

Application Form

Profile

Carol

First Name

Osborn

Last Name

Email Address

Evolutionary Healthcare

Employer

Managing Director, MD

Job Title

Home Address

Suite or Apt

City

State

Postal Code

Primary Phone

Which Boards would you like to apply for?

Board of Health: Submitted

Referred by:

Michele Corigliano

Qualifications

Please tell us about yourself.

Salt Lake City has been my home since 1985 when I moved here to attend my residency in Family Medicine at the University of Utah Health Sciences. Although I grew up in South Dakota and did most of my schooling in the East I found the beauty of this Valley and activities offered captivating. A perfect place to raise a family, We settled in Salt Lake and raised two daughters along with several Labradors. Professionally I have pursued varied opportunities include Medical Director of the first clinic at the Road Home (later becoming the 4th Street Clinic), staff physician at the Community Health Centers, Associate Professor in the Department of Family and Preventive Medicine at the University of Utah and finally developing my own practice, Evolutionary Healthcare, in downtown Salt Lake City. Besides raising a family and practicing medicine I have remained active in the community sitting on several boards such as Wasatch Homeless Clinic, Junior League Advisory and Salt Lake City Public Library. For relaxation I prefer hiking, cross-country skiing and sharing a meal with friends and family.

Why are you interested in serving on a board or commission?

I have always had a strong interest in public health starting in college as a community organizer around environmental issues in Eastern Kentucky followed by a year in the Philippines with WHO researching such varied issues as maternal deaths and practices of traditional midwives. Working at the Wasatch Homeless Clinic and Community Health Centers gave me an understanding of the importance of integrating the social determinant of health in patient care. Before the pandemic I was working on developing a Blue Zone designation but was interrupted abruptly by covid-19. After the pandemic I became deeply concerned about the misinformation and lack of support for public health. I hope by sitting on this board I will better understand the function of the SL County Health Department and help promote evidence-based standards.

What education, work experience, or volunteer experience do you have that applies to the board you are applying for?

1) Pursuing my MD and residency in Family Medicine helped with a basic understanding of medical care including a focus on evidence-based care. 2) Working at the Homeless Clinic and Community Health Centers broadened my understanding of the social determinant of health to improve patient outcomes. 3) While on faculty at the U I developed research skills especially around systems management and administrative functions as medical director of the Madsen Clinic. 4) Developing a private practice afforded me business skills to function in the for profit world 5) All these opportunities gave me skills which will help me understand and work with SL County Health Board.

What unique perspectives could you bring to the board?

I have worked in the non-profit, academic and private practice medical worlds which gives me a broad experiential perspective for helping to analyze public health issues. I have worked in both large and small institutions which helps me understand the challenges of responding to problems and moving ideas forward. I have also learned a balanced and communicative approach to problem-solving which is very beneficial for board work.


Upload a Resume

Demographics

Some boards and commissions require membership to be racially, politically or geographically proportionate to the general public. The following information helps track our recruitment and diversity efforts.

Are you a Salt Lake County employee?

☐ Yes ☒ No

Are you a current member of another Salt Lake County board or commission?

☐ Yes ☒ No

Race/Ethnicity *

☒ 

District *

☒ District 1

Gender Pronouns *

☒ [REDACTED]

Age Range *

☒ [REDACTED]

Languages *

☒ English

Political Affiliation

[REDACTED]



Carol A. Osborn, MD
Curriculum Vitae: March, 2025

Education and Professional Credentials:

- Undergraduate Degree: Brown University
B.A. Human Biology, 1979
- Medical Degree: University of Cincinnati Medical College
MD, 1985
- Postgraduate Training: University of Utah
Family Medicine Residency, 1988
- Chief Resident Family Practice, 1987-1988
- Specialty Certification: Diplomate
American Board of Family Practice, 1989
Recertification, 1996, 2003, 2010, 2020
- Medical Licensure: Utah, 1987-present
- Medical Staff Privileges:
Active: IHC Central Region (LDS), 1990-present
Primary Children's Medical Center, 1988-present
Salt Lake Regional Medical Center, 1988-present

Professional Experiences:

- Evolutionary Healthcare (founder, managing partner), 2005-present
- Department of Family and Preventive Medicine, University of Utah
Associate Professor (clinical), 2002-2005
Assistant Professor (clinical), 1991-2002
- Wasatch Homeless Health Care, 1988-1991
Medical Director
- Salt Lake Community Health Centers, 1988-1991
- Magna Health Center 1990-1991
- Old Faithful Medical Clinic 1988-1989
Yellowstone, Wyoming
Summer Medical Staff
- Health Insight 2002-2022
Physician Reviewer
- CompHealth Group
Medical Director of Primary Care 1989-present
NCQA Review Committee 1999-2021
- First Health
Assistant Medical Director 1989-1998
- Utah Peer Review Organization



Physician Reviewer 1991-1994

- Editorial Experience: AAFP Foundation Grant Awards Council 1994

Honors and Awards:

- YWCA Outstanding Achievement Award in Health Care, 2017
- Utah Business Magazine Healthcare Hero, 2007
- Family Practice Residency Teaching Award, 1995
- Mead-Johnson Family Practice Award (Alternate), 1988
- Watson Fellowship, Brown University, 1979-1980

Administrative Experiences:

- Evolutionary Healthcare, Managing Partner, 2005-present
- Curriculum Committee, UUHSC FP Residency, 2003-2005
- Coordinator, CQI, UUHSC FP Residency Program, 1999-2002
- Medical Director, University Family Health Center, 1993-2003
- Director, OB Education, UUHSC FP Residency 1991-1994
- Chair, International Health Service 1993-1998
Committee, Utah Medical Association
- Utah Medical Association
Co-chair, Advisory Board, 1996-1998
- Wasatch Homeless Health Care Program
Board of Directors, 1991-1999
- Course Director, UUHSC Family Medicine Refresher Course, 1993-1995

Community Activities:

- Salt Lake City Public Library Board of Directors, 2019-2025
- University of Utah Health Sciences Health Partner and ERDC, 2018-present
- Utah Women's Forum 2017-present
- International Women's Forum, 2015-present
- Women's World Health Initiative, Board of Directors, VP executive, 2013-2019
- Alta Club Board of Directors, 2009-2011, 2013
- Salt Lake Junior League Community Advisory Committee, 2007-2009
- Women's World Health Initiative Project Review Team,
Saraya, Senegal, April 2013
- International Volunteers in Urology
Board of Directors, 2003-2005
- Wasatch Homeless Health Care Program
Attending Physician, 1992-2005
Board of Directors 1995-2001
- Salt Lake Acting Company House Physician 1998-2022



- Team Leader, Interplast Vietnam 2005
- Team Member, Interplast Burma 2004
- Team Member, Interplast Ecuador 2003
- Organizing Committee 1991-2001 Highness Dalai Lama Visit
- Team Member, Interplast Peru 1998, 2001
- Team Member, Interplast Vietnam 1996, 1998, 2000
- Tibetan Women's Health Team 1999
- Team Member, Interplast Nepal 1997
- Medical Director, Tibetan Resettlement 1992-1994
- Committee Member, Maternal and Child 1991-1998 Health, Utah Medical Association
- Member, Homeless Health Task Force 1990-1992 on Tuberculosis Control
- Member, Homeless Health Care Task 1989-1991 Force

Academic Activities:

- University of Utah School of Medicine
Ambulatory Care Committee, 1994-2003
- American Society for Colposcopy
And Cervical Pathology, Ad Hoc Committee Member, 1998-2000
- Breast Care Center Task Force UUHSC, 1993-1996
- Telemedicine Task Force UUHSC, 1993-1994
- OB/Gyn Chair Search Committee UUHSC, 1996
- Physician Task Force Committee UUHSC, 1994-1996
- Department of Family and Preventive Medicine, UUHSC:
Medical Director Committee, 1998-2000
Clinical Operations Committee, 1996-1998
OB/FP Liaison Committee, 1992-1996
Resident Selection Committee, 1992-1996
Annual Refresher Course Committee, 1991-1999
- Grants and Contracts: Primary Care Research Initiative 2001-2003
DHSS/747 (PI: Mike Magill)
- Educational Development in Family Medicine
DHSS/HRSA
Co-Investigator (PI: Mike Magill) Determining the Unit Cost of
Preventive Care, 2001-2003
- DFPM Health Studies Fund
HRSA 747 Grant
Principal Investigator
Procedural Training, Residency Training Grant, 1995



Professional Organizations:

- American Academy of Private Practice 2007- 2017
- American Board of Family Practice 1989-present
- Society of Teachers of Family Practice 1988-2003
- American Academy of Family Physicians 1985-present
- Utah Medical Association 1985-present

Teaching Assignments/Responsibilities:

- Adjunct Professor, UUHSC, DFPM, 2005-2016
- Medical Student Education
 - Co-director, International Health Elective 2000-2004
 - Guest Instructor, Topics in Medicine 1995-1997
 - Co-Director, U of U School of Medicine, Medicine and Society 1991-1995
- Resident Graduate Education
 - Outpatient Attending, U of U Family 1991-2005
 - Practice Residency Program (1/2 day/week)
 - Inpatient Attending, U of U Family 1991-2006
 - Practice Residency Program (one month/year)
- CME Program Teaching
 - Co-director Advance Life Support in 1997
 - Obstetrics, U of U Dept. of Family Medicine
 - Director, U of U Family Practice 1993-1995
 - Refresher Course

Research Papers and Lectures:

- Available on request

Current Interests:

- Working on plans to help develop a local Blue Zone designation. Blue zones are areas of the world that are longevity hotspots and are characterized by eating wisely, having purpose and belonging to a community. The Blue Zone project is about creating environments in our community that promote happiness and health. This includes working with both government and business to create and promote health.
Examples include developing programs to promote the distribution of local food, working with schools on lunch menus which are local and more plant-based, promoting walking and biking in the city and supporting non-carbon based energy to improve air quality.





Much of this work was halted due to the pandemic in 2020 but I hope to continue to work to further develop and support health promotion. I have lectured on this topic at the YWCA, International Women's forum, Utah Women's forum and the Alta Club.

