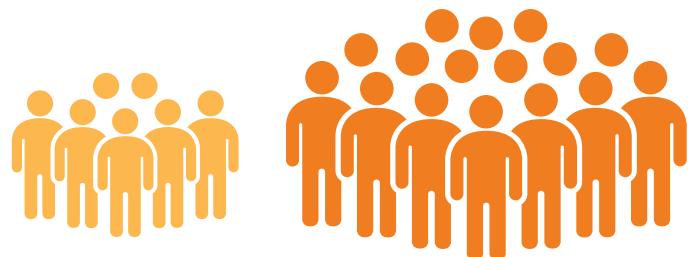


HOME-DELIVERED MEALS

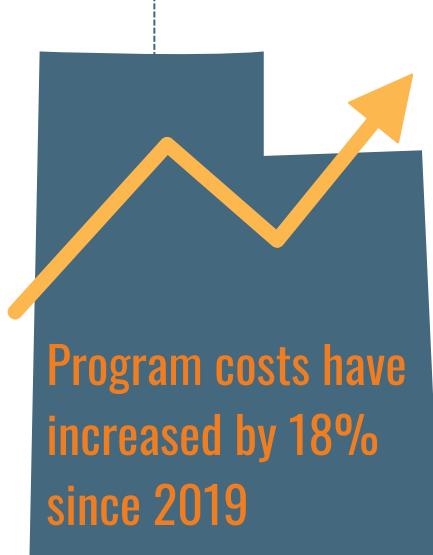


Utah Association of Area Agencies on Aging

Commonly known as Meals on Wheels, the Home-Delivered Meals Program provides healthy meals, a quick safety check and vital human connection to homebound seniors while reducing food insecurity and isolation.



Utah Senior Population is projected to
DOUBLE
by 2060.



58% of HDM recipients live alone, and for many of them, **the person delivering the meal is often the only person they will see that day.**

Legislative Funding Request - FY23 - \$2,178,460

Every meal delivered addresses the specific health conditions of the senior, provides a safety check and an assessment of changes that might impact future medical needs. This can mean the difference between independent living at home or transfer to a costly long-term nursing facility.

Continued increasing operational costs and extensive program growth statewide are detrimentally outpacing service need. Hunger and isolation not only jeopardize the health and well-being of Utah's older adults; they also place a significant strain on our state's healthcare system and economy.

Average Cost for Elderly Assisted Living

Home-Delivered Meals:
\$173.50 a month

Assisted Living:
\$5,280 a month



The Home-Delivered Meal Program costs only 2.8% compared to placement in an assisted living facility.