

Dorothea J Verbrugge, MD
Board Certified Family Physician

Current Employment Select Health (4/2012 – Present)
5373 Green Street, Murray, UT 84123
Family Physician, Board Certified
Medical Director: Primary responsibilities for SelectHealth Medicare and Medicaid products, including utilization management, care management, medical trends and reporting, risk adjustment, quality, provider and member education, and compliance. Also serving as a representative to Intermountain for development of programs in patient engagement, palliative care, documentation and coding, post-acute care, emergency department utilization, and care process models for lifestyle management

Previous Employment Altius Health Plans (5/03 – 4/2012)
10421 South Jordan Gateway, South Jordan, UT 84095
Family Physician, Board Certified
Medical Director (5/03-4/12)
Medicare General Manager (11/11-4/12)

University of Utah Medical Clinics, Redwood Urgent Care (10/04 – 2/08)
1525 West 2100 South, Slat Lake City, UT 84119
Family Physician, Board Certified
Urgent Care Physician

Lehi Family Medicine Clinic (5/99 – 5/04)
Associates of the American Fork Family Medicine Clinic
1100 East 226 North, American Fork, UT 84003
Family Physician, Board Certified
Hospital Privileges at American Fork Hospital and Timpanogos Regional Hospital

Residency St Mark's Family Medicine Residency (7/96 – 6/99)
1250 East 3900 South, Suite 260, Salt Lake City, UT 84124
Family Medicine Resident
Chief Resident (7/98 – 6/99)

Education Case Western Reserve University School of Medicine (892 – 5/96)
Adelbert, Road, Cleveland, OH, 44108
Degree: MD
Awards: Rawlings Memorial Scholarship (93, 94, 95)
Ohio Board of Regents Scholarship (93, 94)

College of Wooster (8/88 – 5/92)
Beall Ave, Wooster, OH 44691
Major: Pre-Health Sciences
Grade Point Average: 3.988
Awards: Class of 1992 Valedictorian
Phi Beta Kappa Honors Society (92)
Lockhart Outstanding Senior Award (92)
Galpin Award for General Excellence in College Work (92)
College Scholars Award (89, 90, 91, 92)

Business Experience DO iT Health and Fitness, LLC (2002 – 2004)
13776 South Fort Street, Draper, UT 84020
Owner, Manager
Certified Personal Trainer

Publications Verbrugge DJ, Peugh W. Infant with a Tail. Case Presentation in “Photoclinic.”
Consultant for Pediatricians 2003; 2:258.

Verbrugge, DJ, Goodnough LT. The effect of recombinant human erythropoietin treatment on the endurance performance of Sprague-Dawley rats. Scand J Clin Lab Invest; 1993; 54:55-59.

Goodnough, LT, Verbrugge DJ, Marcus RE, Goldberg V. The effect of patient size and dose of recombinant human erythropoietin therapy on red blood cell volume expansion in autologous blood donors for elective orthopedic operation. J Am Coll Surg 1994; 179:171-176.

Goodnough LT, Strasburg D, Verbrugge DJ, Fisher C. Morbidity and mortality in adults with “idiopathic” thrombotic thrombocytopenia purpura / hemolytic uremic syndrome. J Intensive Care Med 1994; 9:167-191.

Goodnough LT, Vizmeg K, Verbrugge DJ. The impact of autologous blood ordering and blood procurement practices on allogenic blood exposure in elective orthopedic surgery patients. Am J Clin Path 1994; 101:354-357.

Goodnough LT, Strasburg D, Riddell J, Verbrugge DJ, Wish J. Has recombinant human erythropoietin therapy minimized red cell transfusions in hemodialysis patients? Clin Nephrology 1994; 41:303-307.

Goodnough LT, Riddell J, Verbrugge DJ, Marcus R. Blood transfusions in hip fracture patients: implications for blood conservation programs. J Ortho Trauma 1993; 7:47-51.

Goodnough LT, Verbrugge DJ, Vizmeg K, Riddell J. Identifying elective orthopedic surgical patients transfused with amounts of blood in excess of need: the transfusion trigger revisited. Transfusion 1992; 23:648.

Certifications American Academy of Family Physicians, Board Certified

Licensures Physician & Surgeon – State of Utah
Physician and Surgeon – Idaho State Board of Medicine
Physician / Surgeon – Wyoming Board of Medicine
Physician – Nevada State Board of Medical Examiners

Professional Memberships American Academy of Family Physicians
Utah Medical Association