



1200

FORM A

Application for Contribution
(Including Fee Waivers)

Name of Organization: The Sojourner Group

Address: 884 Oxford Drive, N Salt Lake, Utah 84054

Contact Person: Carol J. Shifflett Phone: 801-656-7614

Email address: Sojournerwoman@gmail.com Fax:

Fiscal year runs from Jan 2019 to Dec 2019

Brief History of Organization: (Who started it? How long has it been organized? etc.)

The Sojourner Group, officially formulated in 2013 by Carol Shifflett to provide culturally appropriate services to victims/survivors of sexual and domestic violence. After hearing disparaging stories from women expressing the need for culturally appropriate services that would support healing from their experiences of sexual and domestic violence. A silenced victim/survivor stands unprepared, yet likely, to experience a lifetime of poor mental health. PLEASE SEE ATTACHMENT #1 FOR MORE ON THE ORGANIZATION..

Type of Request: Money X Equipment Personnel Facilities Fee Waiver

Have you previously received money from Salt Lake County? Yes No X

If yes, when and how much? (previous three years)

If you are requesting money, please answer the following questions:

Amount of Request: \$25,000 \$750.00

Percent of Agency Budget: 100%

Purpose of money requested and target population (may include a draft program):

The organization is seeking seed funding to begin actively engaging in programs that support and advocate for African American/Black victim/survivors of sexual and domestic violence for the following programs:

- #1 Bi-weekly "Sistah Circle's" - open discussion groups
- Occasional printed educational material
- Light refreshments, water, coffee, tea

- #2 Workshops that will INSPIRE, INFORM, and EMPOWER victim/survivors to learn and live healthier lifestyles.
-See attachment #2 PROGRAMS



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FORM A (Cont.)

Please attach:

1. Current List of Board of Directors/ Organization Chart
2. Copy of 501(c)(3) if applicable. If not a **charitable community service-based organization**, please state the status of the organization.
3. Copy of an independent audit. If you do not have one, please enclose a copy of current financial statements.
4. Under policy 1200:
2.9 Public Purpose - Salt Lake County government's authority or responsibility to promote the safety, health, prosperity, moral well-being, peace, order, comfort, or convenience of County inhabitants.
What "public purpose" does your organization support?
5. Draft Program

You will be expected to report to the Salt Lake County Mayor on how the money was used and the success of the project.

The undersigned hereby acknowledges that he or she has authority to bind the organization listed in the grant and will abide by the terms of this grant of County funds as that grant is defined in this Form A. The grantee accepts the following terms and conditions as a condition of receiving and using County funds or the waiver of fees: County funds will be used solely for the purposes approved by the Mayor of Salt Lake County as applied for or amended in this grant. Any expenditure for purposes other than those approved will require a return of the entire grant amount and may disqualify the grantee from receiving any additional County funds. It is further understood that no grant funds will be made available to any County officer or employee or in violation of the requirements of the Public Employees Ethics Act (67-16-1 et seq.). No grant funds will be used for political or campaign purposes. As a further condition of the grant, all County funds may be subject to an audit as required by Salt Lake County. The grantee is required to complete the Disbursement of Funds Report, Form B.

Dated this 22 day of June, 2019.

Carol J. Shifflett, The Sojourner Group ED

Grantee/Recipient

2019 Budget (Jul - December 31)		
Sojourner Group Workshops & Sistah Circle		
Expenses		
Workshops (Jul - Dec 2019)		
- Materials for Workshop	\$100.00	Printed materials, Advertsting, Marketing
-10-12 Participant Materials	\$150.00	Workbooks, Pen, Certificate of Completion Coffee, Morning and Afternoon snacks
- Workshop Facilitator	\$500.00	
Total	\$750.00	

THE SOJOURNER GROUP

BRIEF HISTORY con't Attachment #1

The Sojourner Group was formally established as a 501c3 in Salt Lake City, UT in 2013. The Founder consistently heard disparaging stories of women expressing the need for culturally appropriate services that would support healing from their experiences of sexual and domestic violence. A silenced victim/survivor stands unprepared, yet likely, to experience a lifetime of poor mental health.

The Founder's research found that Utah is unique in that there are no culturally specific services to African American/Black victim/survivors of sexual and domestic violence. The Founder attended Women of Color Conferences with a focus on sexual assault and domestic violence in North Carolina, Maryland, and Nevada, only to learn that such organizations are actively involved in work across the United States. She found herself sitting at the table with social workers, providers, and advocates from Native, African American/Black, Asian, and Mexican populations. The first speaker, an Asian woman, spoke about elders in her culture telling her to stay away from this type of work. Their philosophy: this work is white women's work. Mainstream organizations and providers attempt to speak to cultural experiences for victimized survivors from numerous ethnic groups, however, the understanding of cultural norms, family practices, or spiritual understanding is often taken too lightly or completely misunderstood.

In 2012, the U S. Census Bureau reported the Black or African American population at 1.0%. The growth from 2012-2018 indicates that the population is now at 1.4%, a growth of 0.4%. Very little, if anything, has been changed to provide cultural services for victimized African American/Black women in Utah.

The American Psychological Association (APA) reveals three key points that should concern us:

- 1) Social isolation** and chronic loneliness place individuals at much greater risk for a variety of diseases, as well as for premature mortality.
- 2) Loneliness** is defined by a person's perceived level of social isolation and is not synonymous with chosen solitude.
- 3) Cognitive Behavioral Therapy (CBT)** therapy (focused on addressing negative self-worth and interventions that bring people together through community groups) appears to be effective at combating loneliness among older adults."

The National Alliance on Mental Health (NAMH) notes:

“African Americans sometimes experience more severe forms of mental health conditions due to unmet needs and other barriers. According to the Health and Human Services Office of Minority Health, African Americans are 20% more likely to experience serious mental health problems than the general population. Common mental health disorders among African Americans include: Major depression; Attention deficit hyperactivity disorder (ADHD); Suicide, among young African American men; Posttraumatic stress disorder (PTSD), because African Americans are more likely to be victims of violent crime. <https://www.nami.org/Find-Support/Diverse-Communities/African-American-Mental-Health>

A 2017 article from the *Institute for Women’s Policy Research: Violence Against Black Women found:*

Black women disproportionately experience violence at home, at school, on the job, and in their neighborhoods. Black women face high rates of intimate partner violence, rape, and homicide. Black girls and women also experience institutionalized racism; they are disproportionately punished in school, funneled into the criminal justice system after surviving physical or sexual abuse, disproportionately subjected to racial profiling and police brutality, and incarcerated at rates far exceeding their share of the population.

The Founder and Executive Director was forced to put the work of The Sojourner Group on hold to care for her aging parents who live out of state. She has since returned to continue the work started in 2013.

Carol J. Shifflett
Carol@thesojournergroup.org
801-656-7614

SISTAH CIRCLE PROGRAMS

The Sojourner Group is seeking funding to hold bi-weekly “Sistah Circle’s” – open discussion groups and workshops that will **INSPIRE, INFORM, AND EMPOWER** victim/survivors to learn and live healthier lifestyles.

SOJOURNER GROUP WORKSHOPS

Attachment #2

1. REVIVED

A workshop with a purpose to **INSPIRE** a self-sufficient future

a. The fundamentals on entering and/or reentering the workforce. (Your resume, image, and attire)

b. Basic Financial Empowerment

- Escaping financial abuse

- Turning paychecks into a safety net for a more quality future.

2. FATHERS AS ADVOCATES

A Workshop designed to **INFORM** and engage fathers and daughters on a quest that addresses quality relationships and healthy expectations.

3. JOURNAL MAPPING

A workshop designed to **EMPOWER** women as they move to a new chapter in their life after sexual and domestic abuse.

Our funding request of \$25,000 will give our organization one year of operating costs. Over that year we anticipate serving over 200 participants through our weekly Sistah Circle group and ongoing workshops. Funding this request will also allow the creation of additional groups, the building of community partners and additional grant writing and fundraising. This funding will help us complete the creation of a stable foundation allowing our organization to grow and serve the African American/Black survivors/victims from a much needed cultural perspective as a community responsibly.

Carol J. Shifflett
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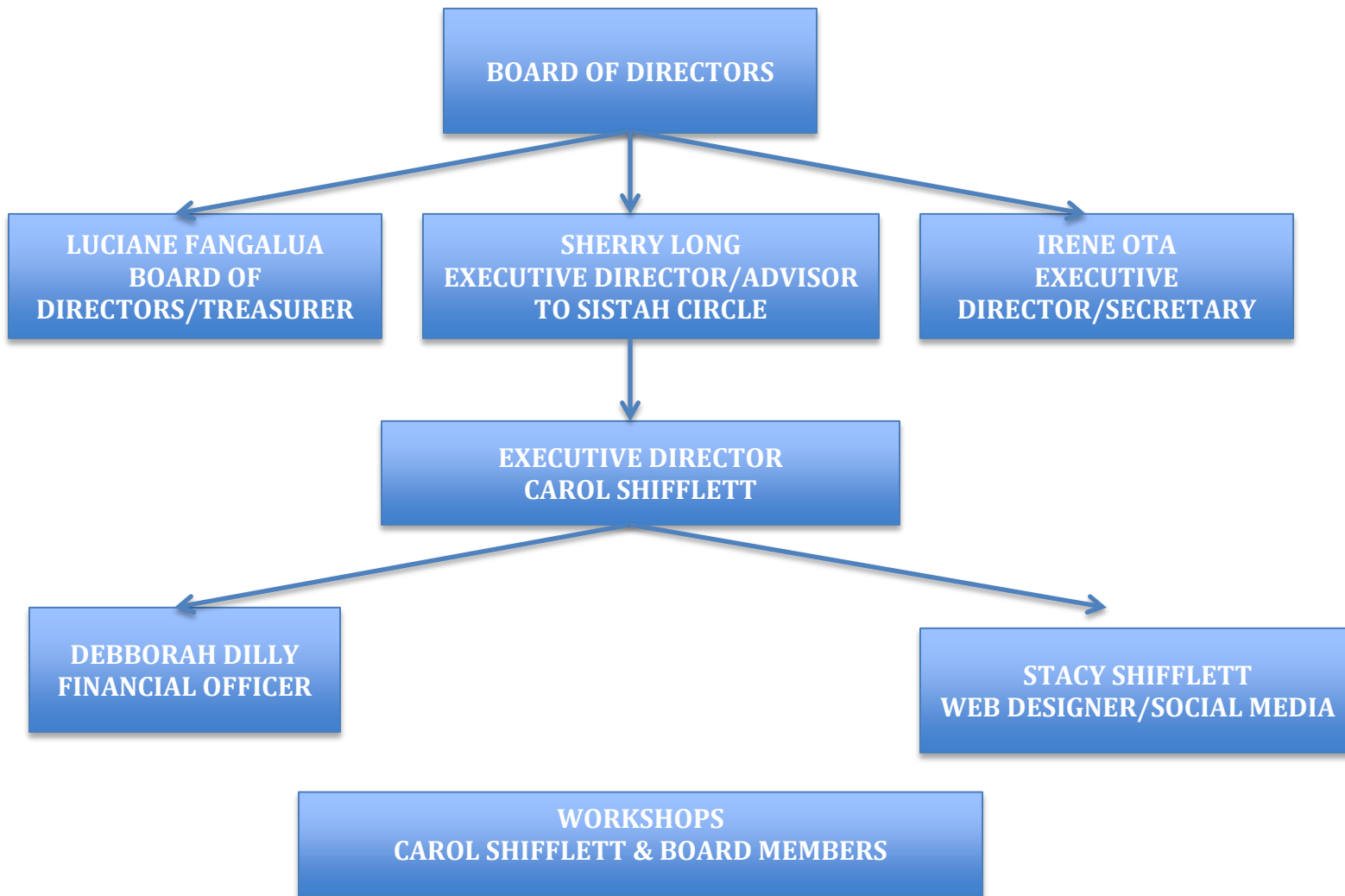
POLICY 1200
The Sojourner Group

2.9 PUBLIC PURPOSE - Salt Lake County government's authority or responsibility to promote the safety, health, prosperity, moral well-being, order, comfort, or convenience of County inhabitants.

What "public purpose" does your organization support?

The Sojourner Group supports the public purpose of Safety and Health. Victimized survivors of sexual and domestic violence struggle with and live with the horrific memory of someone who perpetrated the intrusive, traumatic and invasive act upon them every day, a criminal offense that often leads mental health issues surrounded by isolation and loneliness.

**ORGANIZATIONAL CHART
THE SOJOURNER GROUP**



Date: FEB 28 2013

SOJOURNER GROUP FOR WOMEN OF
AFRICAN DESCENT
1011 S WEST TEMPLE STE F201
SALT LAKE CITY, UT 84110-1342

Employer Identification Number:
46-1107622
DLN:
17053008446033
Contact Person:
MITCHELL P STEELE ID# 31360
Contact Telephone Number:
(877) 829-5500
Accounting Period Ending:
December 31
Public Charity Status:
509 (a) (2)
Form 990 Required:
Yes
Effective Date of Exemption:
December 26, 2012
Contribution Deductibility:
Yes
Addendum Applies:
No

Dear Applicant:

We are pleased to inform you that upon review of your application for tax exempt status we have determined that you are exempt from Federal income tax under section 501(c)(3) of the Internal Revenue Code. Contributions to you are deductible under section 170 of the Code. You are also qualified to receive tax deductible bequests, devises, transfers or gifts under section 2055, 2106 or 2522 of the Code. Because this letter could help resolve any questions regarding your exempt status, you should keep it in your permanent records.

Organizations exempt under section 501(c)(3) of the Code are further classified as either public charities or private foundations. We determined that you are a public charity under the Code section(s) listed in the heading of this letter.

Please see enclosed Publication 4221-PC, Compliance Guide for 501(c)(3) Public Charities, for some helpful information about your responsibilities as an exempt organization.

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SOJOURNER GROUP FOR WOMEN OF

Sincerely,

Holly O Paz

Holly O. Paz
Director, Exempt Organizations
Rulings and Agreements

Enclosure: Publication 4221-PC

To: The Salt Lake County Council
Attn: Richard Snelgrove, Chair

From: Jennifer Wilson, Salt Lake County Mayor

Date: July 8, 2019

Subject: Community Contribution Recommendation

Council Members:

I have reviewed and approved the Salt Lake County Contribution Review Committee's recommendations for the following community contribution amount under the Mayor's Contribution Fund, subject to the ratification of the County Council as outlined in county ordinance:

<u>Entity</u>	<u>Granted</u>
The Sojourner Group	\$750.00
<hr/>	
	\$750.00 Cash

Purpose: To support the work of The Sojourner Group, which was created to provide culturally appropriate services to victims/survivors of sexual and domestic violence. It provides services through open discussion groups and workshops that inspire, inform, and empower victims/survivors to learn and live healthier lifestyles.

This contribution is approved under the authority of **County Wide Policy 1200:**

- 2.9 Public Purpose - Salt Lake County government's authority or responsibility to promote the safety, health, prosperity, moral well-being, peace, order, comfort, or convenience of County inhabitants.

This contribution will be appropriated in the Salt Lake County Mayor's 2019 budget. Please place this item on your next available agenda for action. Thank you for your help in this matter.