

TO: Michelle Hicks, Mayor's Administration
FROM: Lorraine Cameron & Kelli Heaps, Behavioral Health Services
DATE: May 3, 2022
RE: BHSAC – Council Member Reappointment Request

The Behavioral Health Services Advisory Council (BHSAC) is seeking reappointment for current council member, Sheila Young. Sheila's second appointed term expired on April 30, 2022, and she is currently eligible for one additional 2-year term. A motion was made during the last BHSAC meeting held April 6, 2022, to submit this request to the Mayor and County Council for review and consideration for reappointment. The BHSAC members voted in unanimous support of the motion to request reappointment of Sheila Young for a final 2-year term.

Sheila Young is the Associate Vice President of Community Engagement with Molina Healthcare. Sheila is responsible for market share growth and community-based relationships as well as provider relationships. She is also a Registered Nurse (RN) and has worked directly with the behavioral health and substance use disorder (SUD) populations for many years. Sheila's experience includes having been responsible for complex care management and the restrictions program at Molina Healthcare for almost a decade. She also has personal experience working with a family member who struggles with behavioral health issues and has learned and assisted in navigating the behavioral health systems of care. When asked what unique perspectives she brings to the BHSAC, Sheila reported, *"I feel that my personal experience as well as my professional experiences with people struggling with a mental health and/or SUD diagnosis has allowed me to understand the barriers, the gaps in care, and hurdles that need to be overcome to achieve positive health outcomes. I feel that my experience working on the Medicaid payer side also allows me to contribute from a different perspective."* Sheila has been a great asset for the BHSAC as she is able to help bring input and insight from the perspective of the Medicaid plans that are managed through the ACOs (Molina is one of the four ACOs). This collaboration ensures consistency in the behavioral health benefit between Medicaid plans and more importantly provides Salt Lake County residents with access to the best possible services and resources, regardless of who manages their insurance plan.

Below is the required approval, diversity, and appointment information specific to this reappointment request.

- 1. Has this board request been approved through leadership such as Department/Division Director and/or the Board you manage?**
 - a. Yes. The BHSAC members voted in unanimous support of the motion to submit this request to reappoint Sheila Young. In addition, Tim Whalen, Behavioral Health Services Division Director, has approved this reappointment request.
- 2. Board members and diversity data**
 - a. The current BHSAC Membership & Term Dates document is attached to highlight board member's term dates and diversity data.
- 3. Reappointment request**
 - a. What appointment are they on? (2nd, 3rd)
 - i. Sheila Young is currently serving her second appointed term with the BHSAC. Her first term was a 1-year appointment, her second term was a 3-year appointment. This is a request to reappoint Sheila Young for a third (and final) 2-year term.
 - b. Term limits
 - i. Sheila Young's second appointed term (2-year term) expired on April 30, 2022. She is eligible to renew one additional 2-year term. Maximum of three appointed terms, or a total of six years per the BHSAC Bylaws.
 - c. Term dates
 - i. Seeking reappointment with a 1-year term.
 1. Term Dates: 5/1/2022 – 4/30/2024.
 - d. Attach resume/application
 - i. Sheila Young's reappointment application and resume are attached. The Board Coordinator section of the reappointment application has been completed to reflect the new term dates, etc.

**SLCo Behavioral Health Services Advisory Council (BHSAC) Roster
Membership & Term Dates**

(Last Updated: 5/2/2022)

Council Chair		Patrick Fleming				
Council Vice-Chair		Dan Braun				
	Name	BHSAC Title	Location / District	Term Start Date	Term End Date	Options / Comments
1	Patrick Fleming	Chair	SLCo Council District 4	1/1/2017 1/14/2020	12/31/2019 12/31/2022	3-year Term - served first three-year term and is now serving final term for <u>three</u> years. Maximum of <u>two</u> terms totaling <u>six</u> years.
2	Dan Braun	Vice Chair	SLCo Council District 6	1/1/2017 1/14/2020	12/31/2019 12/31/2022	3-year Term - served first three-year term and is now serving final term for <u>three</u> years. Maximum of <u>two</u> terms totaling <u>six</u> years.
3	Matthew Dumont	Member	SLCo Council District 5	2/1/2018 2/1/2019 4/1/2022	1/31/2019 1/31/2022 3/31/2024	2-year Term - served <u>first</u> 1-year term and <u>second</u> 3-year term. Eligible for <u>third/final</u> 2-year term. Maximum of <u>three</u> terms totaling <u>six</u> years.
4	Mary Bennett	Member	SLCo Council District 4	2/1/2018 2/1/2019 4/1/2022	1/31/2019 1/31/2022 3/31/2024	2-year Term - served <u>first</u> 1-year term and <u>second</u> 3-year term. Eligible for <u>third/final</u> 2-year term. Maximum of <u>three</u> terms totaling <u>six</u> years.
5	Sheila Young	Member	SLCo Council District 6	5/1/2018 5/1/2019 5/1/2022	4/30/2019 4/30/2022 4/30/2024	2-year Term - served <u>first</u> 1-year term and <u>second</u> 3-year term. Eligible for <u>third/final</u> 2-year term. Maximum of <u>three</u> terms totaling <u>six</u> years.
6	James Ashworth	Member	SLCo Council District 4	3/13/2018 4/1/2020 4/1/2022	3/12/2020 3/31/2022 3/31/2024	2-year Term - served <u>first</u> 2-year term and <u>second</u> 2-year term. Eligible for <u>third/final</u> 2-year term. Maximum of <u>three</u> terms totaling <u>six</u> years.
7	Scott Whittle	Member	SLCo Council District 3	10/1/2016 10/1/2017 10/1/2020	9/30/2017 9/30/2020 9/30/2022	2-year Term - served first 1-year term and second 3-year term. Is currently serving his third (and last) term for <u>two</u> years. Maximum of <u>three</u> terms totaling <u>six</u> years.
8	Susan Pizitz	Member	SLCo Council District 3	1/1/2017 1/23/2018 1/1/2021	12/31/2017 12/31/2020 12/31/2022	2-year Term - served first one-year term and second 3-year term. Is currently serving her third (and last) term for <u>two</u> years. Maximum of <u>three</u> terms totaling <u>six</u> years.
9	Rob Wesemann	Member	SLCo Council District 6	2/1/2018 3/1/2021	1/31/2021 2/29/2024	3-year Term - served first one-year term and is currently serving a second (and final) term for <u>three</u> year. Maximum of <u>two</u> terms totaling <u>six</u> years.
10	Kele Griffone	Member	SLCo Council District 3	4/1/2016 4/1/2018 6/1/2021	3/31/2018 3/31/2021 5/31/2022	3-year Term - served first 2-year term and second 3-year term. Is currently serving her third (and last) term for <u>one</u> year. Maximum of <u>three</u> terms totaling <u>six</u> years.
11	Martell Teasley	Member	SLCo Council District 4	12/1/2018 12/1/2021	11/30/2021 11/30/2024	3-year Term - currently serving first three-year term. Will have the option to renew <u>one</u> final term for <u>three</u> years. Maximum of <u>two</u> terms totaling <u>six</u> years.
12	Evan Done	Member	SLCo Council District 1	12/1/2018 12/1/2020	11/30/2020 11/30/2022	2-year Term - served first two-year term and is currently serving a second term for two years. Will have the option to renew <u>one</u> additional term for <u>two</u> years. Maximum of <u>three</u> terms totaling <u>six</u> years.
13	Julie Ewing	Member	SLCo Council District 4	8/1/2019	7/31/2022	3-year Term - currently serving first three-year term. Will have the option to renew <u>one</u> final term for <u>three</u> years. Maximum of <u>two</u> terms totaling <u>six</u> years.
14	Amy de la Garza	Member	SLCo Council District 4	10/1/2019	9/30/2022	3-year Term - currently serving first three-year term. Will have the option to renew <u>one</u> final term for <u>three</u> years. Maximum of <u>two</u> terms totaling <u>six</u> years.
15	Vacant Position	Member				Replace Natalie Pinkney
	County Council Designee (non voting) Ann Granato	County Council Member - District 4				
	County Council Designee (non voting) Aimee Winder Newton	County Council Member - District 3				

BHSAC Terms - A BHSAC member may not serve more than three (3) full consecutive terms, or a total of six (6) years. A 2-year initial term is standard; however, initial terms may vary to provide staggered expiration dates. Terms that expire during re-bids or other critical events shall have their terms automatically extended to the conclusion of that special event. Council members may resign at any time and vacancies may be filled for the remainder of the unexpired term by appointment of the Division/Mayor's Office through a specified selection process.

- **1-Year Term** - 1-year terms are not typical but done on occasion to stagger term dates. After first year, council members will have the option of renewing two additional terms totaling five years (one two-year term and one three-year term). Maximum of three terms totaling six years.
- **2-Year Term** - After initial 2-year term, council members will have the option of renewing two additional two year terms. Maximum of three terms totaling six years.
- **3-Year Term** - After initial 3-year term, council members will have the option of renewing one additional three year term. Maximum of two terms totaling six years.



Board Member Reappointment Form

All candidates for reappointment must complete this top section. By signing this form (electronically or by hand), you are confirming your willingness to continue serving on the identified board if reappointed.

Name (printed or typed): Sheila Young RN Date: 4/1/2022

Signature: Sheila Young

Digitally signed by Sheila Young
DN: cn=Sheila Young, o=Sheila Young, ou=US United States, ou=US United States, ou=Healthcare, ou=Community Engagement
e=Sheila.Young@molinahealthcare.com
Reason: I am the author of the document
Location:
Date: 2022.04.01 14:51:06 -06

Board: Behavioral Health Services Advisory Council

If your contact information has changed since you submitted your original application, please include the updated information here. If nothing has changed, please leave this section blank.

Preferred Pronouns: example: "He/Him/His"

Email Address: Sheila.Young@molinahealthcare.com

Mailing Address: [Redacted]

City, State, Zip: [Redacted]

Phone Number: [Redacted]

Alternate Phone Number: [Redacted]

Salt Lake County Council District #: 6

Please provide the County District related to your residential address. To determine which district you live in, go to http://slco.org/council/district-map, click "Interactive Map", and enter your address in the Search bar.

This section should be filled out by the Board Coordinator

This is a 2 year term. The new term would begin 5/1/2022 and end 4/30/2024

Comments: Sheila has served one 1-year term, one 3-year term, and is now eligible for a third/final 2-year term. BHSAC Bylaws allow for 3 consecutive terms (not to exceed 4 years).

Sheila Young RN



PROFESSIONAL SUMMARY

I am an ardent and accomplished Director of Case Management who is seeking a position where I can leverage my years of experience as a senior leader in the healthcare field to foster a highly effective team of clinicians who are committed to the delivery of cost effective, quality healthcare. I thrive in a work environment where I can contribute to areas involving process improvement, program development and new business implementation and innovation.

AREAS OF EXPERTISE

- CMS and Medicaid Regulations
- NCQA, Star ratings, Hedis Quality Measures
- Expertise in all areas of Case Management including; Complex CM, Disease Management, ED Super-Utilizers, Lock in/Restriction and Population Health
- Strong People Management and Leadership skills
- Motivational Interviewing
- Program Development
- New Business Implementation
- Excellent Communication Skills and Presentation Skills
- ACO/Health Plan/Managed Care Operations
- Utilization Management/Concurrent Review and Prior Authorization
- LTSS Care Management, State Specific Waivers, HCBS
- Profit Improvement Strategies and Initiatives

WORK EXPERIENCE

Molina Healthcare

Director of Healthcare Services

Midvale , UT

08/2011 - Present

- I began my Career at Molina HealthCare as a Case Manager and quickly made my way up the ranks to Supervisor, Manager and Director. My responsibilities include; identification of major cost drivers and development and implementation of strategies aimed at reducing cost through effective care management programs. I currently oversee all care management programs for UT and ID, while managing between 41-82 clinicians (RNs and LCSWs) who work in the field performing point of service visits and telephonic outreaches to our members. I am responsible for the delivery of all departmental metrics, budgets, staffing and day to day operations.

Aetna
Wellness Coach RN

Sandy, UT
09/2010 - 08/2011

- I was part of a highly specialized team who provided wellness coaching to executives on the east coast by utilizing Motivational Interviewing skills to coach members in the area of weight management, stress management and smoking cessation.

First Choice Home Health
Admit Nurse

Murray, UT
07/2009 - 09/2010

- I performed in home assessments to determine need for home health services. I was responsible to draft the outlined plan of care by utilizing the nursing process. I was also responsible to ensure that the assigned Case Manager implemented the plan of care as specified.

Intermountain Healthcare/TOSH (The Orthopedic Specialty Hospital)
PACU Nurse

Murray, UT
03/1999 - 02/2009

- I worked in the PACU (Post-Acute Care Unit), Pre-Op, Same Day Surgery and inpatient orthopedic unit providing nursing care which included; Airway management, pain management, IV therapy, wound care, assessments to identify and manage post-operative complications, and patient teaching at time of discharge. I was also a charge nurse in the PACU and the post-operative inpatient unit.

EDUCATION / TRAINING

Western Governors University
BSN

Salt Lake City, UT
1/2019 - Present

Salt Lake Community College
A.A.S. in Registered Nursing

Salt Lake City, UT
08/2003 - 12/2005

Utah Valley University
Certificate in Licensed Practical Nursing

Orem, UT
08/1996 - 12/1998

RECOGNITION / ACHIEVEMENTS

- Current Member of the (BHSAC) Behavioral Health Services Advisory Council, Salt Lake City, UT May 2018
- Presenter; Diabetes Cost and Care Management Strategies for Health Plans Conference, Chicago IL September 2016
- Presenter; Annual SHIEC conference; Utilizing Health Information Alerts in the Management of Emergency Room Super Utilizers, Park City, UT July 2015
- Chair; Community Health Workers Advisory Council, Utah Department of Health, Salt Lake City, UT June 2015
- Presenter; 2014 Annual Utah Governors Health Summit, Salt Lake City, UT September 2014

LICENSURE

Registered Nurse- Active License # 368863-3102

References Upon Request