

WHEREAS Men’s Health Month began in 1994 with the Congressional Passage of Men’s Health Week by Senator Bob Dole and Congressman Bill Richardson and was signed by President Bill Clinton and became Public Law 103-264 on May 31, 1994; and

WHEREAS Men’s Health Month is part of an ongoing international effort to educate men, boys, and their families about receiving regular disease prevention screenings and living healthier lifestyles; and

WHEREAS Nationwide, life expectancy for men averages five years fewer than that of women, with men experiencing higher rates of health problems such as diabetes, obesity, cancer, heart disease, and premature mortality; and

WHEREAS The COVID-19 pandemic has had a devastating impact on men’s health in the United States, dropping men’s average life expectancy by two years; and

WHEREAS Men’s Health Month is a time for the public to recognize the mental and physical health needs of men and boys while encouraging fathers to be role models for their children through preventative health screenings, healthy living and seeking needed health; and

WHEREAS The growing epidemic of suicide and substance abuse requires special effort to raise awareness of unrecognized and undiagnosed depression and mental stress in men and boys; and

WHEREAS Salt Lake County and our Health Department are dedicated to the wellbeing, physical and mental health of all our residents.

NOW, THEREFORE, Salt Lake County does hereby proclaim June Men’s Health Month.