

TO: Michelle Hicks, Mayor's Administration
FROM: Kelli Heaps, Behavioral Health Services
DATE: March 2, 2020
RE: BHSAC – Council Member Reappointment Request

Michelle –

The Behavioral Health Services Advisory Council (BHSAC) is seeking reappointment for current council member, Dr. James Ashworth. Dr. Ashworth's first 2-year term will expire on March 12, 2020 and he is currently eligible for two additional 2-year terms. A motion was made during the last BHSAC meeting held February 5, 2020 to submit this request to the Mayor and County Council for review and consideration for reappointment. The BHSAC members voted unanimously in support of the motion to request reappoint for Dr. Ashworth for a second 2-year term.

Below is the requested information from your Board Appointment Procedure Memo dated January 10, 2020.

- 1. Has this board request been approved through leadership such as Department/Division Director and/or the Board you manage?**
 - a. Yes. The BHSAC members voted in unanimous support of the motion to submit this request to reappoint Dr. Ashworth. In addition, Tim Whalen, Behavioral Health Services Division Director, has approved this reappointment request.

- 2. Board members and diversity data**
 - a. The current BHSAC member roster is attached.

- 3. Reappointment request**
 - a. What appointment are they on? (2nd, 3rd)
 - i. Dr. Ashworth is currently serving his first appointed 2-year term. This is a request to reappoint Dr. Ashworth for a second 2-year term.
 - b. Term limits
 - i. Dr. Ashworth is currently serving his first 2-year term and is eligible to renew two additional 2-year terms. Maximum of three full consecutive terms, or a total of six years.
 - c. Term dates
 - i. Seeking reappointment with a 2-year term.
 1. Term Dates: 4/1/2020 – 3/31/2022.
 - d. Attach resume/application
 - i. Dr. Ashworth's reappointment application and Curriculum Vitae are attached.

If you have any questions, please contact me at 385-468-4747.

Sincerely,



Kelli Heaps
Division of Behavioral Health Services
2001 S. State Street, S2-300
Salt Lake City, Utah 84114-4575
385-468-4747

SLCo Behavioral Health Services Advisory Council (BHSAC) Term Dates

Last Updated: 3/1/2020

Council Chair		Patrick Fleming				
Council Vice-Chair		Dan Braun				
	Name	BHSAC Title	Location / District	Term Start Date	Term End Date	Options / Comments
1	Patrick Fleming	Chair	SLCo Council District 4	1/1/2017 1/14/2020	12/31/2019 12/31/2022	3-year Term - served first three-year term and is now serving final term for <u>three</u> years. Maximum of <u>two</u> terms totaling <u>six</u> years.
2	Dan Braun	Vice Chair	SLCo Council District 6	1/1/2017 1/14/2020	12/31/2019 12/31/2022	3-year Term - served first three-year term and is now serving final term for <u>three</u> years. Maximum of <u>two</u> terms totaling <u>six</u> years.
3	Matthew Dumont	Member	SLCo Council District 5	2/1/2018 2/1/2019	1/31/2019 1/31/2022	3-year Term - served first one-year term and is currently serving a second term for <u>three</u> years. Will have the option to renew <u>one</u> final term for <u>two</u> years. Maximum of <u>three</u> terms totaling <u>six</u> years.
4	Mary Bennett	Member	SLCo Council District 4	2/1/2018 2/1/2019	1/31/2019 1/31/2022	3-year Term - served first one-year term and is currently serving a second term for <u>three</u> years. Will have the option to renew <u>one</u> final term for <u>two</u> years. Maximum of <u>three</u> terms totaling <u>six</u> years.
5	Sheila Young	Member	SLCo Council District 6	5/1/2018 5/1/2019	4/30/2019 4/30/2022	3-year Term - served first one-year term and is currently serving a second term for <u>three</u> years. Will have the option to renew <u>one</u> final term for <u>two</u> years. Maximum of <u>three</u> terms totaling <u>six</u> years.
6	James Ashworth	Member	SLCo Council District 4	3/13/2018	3/12/2020	2-year Term - currently serving first two-year term. Will have the option to renew <u>two</u> additional terms for <u>two</u> years. Maximum of <u>three</u> terms totaling <u>six</u> years.
7	Scott Whittle	Member	SLCo Council District 4	10/1/2016 10/1/2017	9/30/2017 9/30/2020	3-year Term - served first one-year term and is currently serving a second term for <u>three</u> years. Will have the option to renew <u>one</u> final term for <u>two</u> years. Maximum of <u>three</u> terms totaling <u>six</u> years.
8	Susan Pizitz	Member	SLCo Council District 6	1/1/2017 1/23/2018	12/31/2017 12/31/2020	3-year Term - served first one-year term and is currently serving a second term for <u>three</u> years. Will have the option to renew <u>one</u> final term for <u>two</u> years. Maximum of <u>three</u> terms totaling <u>six</u> years.
9	Rob Wesemann	Member	SLCo Council District 6	2/1/2018	1/31/2021	3-year Term - currently serving first three-year term. Will have the option to renew <u>one</u> final term for <u>three</u> years. Maximum of <u>two</u> terms totaling <u>six</u> years.
10	Kele Griffone	Member	SLCo Council District 3	4/1/2016 4/1/2018	3/31/2018 3/31/2021	3-year Term - served first two-year term and is currently serving a second term for <u>three</u> years. Will have the option to renew <u>one</u> final term for <u>one</u> year. Maximum of <u>three</u> terms totaling <u>six</u> years.
11	Martell Teasley	Member	SLCo Council District 4	12/1/2018	11/30/2021	3-year Term - currently serving first three-year term. Will have the option to renew <u>one</u> final term for <u>three</u> years. Maximum of <u>two</u> terms totaling <u>six</u> years.
12	Evan Done	Member	SLCo Council District 1	12/1/2018	11/30/2020	2-year Term - currently serving first two-year term. Will have the option to renew <u>two</u> additional terms for <u>two</u> years. Maximum of <u>three</u> terms totaling <u>six</u> years.
13	Julie Ewing	Member	SLCo Council District 4	8/1/2019	7/31/2022	3-year Term - currently serving first three-year term. Will have the option to renew <u>one</u> final term for <u>three</u> years. Maximum of <u>two</u> terms totaling <u>six</u> years.
14	Natalie Pinkney	Member	SLCo Council District 1	8/1/2019	7/31/2021	2-year Term - currently serving first two-year term. Will have the option to renew <u>two</u> additional terms for <u>two</u> years. Maximum of <u>three</u> terms totaling <u>six</u> years.
15	Amy de la Garza	Member	SLCo Council District 4	10/1/2019	9/30/2022	3-year Term - currently serving first three-year term. Will have the option to renew <u>one</u> final term for <u>three</u> years. Maximum of <u>two</u> terms totaling <u>six</u> years.
	County Council Designee (non voting) Ann Granato	County Council Member - District 4				
	County Council Designee (non voting) Aimee Winder Newton	County Council Member - District 3				

BHSAC Terms - A BHSAC member may not serve more than three (3) full consecutive terms, or a total of six (6) years. A 2-year initial term is standard; however, initial terms may vary to provide staggered expiration dates. Terms that expire during re-bids or other critical events shall have their terms automatically extended to the conclusion of that special event. Council members may resign at any time and vacancies may be filled for the remainder of the unexpired term by appointment of the Division/Mayor's Office through a specified selection process.

- **1-Year Term** - 1-year terms are not typical but done on occasion to stagger term dates. After first year, council members will have the option of renewing two additional terms totaling five years (one two-year term and one three-year term). Maximum of three terms totaling six years.
- **2-Year Term** - After initial 2-year term, council members will have the option of renewing two additional two year terms. Maximum of three terms totaling six years.
- **3-Year Term** - After initial 3-year term, council members will have the option of renewing one additional three year term. Maximum of two terms totaling six years.



Board Member Reappointment Form

All candidates for reappointment must complete this top section. By signing this form (electronically or by hand), you are confirming your willingness to continue serving on the identified board if reappointed.

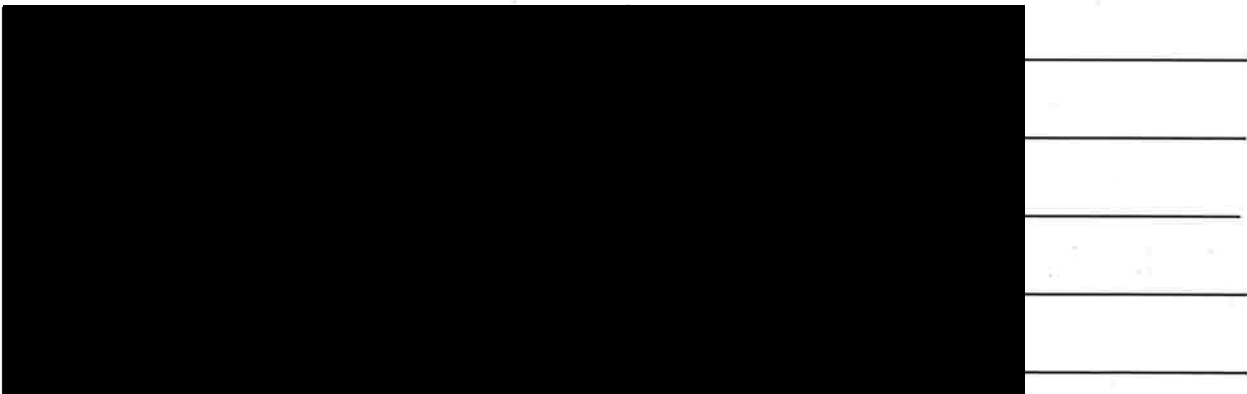
Name (printed or typed): JAMES C. ASHWORTH MD Date: 1/30/2020

Signature: James C Ashworth MD

Board: BEHAVIORAL HEALTH SERVICES ADVISORY COUNCIL MEETING

If your contact information has changed since you submitted your original application, please include the updated information here. If nothing has changed, please leave this section blank.

Preferred Pronouns: HE / HIM / HIS example: "He/Him/His"



Salt Lake County Council District #: 4

Please provide the County District related to your residential address. To determine which district you live in, go to http://slco.org/council/district-map, click "Interactive Map", and enter your address in the Search bar.

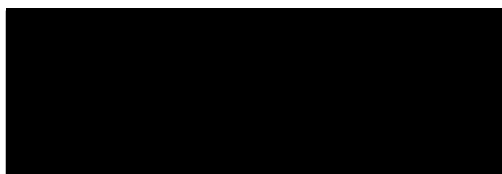
This section should be filled out by the Board Coordinator

This is a 2 year term. The new term would begin 4-1-2020 and end 3-31-2022

Comments: Dr. Ashworth served his first 2-year term and is eligible to renew two additional 2-year terms.

Curriculum Vitae

Last Updated: 01/16/2015



EDUCATION

<u>Years</u>	<u>Degree</u>	<u>Institution (Area of Study)</u>
1993 - 1995	Fellow	University of Utah (Child and Adolescent Psychiatry) Salt Lake City, UT
1990 - 1993	Resident	Wilford Hall Medical Center (Psychiatry) San Antonio, TX
1989 - 1990	Intern	Wilford Hall Medical Center (Psychiatry) San Antonio, TX
1985 - 1989	M.D.	University of Utah (Medicine) Salt Lake City, UT
1978 - 1984	B.A.	University of Utah (Psychology) Salt Lake City, UT

BOARD CERTIFICATIONS

11/11/2000 - 12/31/2022	American Board of Psychiatry & Neurology (Child & Adolescent Psychiatry), Certified
04/30/1995 - 02/28/2025	American Board of Psychiatry & Neurology (Psychiatry), Certified

UNIVERSITY OF UTAH ACADEMIC HISTORY

Psychiatry (Child Psychiatry), 02/01/2000 - Present

02/01/2000	Assistant Professor (Clinical)
07/01/2014	Associate Professor (Clinical)

PROFESSIONAL EXPERIENCE

Full-Time Positions

2014 - Present	Associate Professor (Clinical), University of Utah Department of Psychiatry, Salt Lake City, UT
2013 - Present	Associate Chair, Clinical Services, University of Utah Department of Psychiatry, Salt Lake City, UT
2013 - Present	Medical Director, University of Utah Neuropsychiatric Institute, University of Utah, Salt Lake City, UT
2003 - 2004	Youth Services Director, University of Utah Neuropsychiatric Institute, Salt Lake City, UT Responsibilities: Administrator over all youth programs at the University of Utah Neuropsychiatric Institute, to include hiring and retaining non-MD/PhD clinical staff

- 2003 - 2013 Division Chief, University of Utah, Division of Child and Adolescent Psychiatry, Salt Lake City, UT
Responsibilities: Provide clinical and academic leadership for currently 24 members of the Division of Child and Adolescent Psychiatry. This includes hiring and retaining excellent MD's and PhD's for our clinical mission, retaining these providers and developing new and innovative ways to deliver children's mental health services
- 2000 - 2014 Assistant Professor (Clinical), University of Utah Department of Psychiatry, Salt Lake City, UT
Responsibilities: Attending Physician for PGY-IV child psychiatry inpatient rotations, and MSIII clerkship for inpatient psychiatry. Directs monthly resident literature seminar.
- 1999 - 2003 Medical Director, Youth Services, University of Utah Neuropsychiatric Institute, Salt Lake City, UT
Responsibilities: Ultimate medical responsibility for 28 inpatient child and adolescent psychiatry beds and an adolescent and latency day treatment programs. Administrates over three psychiatrists and coordinates care with psychology and social work services.
- 1997 - 1999 Medical Director, Partial Hospitalization Program WHMC, San Antonio, TX
Responsibilities: Was responsible for the evaluation, diagnosis, and treatment provided to up to 12 adult patients with Substance Abuse problems in a level I, daily, outpatient setting. Provided clinical leadership to a staff of 5 professionals and 6 mental health technicians. Supervised PGY II psychiatry residents that rotate on this service.
- 1997 - 1999 Chief, Child and Adolescent Psychiatry Service, Wilford Hall Medical Center (WHMC), San Antonio, TX
Responsibilities: Responsible for the evaluation, diagnosis and treatment of Department of Defense dependents. Staffed hospital inpatient consultations to psychiatry for children and adolescents. Was responsible for training psychiatry residents in Child and Adolescent Psychiatry which included 2 annual lecture series totaling 19 hours to both PGY II and PGY III residents of the Joint WHMC and University of Texas Health Sciences Center at San Antonio general Psychiatry Residency Program. Volunteered on monthly outreach flights to Dyess AFB in Abilene TX, to help provide access to child psychiatric services in an underserved population.
- 1995 - 1997 Chief, Mental Health Services, Kirtland Air Force Base, Kirtland, New Mexico
Responsibilities: Served as the primary psychiatric consultant to all other base medical providers, as well as the medical group and base command personnel. Ultimately responsible for the mental health care provided to over 5000 active duty members. Supported the national security mission of the Air Force by ensuring that fitness for duty of individuals in highly sensitive and secure positions. Directed the Family Advocacy program, the Substance Abuse and Control program, and the Mental Health Clinic. Expertly managed resources and implemented procedure changes that resulted in savings to the base hospital of \$10,000 per inpatient psychiatric admission. Managed a staff of 14 including active duty, civil service, and government contract employees. Disciplines represented included psychiatry, psychology, social work, nursing, and administrative staff. Expanded outpatient psychiatric care to base personnel, implemented depression, anxiety and anger management groups.

SCHOLASTIC HONORS

2014 - Present	Department of Psychiatry 2014 Leadership Award
2010 - Present	Awarded Department of Psychiatry Leadership Award
2009 - Present	Awarded the Child Psychiatry Residents' Teaching Award 2009
2002	Nominated for the Clinical Faculty Teaching Award, by the Medical Student class of 2002
2000	Air Force Commendation Medal, 1st Oak Leaf Cluster
1997	Air Force Commendation Medal
1992	Air Force Outstanding Unit Award

ADMINISTRATIVE EXPERIENCE

Administrative Duties

2015 - Present	Selected as Department of Psychiatry Chief Value Officer. Participate in meetings focusing on quality and value for both inpatient and outpatient services across the institution
2013 - 2015	Appointed member of the Chief Medical Officer Committee, a weekly meeting run by the University of Utah CMO whose membership includes full time medical directors at the institution.
2013 - Present	Selected as Medical Director of the University of Utah Neuropsychiatric Institute and as an Assistant Vice Chair of Clinical Services for the Department of Psychiatry.
2013 - Present	Appointed member of the Telemedicine Steering Committee for the newly formed Department of Telemedicine at the University of Utah.
2004 - 2006	Chair, Utah State Board of Substance Abuse and Mental Health, Gubernatorial appointee to new board created from old Boards of Mental Health and Substance Abuse.
2003 - 2013	Division Chief, Child and Adolescent Psychiatry: Over the course of my tenure as Division Chief, the Child Division has more than tripled in size with increased academic recognition through several of its members at the regional and national levels. At the same time clinical services have been significantly expanded while maintaining a high level of quality and patient satisfaction.
2002 - 2004	Vice Chairman, Utah State Board of Substance Abuse and Mental Health. Gubernatorial Appointee to this advisory board, the duties include the following: Advise the Governor on policies and procedures in the State Mental Health System. Determine and Divide the state monies amongst the different Utah Community Mental Health Centers.
2002 - 2008	Gubernatorial appointee to the State Board of Substance Abuse and Mental Health which served as an advisory board to the governor with regard to substance abuse and mental health issues in the state.
2001 - 2004	President of the Intermountain Academy of Child & Adolescent Psychiatry (Local organization of the American Academy of Child & Adolescent Psychiatry)
2000 - 2002	Gubernatorial appointee to the State Board of Mental Health which served as an advisory board to the governor with regard to mental health issues in the state.

PROFESSIONAL COMMUNITY ACTIVITIES

2016 - Present	Presenter, Optum, Inc., Overview of Diagnostic Issues in Children and Adolescents
2000 - 2010	Member, Utah State Board of Mental Health, Gubernatorial appointee to board which served as an advisory board to Governor.
2000 - 2003	Medical Director, Critical Issues Facing Children & Adolescents Conference
1995 - 1999	Member, United States Air Force, Active Duty
1993 - 1995	Member, United States Air Force, Inactive Reserve Status
1989 - 1993	Member, United States Air Force, Active Duty during internship and residency
1984 - 1989	Member, United States Air Force, Health Professions Scholarship Program

CURRENT MEMBERSHIPS IN PROFESSIONAL SOCIETIES

American Academy of Child and Adolescent Psychiatry
 American Psychiatric Association
 Intermountain Academy of Child and Adolescent Psychiatry
 Utah Medical Association

TEACHING RESPONSIBILITIES/ASSIGNMENTS

Course and Curriculum Development

1999 Child & Adolescent Psycho-Pharmacology course for Child Psychiatry and Triple Board Residents

Course Lectures

2012 Instructor, Sexuality, : MS2015 B+B - Sexuality
 2012 Instructor, Sexuality, : MS2015 B+B - Sexuality
 2012 Instructor, Gender Identity, : MS2015 B+B - Gender Identity
 2012 Instructor, Gender Identity, : MS2015 B+B - Gender Identity
 2011 Instructor, Gender and Sexual Identity, : MS2014 B+B - Gender and Sexual Identity
 2011 Instructor, Human Sexuality , : MS2014 B+B - Human Sexuality
 2011 - Present Instructor, Brain and Behavior Course, University of Utah, MSII Education, W8D5 presentation 13 on Human Sexuality and Gender Identity Disorder. Overall quality of instruction rated at 4.36.
 2008 Instructor, PSYCT 6000: Mood Disorders & Suicide, Psychiatry, PSYCT 6000: Psychiatry 6000 - Mood Disorders & Suicide
 2007 Instructor, PSYCT 6000: Mood Disorders & Suicide, Psychiatry, PSYCT 6000: Psychiatry 6000 - Mood Disorders & Suicide
 2007 Instructor, PSYCT 6000: Adult Development, Psychiatry, PSYCT 6000: Psychiatry 6000 - Adult Development
 2006 Instructor, PSYCT 6000: Mood Disorders and Suicide, Psychiatry, PSYCT 6000: Psychiatry - 1 - Mood Disorders and Suicide
 2006 Instructor, PSYCT 6000: Adult development, Psychiatry, PSYCT 6000: Psychiatry - 1 - Adult development
 2005 Instructor, PSYCT 6000-1: Social Behavior: Culture and Illness / Human Sexuality, Psychiatry, PSYCT 6000: Psychiatry 6000 - Social Behavior: Culture and Illness / Human Sexuality

- 2005 Instructor, PSYCT 6000-1: Mood Dysregulation and suicide, Psychiatry, PSYCT 6000: Psychiatry 6000 - Mood Dysregulation and suicide
- 1999 - 2003 Instructor, Child & Adolescent Psycho-Pharmacology, Monthly course for Child Psychiatry and Triple Board Residents. Approximately ten students per session.

Clinical Teaching

- 1999 - 2003 First Department of Psychiatry faculty member to begin to train medical students on the Child and Adolescent inpatient unit. This consisted of 2 third year medical students for each six-week block through out the year.

Trainee Supervision

Resident

- 2016 - Present Supervisor, University of Utah, Supervise (5) 3rd year psychiatry residents who are placed in outpatient primary care clinics
- 2015 - Present Supervisor, University of Utah, Supervise (3) 3rd year residents in f Telepsychiatry Clinic. Residents work with patients in Moab Utah and Utah State Prison.

MD, PhD

- 2010 - Present Supervisor, Senior Child Psychiatry and Triple Board residents, University of Utah, Telepsychiatry for patients in rural areas.

Medical Student

- 1999 - Present Supervisor, Have provided several fourth year medical students the opportunity to perform sub-internships, often these students are from out of state.

Didactic Lectures

- 1999 - 2003 SOM: Responsible for lecture to third year medical students every six months on ADHD, PTSD, and substance abuse. Each class has about 12 students.

PEER-REVIEWED JOURNAL ARTICLES

1. Bilder D, Burton, BK, Coon H, Leviton L, **Ashworth J**, Lundy BD, Vespa H, Bakian A, Longo N (2013). Psychiatric Symptoms in Adults with Phenylketonuria. *Molecular Genetics and Metabolism. Mol Genet Metab*, 108(3), 155-60.
2. Bohnsack JF, Mollison KW, Buko AM, **Ashworth JC**, Hill HR (1991). Group B streptococci inactivate complement component C5a by enzymic cleavage at the C-terminus. *Biochem J*, 273 (Pt 3), 635-40.

BOOK CHAPTERS

1. McMahon WM, Filloux FM, **Ashworth JC**, Jensen J (2002). Movement Disorders in Children and Adolescents. In *Neurologic Clinics of North America*.

POSTER PRESENTATIONS

- 2012 Kleinschmit KK, **Ashworth JC**, Kendrick J, Weir RA. *GATE Utah: Giving Access to Everyone - A Web-Based Consultation System*. Poster session presented at American Academy of Child and Adolescent Psychiatry Annual meeting October 2012, San Francisco, CA.

ORAL PRESENTATIONS

Meeting Presentations

Local/Regional

- 2012 Presented on two innovated programs developed by Division members to address problems in current health care delivery system at the Health Care Reform Symposium sponsored by Dr. Vivian Lee, MD. Title of presentation was **CAT and GATE, Responding and Adapting to Health Care Reform**
- 2008 Presented on **The Challenges of Treating Mental Illness in the Developmentally Disabled Population** at the 22nd Annual Biological Basis of Pediatric Practice Symposium hosted by the University of Utah Department of Pediatrics
- 2003 Lectured at the 7th Annual Western Regional Student Assistance Conference. Lecture topic "Up-date on Child Pharmacology".

OTHER SCHOLARLY ACTIVITIES

Additional Research/Scholarship Contributions

- 2013 First physician to participate in the Performance Excellence Facilitators training at the University of Utah. This training involved the learning of principles of quality improvement as drawn from LEAN, 6 Sigma, and other quality initiatives, and then developing our own quality improvement project. I led the development of a project looking at the length of time it took physicians to return phone calls from our central admission center in an attempt to increase the speed with which patients could successfully be admitted to our inpatient services.
- 2010 - Present Co-created GATE (Giving Access to Everyone) a web-based consultation system to provide rapid consultation to primary care providers for their patients with serious mental health issues. Unique features of this program include access to a web-based questionnaire filled out by the patient and/or parents in a de-identified manner. This allows a telephone consultation between the psychiatrist and primary care provider that includes input from the patient. This program was beta tested for over a year with several freestanding clinics with resultant surveys that show high patient and provider satisfaction with the program. Our webpage can be viewed at www.gateUtah.org. I believe we have developed a unique way of providing clinical service as well as a way to leverage our expertise into the primary care setting.
- 2008 **Leadership Development for Physician Executives:** This was an intensive course spread out over several weeks focusing on providing information and skills to Physician Leaders. This course was developed and taught by faculty from the University of Utah's own David Eccles School of Business Executive Education Program.
- 2005 - Present Involved in the development of a white paper on *Current and Emerging Issues in Public Substance Abuse and Mental Health* which can be viewed at http://www.dsamh.utah.gov/docs/current_emerging_issues.pdf
- 2004 Attended the **Advanced Training Program in Health Care Delivery Improvement-Accelerated Version**, conducted by Brent James, MD through Intermountain Health Care

2002 - 2003

As Medical Director of youth services I led the development and implementation of a hospitalist type model for child psychiatrists providing care on the child and adolescent inpatient unit. This allowed physicians to work intensely for periods of time with breaks to allow scheduled time off and academic endeavors. This changed workflow allowed increased capacity, improved patient satisfaction and improved physician satisfaction. Still used today, this system additionally has been an aid in recruiting and retaining Child and Adolescent psychiatrists to work on the inpatient units.