1,251 - $3,750	$3,751 - $5,000	$5,001 - $6,250	$6,251 - $7,500	$7,501 - $8,750	$8,751 - $10,000	$10,001
5	$0 - $732	$733 - $1,464	$1,465 - $4,393	$4,394 - $5,857	$5,858 - $7,321	$7,322 - $8,785	$8,786 - $10,249	$10,250 - $11,713	$11,714
6	$0 - $839	$840 - $1,678	$1,679 - $5,035	$5,036 - $6,713	$6,714 - $8,392	$8,393 - $10,070	$10,071 - $11,748	$11,749 - $13,427	$13,428
7	$0 - $946	$947 - $1,893	$1,894 - $5,678	$5,679 - $7,570	$7,571 - $9,463	$9,464 - $11,355	$11,356 - $13,248	$13,249 - $15,140	$15,141
8	$0 - $1,053	$1,054 - $2,107	$2,108 - $6,320	$6,321 - $8,427	$8,428 - $10,533	$10,534 - $12,640	$12,641 - $14,747	$14,748 - $16,853	$16,854
Fees/Copays									
Adult Residential (once/month)	No Copay			$ 200	$ 400	$ 600	$ 800	$ 1,000	No Subsidy (consumer pays full cost)
Adult Outpatient (weekly max)				$ 10	$ 20	$ 30	$ 40	$ 50	
Adult IOP (weekly max)				$ 20	$ 40	$ 60	$ 80	$ 100	
Youth Residential (once monthly)	No Copay							$ 50	
Youth Outpatient (weekly max)								$ 5	
DUI Assessment	No Copay	$15	$50	$125	$200	No Subsidy (consumer pays full cost)			

*Assertive Community Treatment (ACT) participants are exempt from this fee/copay schedule due the acuity requirements for program participation

FY24 Fee/Copay Schedule Methodology
Effective July 1, 2023

Overview

In applying treatment copays, much is left to the discretion of the service provider and attending clinician. Generally, the adult outpatient copay schedule is to be applied for low intensity outpatient services or non-DUI assessments. The maximum Adult Outpatient copay rate of $50 was determined based approximately on the lowest cost service an individual might receive during a single visit and with the intent to not far exceed a typical copay rate under an insurance plan. The Adult IOP rate generally will be used for clients that are receiving more intensive outpatient services or day treatment and maxes out at twice the outpatient copay. The monthly Adult Residential copay rate is lower than the lowest residential provider rate in the Division of Behavioral Health Services' (DBHS) network. The copay schedule increases the fees up to the maximum amount based on the 2023 Federal Poverty Level (FPL), which accounts for gross household income and family size. All copays are based upon one FPL framework and assume greater ability to pay as income increases. For all adult services, at or above 400% of FPL, consumers are provided no county subsidy.

Fees for Services for Youth

Fees for youth services have been strategically reduced to ensure no barriers to service exist. Copays are not to be assessed until monthly gross income exceeds 350% of the FPL. The Youth Residential schedule maxes out at $50 per month, while the Youth Outpatient schedule maxes out at $5 per week. If a youth is a dependent within the home, then any income the youth generates is not to be counted in determining the co-pay fee. However, if they are not a dependent in the home, the income is to be counted in determining the co-pay fee.

DUI Fees

In State Code there is an expectation that individuals convicted of DUI are responsible for the cost of their treatment services. Often these individuals require no additional treatment services beyond the initial assessment. For this reason, the sliding fee schedule more quickly reaches the full cost of the assessment service provided (for FY24 approximately $280).

Drug Testing

Copay amounts can only be charged for clinical services provided. Drug testing is not deemed to be a clinical service. If a drug test is the only service provided, then the County can be billed for this service at the contracted rate. Copay amounts cannot exceed the rate that you would bill the County for the service provided.

Waiving Fees

Providers and clinicians are given discretion to waive fees as judged necessary to reduce barriers to treatment in consideration of individual circumstances. When fees are waived documentation must be kept on file explaining these circumstances for waiving or reducing the rate. For incarcerated individuals, all copays for service are waived.

Alternative Fee Schedules

Providers may utilize an alternative fee schedule if it is believed that it would be in their clients' and the County's best interest. All alternative fee policies/schedules must be approved by the County prior to being implemented and must not create an excessive barrier to treatment.

DIVISION OF BEHAVIORAL HEALTH SERVICES

Salt Lake County Behavioral Health Advisory Council

Director
Tim Whalen, LCSW

Medicaid Contract
Optum Health
(100+ Contractors)

Fiscal Manager
Zac Case

Associate Director, Community Support Services
Jeannie Edens

Associate Director, Treatment Services
Brian Currie, LCSW

Health IT

Health Information Systems Analyst
Cory Westergard

SUD Accounting/ Contracts/Payments

Assistant Fiscal Manager
Marjeen Nation

Contract & Billing Specialist
Jan Barnes

Contract & Billing Specialist
Tracy Mace

MH Accounting

PIHP
Ray Barrett, CPA

Contract & Billing Specialist (Temporary)
Debbie Barnes

Contract Compliance Auditor
Nancy Kessel

Administrative Quality Assurance Coordinator (Temporary)
Susan Loamanu

Performance Data Analyst
Seth Teague

RSS Case Manager
Carl Bernardo

RSS Case Manager Supervisor
Anna Cervantes

RSS Case Manager
Chris Fiagle

Case Manager (Temporary)
Renae Anguiano

Quality Assurance Manager (MH)
Kelli Heaps

Quality Assurance Coordinator
Lauren Syphus, LCSW

Quality Assurance Coordinator
Angela Clarke, LCSW

Administrative Quality Assurance Coordinator
Nikol Parker, LSUDC

QA/UR

Quality Assurance & Utilization Manager (SUD)
Jodi Delaney, LCSW

Quality Assurance Coordinator
Brad Hammel, LCSW

Quality Assurance Coordinator
Karen Woodruff, LCSW

Quality Assurance Coordinator
Vicky Westmorland, CMHC, LASUDC, EDDCP

Health Information Technology Specialist
Robyn Masters

Division IT Coordinator
Sterling Lott

Personal Computer Tech (Temporary)
Vacant

Office Operations

Office Supervisor
Vacant

Secretary
Glenette Romero

Treatment Contracts
(14 Contractors)

April 23

Prevention Bureau Organization Chart

Jeff Smart
Community Health Division Director

Caroline Moreno
Prevention Bureau Manager

Regional Director
Vacant

SUD Program Manager
Vacant

Health Educator
Vacant

Whitney Rosas
Health Educator

Jennifer Lingwall
Health Educator
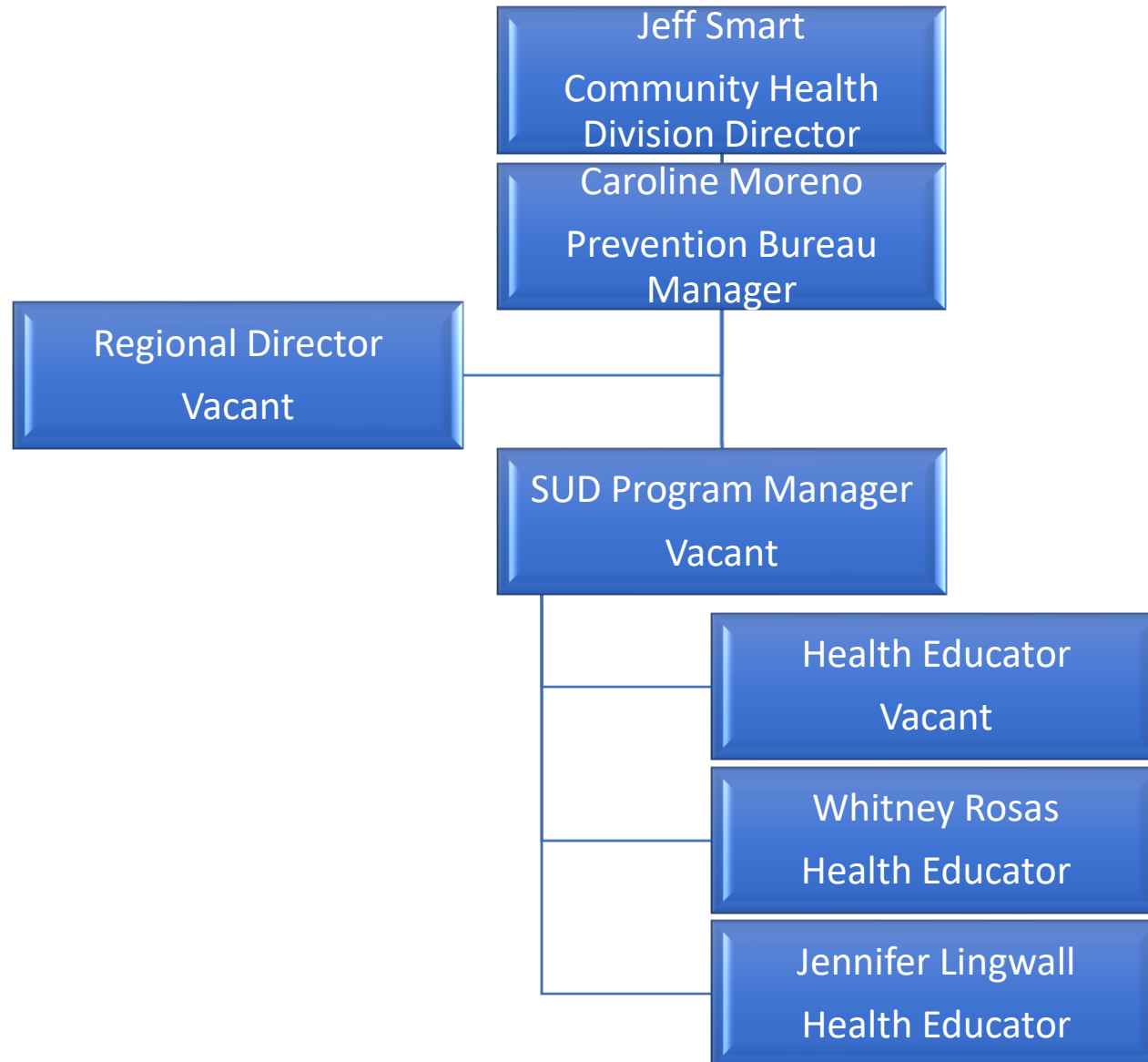
Reports Utilized for Performance Evaluation

Our annual audit reports of our contracted providers are one way we use data to evaluate performance, in the sense that we are evaluating the network's adherence to our standards.

DBHS creates and utilizes many reports, some of which have been uploaded via the google docs link which was provided. This list is not exhaustive, but some examples of reports we create or utilize are:

- **Level of Care Outcomes Report (sample included)**
  - The report replicates the state scorecard by provider.
  - This report is distributed monthly to providers.
  - Please note that the sample report is for Q2 of FY23 and has been included in the uploaded document.
- **Data Audit Report (sample included)**
  - The report provides agencies with information on data inconsistencies (i.e., mismatched gender, DOB, etc.), along with open enrollments based on last documented service. It also includes the outcomes report of completed episodes, as well as criminogenic risk scores for those identified as justice involved.
  - This report is distributed monthly to individual providers.
  - Please note that the sample report is a point in time look at an unidentified network agency.
- **MHSIPs Tracking Table (sample included)**
  - Updated weekly with completed survey accounts in the three survey categories (adult, youth and parent/caregiver)
  - Can be utilized to compare their survey submission to previous years.
  - A completion tracking report for SUD surveys (see attachment) is currently being provided weekly to providers with targets, to encourage participation in gathering these surveys.
- **MHSIPs Adult Summary Report (sample included)**
  - This is a table of performance ratings in half a dozen domains by agency.
  - This allows agencies to track their performance as evaluated by their clients within these domains.
  - A sample of this report for aggregated for Salt Lake County overall has been included.
- **Report 5 (sample included)**
  - This report is provided by Optum to DBHS monthly
  - It includes a master table of all services provided to Medicaid consumers through Optum.
  - From this table, various reports are delivered that allow the division to review services provided by rate category, the penetration of consumers receiving services, etc. Snapshots of the report interface and the penetration report are provided.
- **Sober Living Quarterly Report (sample included)**
  - This report is sent to OSUMH upon request
  - It includes outcomes related to census, UA results, and discharge disposition
  - It provides program management a look into program trends, strengths and weaknesses
- **Sober Living UA Report (sample included)**
  - This report is for internal use and is collected monthly from providers back to DBHS. These results are then compiled.
  - The report includes UA results by gender and agency

- o It provides program management greater insight into where challenges and UA oversight may occur, allowing for interventions to take place.
- **Sherpa Budget Report (sample included)**
  - o This report provides data to the Mayor's Office and the Office of Data and Innovation monthly regarding various significant programs within the division.
  - o Metrics in this report track the Sober Living Program, Intensive Supervision Probation, the Jail MAT Program, Residential Mental Health Programs, Supportive Living benefits, and ACT Teams (VOA, VBH and Odyssey House Forensic ACT Team).
  - o It is used to evaluate high priority initiatives tied to our division's budget with county leadership. Reviewing these monthly and quarterly help keep the division aligned with its goals during the year, and to remain accountable to the County budget.
  - o The sample report includes non-actual data.
- **MAT MTS Report (sample included)**
  - o This report is utilized to track the performance of MTS funds appropriated to DBHS.
  - o These funds are utilized in the community through Project Reality and Clinical Consultants, as well as to supplement the Jail MAT Program.
  - o The report is submitted quarterly to OSUMH and tracks clients served and services provided, thus helping program management identify program challenges (i.e., when fewer services are rendered, typically this is a result of staffing issues).
- **Housing Connect Monthly Utilization Report (sample included)**
  - o This report provides a monthly view into the operation of housing programs funded through DBHS in contract with Housing Connect.
  - o Metrics include housing capacity and utilization, applications in progress, exit status of discharged clients, percentage homeless or criminal justice involved, and other financial metrics, by housing program.
  - o It is used to gauge the community housing needs of our contracted treatment partners, and to identify how well the division is addressing these needs.
- **ACT Team Monthly Report (sample included)**
  - o This report is created monthly from data submitted to DBHS by Volunteers of America (VOA), Valley Behavioral Health (VBH), and Odyssey House's Forensic ACT Team (FACT).
  - o All agencies have separate reports that provide metrics including monthly census, discharges, new admissions, discharge dispositions, and referral data.
  - o DBHS utilizes this report to identify gaps in services for the seriously mentally ill population in SLCo, and to monitor the ACT teams that are deployed to address these gaps.
  - o The sample report is for the VOA ACT Team.
- **ISP Program Quarterly Report (sample included)**
  - o This report is a collection of data collected through the DBHS UWITS electronic health record, Salt Lake County Jail booking data, and data collected through the Salt Lake County Division of Criminal Justice Services.
  - o Information is collected, reviewed, and submitted quarterly to Department-level staff in Salt Lake County.

- o Metrics include demographics, program-based outcomes (including successful completions and time to intake/assessment/treatment), treatment outcomes (including changes in employment, frequency of use, and housing), and criminal recidivism.
  - o Data from this report allows stakeholders to identify areas of improvement in treatment programming and the probation process. The report is also utilized to garner additional budgetary considerations from program needs.
  - o The sample included is from a previous report.
- **Data Corrections report**
  - o This report is produced monthly, per agency, addressing issues or inaccuracies in data in UWITS. Examples are client name, DOB, gender, dates of admission, discharge, last contact, duplicate substance check, and codependent/collateral verification check.
  - o A sample of this report has not been attached due to the PHI contained within it.
- **Open Client Report**
  - o This report is sent to eight agencies every two weeks.
  - o It includes 18 fields with PHI.
  - o It allows agencies to check for clients that are currently open in UWITS.
    - ▪ It assures that clients records are closed/completed in a timely manner
  - o A sample of this report has not been attached due to the PHI contained within it.
- **Staff Certification Report**
  - o This report is sent to three agencies every three months (agencies that have requested this report).
  - o It includes nine fields without PHI.
  - o It allows agencies to track when clinicians' certifications/licensures expire.
  - o A sample of this report has not been included due to the names and information for specific staff members contained within it.
- **Utah Criminal Justice Center (UCJC) Report**
  - o This report is sent to UCJC to track a pay-for-success program for people experiencing homelessness.
  - o Mental health data with 22 de-identified fields is sent.
  - o SUD data with 21 de-identified fields is sent.
  - o This report allows UCJC to track the performance of their multi-year program.
  - o A copy of this report has not been included, as it is raw de-identified data sent to them for further analyses by UCJC.
- **Group Co-lead Report**
  - o This is a report that is sent currently to one agency but will be expanded to at least three agencies.
  - o This report should not have PHI, but the nature of a free text notes field, means PHI could be entered by clinicians.
  - o This report allows agencies to evaluate performance of the co-lead clinicians during group therapy sessions.
  - o A sample of this report has not been attached due to the potential for PHI to be contained within it.

Level of Care Outcomes Report (Replicating State Scorecard

TEDS Outcomes Report for completed episodes during FY23 per Agency

Data reported as of								
12/9/2022								

Row Labels	Discharge client Count	Change in Alcohol Abstinence (Increase)	Change in Drug Abstinence (increase)	Change in Housing (increase)	Change in Employment (increase)	Change in Arrests (Decrease)	Change in Social Support (Increase)	Change in Nicotine (decrease)
Asian Association	8	75.00 %	0.00 %	0.00 %	40.00 %	0.00 %	-100.00 %	0.00 %
Clinical Consultants	88	11.27 %	10.91 %	1.22 %	15.79 %	60.00 %	68.75 %	-8.93 %
Family Counseling Center	13	44.44 %	0.00 %	0.00 %	-8.33 %	0.00 %	100.00 %	-14.29 %
First Step House	73	29.79 %	338.46 %	34.15 %	525.00 %	100.00 %	64.29 %	0.00 %
House of Hope	34	22.22 %	170.00 %	-4.35 %	650.00 %	0.00 %	366.67 %	20.00 %
Odyssey House of Utah	430	38.71 %	336.25 %	40.82 %	48.98 %	77.01 %	146.34 %	27.56 %
Project Reality	2	0.00 %	50.00 %	0.00 %	50.00 %	100.00 %	50.00 %	0.00 %
Salt Lake County Youth Services	56	0.00 %	14.81 %	0.00 %	-1.85 %	100.00 %	1.79 %	0.00 %
Valley Mental Health	46	15.79 %	80.00 %	0.00 %	0.00 %	16.67 %	-50.00 %	-35.71 %
VOA_Cornerstone	29	4.00 %	7.14 %	7.69 %	21.43 %	0.00 %	66.67 %	-15.79 %
Grand Total	779	27.17 %	151.69 %	22.32 %	33.18 %	73.15 %	109.68 %	13.55 %

State Urban Average/Total 2022		13.90%	59.80%	5.10%	32.40%	78.00%	49.70%	4.40%
National Average/Benchmark 2022		9.40%	14.20%	2.90%	11.40%	46.80%	42.80%	NA

Calculations for SA Outcomes:

All outcomes are percent increase or decrease. Percentages are calculated using final discharges, excluding detox-only clients.
Percents at admission and discharge are calculated by dividing the number of clients reporting the outcome divided by the total
number of discharged clients with valid, non-missing, data for that measure.

Abstinence (Percent Increase):
(Percent abstinent at discharge minus percent abstinent at admission) divided by percent abstinent at admission
Housing (Percent Increase):
(Percent not homeless at discharge minus percent not homeless at admission) divided by percent not homeless at admission.
Employment/School (Percent Increase):
(Percent employed/student at discharge minus percent employed/student at admission) divided by percent employed/student at admission.
Arrests (Percent Decrease):
(Percent arrested at 30-days prior to admission minus percent arrested 30-days prior to discharge) divided by percent arrested 30-days prior to admission.
Social Support (Percent Increase):
(Percent attending Social Support groups at discharge minus percent attending Social Support groups at admission) divided by percent attending
Social Support groups at admission.
Nicotine Use (Percent Decrease):
(Percent using nicotine prior to admission minus percent using nicotine 30-days prior to discharge) divided by percent using nicotine 30-days prior to admission.

SUD scorecard color coding:
Green = 90% or greater of the National Average or meets/exceeds division standards.
Yellow = Greater than or equal to 75% to less than 90% of the National Average.
Red = Less than 75% of the National Average or not meeting division standards.

TEDS Outcomes Report for completed episodes during FY23 per Agency and ASAM

Data reported as of								
12/9/2022								

Row Labels	Discharge client Count	Change in Alcohol Abstinence (Increase)	Change in Drug Abstinence (increase)	Change in Housing (increase)	Change in Employment (increase)	Change in Arrests (Decrease)	Change in Social Support (Increase)	Change in Nicotine (decrease)
Asian Association	**8**	**75.00 %**	**0.00 %**	**0.00 %**	**40.00 %**	**0.00 %**	**-100.00 %**	**0.00 %**
1.0	8	75.00 %	0.00 %	0.00 %	40.00 %	0.00 %	-100.00 %	0.00 %
Clinical Consultants	**88**	**11.27 %**	**10.91 %**	**1.22 %**	**15.79 %**	**60.00 %**	**68.75 %**	**-8.93 %**
1.0	67	6.78 %	12.00 %	1.56 %	11.54 %	80.00 %	108.33 %	-10.00 %
2.5 or 2.1	21	33.33 %	0.00 %	0.00 %	60.00 %	-4.76 %	-50.00 %	-6.25 %
Family Counseling Center	**13**	**44.44 %**	**0.00 %**	**0.00 %**	**-8.33 %**	**0.00 %**	**100.00 %**	**-14.29 %**
1.0	13	44.44 %	0.00 %	0.00 %	-8.33 %	0.00 %	100.00 %	-14.29 %
First Step House	**73**	**29.79 %**	**338.46 %**	**34.15 %**	**525.00 %**	**100.00 %**	**64.29 %**	**0.00 %**
1.0	23	53.85 %	233.33 %	33.33 %	400.00 %	100.00 %	166.67 %	10.53 %
2.5 or 2.1	5	25.00 %	100.00 %	150.00 %	60.00 %	0.00 %	40.00 %	0.00 %
3.3 or 3.1	39	19.23 %	300.00 %	30.43 %	600.00 %	100.00 %	18.18 %	-7.14 %
3.5	6	25.00 %	66.67 %	-100.00 %	0.00 %	100.00 %	0.00 %	0.00 %
House of Hope	**34**	**22.22 %**	**170.00 %**	**-4.35 %**	**650.00 %**	**0.00 %**	**366.67 %**	**20.00 %**
2.5 or 2.1	18	28.57 %	87.50 %	0.00 %	650.00 %	0.00 %	325.00 %	-44.44 %
3.5	16	15.38 %	500.00 %	-12.50 %	0.00 %	0.00 %	450.00 %	72.73 %
Odyssey House of Utah	**430**	**38.71 %**	**336.25 %**	**40.82 %**	**48.98 %**	**77.01 %**	**146.34 %**	**27.56 %**
1.0	53	55.17 %	61.54 %	11.36 %	73.91 %	-50.00 %	37.50 %	6.25 %
2.5 or 2.1	193	39.84 %	579.17 %	30.28 %	44.44 %	87.72 %	275.00 %	7.59 %
3.3 or 3.1	69	60.98 %	257.89 %	81.82 %	-66.67 %	100.00 %	228.57 %	63.83 %
3.5	115	19.75 %	590.91 %	70.83 %	20.00 %	52.38 %	57.14 %	48.86 %
Project Reality	**2**	**0.00 %**	**50.00 %**	**0.00 %**	**50.00 %**	**100.00 %**	**50.00 %**	**0.00 %**
1.0	2	0.00 %	50.00 %	0.00 %	50.00 %	100.00 %	50.00 %	0.00 %
Salt Lake County Youth Services	**56**	**0.00 %**	**14.81 %**	**0.00 %**	**-1.85 %**	**100.00 %**	**1.79 %**	**0.00 %**
1.0	56	0.00 %	14.81 %	0.00 %	-1.85 %	100.00 %	1.79 %	0.00 %
Valley Mental Health	**46**	**15.79 %**	**80.00 %**	**0.00 %**	**0.00 %**	**16.67 %**	**-50.00 %**	**-35.71 %**
1.0	30	12.00 %	35.29 %	0.00 %	0.00 %	33.33 %	-85.71 %	-46.67 %
2.5 or 2.1	5	25.00 %	200.00 %	0.00 %	0.00 %	0.00 %	20.00 %	-66.67 %
3.3 or 3.1	11	22.22 %	400.00 %	0.00 %	0.00 %	0.00 %	0.00 %	-10.00 %
VOA_Cornerstone	**29**	**4.00 %**	**7.14 %**	**7.69 %**	**21.43 %**	**0.00 %**	**66.67 %**	**-15.79 %**
1.0	20	0.00 %	0.00 %	0.00 %	36.36 %	0.00 %	33.33 %	-18.18 %
2.5 or 2.1	9	12.50 %	50.00 %	28.57 %	-33.33 %	0.00 %	11.11 %	-12.50 %
Grand Total	**779**	**27.17 %**	**151.69 %**	**22.32 %**	**33.18 %**	**73.15 %**	**109.68 %**	**13.55 %**

State Urban Average/Total 2022		13.90%	59.80%	5.10%	32.40%	78.00%	49.70%	4.40%
National Average/Benchmark 2022		9.40%	14.20%	2.90%	11.40%	46.80%	42.80%	NA

Calculations for SA Outcomes:

Abstinence (Percent Increase):
(Percent abstinent at discharge minus percent abstinent at admission) divided by percent abstinent at admission

Housing (Percent Increase):
(Percent not homeless at discharge minus percent not homeless at admission) divided by percent not homeless at admission.

Employment/School (Percent Increase):
(Percent employed/student at discharge minus percent employed/student at admission) divided by percent employed/student at admission.

Arrests (Percent Decrease):
(Percent arrested at 30-days prior to admission minus percent arrested 30-days prior to discharge) divided by percent arrested 30-days prior to admission.

Social Support (Percent Increase):
(Percent attending Social Support groups at discharge minus percent attending Social Support groups at admission) divided by percent attending Social Support groups at admission.

Nicotine Use (Percent Decrease):
(Percent using nicotine prior to admission minus percent using nicotine 30-days prior to discharge) divided by percent using nicotine 30-days prior to admission.

TEDS Discharge Report for completed episodes during FY22 per Agency and ASAM

TEDS data is submitted to SAMHIS within 30 days of the reporting month, and 30 days must elapse from the end of the reporting month before episode can be considered complete & outcomes determined.

MostRecentDate
12/9/2022

Row Labels	Admin Terminated Count Discharged	Percent Discharged	Died Count Discharged	Percent Discharged	Incarcerated Count Discharged	Percent Discharged	Left against Count Discharged	Percent Discharged	Trans to diff Payor Count Discharged	Percent Discharged	Transferred Count Discharged	Percent Discharged	TX Complete Count Discharged	Percent Discharged	Total Count Discharged	Total Percent Discharged
Asian Association		0.00%		0.00%		0.00%	1	12.50%		0.00%	1	12.50%	6	75.00%	8	100.00%
1.0		0.00%		0.00%		0.00%	1	12.50%		0.00%	1	12.50%	6	75.00%	8	100.00%
Clinical Consultants	3	3.41%		0.00%	2	2.27%	26	29.55%	2	2.27%	15	17.05%	40	45.45%	88	100.00%
1.0	3	4.48%		0.00%	1	1.49%	15	22.39%	2	2.99%	7	10.45%	39	58.21%	67	100.00%
2.5 or 2.1		0.00%		0.00%	1	4.76%	11	52.38%		0.00%	8	38.10%	1	4.76%	21	100.00%
Family Counseling Center	1	7.69%		0.00%		0.00%	3	23.08%	1	7.69%	1	7.69%	7	53.85%	13	100.00%
1.0	1	7.69%		0.00%		0.00%	3	23.08%	1	7.69%	1	7.69%	7	53.85%	13	100.00%
First Step House	13	17.81%		0.00%	1	1.37%	29	39.73%		0.00%	6	8.22%	24	32.88%	73	100.00%
1.0	2	8.70%		0.00%		0.00%	3	13.04%		0.00%	1	4.35%	17	73.91%	23	100.00%
2.5 or 2.1		0.00%		0.00%		0.00%	2	40.00%		0.00%	1	20.00%	2	40.00%	5	100.00%
3.3 or 3.1	10	25.64%		0.00%	1	2.56%	19	48.72%		0.00%	4	10.26%	5	12.82%	39	100.00%
3.5	1	16.67%		0.00%		0.00%	5	83.33%		0.00%		0.00%		0.00%	6	100.00%
House of Hope		0.00%		0.00%		0.00%	19	55.88%	1	2.94%	2	5.88%	12	35.29%	34	100.00%
2.5 or 2.1		0.00%		0.00%		0.00%	6	33.33%		0.00%	1	5.56%	11	61.11%	18	100.00%
3.5		0.00%		0.00%		0.00%	13	81.25%	1	6.25%	1	6.25%	1	6.25%	16	100.00%
Odyssey House of Utah	25	5.81%		0.00%	10	2.33%	163	37.91%	3	0.70%	17	3.95%	212	49.30%	430	100.00%
1.0	2	3.77%		0.00%	1	1.89%	20	37.74%	3	5.66%	1	1.89%	26	49.06%	53	100.00%
2.5 or 2.1	14	7.25%		0.00%	7	3.63%	51	26.42%		0.00%	9	4.66%	112	58.03%	193	100.00%
3.3 or 3.1	4	5.80%		0.00%		0.00%	15	21.74%		0.00%	1	1.45%	49	71.01%	69	100.00%
3.5	5	4.35%		0.00%	2	1.74%	77	66.96%		0.00%	6	5.22%	25	21.74%	115	100.00%
Project Reality		0.00%		0.00%		0.00%	1	50.00%		0.00%		0.00%	1	50.00%	2	100.00%
1.0		0.00%		0.00%		0.00%	1	50.00%		0.00%		0.00%	1	50.00%	2	100.00%
Salt Lake County Youth Services	10	17.86%	1	1.79%		0.00%	12	21.43%		0.00%	1	1.79%	32	57.14%	56	100.00%
1.0	10	17.86%	1	1.79%		0.00%	12	21.43%		0.00%	1	1.79%	32	57.14%	56	100.00%
Valley Mental Health	9	19.57%		0.00%		0.00%	12	26.09%	1	2.17%	2	4.35%	22	47.83%	46	100.00%
1.0	6	20.00%		0.00%		0.00%	6	20.00%	1	3.33%	2	6.67%	15	50.00%	30	100.00%
2.5 or 2.1	1	20.00%		0.00%		0.00%	2	40.00%		0.00%		0.00%	2	40.00%	5	100.00%
3.3 or 3.1	2	18.18%		0.00%		0.00%	4	36.36%		0.00%		0.00%	5	45.45%	11	100.00%
VOA_Cornerstone	3	10.34%		0.00%		0.00%	9	31.03%	2	6.90%	3	10.34%	12	41.38%	29	100.00%
1.0	3	15.00%		0.00%		0.00%	3	15.00%	2	10.00%	1	5.00%	11	55.00%	20	100.00%
2.5 or 2.1		0.00%		0.00%		0.00%	6	66.67%		0.00%	2	22.22%	1	11.11%	9	100.00%
Grand Total	64	8.22%	1	0.13%	13	1.67%	275	35.30%	10	1.28%	48	6.16%	368	47.24%	779	100.00%

> Data reported is based on first enrollment and final discharge of an episode of care. An episode may span multiple levels of care or multiple agencies.
> Agency data is reported only from a final episode discharge. A client that continues services from one agency to another is not consider final and will not show on this report.
> Data may include counts for client cases recently discharged, but not recently served.

Data Audit Report

FY2023 Agency Responsiveness to Data Corrections   *Reported outcomes are calculated from data reported and collected for Salt Lake County Clients Only.*

Quick Overview	
N/A	2
✅	7
⚠️	0
❌	1

DRAFT

No response required.

As of 11/28/2022

Agency Audit Expectations: Each Overall Score noted with a yellow or red indicator must be addressed individually in the Agency Audit Response. Be specific.

UWITS Data Corrections	FY2023 (5 months)	FY2022 (12 months)	Narrative
Overall Issue Count	56	227	Average of 11.2 errors per month this FY and an average of 18.9 errors per month last FY.
Returned	5	12	Corrections have been returned 5 out of 5 months this fiscal year. (100% complete).
Accurate	5	12	Corrections have been accurate 5 out of 5 months this fiscal year. (100% complete).
On Time	5	12	Corrections have been on time 5 out of 5 months this fiscal year. (100% complete).
Overall Score	**100%** ✅	**100%**	**As an agency, the overall score for FY2022 is 100%.**

Meets/Exceeds Standards. No response required.

✅ Green = 90% or greater meets/exceeds agency standards.
⚠️ Yellow = Greater than or equal to 75% to less than 90% needs improvement.
❌ Red = Less than 75% does not meet agency standards.

Open SUD SLCo Enrollments	Less than 60	60-90	90+	No Service	Subtotals
1	54	4	7	0	65
2.1	8	0	2	0	10
2.5	7	0	1	0	8
3	0	0	0	0	0
3.2D	60	0	0	0	60
3.3	0	0	0	0	0
3.5	0	0	0	0	0
Subtotals	129	4	10	0	143
NA	0	0	0	0	0
Overall Score			**91%** ✅		

As an agency, clients receiving services within the last 60 days is 91%.

✅ Green = 90% or greater meets/exceeds agency standards.
⚠️ Yellow = Greater than or equal to 75% to less than 90% needs improvement.
❌ Red = Less than 75% does not meet agency standards.

Meets/Exceeds Standards. No response required.

Outcomes Report as of 11/08/2022	Discharge Client Count	Clients Abstinent of Alcohol at Admission	Clients Abstinent of Alcohol at Discharge	Change in Alcohol Abstinence (Increase)	Clients Abstinent of Drugs at Admission	Clients Abstinent of Drugs at Discharge	Change in Drug Abstinence (increase)	Clients with Housing at Admission	Clients with Housing at Discharge	Change in Housing (increase)	Clients Employed at Admission	Clients Employed at Discharge	Change in Employment (increase)	Clients with Arrests at Admission	Clients with Arrests At Discharge	Change in Arrests (Decrease)	Clients with Social Support at Admission	Clients with Social Support at Discharge	Change in Social Support (Increase)	Change in Nicotine (decrease)
1.0	31	25	29	16.00%	21	21	0.00%	30	30	0.00%	20	23	15.00%	0	0	N/A	5	7	40.00%	-17.65%
2.5 or 2.1	7	6	7	16.67%	1	2	100.00%	5	7	40.00%	2	2	0.00%	0	0	N/A	0	1	14.29%	0.00%
3.3 or 3.1	0	0	0	0.00%	0	0	0.00%	0	0	0.00%	0	0	0.00%	0	0	0.00%	0	0	0.00%	0.00%
3.5	0	0	0	0.00%	0	0	0.00%	0	0	0.00%	0	0	0.00%	0	0	0.00%	0	0	0.00%	0.00%
Overall Score	**38**	**31**	**36**	**16.13%** ✅	**22**	**23**	**4.55%** ❌	**35**	**37**	**5.71%** ✅	**22**	**25**	**13.64%** ✅	**0**	**0**	**N/A**	**5**	**8**	**60.00%** ✅	**-12.50%**
National Average/ Benchmark 2022 (% change)				9.40%			14.20%			2.90%			11.40%			46.80%			42.80%	N/A

Response Required

✅ Green = 90% or greater of the National Average or meets/exceeds division standards.
⚠️ Yellow = Greater than or equal to 75% to less than 90% of the National Average.
❌ Red = Less than 75% of the National Average or not meeting division standards.
None = Not applicable.

Criminogenic Risk	FY2023 (5 months)	FY2022 (12 months)	
Enrollments for Justice Involved Clients	3	34	
Not Low Risk (Moderate/High Risk)	0	9	
Low Risk	3	25	
Overall Score: Not Collected	**0 N/A**	**0**	**Insufficient total count to display an outcome.**

Insufficient total count to display an outcome.

✅ Green = Less than 5% meets/exceeds division standards.
⚠️ Yellow = Greater than or equal to 5% to less than 10% needs improvement.
❌ Red = Greater than 10% does not meet agency standards.

Additional	FY2023	FY2022	
UWITS Vendor Data Interventions*			
Overall Score	**0** ✅	**0**	**No Vendor Interventions were required during fiscal year 2023.**

Meets/Exceeds Standards. No response required.

✅ Green = No UWITS Vendor interventions meets agency standards.
⚠️ Yellow = Greater than 0 to less than or equal to 3 needs improvement.
❌ Red = Greater than 3 does not meet agency standards.

* Excludes Client ID data corrections.

MHSIPs Tracking Table

2022 Satisfaction Survey Tracking

As of 04/26/2022

MHSIP	FY21 SUD Adults Served	MHSIP 2022 Minimum Target	Completed Surveys (SUD)	Percentage of Target Complete
Asian Association	39	8	10	125%
Clinical Consultants	453	91	129	142%
Family Counseling Center	163	33	35	106%
First Step House	351	70	80	114%
House of Hope	152	30	57	190%
Odyssey House of Utah	793	159	491	309%
Project Reality	838	168	168	100%
Valley	862	172	54	31%
Volunteers of America, Utah	280	56	56	100%
YSS-Youth	FY21 SUD Youth Served	MHSIP 2022 Minimum Target	Completed Surveys	Percentage of Target Complete
Asian Association	2	0	0	N/A
Odyssey House of Utah	71	14	17	121%
Salt Lake County Youth Services	199	40	35	88%
Volunteers of America, Utah	5	1	1	100%
YSS-Family	FY21 SUD Youth Served	MHSIP 2022 Minimum Target	Completed Surveys	Percentage of Target Complete
Asian Association	2	0	0	N/A
Odyssey House of Utah	71	14	5	36%
Salt Lake County Youth Services	199	40	10	25%
Volunteers of America, Utah	5	1	0	0%

DSAMH provided this data to SLCo BHS on Tuesday, April 26, 2022.

Last day of survey collection is April 1, 2022.

MHSIPs Adult Summary Report

2022 Adult MHSIP Summary

Summary of Adult MHSIP Results

Statewide, combined 7,354 adults responded to the 2022 survey for a response rate of 16.3%, 5,175 in mental health and 2,179 in substance use disorder.

Survey rates

Salt Lake County	Survey Count	Percent of clients sampled*	Percent of SLCo Total	Percent of Statewide Total
MH	1,272	14.20%	53.9%	24.6%
SUD	1,087	20.70%	46.1%	49.9%
TOTAL	2,359	17.80%	100%	23.1%

*Based on the number of clients served in the prior year 2021.

Adult MHSIP

Row Labels	Total Count	General Satisfaction	Good Service Access	Quality Appropriateness of Services	Participation in TX Planning	Positive Service Outcome	Social Connectiveness	Improved Functioning	Wellness
MH	1,272	92%	90.5%	92%	86%	77%	72%	78%	89%
SUD	1,087	85%	79.6%	87%	76%	83%	85%	85%	87%
Grand Total	2,359	89%	86%	89%	82%	80%	78%	81%	88%
Statewide	7,354	89%	86%	90%	81%	75%	73%	67%	88%
National Average		89%	88%	90%	86%	77%	78%	80%	NA
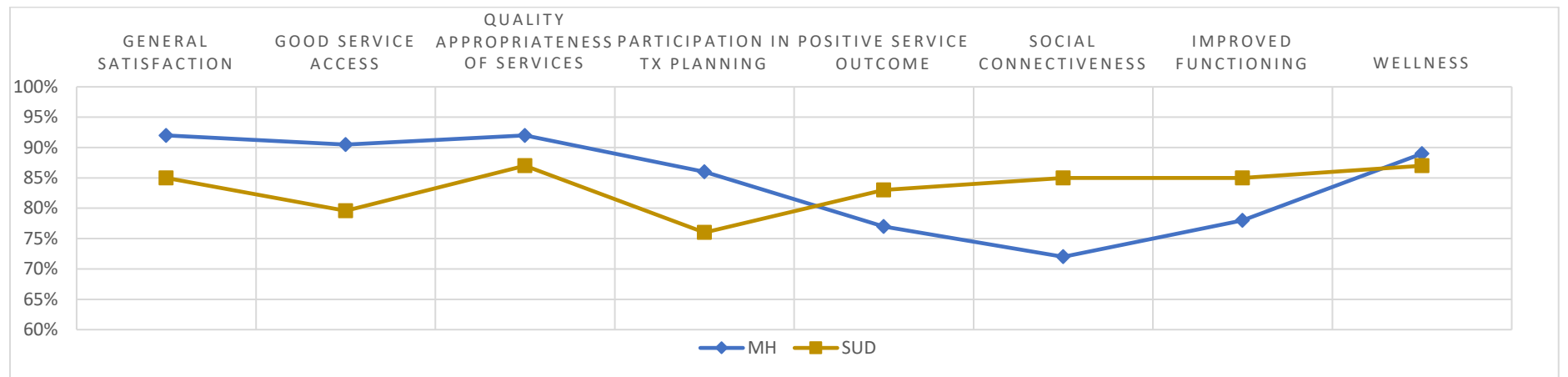
Count by Gender
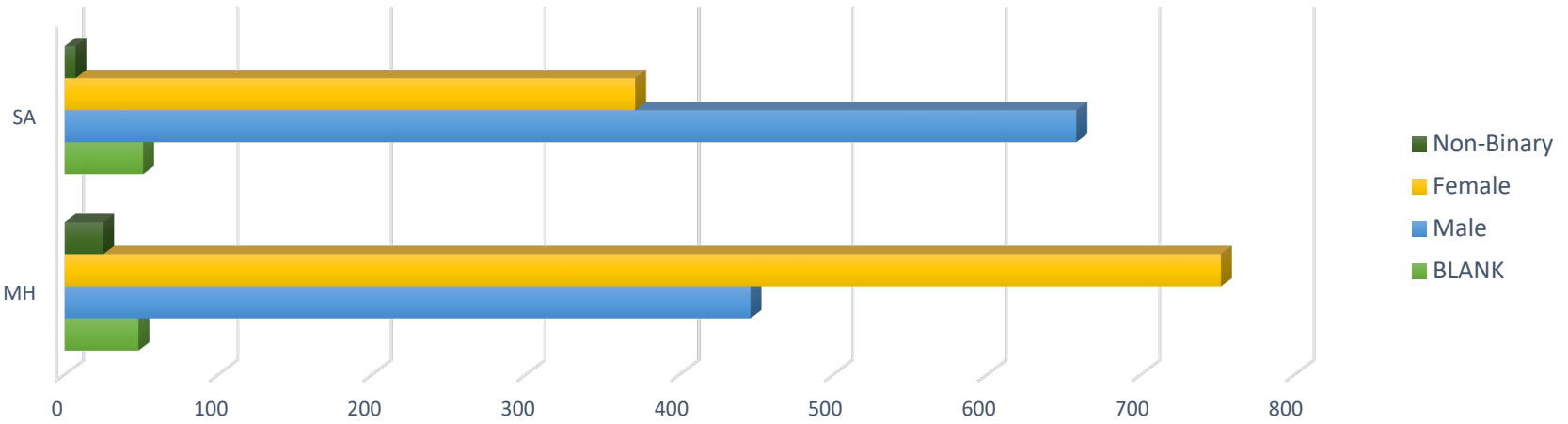
Count by Age Group

Report 5

OPTUM™

Report 5 Database

SALT LAKE COUNTY
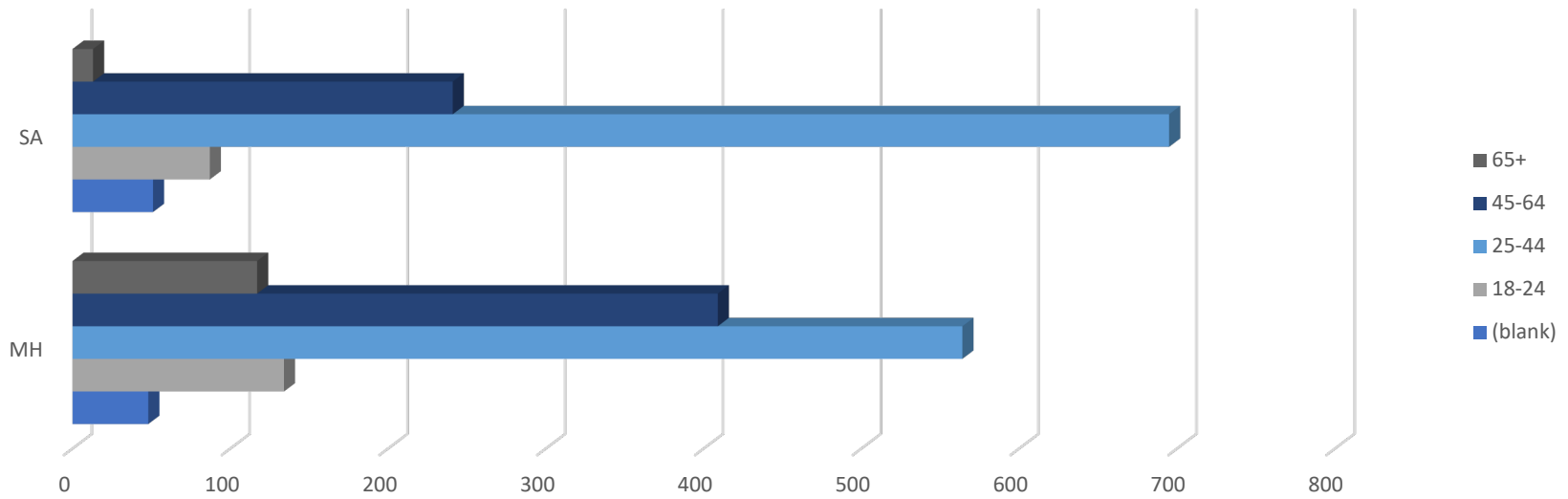
Penetration Report (3)	Penetration Report (3) (MH)	Penetration Report (3) (SUD)
Svc Util YTD by Prov and Month (7a-7b)	Svc Util YTD by Prov and Month (7a-7b) (MH)	Svc Util YTD by Prov and Month (7a-7b) (SUD)
Svc Util YTD by Prov and Svc Code (7c-7d)	Svc Util YTD by Prov and Svc Code (7c-7d) (MH)	Svc Util YTD by Prov and Svc Code (7c-7d) (SUD)
Svc Util YTD by Svc Code (8a)	Svc Util YTD by Svc Code (8a) (MH)	Svc Util YTD by Svc Code (8a) (SUD)
Svc Util YTD by Rate Code (8b)	Svc Util YTD by Rate Code (8b) (MH)	Svc Util YTD by Rate Code (8b) (SUD)
Svc Util YTD by Month (9a-9b)	Svc Util YTD by Month (9a-9b) (MH)	Svc Util YTD by Month (9a-9b) (SUD)
Unduplicated Services by Client Counts YTD (10a-10f)	Unduplicated Services by Client Counts YTD (10a-10f) (MH)	Unduplicated Services by Client Counts YTD (10a-10f) (SUD)

Penetration Report FY23

RATE CODE	P2022 07	E2022 07	PEN. 07	P2022 08	E2022 08	PEN. 08	P2022 09	E2022 09	PEN. 09
Quarter 1 FY23									
A	191	28300	0.67%	216	28396	0.76%	188	28417	0.66%
B	2047	49342	4.15%	2174	49619	4.38%	2099	49876	4.21%
C	807	14185	5.69%	842	14235	5.91%	811	14177	5.72%
D	178	6132	2.90%	136	6185	2.20%	132	6209	2.13%
F	1366	8546	15.98%	1299	8545	15.20%	1226	8541	14.35%
G	1407	8770	16.04%	1343	8747	15.35%	1270	8709	14.58%
H	118	3481	3.39%	117	3488	3.35%	125	3463	3.61%
I	4	238	1.68%	5	238	2.10%	4	244	1.64%
J	211	1993	10.59%	176	2037	8.64%	155	2039	7.60%
K	12	1359	0.88%	15	1349	1.11%	19	1398	1.36%

Sober Living Quarterly Report

Q4 FY22 Report

Intakes
Total: 193
1st Intake: 154   2nd Intake: 29   3rd Intake: 10   4th Intake: 0
Q4 Residential Beds Gained: 154 (51.3 per month)   Total Since December 2017: 1,882
Q4 Placements: 193 (64.3 per month)   Total Since December 2017: 2,300

Average Monthly Participants including CATS   264.7

UA Results—monthly results aggregated for the quarter

Q4 Urinalysis Results	With CATS Clients
Total Client Tests	794
Positive Tests	67
Negative Tests	727
Percent Positive	8.4%

Exits—monthly results aggregated for the quarter

Q4 Overall	Total Exits	1st Exit	2nd Exit	3rd Exit	4th Exit
Positive	113	84	24	5	0
Negative	54	41	8	5	0
Neutral	24	19	5	0	0
Totals	191	144	37	10	0

Average Monthly Participants without CATS   260

UA Results—monthly results aggregated for the quarter

Q4 Urinalysis Results	Without CATS Clients
Total Client Tests	780
Positive Tests	65
Negative Tests	715
Percent Positive	8.3%

Exits—monthly results aggregated for the quarter

Q4 w/o CATS	Total Exits	1st Exit	2nd Exit	3rd Exit	4th Exit
Positive	110	83	22	5	0
Negative	53	40	8	5	0
Neutral	24	19	5	0	0
Totals	187	142	35	10	0

Sober Living UA Report

December 2022 UA Report by Provider

Provider	Clients Tested	Clients Positive	Clients % Positive	Males Tested	Males Positive	Male % Positive	Females Tested	Females Positive	Female % Postive
7th Street	19	1	5.3%	13	1	7.7%	6		
Collective Recovery	15	2	13.3%	13	1	7.7%	2	1	50.0%
First Step House	23	3	13.0%	23	3	13.0%			
Haven	43	6	14.0%	28	4	14.3%	15	2	13.3%
House of Hope									
Legacy	1	0	0.0%	1	0	0.0%			
Lifestart Village	7	1	14.3%				7	1	14.3%
Mentor Works	8	1	12.5%	8	1	12.5%			
Odyssey House	66	5	7.6%	47	4	8.5%	19	1	5.3%
Papilion									
Phoenix Rising	21	1	4.8%	21	1	4.8%			
Pivot Point	33	5	15.2%	26	4	15.4%	7	1	14.3%
Recovery First	2	0	0.0%	2	0	0.0%			
Sober Living Properties	67	5	7.5%	60	4	6.7%	7	1	14.3%
Steps	11	1	9.1%	7	0	0.0%	4	1	25.0%
Turning Point	6	1	16.7%	4	1	25.0%	2	0	0.0%
Totals	322	32	9.9%	253	24	9.5%	69	8	11.6%

SHERPA Budget Report

Indicator ID	Indicator Name	2022 OI Target	YTD Actuals Nov	YTD Actuals Dec
OI_2250000007	Increase Assertive Community Treatment (ACT) Teams census numbers.	250.00	249.00	249.00
OI_2250000005	Increase the number of bed nights funded for individuals served in permanent supportive housing programs with mental health conditions receiving a Medicaid Supportive Living benefit.	90,000.00	79,798.00	87,049.00
OI_2250000006	Increase the numbers of individuals served in co-occurring residential programs for individuals with mental illness.	252.00	34.00	44.00
OI_2250000008	Maintain the monthly number of individuals served in the SLCo Sober Living Program.	280.00	313.00	302.00
OI_2250000010	Maintain a positive drug testing rate of less than 10% for Sober Living Program participants.	10.00	6.10	7.30
OI_2250000011	Maintain the number of Intensive Supervision Probation program graduates.	80.00	52.00	53.00
OI_2250000013	Maintain reductions in risk scores of Intensive Supervision Probation program graduates.	30.00	29.15	29.14

MAT MTS Report

FY23	Vivitrol Program				Jail Expanded MAT Program*			
Quarter	Clients	% Change	Services	% Change	Clients	% Change	Services	% Change
1	9	-75.70%	17	-74.20%	120	16.50%	436	135.70%
2	10	-64.30%	16	-68.6%	132	0.80%	442	126.70%
3								
4								
Totals	14		33		214		878	

*Program funded through a combination of Federal (SSOR) and State (MTS) resources.

Housing Connect Monthly Utilization Report

Reporting Month:

December 2022

Contract # AL21504C

	Capacity	Utilized	# Shopping	Exits (pos/neut/neg)*	CJ involved/Homeless	% Utilization	Grant Total	Spent	Available Funds	Burn Rate	% Grant Year
General Fund 7/01/2022-6/30/2023											
HARP/TBRA	28	11	1	0/0/0	4/11	39%	$ 287,000.00	$ 82,236.10	$ 204,763.90	28.7%	50%
Project RIO/PM	55	54	4	1/0/0	46/54	98%	$ 745,000.00	$ 368,969.69	$ 376,030.31	49.5%	50%
SHD	72	61	8	0/0/1	Not Required	85%	$ 750,000.00	$ 322,947.72	$ 427,052.28	43.1%	50%
Denver Street	22	21	1	1/0/0	NA/21	95%	$ 136,690.00	$ 58,811.00	$ 77,879.00	43.0%	50%
Central City	25	22	2	1/1/0	NA/22	88%	$ 238,716.00	$ 115,221.00	$ 123,495.00	48.3%	50%
Admin 1	N/A	-	N/A	N/A	N/A	N/A	$ 279,866.00	$ 98,177.98	$ 181,688.02	35.1%	50%
Fisher House	6	6	0	0/0/0	1/6	100%	$ 75,382.00	$ 38,064.00	$ 37,318.00	50.5%	50%
House of Hope	-	-	-	-	-	-	$ 315,000.00	$ 315,000.00	$ -	100.0%	50%
Congregate Site	-	-	-	-	-	-	$ 500,000.00	$ 66,000.00	$ 434,000.00	13.2%	50%
Theodora	14	13	0	0/0/0	N/A	93%	$ 89,000.00	$ 43,622.00	$ 45,378.00	49.0%	50%
Sub Total (County Total)											
	222	188	16		N/A	85%	$ 3,416,654.00	$ 1,509,049.49	$ 1,907,604.51	44.2%	50%
Federal 7/1/2022-6/30/2023											
HARP HOME	30	16	4	1/0/0	12/17	53%	$ 261,000.00	$ 76,878.00	$ 184,122.00	29.5%	50%
Grand Total						Average %					
	252	204	20		N/A	81%	$ 3,677,654.00		$ 2,091,726.51		

Billing	Billed	Available Monthly Rate	Allotted Monthly Rate	Over(negative)/Under	Forecast & Plan
General Fund 7/01/2022-6/30/2023					
HARP/TBRA	$ 9,470.00	$ 34,127.32	$ 23,916.67	$ 24,657.32	Work to issue more vouchers
Project RIO	$ 60,705.68	$ 62,671.72	$ 62,083.33	$ 1,966.04	
SHD	$ 56,799.00	$ 71,175.38	$ 62,500.00	$ 14,376.38	Spend will increase once Midvale home is open
Denver Street	$ 10,155.00	$ 12,979.83	$ 11,390.83	$ 2,824.83	
Central City	$ 17,537.00	$ 20,582.50	$ 19,893.00	$ 3,045.50	
Admin 1	$ 21,376.57	$ 30,281.34	$ 23,322.17	$ 8,904.77	
Fisher House	$ 6,375.00	$ 6,219.67	$ 6,281.83	$ (155.33)	
House of Hope	$ -	$ -	$ -	$ -	
Congregate Site	$ 6,000.00	$ 72,333.33	$ -	$ 66,333.33	
Theodora	$ (3,671.00)	$ 7,563.00	$ 7,416.67	$ 11,234.00	
Federal 7/1/2022-6/30/2023					
HARP HOME	$ 16,968.00	$ 30,687.00	$ 21,750.00	$ 13,719.00	Work to issue more vouchers

*	positive	self-sufficient, other subsidized housing, other permanent placement
	neutral	life event (medical placement, in-patient treatment, death)
	negative	non-compliance, incarceration, eviction

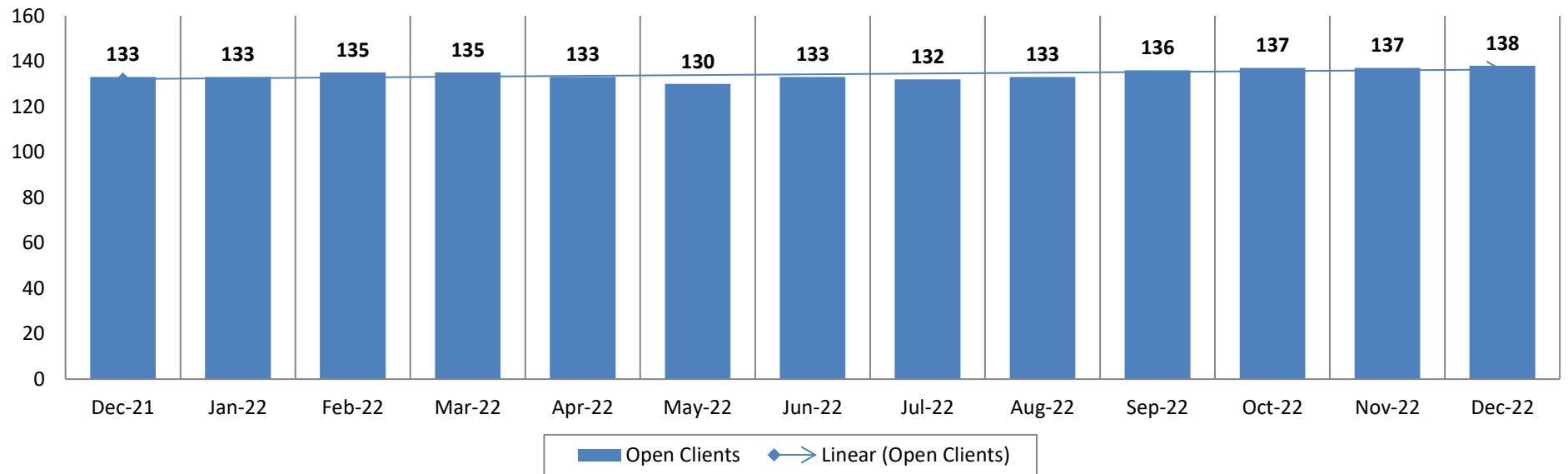# ACT Team Monthly Report

VOA – Assertive Community Treatment (ACT) Team
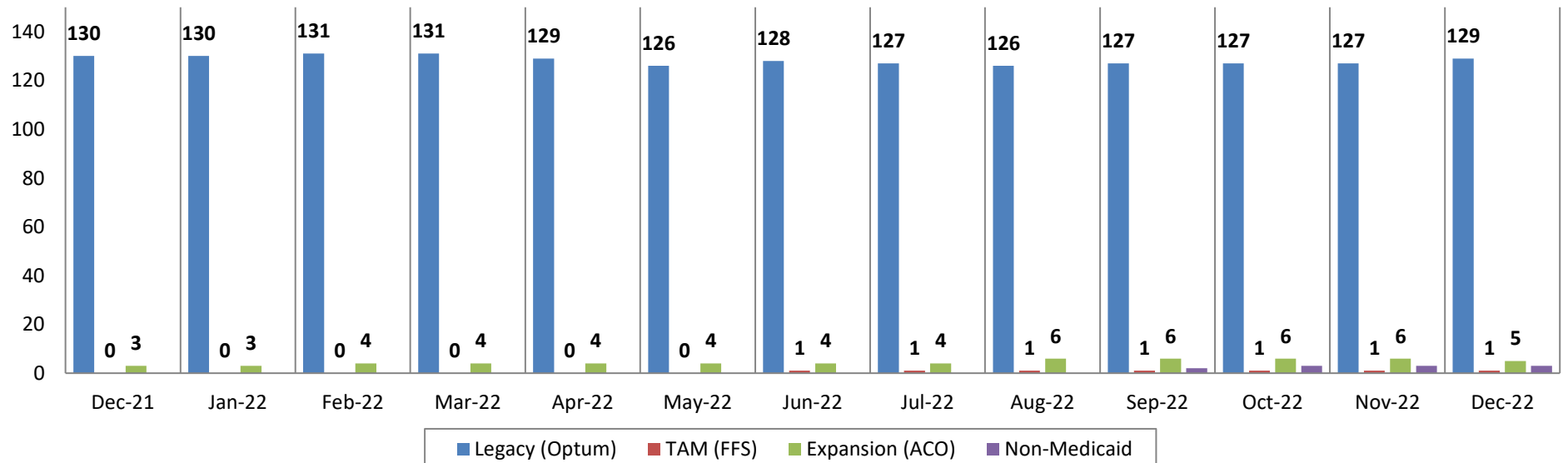December 2022 Report

Report Prepared By:
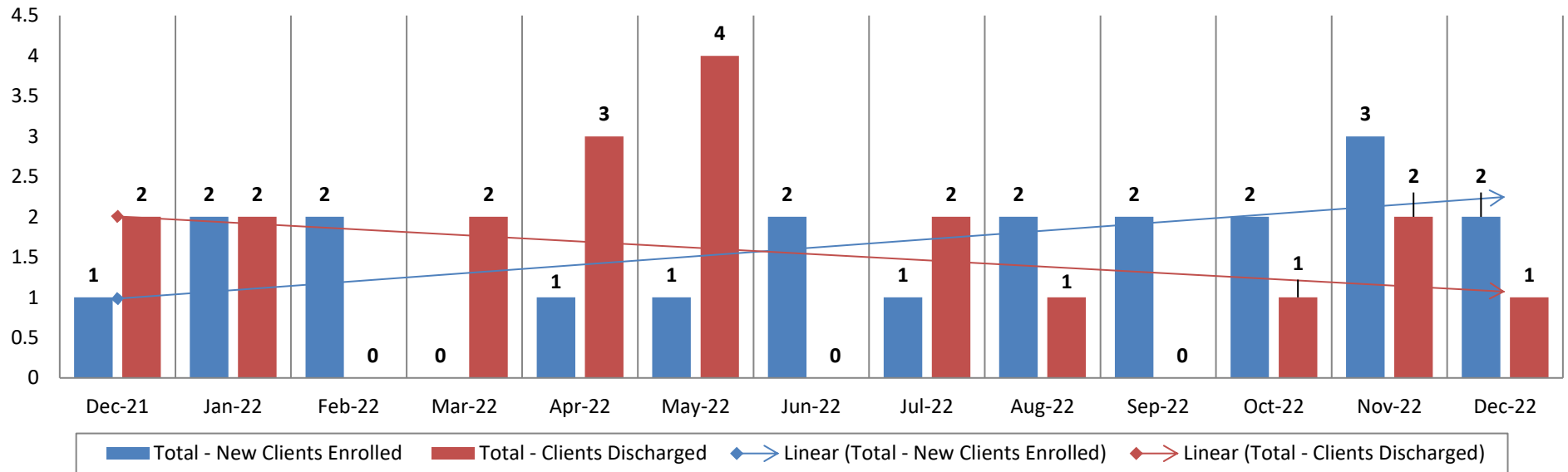Salt Lake County Division of Behavioral Health Services

SALT LAKE COUNTY
BEHAVIORAL HEALTH SERVICES

Monthly Totals - Open Clients (December 2021 - December 2022)

Month	Open Clients
Dec-21	133
Jan-22	133
Feb-22	135
Mar-22	135
Apr-22	133
May-22	130
Jun-22	133
Jul-22	132
Aug-22	133
Sep-22	136
Oct-22	137
Nov-22	137
Dec-22	138

Legend: ■ Open Clients ◆— Linear (Open Clients)

Monthly Totals - Open Clients by Medicaid Type (December 2021 - December 2022)

Month	Legacy (Optum)	TAM (FFS)	Expansion (ACO)
Dec-21	130	0	3
Jan-22	130	0	3
Feb-22	131	0	4
Mar-22	131	0	4
Apr-22	129	0	4
May-22	126	0	4
Jun-22	128	1	4
Jul-22	127	1	4
Aug-22	126	1	6
Sep-22	127	1	6
Oct-22	127	1	6
Nov-22	127	1	6
Dec-22	129	1	5

Legend: ■ Legacy (Optum) ■ TAM (FFS) ■ Expansion (ACO) ■ Non-Medicaid

Monthly Totals - New Clients Enrolled & Discharged (Dec. 2021 - Dec. 2022)

Month	Total - New Clients Enrolled	Total - Clients Discharged
Dec-21	1	2
Jan-22	2	2
Feb-22	2	0
Mar-22	0	2
Apr-22	1	3
May-22	1	4
Jun-22	2	0
Jul-22	1	2
Aug-22	2	1
Sep-22	2	0
Oct-22	2	1
Nov-22	3	2
Dec-22	2	1

Legend: Total - New Clients Enrolled; Total - Clients Discharged; Linear (Total - New Clients Enrolled); Linear (Total - Clients Discharged)

Monthly Totals - Reason for Discharge (December 2021 - December 2022)

Legend: Medicaid Issues; Refused to Engage; Chose to Stay w/Current Provider; Moved Out of State / County; Transfer to Different Provider; Death

Month	Refused to Engage	Moved Out of State / County	Transfer to Different Provider	Death
Dec-21	1		1	
Jan-22			2	
Feb-22				
Mar-22		1	1	
Apr-22	1		2	
May-22		1	2	1
Jun-22				
Jul-22	1	1		
Aug-22			1	
Sep-22				
Oct-22	1			
Nov-22			2	
Dec-22			1	
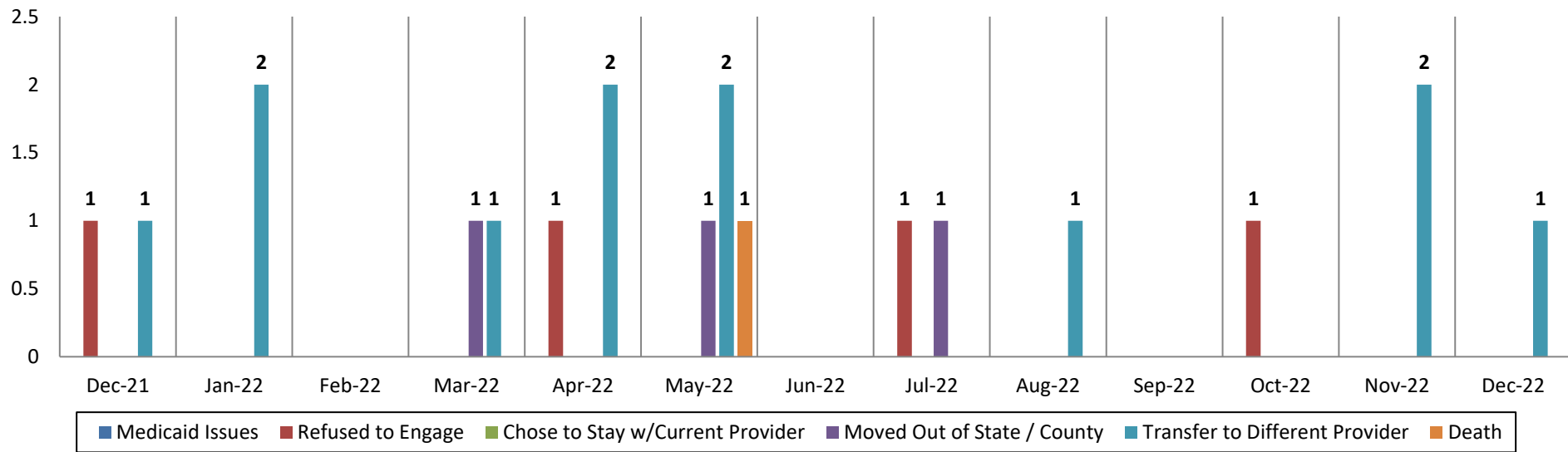
Monthly Totals - Referrals Received & Refused (Dec. 2021 - Dec. 2022)

Month	Total - New Referrals Received	Total - Number of Referrals Refused
Dec-21	1	0
Jan-22	2	0
Feb-22	6	1
Mar-22	1	0
Apr-22	0	0
May-22	1	0
Jun-22	1	0
Jul-22	1	0
Aug-22	3	1
Sep-22	3	0
Oct-22	2	0
Nov-22	6	0
Dec-22	2	0

Legend:
- Total - New Referrals Received
- Total - Number of Referrals Refused
- Linear (Total - New Referrals Received)
- Linear (Total - Number of Referrals Refused)
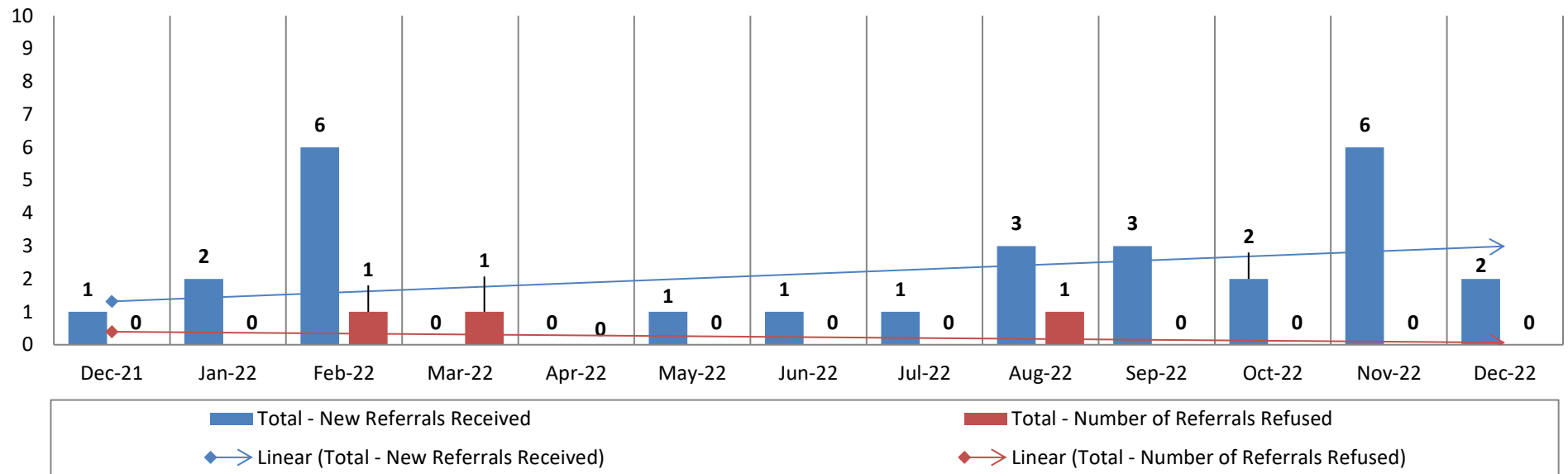
Monthly Totals - Referrals by Source (December 2021 - December 2022)
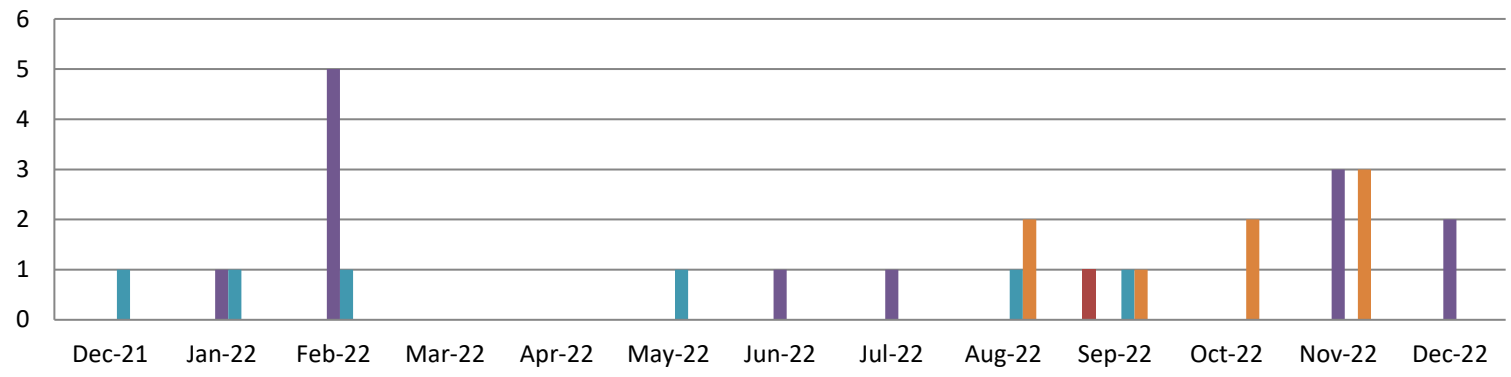
	Dec-21	Jan-22	Feb-22	Mar-22	Apr-22	May-22	Jun-22	Jul-22	Aug-22	Sep-22	Oct-22	Nov-22	Dec-22
■ Housing	0	0	0	0	0	0	0	0	0	0	0	0	0
■ Utah State Hospital	0	0	0	0	0	0	0	0	0	1	0	0	0
■ High Utilizer List	0	0	0	0	0	0	0	0	0	0	0	0	0
■ Inpatient Provider	0	1	5	0	0	0	1	1	0	0	0	3	2
■ Criminal Justice	1	1	1	0	0	1	0	0	1	1	0	0	0
■ Community or Other VOA Provider	0	0	0	0	0	0	0	0	2	1	2	3	0
■ Client Reinstated	0	0	0	0	0	0	0	0	0	0	0	0	0

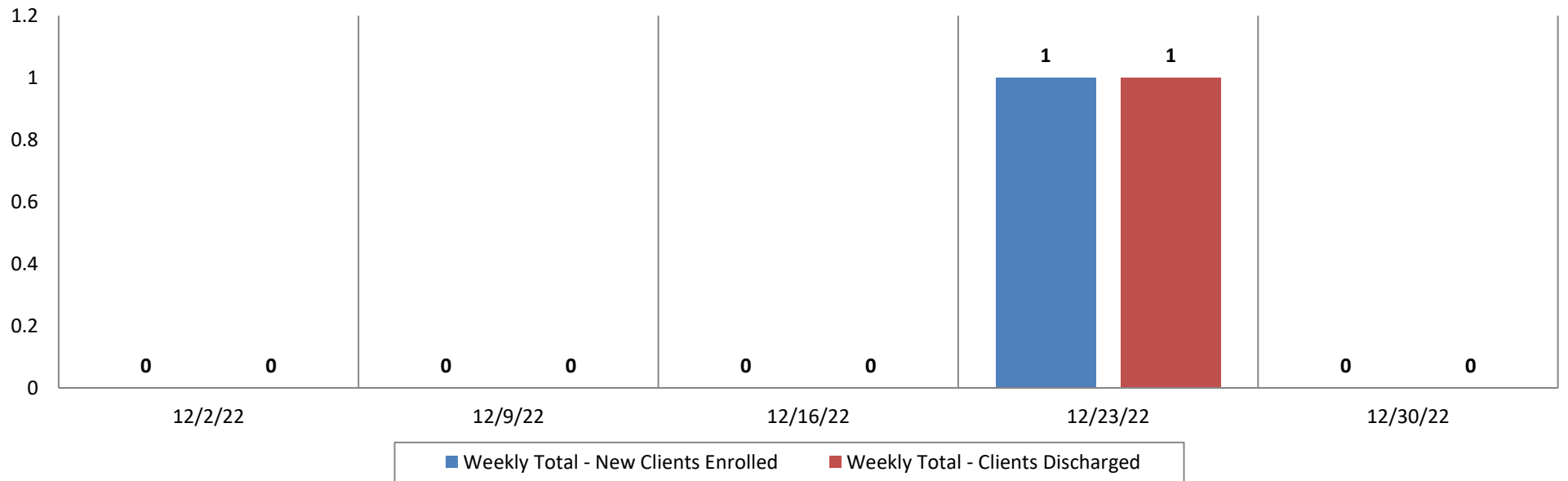# Total Number of Referrals - Listed by Referral Source (December 2021 - December 2022)

■ Housing ■ Utah State Hospital ■ High Utilizer List ■ Inpatient Provider ■ Criminal Justice ■ Community or Other VOA Provider ■ Client Reinstated

Weekly Totals - Reason for Discharge (December 2022)

Chart data (weekly totals):

Week	Transfer to Different Provider
12/2/22	0
12/9/22	0
12/16/22	0
12/23/22	1
12/30/22	0

Legend: Medicaid Issues ∙ Refused to Engage ∙ Chose to Stay w/Current Provider ∙ Moved Out of State / County ∙ Transfer to Different Provider ∙ Death
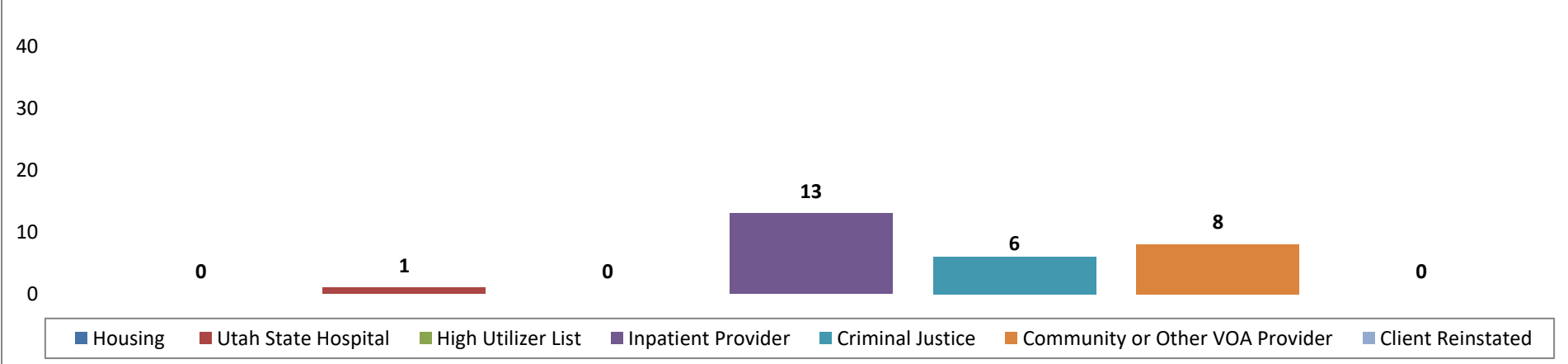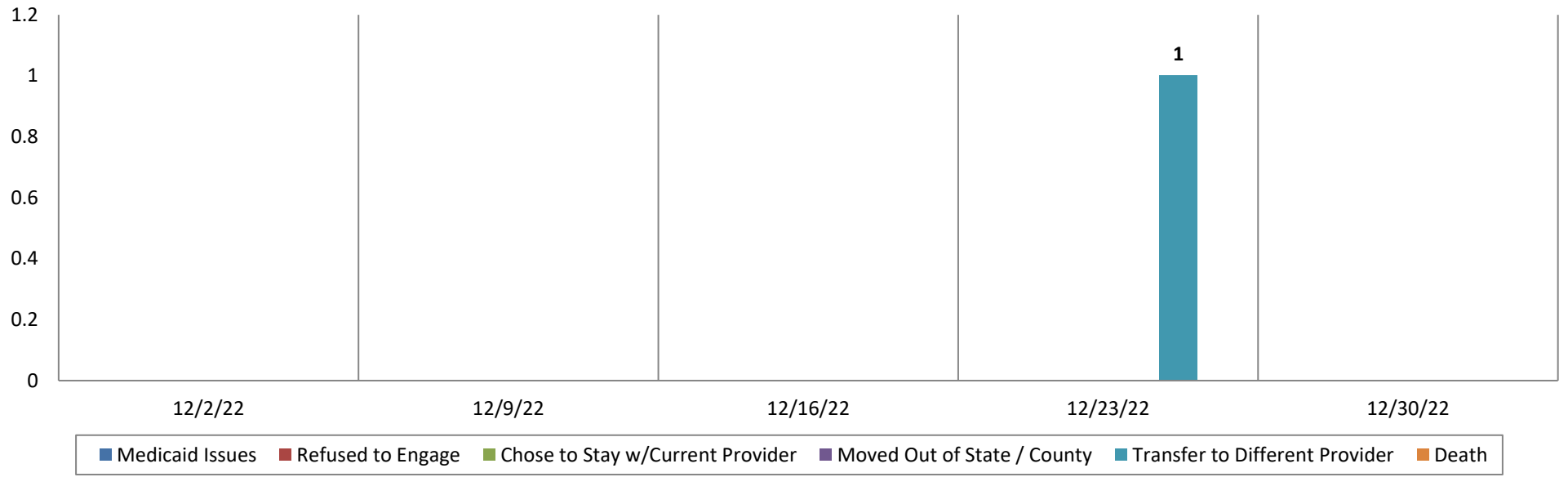
Weekly Totals - New Referrals Received & Refused (December 2022)

Week	Weekly Total - New Referrals Received	Weekly Total - Referrals Refused
12/2/22	0	0
12/9/22	0	0
12/16/22	0	0
12/23/22	1	0
12/30/22	1	0

Legend: Weekly Total - New Referrals Received ∙ Weekly Total - Referrals Refused
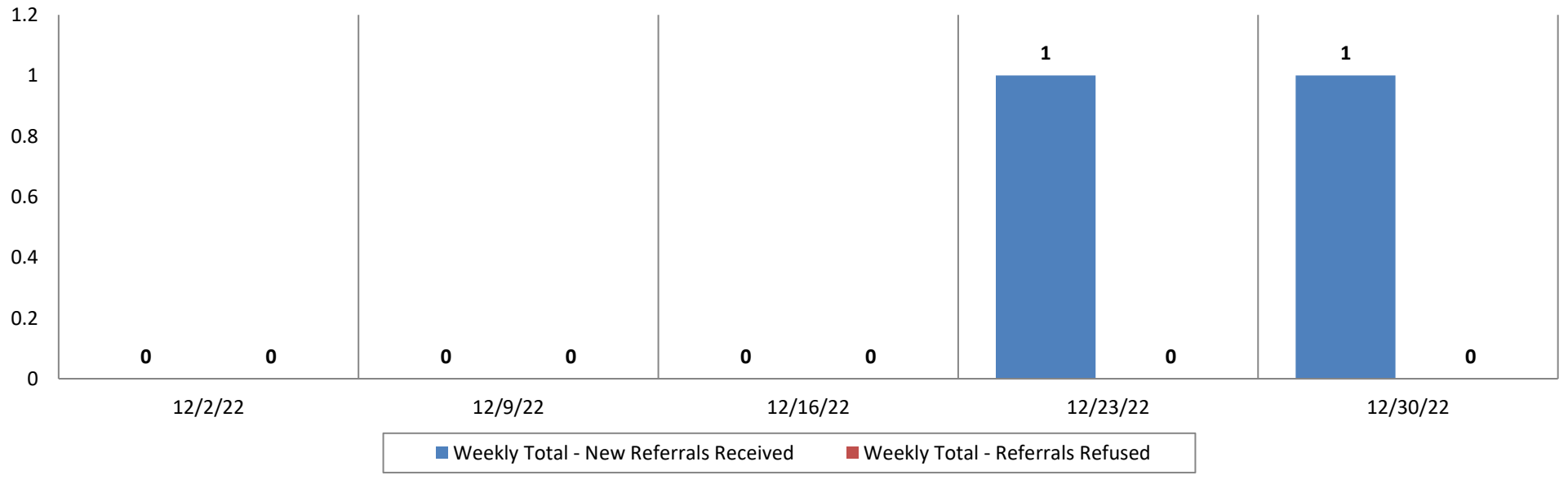
Weekly Totals - Referrals by Source (December 2022)

	12/2/22	12/9/22	12/16/22	12/23/22	12/30/22
Housing	0	0	0	0	0
Utah State Hospital	0	0	0	0	0
High Utilizer List	0	0	0	0	0
Inpatient Provider	0	0	0	1	1
Criminal Justice	0	0	0	0	0
Community or Other VOA Provider	0	0	0	0	0
Client Reinstated	0	0	0	0	0

Total Number of Referrals - Listed by Referral Source (December 2022)

Housing: 0, Utah State Hospital: 0, High Utilizer List: 0, Inpatient Provider: 2, Criminal Justice: 0, Community or Other VOA Provider: 0, Client Reinstated: 0

Weekly Totals - Open Clients (December 2022)

Date	Open Clients
12/2/22	137
12/9/22	137
12/16/22	137
12/23/22	137
12/30/22	138

Legend: ■ Open Clients
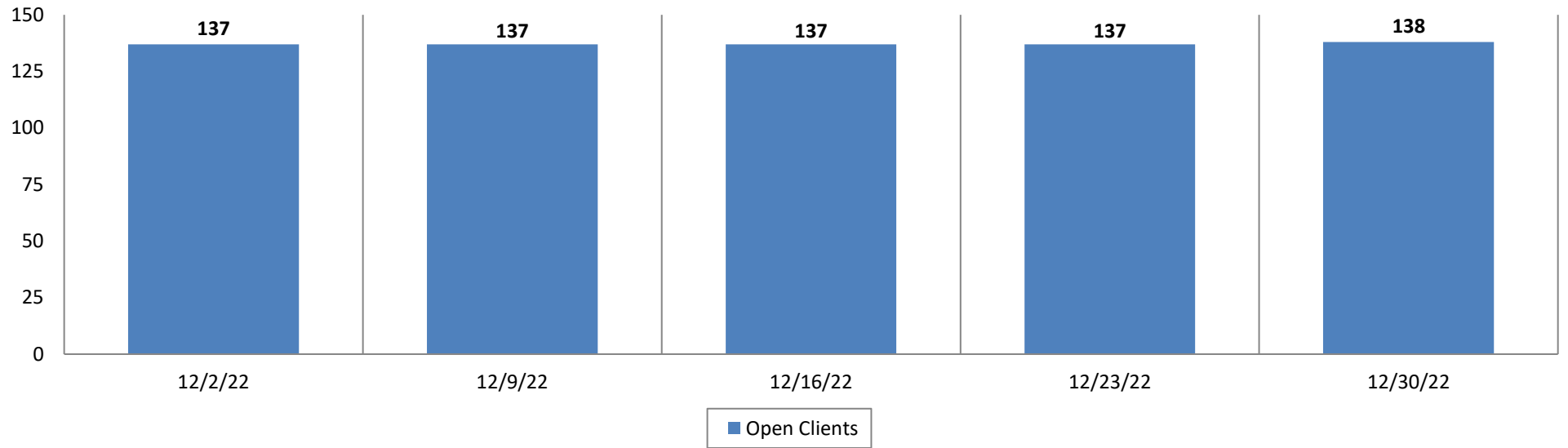
Weekly Totals - New Clients Enrolled & Discharged (December 2022)

Date	Weekly Total - New Clients Enrolled	Weekly Total - Clients Discharged
12/2/22	0	0
12/9/22	0	0
12/16/22	0	0
12/23/22	1	1
12/30/22	0	0

Legend: ■ Weekly Total - New Clients Enrolled ■ Weekly Total - Clients Discharged

ISP Program Quarterly Report

Intensive Supervision Probation (ISP) Program Report
July 2017-December 2021

Demographics:
966 total clients referred to ISP;
Average age of participants 33 for both male and female;
62.4% Male and 37.6% Female;
66.3% on ISP for drug charges with many more on charges related to use (i.e., criminal trespass, forgery, burglary, etc.);
74.8% on Misdemeanor A charges, with rest a mix of Misdemeanor B and C charges;
14.3% identified as homeless during ISP intake;
30.3% have a primary substance of heroin or opiates, with 33% meth;

Program Outcomes:
233 total graduates;
71% receiving ISP intake within two weeks;
86.5% getting to clinical assessment within two weeks of intake;
73.8% getting into treatment within two weeks of assessment (historically six+ months not uncommon);
43.7% of high risk clients beginning program have completed successfully (56.3% have been revoked);
Average LS/CMI score at intake 26 for successful clients, 17 at discharge: 9 point or 34.6% reduction;

Program Outcomes from Treatment Record:
Improvements in employment and living arrangements, along with reductions in frequency of drug use:
-Successful clients seeing 80.6% increase in those employed, and a 42.7% decrease in those unemployed.
-Successful clients seeing 16.4% improvement in privately housed clients and 60% reduction in those who were homeless.
-Successful clients seeing 97.5% decrease in those using daily and 106% increase in those with no use at all.

Criminal Recidivism:
Recidivism looking at changes in New Charge Bookings in the Salt Lake County Jail one, two, three and four years pre- and post-program:

One Year New Charge Bookings (NCB)	
Disposition	% Change in NCB
Successful	86% Reduction
Overall	71.1% Reduction

Two Year New Charge Bookings (NCB)	
Disposition	% Change in NCB
Successful	77.8% Reduction
Overall	63.5% Reduction

Three Year New Charge Bookings (NCB)	
Disposition	% Change in NCB
Successful	77.4% Reduction
Overall	60.2% Reduction

Four Year New Charge Bookings (NCB)	
Disposition	% Change in NCB
Successful	79.4% Reduction
Overall	52% Reduction

Optum Salt Lake County

FY2023 Cultural Responsiveness Plan

"Salt Lake County treats all groups – minority and majority – with civility and respect, regardless of race, ethnicity, national origin, gender, religion, age, sexual orientation, or disability. Our managers and staff have been trained in promoting respect and inclusion for all county residents and visitors." *Salt Lake County Inclusion Campaign*

I. Introduction

Optum Salt Lake County (SLCo) recognizes that a person's cultural norms, values and beliefs shape how they approach and utilize behavioral health care services. Numerous cultural variables including, but not limited to, ethnicity, race, sexual orientation, gender, age, socioeconomic status, primary language, English proficiency, spirituality and religion, country of origin, literacy level, employment status, geographic location, cognitive and physical ability level, immigration status and criminal justice involvement influence the way in which a person seeks and utilizes behavioral health services and the manner in which a person approaches and manages recovery.

Group differences are vast and include variations in values, behavior styles and health risk indicators. Similarly, individuals differ widely in how they participate and respond to mainstream American institutional settings and service delivery models. Our employees and providers must not only recognize the cultural groups and shared heritage relevant to Salt Lake County, but also understand that culture can be highly individualized. This consists of understanding the unique interplay of many factors in the individual and their family's life that contribute to strengths, resources, values, perceptions and interests that impact the understanding of needs, goals, resources and interventions for that individual. Such factors may include mixed heritage, generational influences, family experiences, religion and faith traditions, refugee and immigrant experiences, lifestyle, economics, and urban/rural orientation.

Optum SLCo recognizes that cultural responsiveness plays a vital part in realizing our goal of supporting member recovery and resiliency in ways that are meaningful for individuals in their communities, and appropriate and relevant to their unique cultural experiences. Our role as an organization is to give our employees and providers the key skills they need to support each person in their individualized recovery and to engage and support them in a way that is culturally and linguistically appropriate. Accordingly, we ensure that all aspects of our hiring, training, services, and quality improvement emphasize cultural responsiveness.

This Cultural Responsiveness Plan was developed to document the methods we use to promote culturally responsive care and to track our level of success in achieving goals related to cultural responsiveness.

II. Authority, Structure and Responsibility for the Integration and Coordination of the Cultural Responsiveness Plan

Optum SLCo Executive Director has the authority and responsibility to integrate cultural responsiveness throughout Optum SLCo's operations. The Executive Director has delegated the development and oversight of the plan to the Cultural Responsiveness Committee, chaired by the Deputy Director or designee and a Salt Lake County Representative.

III.   Goals & Objectives

The following seven goals document the methods we use to promote culturally responsive care. The corresponding objectives assist us in developing, monitoring and evaluating our level of success in achieving goals related to cultural responsiveness. The methods used to achieve the goals of the Cultural Responsiveness Plan shall serve as the *Methods of Administration Plan,* a means of assuring that Optum SLCo's programs, activities, services and benefits are equally available to all persons without regard to race, color, national origin, disability, age, religion, gender, sexual orientation, or socio-economic status.

Goal 1: Identify policies and procedures that ensure cultural responsiveness is integrated and reflected throughout Optum SLCo and the provider network.

- Monitor existing customer service, quality management, utilization management and provider relation policies and procedures for compliance with CLAS (Culturally and Linguistically Appropriate Services) requirements and recommendations.
- The Optum SLCo Cultural Responsiveness Committee will evaluate the Cultural Responsiveness Plan annually.

Goal 2: Ensure Optum SLCo actively recruits, retains and promotes a diverse staff at all levels of the organization.

- Ensure open communication and collaboration by encouraging the sharing of thoughts and ideas clearly and effectively with colleagues, leadership, and counterparts, as well as with consumers, family members, local and state agencies, providers, and community programs.
- Provide ongoing training, educational prospects, and promotion through tuition reimbursement plans, internship opportunities, professional development and a comprehensive training program.
- Provide a competitive hiring package from an Equal Opportunity Employer that includes above-average salaries and a strong benefit package that includes physical and behavioral health insurance, Employee Assistance Plan (EAP) services, short- and long-term disability and life insurance, paid vacation and sick leave, and an attractive employee stock purchase program.
- Advertise open positions through cultural organizations, culture-specific media outlets and cultural professional organizations.

Goal 3: Ensure network providers across all disciplines have ongoing education, training and clinical consultation in culturally and linguistically appropriate service delivery and dispute resolution.

- Providers will receive ongoing education, training and clinical consultation in culturally and linguistically (including deaf and hard of hearing) appropriate service delivery and dispute resolution. Training will be provided through a

3

virtual and in-person formats. At a minimum, training objectives will include the ability to:

1) Define cultural responsiveness and its importance to the behavioral health clinician providing care, services or treatment to a culturally diverse population
2) Describe attributes of various cultures in Salt Lake County
3) Describe some unique medical and behavioral health issues for these respective cultures
4) Provide the framework necessary for more in-depth understanding that is required to establish a culturally competent practice and/or organization
5) Emphasize the use of CLAS standards for cultural responsiveness

Goal 4: Ensure Optum SLCo staff across all disciplines have ongoing education, training and clinical consultation in culturally and linguistically appropriate service delivery and dispute resolution.

- Training for staff will include initial and ongoing presentations on cultural responsiveness. Presentations will be provided in the following formats: LearnSource, virtual and in-person.
- On-going Departmental and Supervisory training will be provided for clinical staff. Trainings will be provided in the following formats: LearnSource, virtual and in-person.

Goal 5: Implement quality improvement activities to monitor cultural responsiveness within the provider network, customer satisfaction, and identify service gaps in the system.

- Provide a quantitative and qualitative analysis of the population on which consumer focused quality improvement efforts are based, including, but not limited to: age, gender, sexual orientation, geographic location, languages spoken, presence of disability (i.e., intellectual, physical and/or visual/hearing).
- Assess the diversity of the provider network and Optum SLCo in representing and addressing the linguistic, cultural and ethnic demographic needs and preferences of consumers.
- Provide a summary analysis of the populations' clinical and risk characteristics for targeting current and future quality improvement efforts and to identify appropriate supportive education and prevention activities.
- Assist providers to integrate cultural and linguistically competent-related measures into their internal audits, performance improvement programs, consumer satisfaction assessments, and outcomes-based evaluations.

Goal 6: Identify diversity and inclusion best practices and promote these strategies and supports throughout Optum SLCo and the provider network.

- The Cultural Responsiveness Committee will meet at least quarterly to identify best practices in serving the identified communities. These groups will generate policy, outreach and training recommendations which will be forwarded to the Optum SLCo Quality Assessment and Performance Improvement (QAPI) Committee.
- The Cultural Responsiveness Committee will meet quarterly and on an annual basis, the committee will review the Optum SLCo Cultural Responsiveness Plan to consider data, demographics, policy and training recommendations that may need to be updated and/or shared with Salt Lake County.
- Cultural Responsiveness and diversity awareness will be integrated into the Optum SLCo website. The website will provide information for consumers, families, providers and community stakeholders.
- Cultural competence and diversity initiatives will be communicated via the Optum SLCo website.

Goal 7: Provide language assistance services that are relevant to the needs of all people in Salt Lake County including those who (a) speak a language other than English, (b) are deaf or having hearing impairments, (c) are blind or have visual impairments, and/or (d) have limited reading ability.

- Provide language assistance services to its consumers 24 hours a day, 365 days per year.
- Actively recruit and hire bilingual staff to assist consumers who have limited English proficiency.
- Employ a Language Line which provides live and immediate translation capabilities for 170 languages using interpreters trained in medical terminology.
- Offer Telephone Device for the Deaf (TDD) and Telecommunications Typewriter (TTY) services.
- Assure interpreter proficiency via a structured process for the initial and ongoing assessment of staff hired to provide language assistance to consumers.
- Provide all written materials and website information in English and Spanish and any other language spoken by 5% or greater of the population.
- Ensure all written member materials are worded at a 6th grade reading level.
- Make available all written materials in alternative formats to persons with special needs, including large print and audio.
- Ensure all required documentation includes information on free language assistance services as per Section 1557 of the Affordable Care Act.

IV. Population Analysis

Additional objectives are identified and actions are implemented based on data review. At the beginning of each contract and annually thereafter, Optum SLCo performs or reviews

a population analysis. As part of this analysis, we analyze the ethnic and cultural makeup of the consumers and geographic areas that we serve. The purpose of the population analysis is to:

1. Provide a quantitative and qualitative analysis of the population on which consumer focused quality improvement efforts are based, including recognition of groups within groups (such as multiple and diverse Native American or Hispanic groups, age, religion, sexual orientation, mixed heritage, rural/urban, education, and other individualized factors).
2. Assess the diversity of the provider network and Optum SLCo in representing and meeting the linguistic, cultural / ethnic and demographic needs and preferences of consumers.
3. Provide a summary / analysis of the populations' clinical and risk characteristics for targeting of current and future quality improvement efforts and determine the education, prevention and promotion activities we need to undertake.

The information in this report is used for the development of clinical and prevention programs, quality improvement activities, network expansion efforts, and to determine prevalent non- English languages. It will further provide critical penetration data to focus any service gap analyses. This will inform our efforts to be sensitive to the needs of diverse cultural influences.

In assessing consumer and geographic characteristics, Optum SLCo considers factors such as gender, age, ethnic background, cultural identity and practices, clinical needs, risk characteristics and linguistic preferences. Sources of data identifying this information include:

- Claims Data
- US Census Bureau Data for Utah and Salt Lake County
- Consumer Eligibility and Assessment Data
- Provider Management Database and GeoAccess Reports
- Complaints & Grievances
- Consumer Satisfaction Survey Results
- The 834 Enrollment transaction report to identify prevalent non-English languages in the previous 6 months
- Any identified issues from the County, State or Mental Health Advisory Board

Optum SLCo may call relies upon interactions and interviews with upon local experts and groups to assist in interpreting what the data is telling us. The Cultural Responsiveness Committee is essential in gathering the necessary input into the population analysis.

V.   Cultural Responsiveness Committee

a. Role/Purpose: The Cultural Responsiveness Committee reviews and recommends standards of practice and outcomes related to cultural competence, and reviews access to service data, monitoring data, and complaint and grievance data to identify trends and make recommendation for quality improvement initiatives as they relate to culturally competent services.

b. Structure relation to the Organization: The Cultural Responsiveness Committee reports to the QAPI Committee.
c. Chair: Deputy Director or designee and Salt Lake County Division of Behavioral Health Services Representative (DBHS)
d. Functions/Key Responsibilities:
    i. Ensure that staffing at all levels is representative of the community at large.
    ii. Ensure cultural factors are integrated into the clinical assessment
    iii. Ensure that treatment plans and interventions are culturally appropriate
    iv. Sponsor Cultural Responsiveness Trainings as needed
e. Frequency of Meetings – Quarterly or more frequently when needed
f. Membership:
    i. Optum SLCo Deputy Director or designee (co- chair)
    ii. Salt Lake County DBHS Representative (co-chair)
    iii. Optum SLCo Network and Contracts Director or designee
    iv. Representative(s) from consumer organizations
    v. Representative(s) from a family organization
    vi. Representative(s) from providers that serve specialty populations,
    vii. Providers from allied service systems
    viii. Optum SLCo Integration & Care Coordination Director
    ix. Optum SLCo IT/Reporting staff
    x. Optum SLCo Recovery & Resiliency Manager or designee
    xi. Other Salt Lake County Division representatives
    xii. Representatives from community based ethnic and minority organizations

VI. Non-Discrimination Coordinator

Optum SLCo and Salt Lake County DBHS will each designate a non- discrimination coordinator. Their purpose is to ensure that Optum SLCo and its providers comply with federal laws and regulations regarding non-discrimination and assure that their programs, activities, services and benefits are equally available to all persons.

Health Disparities Goals and Action Plan

Local Mental Health Authority: Valley Salt Lake County

Goal or Desired Outcome:	Hire BIPOC and native speakers of non-English languages

Check if goal is:

TRUE	Specific	TRUE	Measurable	TRUE	Achievable	TRUE	Relevant	TRUE	Timebound

Population(s) that will benefit from achievement of goal:

FALSE	Youth in Transition	TRUE	BIPOC (Black, Indigenous, People of Color)	FALSE	LGBTQ+ (Lesbian, Gay, Bisexual, Trans, Queer/Questioning plus)	FALSE	Developmental Disabilities

Please list all step you will take to achieve this goal:	**The expected completion**	**Date the step was completed**
1 Speak to hiring managers about explicitly hiring more	2/14/2022	2/10/2022
2 Incorporate hiring these populations into hiring	2/14/2022	2/14/2022
3 Hold hiring manager training	3/31/2022	
4 Future goals:		
Search for BIPOC communities that Valley can recruit		
5 in	3/31/2022 in process	
6 Start utilizing points of contact for advertising in	4/30/2022	
7 Trainings more accesssible		

Any additional notes or ideas regarding this goal:	Applicatons in other languages.

Health Disparities Goals and Action Plan

Local Mental Health Authority:	**Salt Lake County**

Goal or Desired Outcome:	Proactively seek out antiracist and antidiscrimination workshops for ALL staff

Check if goal is:

TRUE	Specific	TRUE	Measurable	TRUE	Achievable	TRUE	Relevant	TRUE	Timebound

Population(s) that will benefit from achievement of goal:

FALSE	Youth in Transition	TRUE	BIPOC (Black, Indigenous, People of Color)	TRUE	LGBTQ+ (Lesbian, Gay, Bisexual, Trans, Queer/Questioning plus)	FALSE	Developmental Disabilities

Please list all step you will take to achieve this goal:	**The expected completion**	**Date the step was completed**	
1 Hire Bias Consultant to inquire about training options	11/12/2021	12/10/2021	
2 Research on trainings	3/10/2022		
3 Train the Trainer(s)			
4 Train rest of leadership team			
5 Leadership team to train staff		3/31/2022	
6 annual UKG learning/policy update staff	4/1/2022		just went live to employees
7			

Any additional notes or ideas regarding this goal:	

e-learning trainings   ukg
research
watch material
create test
Regular postings in DEI channel

Health Disparities Goals and Action Plan

Local Mental Health Authority: Salt Lake County

Goal or Desired Outcome:	Proactively seek out antiracist and antidiscrimination workshops for ALL staff

Check if goal is:

TRUE	Specific	TRUE	Measurable	TRUE	Achievable	TRUE	Relevant	TRUE	Timebound

Population(s) that will benefit from achievement of goal:

FALSE	Youth in Transition	TRUE	BIPOC (Black, Indigenous, People of Color)	TRUE	LGBTQ+ (Lesbian, Gay, Bisexual, Trans, Queer/Questioning plus)	FALSE	Developmental Disabilities

Please list all step you will take to achieve this goal:	The expected completion	Date the step was completed	
1 Hire Bias Consultant to inquire about training options	11/12/2021	12/10/2021	
2 Research on trainings	3/10/2022		
3 Train the Trainer(s)			
4 Train rest of leadership team			
5 Leadership team to train staff		3/31/2022	
6 annual UKG learning/policy update staff	4/1/2022		just went live to employees
7			

Any additional notes or ideas regarding this goal:

e-learning trainings   ukg
research
watch material
create test
Regular postings in DEI channel

Health Disparities Goals and Action Plan

Local Mental Health Authority: Salt Lake County

Goal or Desired Outcome:	Give a tangible plan to every transition aged youth who needs to switch from youth to adult services

Check if goal is:

TRUE Specific	TRUE Measurable	TRUE Achievable	TRUE Relevant	TRUE Timebound

Population(s) that will benefit from achievement of goal:

TRUE Youth in Transition	FALSE BIPOC (Black, Indigenous, People of Color)	FALSE LGBTQ+ (Lesbian, Gay, Bisexual, Trans, Queer/Questioning plus)	FALSE Developmental Disabilities

Please list all step you will take to achieve this goal:	The expected completion	Date the step was completed	
1 Review current process with youth program director	1/28/2022	12/13/2021	
2 Create action plan for youth in transition	1/14/2022	1/6/2022	
3 Get feedback from youth workgroup on action plan	2/18/2022	1/7/2022	
4 Incorporate feedback from workgroup into plan	3/4/2022	2/1/2022	Having meeting with group on 2/18/22
5 Train youth leadership on processes	4/4/2022	3/3/2022	
6 Implement the usage of the new transition plan	5/6/2022	3/3/2022	
7 Confirm transition plan is being used at sites	6/3/2022	4/13/2022	

Any additional notes or ideas regarding this goal:

day treatment
pingree to aac
talk to Heather

Health Disparities Goals and Action Plan

Local Mental Health Authority: Salt Lake County

Goal or Desired Outcome:	Create a manual for parents around privacy and how to debrief therapy with youth

Check if goal is:

TRUE Specific	TRUE Measurable	TRUE Achievable	TRUE Relevant	TRUE Timebound

Population(s) that will benefit from achievement of goal:

TRUE Youth in Transition	FALSE BIPOC (Black, Indigenous, People of Color)	FALSE LGBTQ+ (Lesbian, Gay, Bisexual, Trans, Queer/Questioning plus)	FALSE Developmental Disabilities

Please list all step you will take to achieve this goal:	**The expected completion**	**Date the step was completed**
1 Review current policies and procedures	12/15/2021	12/10/2021
2 Ask for youth feedback on current procedures	1/14/2022	1/7/2022
3 Create action plan with updated/revised procedures	2/18/2022	1/7/2022
4 Train leadership & staff on updated procedures	3/4/2022	1/13/2022
5 Confirm leadership has trained their staff on updated	4/4/2022	1/13/2022
6 Follow up to confirm that the policy and procedures	4/4/2022	3/31/2022
7		

Any additional notes or ideas regarding this goal:	Future goals:

Health Disparities Goals and Action Plan

Local Mental Health Authority: Salt Lake County

Goal or Desired Outcome:	Add flags and indicators to current tools for LGBTQ+ community

Check if goal is:

TRUE Specific	TRUE Measurable	TRUE Achievable	TRUE Relevant	TRUE Timebound

Population(s) that will benefit from achievement of goal:

FALSE Youth in Transition	FALSE BIPOC (Black, Indigenous, People of Color)	TRUE LGBTQ+ (Lesbian, Gay, Bisexual, Trans, Queer/Questioning plus)	FALSE Developmental Disabilities

Please list all step you will take to achieve this goal:	The expected completion	Date the step was completed
1 Work with data analytics to see what tools/indicators	12/30/2021	1/13/2022
2 Choose tool that best fits VBH policies/procedures	1/28/2022	
3 Create action plan	2/25/2022	
4 Train those that will be entering tools/indicators	3/25/2022	
5 Confirm tool is being used	4/29/2022	
6		
7		

Any additional notes or ideas regarding this goal:

Health Disparities Goals and Action Plan

Local Mental Health Authority: Salt Lake County

Goal or Desired Outcome:	Increase connections with the target populations, directly or through close contact with grassroots organizations, to better understand their needs

Check if goal is:

TRUE	Specific	TRUE	Measurable	TRUE	Achievable	TRUE	Relevant	TRUE	Timebound

Population(s) that will benefit from achievement of goal:

FALSE	Youth in Transition	FALSE	BIPOC (Black, Indigenous, People of Color)	TRUE	LGBTQ+ (Lesbian, Gay, Bisexual, Trans, Queer/Questioning plus)	FALSE	Developmental Disabilities

Please list all step you will take to achieve this goal:	**The expected completion date**	**Date the step was completed**
1 Research Utah grassroots organizations	2/1/2022	2/1/2022
2 Reach out to those that align with VBH	2/1/2022	2/1/2022
3 Begin making relationships with organizations	2/14/2022	2/14/2022
4 Introducing staff to organizations for client access	2/28/2022	2/14/2022
5		
6		
7		

Any additional notes or ideas regarding this goal:	Future Goals: Market relationships so clients know who VBH is partnering with

Health Disparities Goals and Action Plan

Local Mental Health Authority: Salt Lake County

Goal or Desired Outcome:	Increase connections with the target populations, directly or through close contact with grassroots organizations, to better understand their needs

Check if goal is:

TRUE	Specific	TRUE	Measurable	TRUE	Achievable	TRUE	Relevant	TRUE	Timebound

Population(s) that will benefit from achievement of goal:

FALSE	Youth in Transition	FALSE	BIPOC (Black, Indigenous, People of Color)	FALSE	LGBTQ+ (Lesbian, Gay, Bisexual, Trans, Queer/Questioning plus)	TRUE	Developmental Disabilities

Please list all step you will take to achieve this goal:	The expected completion	Date the step was completed
1 Research Utah grassroots organizations	2/1/2022	2/1/2022
2 Reach out to those that align with VBH	2/1/2022	2/1/2022
3 Begin making relationships with organizations	2/14/2022	2/14/2022
4 Introducing staff to organizations for client access	2/28/2022	2/14/2022
5		
6		
7		

Any additional notes or ideas regarding this goal:	Future Goals: Market relationships so clients know who VBH is partnering with

Health Disparities Goals and Action Plan

Local Mental Health Authority: Salt Lake County

Goal or Desired Outcome:	Recognize and address limits of some traditional therapies, screenings, and tools for some disabled people. For example, screenings or therapeutic tools that require reading or writing

Check if goal is:

TRUE	Specific	FALSE	Measurable	FALSE	Achievable	TRUE	Relevant	FALSE	Timebound

Population(s) that will benefit from achievement of goal:

FALSE	Youth in Transition	FALSE	BIPOC (Black, Indigenous, People of Color)	FALSE	LGBTQ+ (Lesbian, Gay, Bisexual, Trans, Queer/Questioning plus)	TRUE	Developmental Disabilities

Please list all step you will take to achieve this goal:	The expected completion	Date the step was completed	
1 Review current therapy, intake, screening, and tools	2/28/2022	2/1/2022	
2 Research other tools needed and specific to goal	3/31/2022	2/1/2022	open to new tools that come out
3 Ask feedback from DD workgroup on best tool	4/18/2022	2/1/2022	
4 Choose most effective tools for what VBH does and for	5/16/2022	2/1/2022	
5 Train staff trained on tools	6/1/2022	2/1/2022	open to new tools that come out
6 Confirm that tools are being used at each site	6/17/2022	2/1/2022	open to new tools that come out
7			

Any additional notes or ideas regarding this goal:

FINAL | January 5, 2023

Salt Lake County Continuity of Operations Plan

Department of Human Services
Behavioral Health Services Division

SL SALT LAKE COUNTY

Table of Contents

Introduction

Plan Purpose

Continuity of operations planning allows for the continued performance of essential functions and ensures that essential services continue to be provided to the community whenever there is a disruption to normal operations. Disruptions to normal operations can occur as part of a larger disaster or crisis—such as an earthquake, cyber-security attack, wildfire, or pandemic—or as an event that only impacts the Department of Human Services, Behavioral Health Services Division such as a power outage, a problem with a supplier or vendor, or loss of internet access requiring that the department be able to implement the following continuity of operations plan as part of a county-wide response or independently from external support.

Plan Scope

The following information is necessary for the Department of Human Services, Behavioral Health Services Division to guide their response to disruptions in normal operations and their ability to perform essential functions and provide essential services to the community. Should the disruption to normal operations exceed what the organization can address, the department should request activation of its devolution organizations.

Concept of Operations

Activating the Continuity of Operations Plan

The goals of activating the Continuity of Operations plan are to:

- Notify all relevant stakeholders about the disruption so that they can begin their own planning and preparation to respond; and
- Assess the situation and develop an initial understanding about how the organization is impacted.

✔	Step Description		Assignment
☐	**Notify staff of an incident and gain accountability for team.** Notification can include as much information as is available at the start of the response. Accountability can include an assessment of a staff member's safety and their availability to support the organization's response efforts.		NAME of the POSITION RESPONSIBLE FOR THIS ACTIVITY (or DESIGNEE) Director
☐	**Assess the situation and determine the impact of the incident on the organization's operations.**		Director for all these items
		☐ Review the Organizational Leadership and Succession table and identify any gaps.	
		☐ Review the Organization's Functions table and confirm that the essential functions column reflects the department's priorities.	
		☐ Identify which essential functions are at risk of disruption as a result of the incident and identify the cause of the disruption (people, facilities, or resources).	
☐	**Notify Department of Human Services, Director (currently Karen Crompton) about the disruption and the impacts on the organization's essential functions.**		Director

Restoration of Essential Functions

The goals of the Restoration Phase of the Continuity of Operations response are to:

- Stabilize the situation by rapidly restoring any function that is down and maintain the continued performance of essential functions that are still online, even if it requires temporary solutions
- Identify and employ the resources needed to first restore the function, then stabilize the continued performance of the function, even if it means reallocating organizational personnel and resources
- Organize the response to ensure information is being received and communicated to all needed stakeholders about the status of functions and how to engage with services

✔	Step Description	Assignment
☐	**Assign a person to be responsible for the restoration and ongoing performance of all department essential functions.**	NAME of the POSITION RESPONSIBLE FOR THIS ACTIVITY (or DESIGNEE) Director
☐	**Notify the department of the disruption and the immediate actions being taken to restore essential functions.** **Provide direction to staff members supporting important and non-essential functions to prepare to shift focus and support essential functions**. View the **Communications Considerations Appendix**.	Director
☐	**Assess the disruption to each essential function.** ☐ Identify the people, facilities, and resources needed to ensure the continued performance of all department essential functions for the next 24, 48, and 72 hours. ☐ Inform department leaders of the resources required to ensure continued performance in the near-term.	Director for all these items
☐	**Communicate the changes in services provided to all external stakeholders** who may be affected by services not being offered or **give instructions about how to engage with services being offered in a non-traditional method.** See the **Communications table**.	Director
☐	**Establish a coordination structure for the department** to ensure the conditions, actions, and needs for the continued performance of each essential function are identified and communicated to department leadership.	Director

☐		**Assign a person to lead the planning for the resumption of all department functions** (the next section).	Director
☐		**Develop the plan to continue a continuity of operations response for an extended timeframe** if the source of the disruption is not anticipated to be addressed.	Director for all these items
	☐	Identify the people, resources, and facilities needed for a sustainable response.	
	☐	Develop training materials to allow for the rapid integration of temporary staff members into the performance of essential functions.	

Reconstitution of All Organization Functions

The goals of the Reconstitution Phase of a Continuity of Operations plan are to:

- Develop a plan for the methodical resumption of all organization functions, remembering that a return of all services can occur on a good day and doesn't have to be rushed

- Monitor the performance of all functions to ensure that the organization is able to maintain their continued performance, and prepare to return to a focus on essential functions if ongoing performance is not possible

- Assess the continuity of operations response and identify methods to improve performance in response to future disruptions

✔	Step Description	Assignment
☐	**Establish the priorities and objectives for the organization** in order to return to normal operations.	NAME of the POSITION RESPONSIBLE FOR THIS ACTIVITY (or DESIGNEE) Director
☐	**Develop a re-opening/return-to-work plan for the resumption of all organization functions and validate the approach with organizational leadership, operational leadership, and key stakeholders.** See the **Reconstitution Checklist Appendix.**	Director for all these items
	☐ The plan should include the process to assess organization facilities and resources for suitability and ability to maintain operations (e.g., building structural assessments, IT capability assessments, and supplier assessments).	
	☐ The plan should include a description of the conditions or circumstances that would prevent a full resumption of services and how the organization will return to a continuity of operations response.	
☐	**Develop and distribute messaging to all stakeholder groups about the restoration of all organization functions.**	Director
☐	**Evaluate the organization's response to the disruption**, **assess the plan**, and **make improvements to the plan** to account for lessons learned in future continuity of operations incidents. See the **After-Action Review Form.**	Director

Organization Leadership and Succession

Organization Leadership

Orders of succession ensure that leadership of the organization is maintained when key personnel are unavailable during an emergency.

Position	Primary Contact	Alternate Contact
Director	**Name: Tim Whalen** Title: Director Email Address: twhalen@slco.org Phone: 385-468-4727	**Name: Brian Currie** Title: Associate Director Email Address: bcurrie@slco.org Phone: 385-468-4711
	Responsibilities: Activate the COOP plana and communicate any directions.	
Associate Director	**Name: Brian Currie** Title: Associate Director Email Address: bcurrie@slco.org Phone: 385-468-4711	**Name: Jeannie Edens** Title: Associate Director Email Address: jedens@slco.org Phone: 385-468-4718
	Responsibilities: Communicate any directions.	
Associate Director	**Name: Jeannie Edens** Title: Associate Director Email Address: jedens@slco.org Phone: 385-468-4718	**Name: Zac Case** Title: Fiscal Manager Email Address: zcase@slco.org Phone: 385-468-4729
	Responsibilities: Communicate any directions.	

Fiscal Manager	**Name: Zac Case** Title: Fiscal Manager Email Address: zcase@slco.org Phone: 385-468-4729	**Name: Cory Westergard** Title: Health Information Systems Analyst Email Address: cwestergard@slco.org Phone: 385-468-4714
	Responsibilities: Communicate any directions.	
Health Information Systems Analyst	**Name: Cory Westergard** Title: Health Information Systems Analyst Email Address: cwestergard@slco.org Phone: 385-468-4714	**Name: Marjeen Nation** Title: Assistant Fiscal Manager Email Address: mnation@slco.org Phone: 385-468-4723
	Responsibilities: Communicate any directions.	
	Name Position Email Address Phone	**Name** Position Email Address Phone
	Responsibilities:	

Consider including an IT position in this table.

Organization Priorities

Mission

The Department of Human Services, Behavioral Health Services Division is responsible for the provision of behavioral health services (mental health and substance use disorder services) for low-income uninsured and underinsured non-Medicaid populations residing in Salt Lake County:

Organization Mission

We believe that behavioral health is an essential part of overall health and that together we can make a difference for those among us that suffer from the symptoms of mental health and substance use disorders. We know that prevention is effective, treatment works, and that individuals with a behavioral health condition can and do recover. Salt Lake County Behavioral Health Services works to ensure access to evidence-based treatment practices throughout the community and appropriate community-based services that provide support along the road to recovery and healing. The results of our efforts are improved outcomes for individuals and families, and a stronger and healthier community.
 	
Mental Health Outcome
      1. Individuals experiencing debilitating mental health conditions receive stabilizing and supportive services while remaining in their communities.
Substance Use Disorder Outcome
      2. Salt Lake County provides access to high quality programs and resources to assist individuals in their recovery from substance use disorders and to prevent costly incarceration.
Housing Outcome
      3. Salt Lake County supports stable and safe housing opportunities for individuals in behavioral health treatment, to allow them to recover in their communities.

Guidelines

Prioritizing organization activities during emergencies and disruptive events is necessary to allow the organization to ensure the Primary Essential Functions continue to be performed. An organization's activities, functions, and services can be categorized into three categories.

Function Category	Priority	Restoration Objective
Essential Functions The functions that allow the organization to preserve life, accomplish the organization's Primary Essential Functions, meet legal requirements, and ensure inclusion of the organization's values during an emergency.	High	Less than 24 hours
Important Functions	Medium	One day to one week

The functions that can be delayed for a short period of time until essential functions are restored.		
Non-Essential Functions The functions that can be delayed until the Essential and Important functions have been restored and the organization has the staff and resources to perform all functions.	Low	One week to one month

Organization Functions

Essential Functions	Important Functions	Non-Essential Functions
Communication	Managed Care/Authorizations	Contract Payments
Mental Health Appeals		Auditing
		RSS/Client Services

Essential Functions	Important Functions	Non-Essential Functions

These essential functions are legally mandated. Some legally mandated functions may be temporarily waived or delayed in the event of an emergency. The organization director should determine any delays to legally mandated functions and communicate those changes to [OVERSEEING BODY, IF APPLICABLE].

Essential Function & Service Leadership

The following staff members and their alternates are responsible for ensuring the continued performance of the organization's essential functions and services during a disruptive event.

Essential Functions	Primary Contact	Alternate Contact
Paste all essential functions here	Name Position Email Address Phone	Name Position Email Address Phone
Communication	**Tim Whalen** **Director** **twhalen@slco.org** **385-468-4727**	**Brian Currie** **Associate Director** **bcurrie@slco.org** **385-468-4711**
Mental Health Appeals	**Brian Currie** **Associate Director** **bcurrie@slco.org** **385-468-4711**	**Kelli Heaps** **Quality Assurance Manager** **Kheaps@slco.org** **385-468-4747**

Essential Functions	Primary Contact	Alternate Contact

Essential Functions	Primary Contact	Alternate Contact

Organization Resources

Essential Organization Facilities

The following locations have been identified as the primary and alternate locations where the essential function can be performed to ensure uninterrupted service or restoration within 24 hours during a disruptive event.

Essential Functions	Primary Location	Secondary Location	Tertiary Location
Paste all essential functions here	Building Name Building Street Address City, UT ZIP CODE	Building Name Building Street Address City, UT ZIP CODE	Remote
Communication	**2001 S State Street S2-300** **Salt Lake City, UT 84114-4575**	**Alternative locations identified by the County, i.e. Mountain America Expo Center (9575 S State Street, Sandy, UT 84070), Salt Palace Convention Center (100 S West Temple, Salt Lake City, UT 84101)**	**Remote**
Mental Health Appeals	**2001 S State Street S2-300** **Salt Lake City, UT 84114-4575**	**Alternative locations identified by the County, i.e. Mountain America Expo Center (9575 S State Street, Sandy, UT 84070), Salt Palace Convention Center (100 S West Temple, Salt Lake City, UT 84101)**	**Remote**

Essential Functions	Primary Location	Secondary Location	Tertiary Location

Essential Functions	Primary Location	Secondary Location	Tertiary Location

Essential Vital Records

Vital records are the documents and records that are necessary to carry out mission essential functions. Content, not media, determines their criticality. Vital records are records that, if damaged or destroyed, would disrupt operations and information flow, and, if destroyed, would pose a challenge to the organization's reconstitution to normal operations.

Essential Functions	Essential Vital Record	Storage Locations	IT Considerations
Paste all essential functions here	Record Name	- Digital? Where are these stored and who maintains them? - Hardcopy? Where are they stored? - Backups? Are these backups off-site?	- SOFTWARE - Access - Back up platforms
Communication	**E-mail** **SMS Text** **WebEx** **IM** **COOP Plan** **Calling Tree** **UWITS Announcement feature**	Digital County backup SharePoint	Need access to email system Internet access if at County owned facility Access to network drives/SharePoint VPN/Remote Desktop access
Mental Health Appeals	**E-mail (encrypted)** **Word documents** **Mail** **Fax** **UWITS (Medical Record)** **Network drive access**	Digital County backup Individual offices/file room	Need access to email system and encryption system (internal & external) Internet access if at County owned facility Access to network drives/SharePoint VPN/Remote Desktop access

Essential Functions	Essential Vital Record	Storage Locations	IT Considerations

Essential Functions	Essential Vital Record	Storage Locations	IT Considerations

Essential Technology Platforms

Critical technology platforms and software services that allow for the continued performance of essential functions.

The organization has a data center located at <mark>County IT location</mark> and maintained by Salt Lake County IT. There are backups located at <mark>_____</mark>.

<div align="center">OR</div>

The organization does not have a data center (insert N/A above).

Essential Functions	Platform and Criticality	Responsibility
Paste all essential functions here	What SOFTWARE is required for this essential function? How important is it? For instance: Adobe Illustrator	IT/Internal Department or Third-Party Vendor (State or Company)
Communication	WebEx SharePoint Microsoft 365	County IT
Mental Health Appeals	Microsoft 365 Cisco Ironport or other County alternative system	County IT

Essential Functions	Platform and Criticality	Responsibility

Essential Supplies and Equipment

Essential supplies and equipment are the items that are required to perform essential functions. These items can include the perishable or non-perishable items necessary to perform the work.

Essential Functions	Required Supplies	IT Considerations
Paste all essential functions here	• Laptops, desktops, and phones • Radios • Vehicles • Office supplies • PPE	• SOFTWARE • Access • Back up platforms
Communication	Cell phone (work issued) Laptop Satellite Phone?	
Mental Health Appeals	Laptop Fax machine Mail service Postage Cell phones Paper Pens/pencils	

Essential Functions	Required Supplies	IT Considerations

Organization Devolution

In situations when the department is unable to ensure the continued performance of essential functions or continue to provide essential services, the department should transfer authority and responsibility from the organization's primary staff, facilities, and resources to another organization.

Devolution Agency	Devolution Contact
Agency Name Street Address City, State Zip Code	Name Title Email Address Phone
Optum Salt Lake County 12921 South Vista Station Blvd Draper, UT 84020	Tracy Luoma Executive Director Tracy.luoma@optum.com 801-982-3018
Utah Department of Human Services Office of Substance Abuse and Mental Health 195 N 1950 W Salt Lake City, UT 84116	Brent Kelsey Director bkelsey@utah.gov 801-540-5242
It should be noted that behavioral health services are statutorily required by the State and County Council is the behavioral health Local Authority. **The Department of Human Services would coordinate with the council for a substitute/replacement.**	

Communications

Consider communicating with the following groups when activating the Continuity of Operations Plan:

Audience	Information Needs	Means of Communication
Internal employees	When to come to work or where to work from	- Group text - Email - Website - Other
Provider Network (including Optum)	How to contact us News from Mayor's office How they will be paid Authorization flexibility Feedback on what their agency needs	E-mail Phone calls Text WebEx Mail Fax
Stakeholders (State, courts, housing, jail, CJAC, advisory council, USARA, NAMI, etc.)	Plan of action Timeframes Locations Contact Information	E-mail Phone calls Text WebEx Mail Fax
County leadership	Plan of action What going in network/stakeholders, etc.	E-mail Phone calls Text WebEx Mail Fax
Clients	Plan of action Timeframes Locations Contact Information	Phone Sign on door E-mail
FEI	Security breaches	Phone E-mail Text Mail
General public	Plan of action	Sign on door Phone Voicemail Website

Assigning a Continuity Team

In preparation of potential continuity events, Continuity Team members are responsible for attending continuity meetings as scheduled, reviewing, and updating their organization's personnel, developing an ongoing process for reviewing and updating the plan, scheduling and participating in continuity training and exercises, and developing a plan and methodology for off-site storage of data to include vital records and databases.

During a continuity event, members of the Continuity Team are responsible for executing the necessary procedures and responsibilities for re-establishing and recovering the operations of the organization's essential functions.

Team Member	Role Responsibility
Name: Nancy Kessel Title: Contract Compliance Auditor Email Address: nkessel@slco.org Phone: 385-468-4748	Attends meetings, reviews and updates the plan, participates in trainings/meetings, etc. Scheduling and conducting training/meetings.
Name: Marjeen Nation Title: Assistant Fiscal Manager Email Address: mnation@slco.org Phone: 385-468-4723	Attends meetings, assists with reviewing and updating plan, participates in trainings/meetings, etc. Assists with scheduling and conducting training/meetings.
Name: Zac Case Title: Fiscal Manager Email Address: zcase@slco.org Phone: 385-468-4729	Attends meetings, reviews and updating plan, participates in trainings, etc.
Name: Cory Westergard Title: Health Information Systems Manager Email Address: cwestergard@slco.org Phone: 385-468-4714	Attends meetings, reviews and updating plan, participates in trainings, etc.

Appendix A: Communications Considerations

During a disaster or continuity event, the organization's employees may be working outside their area of expertise, in the Emergency Coordination Center (ECC), or with people they do not know well. The chaotic environment makes accurate and timely communication with key stakeholders even more important. This annex guides you through writing a briefing during a crisis.

Keys to Communicating in a Crisis

- Remember that everyone is experiencing this crisis with you
- Communicate continuously and clearly
- Provide instructions in writing so people can review anything missed that was presented verbally
- Do not make yourself a bottleneck in the decision-making process; identify bottlenecks on your team and work to distribute responsibilities to avoid delays in communication
- Provide a focus for your team on what you *do* know and what you *can* do
- Be empathetic and compassionate, not focused on your own feelings
- Be transparent and avoid minimizing problems and emotions
- Check in regularly, but be ready to adjust your communications to meet the needs of your team

Initial Communications Tasks During a Crisis

When communicating with your team and department, remember to include the following details:

✔	Task
☐	**What is the situation**? Describe it in one or two sentences.
☐	**What do we know and what are we still learning**? Be clear about ambiguity that still exists.
☐	**What are your priorities**? Emphasize three to four team priorities, not a laundry list.
☐	**What has not changed**? Make it clear what functions the organization is still responsible for.
☐	**What actions are you taking**?
☐	**What resources are available to your teams**? Where can they find them and how soon will they be available? If managers are also receiving the memo, include resources about supporting their teams.
☐	**What can your teams do**? Be explicit about next steps. If none exist, make that clear. Future memos may include sources of information and places to donate, but because this takes time to research, it does not need to be part of the initial memo. Remember, better not to include true information than to accidentally send out misinformation.
☐	**Where can your team ask questions**? If there is a point person, highlight them and provide their contact information. If team members should *not* contact you with questions, make that clear.
☐	**Where can people find updates**? How often will they be posted? This is where you can point people towards your physical or virtual location for discussions and questions.
☐	**What is the anticipated timeline for this event**?
☐	**Closing words**. Emphasize the training and support in place that will help your team overcome this current challenge and conclude with a more optimistic sentiment.

Appendix B: After-Action Review Form

Following deactivation of the Continuity of Operations plan and a return to normal operations, it is important to identify what worked well and areas for improvement in preparing for and responding to disruptions to the department's operations.

Expected Action	Completed (Yes/No)	Strengths	Opportunities
Continuity impacts were assessed and communicated to organizational leadership in a timely and effective manner.			
Decisions about the organization's response to the continuity events, actions, and other pertinent information were reported to impacted employees.			
Impacts to organizational operations were efficiently and effectively addressed within each division.			
The Continuity of Operations plan supported decisions about which functions to maintain, which functions to stop performing, and the people, facilities and resources required to ensure their continued performance.			
Any lasting crisis impacts in my division have been documented and communicated, and a plan is in place to resolve those impacts.			
Employees within the organization were supported and updated throughout the response.			

Appendix C: Reconstitution Planning and Considerations Checklist

A reconstitution plan, also called a return to work or reopening plan, outlines the schedule and steps an organization can take to resume normal department operations. It is often the final step of responding to a disruption to operations.

While a Continuity of Operations Plan is often activated when problems are occurring, the return to work can be a thoughtful and orderly process. As a result, it is often preferable to assign department leaders to develop flexible plans at the earliest possible moments of a continuity of operations event.

The following considerations and checklists do not address every possible question and activity that should be taken as part of the reconstitution planning process, but they can serve as a guide when developing plans to address the specific needs of the incident, disaster, or disruption.

✔	Planning and Communication Related Considerations
☐	Identify the stakeholders who will influence the development of the reconstitution plan and gain input from those groups about what needs to be included in the plan. Groups may include: • **Department leadership**: Identify the intent, objectives, and considerations to be included in the plan, as well as any policies that need to be developed or revised prior to reconstitution • **Department staff**: Identify the questions, concerns, and potential accommodations staff members will want addressed prior to reconstitution • **Community members, clients, and customers**: Identify service recovery needs and impacts on community interactions with the department
☐	Develop a reconstitution plan that includes: • A **phased schedule** that allows for changes to the plan initiation date and duration of each phase of the plan • **Objectives** that provide clear feedback about how well reconstitution is progressing and allow for adjustments to the planned approach • **Contingency plans** to stop the reconstitution and return the organization to alternative methods of performing department functions if necessary
☐	Receive plan approval and begin reconstituting department operations by: • Briefing department leadership, County leadership, and key stakeholders on the reconstitution plan • Establishing a date to initiate the plan and begin reconstituting department operations • Updating County leadership on the status of the reconstitution and providing notice when it is complete
☐	Communicate with stakeholders regarding the reconstitution plan. • **For staff**: Deliver a return-to-work announcement and conduct a "return to the office" briefing

✔	**Planning and Communication Related Considerations**
	• **For community members**: Announce changes in services provided and how to engage with the department

✔	**Facility Related Considerations**
☐	Ensure the primary facility/location is safe and habitable by: • Coordinating with the primary location's **building owner**, vendors, maintenance support, and cleaning personnel regarding the department's return • Ensuring the building is **structurally sound**, identifying any construction needs to ensure the safety of employees, and developing cost estimates • Ensuring the facility has **functioning infrastructure**, including electricity, water, information technology, heating, and air conditioning • Ensuring the facility has appropriate **security measures** in place for a safe return of employees
☐	Ensure the primary facility/location is prepared for the return of department employees by: • Identifying workspaces for all employees, including those who joined the organization after the disruption • Ensuring the facility has adequate parking, or developing a parking plan, for all employees returning to the office • Developing and placing signage in the facility to support the effective reconstitution of department operations
☐	Return any temporary facilities to the building owner. • Coordinate with the temporary facility's building owner regarding the schedule and transition requirements • Conduct a walk-through of the facility to ensure it is being returned in its original condition

Appendix D: Vendor Management Checklist

Consider adding vendors responsible for supplying your department with equipment, supplies, or resources required to complete your essential functions.

Essential Function	Vendor	Description
Paste all essential functions here	Name of Vendor Street Address City, State Zip Code Email Address Phone	Description of services vendor provides

Essential Function	Vendor	Description

Appendix E: Legal Authorization

The functions identified as legally required in the Essential Functions table are derived from the following statutes and authorities:

- [TO BE COMPLETED BY AGENCY/DEPARTMENT]